

THE GAZETTE

Published for members of the Chièvres Air Base, Caserne Daumerie, SHAPE and Brussels communities

Black History Month

The SHAPE/Chièvres Community Black History Month celebration will be held Feb. 9 from 1 to 3 p.m. at the SHAPE Events Center. The guest speaker of the event will be Maj. Gen. Byron Bagby. There will be a food tasting after the main program so bring your favorite ethnic/southern dish to share. For more information, call civilian 065-44-8167 or 065-44-7634.

Using old mailing address?

Those who are still using their old address have until July of this year to change to their new CMR 450 Box xxx APO AE 09705 address. The old zips, 09754, 09755 and 09756 will then close and no mail will be received for those zips anymore.

Auto Skills opens Sundays

The Chièvres Auto Skills Center will now be open on Sundays from 10 a.m. to 6 p.m. The center is available to U.S. and SHAPE ID cardholders. For more information, contact the Auto Skills Center at DSN 361-5796 or civilian 068-27-5796.

Army Family Action Plan

The AFAP Symposium on SHAPE is held Feb. 10. For information, call ACS at DSN 423-7598 or civilian 065-44-7598.

Net Zero is 100 percent benefit

By Lt. Gen. Rick Lynch

Commander, U.S. Army Installation Management Command



The Army has a bold vision for managing natural resources on its installations: they will become net zero. That is, as we go about the complex business of living, working and training on installations, our use and production of resources will balance out, so that in the end, we do not over-consume or waste. The most exciting part of the Army Net Zero vision is this: we all have a part to play in achieving it.

When the concept of net zero was first applied to installations, it was in terms of energy. A task force that grew out of a 2008 joint initiative of the Departments of Defense and Energy studied the possibility of net zero energy installations, or installations that produce as much energy on site as they use over the course of a year. Army Net Zero goes beyond energy,

though, to also include water and waste.

Army Net Zero's holistic approach increases our ability to achieve the larger goal of sustainable installations. With an eye to all three, energy, water and waste, we are more likely to move beyond isolated projects, which carry the risk of succeeding in one area at the expense of another, to an integrated plan that balances benefits and costs across our operations.

Installations reach net zero through five interrelated steps: reduction, repurposing, recycling and composting, energy recovery, and disposal. To achieve net zero energy, garrisons start with aggressive conservation efforts, to reduce the amount of energy being used in the first place. Then they repurpose energy, or find secondary uses for building exhausts, boiler stack exhausts and other thermal energy streams, and recover heat from the electricity generation process. Once they have reduced their load through conservation and efficiency measures, they can meet their remaining requirements through renewable or alternative energy projects.

A net zero water installation limits the consumption of fresh water and returns water back to the same watershed, so as not to deplete the groundwater and surface water resources of that region in quantity or quality. Similar to the process with energy, installations aiming for net zero water begin with rigorous conservation efforts. Then they repurpose the water used in showers, sinks, washing machines and cooling towers, capture rainwater for on-site use, and

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Airmen honor B17 crewmembers



Eric Daniel



Eric Daniel



Eric Daniel

Lt. Col. Michael Dickinson, 309th Airlift Squadron Commander and members of the squadron, to include a Color Guard, joined the local community in paying respect to the crewmembers of the B17 Susan Ruth that crashed in a field near Chimay in Feb. 1944. In his speech, Dickinson mentioned that the crewmembers were not the only heroes. Members of the Belgian resistance who formed secret networks that saved American lives were heroes as well, he stressed. The Susan Ruth was shot down after a routine bombing mission over Frankfurt, Germany killing two crewmembers instantly. Three other crewmembers survived the impact, evaded for three months but were eventually captured and executed by the Nazis. Three others were imprisoned, and two survived thanks to the Belgian resistance.

Tax Center is now open



Sylvia Williams

Capt. Sobana Somaratna (middle) and Lt. Col. Kurt Takushi (right) watch Brig. Gen. Joseph Lengyel (left) as he is about to cut the ribbon at the grand opening ceremony to the U.S. Tax Center on SHAPE Feb. 4.

The Northern Law Center offers free income tax preparation and filing services (federal and state) to military and civilian members of the SHAPE/Chièvres and Brussels communities starting this month until June 17.

Where to file:

SHAPE, Bldg. 318, room 207
 Chièvres, Caserne Daumerie, Bldg. 30
 USAG Brussels, Bldg. 4, room 316

Opening hours:

At SHAPE and Brussels: Mon through Fri from 9 a.m. to 5 p.m. with last appointment or walk-in at 4 p.m.
 At Chièvres: Same hours but only on Wednesdays

Contact:

DSN 423-4906/4868 or civilian 065-44-4906/4868

What to bring to the Tax Center:

- Military ID card
- W-2
- 1099 and 1098 forms
- SSN card (self, spouse and dependants)
- ITIN number card/letter (for foreign spouses)
- Copies of 2009 federal and state return
- Check or bank card with routing number and account number
- If filing jointly with spouse, spouse has to be present or power of attorney kept at hand

THE GAZETTE

To subscribe, email dlima-e-beneluxpao@eur.army.mil

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Net Zero is 100 percent benefit | Continued

treat wastewater for recharging into groundwater aquifers. They achieve net zero water by capturing, repurposing, and recharging an amount equal to what they consume.

A net zero installation reduces, reuses and recovers waste streams, converting them to resource values with zero landfill. In other words, a net zero waste installation aims to make disposal an unnecessary step. Garrisons start by reducing the initial amount of waste, and then find ways to repurpose waste with minimal processing. For example, they might crush construction rubble to use on trails. When they cannot reuse waste, they recycle or compost as much as they can or convert it to energy. They achieve net zero waste when they have nothing left to send to the landfill.

During my site visits over the past year, I have seen how our garrisons have taken steps—great strides in some cases—to manage our resources more efficiently. Look at the water projects at Forts Huachuca, Bliss and Belvoir; the waste management projects at Forts Bragg and Jackson and Joint Base Lewis-McChord; and the energy projects at Forts Drum, Wainwright, Carson and Campbell, to name just a few. So I know there will be tremendous interest in an opportunity that the Assistant Secretary of the Army for Installations, Energy and Environment is launching this month. The ASA (IE&E) is asking garrisons to nominate themselves to become Net Zero Energy, Net Zero Water or Net Zero Waste installations, or all three, by 2020. Five will be selected in each category, with one to become all three. These installations will receive long-term, in-depth training and support and become showcases for the strategies, technologies and best practices of sustainable resource management.

I encourage every garrison to take on this challenge. It will require commitment and a lot of hard work. Not only do we have to learn about energy, water and waste management best practices and technologies, but we also have to learn the business practices that support them. We have to build partnerships with those in the private sector and in non-government organizations who will join us in investing in the net zero vision. However, this is a prime opportunity to learn lessons we will be required to know in the future.

Everyone, every Soldier, civilian and family member, has a role to play in managing our resources. Maybe it seems like a smaller role—turning out the lights, adjusting the thermostat, or separating out recyclables at

home. Maybe it is a more direct role, such as running an installation waste management program or writing enhanced use leases or energy savings performance contracts. Regardless, every effort adds up, and what it adds up to is important—our future.

Energy efficiency and security is a critical issue for the Army. The Army depends on a reliable, safe, cost-effective supply of energy to accomplish its mission, as well as provide a good quality of life for Soldiers, Civilians and Families on installations worldwide. To the extent that the supply and distribution of energy lay outside the Army's control, the ability to accomplish our mission is open to risk. The same can be said of water, or practically any of our resources. If the Army is to accomplish its mission in the future, if we want to be good neighbors to those outside our gates and to leave a healthy world for our children and grandchildren, then we have to start operating sustainably today. It is the right thing to do.

IN MEMORIAM



The men and women of the USAG Benelux are joining the staff of the Directorate of Public Works in mourning Ginette Deleenher, 54, a General Supply Specialist at the Business Operations and Integration Division who died peacefully at home on Jan. 30 after a long battle against cancer. A USAG employee since 1977 and a DPW team member since 1987, Ginette was an exceptional and cheerful person and a professional, dedicated

and customer oriented employee. She is survived by her husband Alain Tresignies, a sheet metal mechanic at DPW also, her daughter Sabrina, her son François and her two grandchildren.



KEEPING YOU CONNECTED
The Official Website of the American Forces Network Benelux

Brussels: 101.7 FM – Chièvres 107.9 FM – SHAPE 106.5 FM and 104.2 FM

CROSSAGE

A game that unites Belgians, Americans

For more than 500 years, residents of the city of Chièvres, Belgium, have played the friendly game of Crossage and this year on Mar. 9, Americans will again be joining the tradition.

The game is similar to croquet or golf in that players use a mallet, hit a ball and aim toward one target per round. In the past, goals were marked with wood stakes, poles or bowling pins, but today, the target of choice is a Belgian beer keg.

The history of Crossage is not well documented, but according to Patrick Smet, a technician with the Benelux Provost Marshal's Office, and Francis Cordier, secretary of the Crossage Committee of Chièvres, the game's roots can be traced back to the 9th century.

"In the medieval period, the noble, bourgeoisies played a game named Choule, and they played in the field," said Smet who is a long-standing member of the Crossage committee and a resident of the town.

"After that, people a little bit poorer started to play in their own field or the street," he said.

Today, respect for the tradition continues.

"Players coming from everywhere enjoy playing in Chièvres because the city is closed especially for that event," said Smet.

Shopkeepers board up their windows and buses of people unload with their mallets in hand, knocking their balls from target to target.

But this isn't like a peaceful round of golf. The wooden grapefruit-sized balls called chòlettes zip through the narrow cobble-stoned streets in what's been described by some as a war zone.

Each team of players hits their chòlette from keg to keg, stopping at each target to socialize, eat and drink. At the end of the game, right around sunset, players gather at local restaurants for the traditional Crossage meal of mussels and herring with potatoes and salad.

Christie Vanover contributed to this article

Crossage - Mar. 9 noon to sunset

Rules

- Each round of Crossage is played with two teams of two and one ball.
- The teams start at any point in Chièvres and select their first target.
- Team 1 decides how many turns it will take them to reach the target.
- A turn equals three hits by Team 1 and an opposing hit by Team 2. During the opposing hit, Team 2 aims to prevent Team 1 from hitting the target by striking the ball to move it far away from the target or to place it in a place difficult to play.
- If Team 1 reaches the goal in predetermined number of turns (or less), they win the round. If they don't reach their goal, Team 2 wins the round.
- Traditionally, the teams stop at the goal point to socialize, and the losers buy the winners a round.
- Game play continues until all the targets throughout Chièvres have been played.

Chòlette

- Pronounced SHOW-let.
- A wooden ball the size of a grapefruit, shaped like an egg.
- Players shout chòlette when they strike the ball to warn others nearby that the ball is in play.

Registration

Payment needs to be made by close of business Feb. 22 at USAG Benelux, HHC, Bldg. 18, Caserne Daumerie, Chièvres. Cost is:

- €3 per person for insurance,
- €25 for a rabot, unless you still have one,
- €3 for a chòlette, unless you still have one.

For information, call DSN 361-5288 or civilian 068-27-5288.

Rabot

- Pronounced raw-BO.
- They are made by local carpenters from Chièvres, Vaudignies and Huissignies.
- The stick of the mallet is made with ash or willow. The head of the mallet is made with a stronger wood like Hazelwood.
- Players decorate them to add to the Carnival atmosphere.
- About 24 hours before playing, soak the head of the Rabot in a bucket of water.



Are you a resident of Saint Ghislain?

Saint Ghislain residents are invited to a *Welcome evening* to be held Mar. 2 at 7 p.m. at the Cultural Center, Grand' Place 37, organized by the city. Please confirm your presence via email at dlima-e-beneluxpao@eur.army.mil by Feb. 18.

Eva de Chièvres

Because of its rich history going back to the Middle Ages, the city of Chièvres organized medieval plays in 2005 and 2008 to bring history onto the streets. The plays are mostly street theater and bring participants and spectators back to how life was here in the 12th century. Because of the success of the previous shows, the organizers decided to present a new one Apr. 29-30. The play, titled "Le Legs d'Eva" (Eva's heritage) will tell the story of Eva de Chièvres, a noble woman who played a big part in the history of her town and its architectural heritage. The play will involve approximately 200 comedians from local groups, role players, archers, riders and many more participants. Although many roles require French speaking, the role players do not need the same language skills so the organizing team is opening participation up to the international community in the SHAPE/Chièvres area. There are only few skills required but the team insists that role players be available for several rehearsals. Interested individuals are required to sign up no later than Feb. 25. To do so or for more information, call the USAG Benelux Public Affairs Office at DSN 361-5419, civilian 068-275419 or email dlima-e-beneluxpao@eur.army.mil.

Medieval Dinner

The SHAPE High School is hosting a medieval dinner with jesters, mummers, minstrels, troubadours, strolling players, jugglers and much more Feb. 22 at 6:30 p.m. in the ballroom of the Officers' Club. Cost is €25 per person for a four course dinner. Reserve now at DSN 423-5663/5779 or 5783.

Air Force Annual Awards Banquet

The 2010 United States Air Force Annual Awards Banquet will be held Feb. 25 at the SHAPE Club starting at 6:30 p.m. Guest speaker is Chief Master Sgt. Gregory N. Myers. For information and tickets, call DSN 361-5285 at Chièvres, DSN 423-4132 on SHAPE, DSN 366-6302 at Glons or DSN 365-9428 in Brussels.

EFMP Respite Care

Exceptional Family Member Program respite care is a program that provides a temporary rest period for family members responsible for regular care of persons with disabilities. Eligibility is based on EFMP enrollment and the family member's medical or educational condition. Contact your local Army Community Service EFMP to apply for respite care, DSN 423-7598 or civilian 065-44-7598.

Yellow Ribbon Room

The Army Community Service Yellow Ribbon Room is now open. The Yellow Ribbon Room is a place for military and family members to communicate through e-mail and webcam while deployed or away from home, browse the internet, Skype, or just relax. For information, call ACS at DSN 423-5324 or civilian 065-44-5324.



Presidents Day

Col Rick L. Tillotson, commander of the US Army Garrison Benelux, will be hosting a reception Feb. 17 to thank the garrison's international and host nation partners for their support to the service members, civilians and families who live and work in the Benelux. The theme of the reception is Presidents Day and the highlight of the event will be a display featuring the 44 U.S. presidents and historical facts that happened in the United States and in the Benelux since 1789.

In a desire to provide a creative training opportunity and to promote cultural exchange, the command team has decided to open the display to the Chièvres and SHAPE workforce and their Families. The display will be available to the public at Caserne Daumerie's Prime Time Lounge, building 7, Friday, Feb. 18 from 9 a.m. to 4 p.m. For more information, call the USAG Benelux Public Affairs Office at DSN 361-5419, civilian 068-275419 or email dlima-e-beneluxpao@eur.army.mil.



Sunday worship service schedule

SHAPE/Chièvres area

- 9 a.m. – Catholic Mass at SHAPE Chapel
- 10:15 a.m. - Anglican service at SHAPE Chapel
- 11:45 a.m. – Contemporary Protestant service at SHAPE Chapel

For additional information, contact the Chaplain's Office at DSN 361-5381

- Jewish Community Liaison: contact DSN 423-4938
- Muslim Community Liaison: contact DSN 368-9814

Catholic Mass

Each Monday, Tuesday and Wednesday at 11:45 a.m. at the Daumerie American Chapel and Thursday at 12:15 p.m. at the SHAPE Chapel.

Brussels area

10:30 a.m. – Protestant service at Chaussée de Louvain 13, St. Stevens Woluwe

BELGIAN NEWS

BELGIAN NEWS

By Cis Spook

USAG Benelux Public Affairs

Westvleteren beer takes silver

The American website RateBeer has released a list with this year's top 100 of the best beers in the world. The top honor goes to the Swedish beer Närke Kaggen Stormak-sporter, followed by Belgium's trappist beer Westvleteren 12. Belgium has a number of other beers in RateBeer's top 100, including Westvleteren Extra 8 on the 11th spot and Rochefort 10 on number 16. De brewery of Struise Brouwers in Oostvleteren has no fewer than 5 beers in the top 100: Cantillon Blabaer Lambik, Sint Bernardus Abt 12, Fonteinen Oude Geuze Vintage 2002, Schaarbeekse krik and Rochefort 8. Belgium also had a winner in the category of best café. The Antwerp pub Kulminator took the highest honor. Other Belgian pubs making the top 20 are Chez Moe-der Lambic in Brussels, In de Verzekering tegen de Grote Dorst in Eizeringen-Lennik and Brugs Beertje in Bruges.

Rate Best Beer claims it has the world's biggest beer competition, as it tests some 130,000 different types of beer and over 10,000 breweries.

No government? Let's party

Invitations are out on the social networking site Face-book to attend a fest on Feb. 17, the day that Belgium overtakes Iraq to become the country that still has no new government 249 days after the general election. A handful of Ghent people thought that this milestone in the world's history could not go unmarked and intend to organize a street party for all. None of the people behind

the initiative are active in politics.

So far 4,000 people have replied to an invitation.

New look taxis in Brussels

The first 23 new look taxis have arrived in Brussels. As of March, most taxis will be black with a checkered band of black and yellow on the side of the car. The purpose of the change is to make taxis more visible and give them an attractive look.

300 days in a traffic jam

People who are starting a career today and intend to work for 35 years, can look forward to spending 300 days in a traffic jam according to researchers.

New activities at Opel site in Antwerp

Three different companies are to start operations on the site of the former Opel factory in Antwerp. They include two of the port's biggest freight handlers, Schelde-Natie and Hesse-Noord Natie. Rail Service Net that services and repairs locomotives is the third company. Opel stopped car assembly in Antwerp last year. The plant shut in De-cember 2010.

120 Belgians thrown off Ryanair flight

Police escorted over a hundred Belgian students off a Ryanair flight in Lanzarote on Saturday night after the young group became too rowdy. The Belgian consul in Te-nerife had to intervene and got Ryanair to agree to allow the Belgians to fly home, but only in small groups and on different flights.

Bicycle tour commemorating the Liberation



The "Voie de la Liberté" or Liberty Road is a commemorative road marking the Allied Forces' advance from Normandy to Bastogne in 1944. To commemorate the event every year, a bicycle ride was given the same name and is held one year in Normandy and one year in Bastogne.

This year, the 23rd edition of the ride is in Bastogne again and will be held Jun. 3, 4 and 5. Every day, the departure and

arrival will be in Bastogne. The tour that will be escorted by the police, is not a competition and anyone may participate but needs to be fit enough to bike for 120 km each day for three consecutive days. The cyclist helmet is mandatory along the route.

Those interested need to register prior to Feb. 15 by filling out the form available on www.voiedelaliberte.be. Along with the subscription, the amount of €100, including registration, shirt, windbreaker, drinks along the route, lunches, lodging and a sou-venir has to be transferred on bank account IBAN BE 39 8538 7012 7519. Personal insurance is not included in the registra-tion fee. For additional information, contact the USAG Benelux Public Affairs Office at DSN 361-5694 or civilian 068-27-5694.



Courtesy Picture

Approximately 300 participated in the 2009 edition of the "Voie de la Liberté" held in Bastogne.

12 February

- **Flea Market (indoors) in Braine-le-Comte** (100 booths) at the school on Rue des Postes 101. Open from 8 a.m. to 6 p.m.

12-13 February

- **Flea Market in Mechelen**, in the Nekkerhal on Nekkerspoel, Borcht, 1. Open both days from 10 a.m. to 6 p.m.

13 February

- **Flea Market (indoors) in Woluwe-Saint-Pierre** (120 booths) at the "Centre de Woluwe Saint Pierre - Quartier des Maieurs" on Rue René Declercq 22. Open from 6 a.m. to 2 p.m.
- **Volksmarch in Ghlin** for 4, 7, 12, 20 or 30 km. Departure is from the IPES on Rue du Temple from 8 a.m. to 3 p.m.
- **Mountain bike ride in Thuin** for 20, 30 or 40 km. Departure is between 8:15 and 10:30 a.m. from the soccer field, Zoning des Waibes. Participating fee is €5. Showers and bike wash are available.
- **Volksmarch in Soignies** for 5, 10 or 20 km. Departure is between 9 a.m. and 6 p.m. from "Cité des Jeunes" on Rue H. Leroy 15.
- **Volksmarch in Meslin L'Eveque** for 5, 10 or 20 km. Departure is from the school on Rue Centrale 13 between 9 a.m. and 6 p.m.
- **Volksmarch in Tournai** for 5, 10 or 20 km. Departure is from the school on Chaussée de Lille 198 between 9 a.m. and 6 p.m.



Courtesy Picture

17 February

- **Concert by the National Orchestra of Belgium in Mons** at the Theater Le Manège on Rue des Passages, 1. Concert is at 8 p.m. Entrance fee ranges from €10 to €15. For information and tickets, send an email to tickets@lemanege-mons.be.

UPCOMING

18 February

- **Evening mountain bike ride in Estaimbourg** for 20 km. Departure between 7 and 9 p.m. from the Sports Center, Place Estaimbourg. Showers and bike wash available.

18-19 February

- **9th Edition of the Winter Rock Festival in Tournai** at the Cultural Center on Boulevard des Frères Rimbaut, 2. Opens Friday as of 6 p.m., Saturday as of 3 p.m. For information and presale tickets, call 069-253080.

18-20 February

- **Garden Decoration Fair in Ciney** at the Ciney Expo on Rue du marché Couvert 3. Open Friday from 4 to 9 p.m.; Saturday from 10 a.m. to 7 p.m. and Sunday from 10 a.m. to 7 p.m. (Fair will also be open on the 25-27 February). Entrance fee is €8 - Parking is free.

19 February

- **Festival Alter Ego (Rock) in Soignies** at the Espace Culturel Victor Jara on Place Van Zeeland, 31. Presale tickets are at €27. Festival starts at 6:30 p.m. For information and presale tickets, call 067/347426.

20 February

- **Flea Market in Roselies** (125 booths) on Rue Président John Kennedy, 150 at 6250 Roselies from 8 a.m. to 4 p.m.

20 March



- **Dead Man's Ridge Walk - Historical walk for 6 or 16 km in Flamierge near Bastogne.** This 3rd edition of the walk honoring the members of the 17th Airborne Division will follow the footsteps of the 194th Glider Infantry Regiment. Departure will be at Flamierge after a small ceremony to be held at the 17th Airborne Division monument at 9:30 a.m. Registration for the walk is €5 and includes a drink, a certificate and insurance. Payment will be made by Mar. 5 to "101st Airborne Belgium", account 732-0005542-64 with mention of a name and the number of participants. The walk is organized by the 101st Airborne Division Belgian Friendly. For additional information, contact the association via email at 17thairbornewalk@gmail.com.

SHAPE Trips & Tours

For information on the trips below,
call DSN 423-3884 or CIV 065-44-3883.

Events & Happenings

- **Amsterdam, Feb. 19.** Visit the Van Gogh Museum, Anne Frank House, sip coffee at the world's best cafes or enjoy a day of leisure in this beautiful city. Amsterdam is an eclectic city famed for its beautiful canals and outrageous cafes. Price: €40. Departs SHAPE at 7 a.m. and returns at 11 p.m.
- **London, Feb. 26.** A day of free time in the city of endless attractions: Buckingham Palace, Big Ben, Westminster Abbey, Trafalgar Square, Tower Bridge, St. Paul's Cathedral, Museums, and the West End theatre district. Price: €65. Departs SHAPE at 6 a.m. and returns at 1 a.m. (Sunday). SHAPE Trips & Tours has a listing of 100 things to do or see in London.
- **Wine Dinner, Mar. 5.** After free time in the city of Trier, Germany, the trip brings you to the winery of Weingut Am Rosenberg for tasting, dinner and a tour. Price: €60. Departs SHAPE at 7 a.m. and returns at midnight. Price includes wine tasting, dinner and winery tour.
- **Paris, Mar. 12.** Spend the day exploring the many classic landmarks of Paris, including the Eiffel Tower, Champs Elysées, the Louvre, Notre Dame... Price: €45. Departs SHAPE at 7 a.m. and returns at 11:30 p.m. Register early as trip fills up quickly.
- **Morocco, Mar. 6-13,** including Fez, Marrakech, Casablanca, Meknes and more. Escape the cold and experience this once in a lifetime trip to exotic and magical Morocco. This package includes: Airport transfers, Airfares (to Casablanca and from Marrakech), 5 star hotel in Casablanca for 1 night, 5 star hotel in Fes for 3 nights, Tent Camp for 1 night, 5 star hotel in Marrakech for 2 nights, All meals (breakfast, lunch and dinner) and all excursions and city tours Price: €1995 Single Room, €1698 Double/Twin Room, €1585 Triple Room. All prices are per person. Register quickly as trip is more than halfway sold out.



Amsterdam, Feb. 19



London, Feb. 26



Paris, Mar. 12

Archive Photos

Archive Photos

Archive Photos

7 February

- **Principles for Healthy Relationships and Marriages** - Offered by the Military & Family Life Consultant. Get tips to use in the relationship department and learn how to write a love letter to your valentine from 1 to 2 p.m. in the Auditorium, Bldg. 30, Caserne Daumerie, Chièvres. For information and to register, call DSN 423-5324 or civilian 065-44-5324.
- **Youth AFAP Workgroup** from 9 a.m. to 3:30 p.m. at Bldg. 318. This workgroup is designed to give teens ages 14 to 18, the chance to give input to the SHAPE/Chièvres communities leadership. Teens get the opportunity to work together to develop issues and recommendations on what they think will solve problems affecting them. For information, call ACS at DSN 423-7598 or civilian 065-44-7598.

8 February

- **Play Morning** - sponsored by ACS New Parent Support Program. This program is offered every Tuesday from 9:30 to 11:30 a.m. in the CYSS Teen Center, Bldg. 503, SHAPE. No pre-registration is required. Parents and their children (0-3 years) play together in a group setting. The program teaches parents developmentally appropriate play to help children improve their social, cognitive, and motor skills. Another benefit of Play Morning is the friendships that form among parents and children. No pre-registration is required. Open to all U.S., SHAPE and NATO ID cardholders. For more information, call ACS at DSN 423-4274 or civilian 065-44-4274.
- **Coffee Connection** - If you are new to the community or you are separated from your sponsor due to TDY or deployment, join us for a cup of coffee, friendly conversation, and find out more about living in Belgium from 10:30 to 11:30 a.m. in Chièvres Army Lodge breakfast room. For more information, call ACS at 423-4332 or civilian 065-44-4332.

9 February

- **Alcoholics Anonymous** - The English speaking SHAPE Alcoholics Anonymous Group meets on Wednesdays from 7 to 8:30 p.m. at the Religious Support Center, Bldg. 353 (behind Bldg. 318 - AFN, ACS). For more information, contact DSN 423-2474 or civilian 065-44-2474.
- **Infant Massage Class** - Meets every Wednesday at 11 a.m. in the SHAPE Healthcare Facility second floor conference room. Class is co-sponsored by WIC Overseas, ACS New parent Support Program, EDIS and the SHAPE Healthcare Facility. Learn techniques that will help your baby sleep better, have an easier time feeding and help with digestion. Expectant mothers and mothers with newborns and up are welcome. mats and oils are provided. No pre-registration is required. Open to all U.S., NATO and SHAPE ID cardholders. Call ACS DSN 423-4274 or civilian 065-44-4274 for more information.
- **Preschool Story Time** - Meets from 10 to 10:30 a.m. at the SHAPE International Library and helps pre-schoolers build confidence, learn socialization skills and make friends. There is no fee for this program.

10 February

- **Army Family Action Plan Symposium** - See a problem in the community? Have a solution? Attend the AFAP symposium open to all U.S. military, family members, DoD civilians and retirees. For more information, contact ACS at DSN 423-7598 or civilian 065-44-7598.
- **Climbing at Face Nord (by reservation)** - Join Outdoor Recreation staff on a trip to Face Nord, one of Belgium's best indoor climbing facilities and climb or bolder your way to fitness. Departing the Chièvres Community Recreation Center at 6 p.m. and returning by 10 p.m. Transportation is \$5 Climbing Fee €8-15 (price varies with equipment needs) . Minimum four persons. Reservations must be made at least one week ahead.

11 February

- **Alcoholics Anonymous** - The English speaking SHAPE Alcoholics Anonymous Group meets from 4:30 to 5:30 p.m. at the Religious Support Center, Bldg. 353 (behind Bldg. 318 - AFN, ACS). For more information, contact DSN 423-2474 or civilian 065-44-2474.

UPCOMING

15 February

- **ADHD Resource Group** - Meets at Bldg. 318 from 12:30 to 1:30 p.m. This month's topic is Caring for the Caregiver. For information and to register, call ACS at DSN 423-7598 or civilian 065-44-7598.
- **Asperger/Autism Support Group** - If you or someone you know has been diagnosed with Asperger Syndrome or Autism Spectrum Disorder, join the group for education and support at the Rendezvous Café next to the GB on SHAPE from 12:30 to 1:30 p.m. For information and to register, call ACS at DSN 423-7598 or civilian 065-44-7598.

AT USAG BRUSSELS

All ACS services and classes are open to the tri-Mission Community and are free.

10 February

- **Taco Night** from 5:30 to 7:30 p.m.: Trivia and at 7:30 p.m.: movie at the 3 Star Lounge.

11 February

- **The Single Mingle-appreciation day** at the 3 Star Lounge, for all singles in the Tri-Mission Community with games, movies and more.

12 February

- **I love/hate Valentine's Day party** at the 3 Star Lounge. Wear red if you love it, black if you hate it. DJ spinning tunes for singles and couples alike. Cover \$5.
- **Brussels MWR is on Face Book.** 'Like' Brussels MWR and receive up-to-date information on what's happening.

UPCOMING

17 February

- **ACS Open House** from 11:30 a.m. to 1:30 p.m. at the ACS facility, Bldg. 4. The event is open to all community members but those interested to join as a partner agency will have an opportunity to present information in respect to their services. In addition to meeting the team and learning about ACS, visitors will also be offered a free light lunch. For information, call ACS at DSN 368-9721 or civilian 02-717-9721.

24 February

- **Army Family Action Plan (AFAP)** - The AFAP Working Group will be held from 8:30 a.m. to 3 p.m. at the 3Star Recreation Building, USAG Brussels. AFAP provides Soldiers, Civilians, and Retirees and their Family Members the opportunity to raise issues or concerns regarding quality of life for leaderships' information and action. All members of the USAG Brussels Tri-Community, regardless of Military branch, are encouraged to participate and share their perspective. We need service members, civilians, retirees and family members to create a realistic cross section of the community. For more information, stop by ACS, Bldg. 4, second floor or call DSN 368-9783 or civilian 02-717-9783.

CYSS

- **Volunteer coaches and officials** are needed for the upcoming Youth Baseball and Girls Softball League. For information, contact the Youth Sports Office at DSN 368-9680.
- **Youth Baseball and Softball League registration** will go on until Mar. 2 Practice starts the third week of March and games start in April. Registration fee is \$45. For information, contact the Youth Sports Office at DSN 368-9680.
- **Start Smart Baseball** for youth ages 3 to 5 will meet as of Apr. 26 for six weeks on Tue and Thu from 5:30 to 6:30 p.m. at the Sterrebeek Annex Gym. Cost is \$40. For information, contact the Youth Sports Office at DSN 368-9680.

FITNESS CLASSES

All classes are held at the USAG Brussels Fitness Center in Bldg. 3 and are free of charge. For more information, call 02-717-9667.

- **Body Pump** - Every Sat from 9:30 to 10:30 a.m. and every Tue from 6 to 7 p.m.,
- **Spin Class** - Every Mon and Thu from 6:30 to 7:30 p.m.
- **Yoga** - Every Mon, Wed and Fri from 10 to 11 a.m.
- **B.W. Body Shop** - Every Mon, Wed, Fri from 1 to 2 p.m.
- **Individualized Strength Training** - Every Tue and Thu from 1 to 2 p.m.
- **Step Aerobics** - Every Wed, Fri from 6 to 7 p.m.
- **Zumba** - Every Sat from 11 a.m. to noon and every Mon from 5:30 to 6:30 p.m.

The Fitness Center is open Mon-Fri from 5 a.m. to 8 p.m., Sat and Sun from 9 a.m. to 4 p.m. The Holiday hours are from 7 a.m. to 5 p.m.

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