

THE GAZETTE

Published for members of the Chièvres Air Base, Caserne Daumerie, SHAPE and Brussels communities

Women's History Month

The Chièvres/SHAPE Community's Women's History Month Celebration will be held March 15 from 10 a.m. to noon at the Chièvres Recreation Center. All SHAPE ID cardholders are welcome to attend. Food tasting immediately following the official program.

Tax Centers

The tax centers at SHAPE and Brussels are open Mon through Fri from 9 a.m. to 5 p.m. with last appointment or walk-in at 4 p.m. At Chièvres, a tax center is open during the same hours but only on Wednesdays. For information, call DSN 423-4906/4868 or civilian 065-44-4906/4868.

Belgian Red Cross

The next blood drive on Chièvres Air Base is scheduled March 21 from 9 to 11 a.m.

Army Emergency Relief

The annual campaign kicked off March 1 and will run through May 15. For information, go to www.aerhq.org. See also page 5.

Chièvres Burger King

The Chièvres Burger King is open early Tuesday through Friday for breakfast at 7 a.m. to better support the lodge, barracks, SOF campus members and other Chièvres/Daumerie tenants.

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SURVIVOR OUTREACH SERVICES

Supporting Survivors and honoring Soldiers

By Lt. Gen. Rick Lynch

Commander, U.S. Army Installation Management Command



I commanded the 3rd Infantry Division out of Fort Stewart as part of the surge in Iraq in 2007-8. During that time, 153 Soldiers died in combat, in a place on the battlefield where I put them. I pray for those Soldiers and their Families every day. Their loss is something I have to live with. For any leader, the loss of a Soldier hits hard. But the loss that Survivors experience is magnitudes deeper and wider, because they have lost not just a Soldier, but a friend, a son or daughter, a husband or wife, a father or mother.

When I visit installations, I meet with those who have lost loved ones on active duty. I make sure to talk with Survivors for two reasons. One reason is that now, as the commander of Installation Management Command, I need to know how we are doing with one of our newest programs, Survivor Outreach Services. The

other reason is that Survivors need to know that the Army recognizes and honors their Soldier's service and sacrifice.

The best, most meaningful thing we can do to honor our Fallen Soldiers is to support and care for those they left behind. Survivor Outreach Services was established in April 2008 to do just that, in a more comprehensive manner than ever before.

The Army is fortunate to have a leader like Chief of Staff Gen. George W. Casey, Jr., who had the vision and compassion to propel the effort to support Survivors beyond casualty assistance alone. Casualty assistance officers work with Families during a very difficult time, a heart-rending time, when Families are notified of their Soldier's death and have to make funeral arrangements and decisions about entitlements and benefits.

But grief is very personal—it cannot be standardized or resolved in a set time period. With the help of a panel of Survivors selected by Gen. Casey, SOS was developed to provide longer-term, expanded support and care, taking up where casualty assistance ends.

SOS offers support through benefits coordinators, who help Survivors understand and apply for local, state and federal benefits; financial counselors, who assist through investment and estate planning education; and support coordinators, who facilitate support groups, provide life skills education and connect Survivors with counseling resources.

Continued on page 3

Americans join in traditional "Crossage"



Cis Spook



Cis Spook



Cis Spook

Phil Thornton (top left picture), project coordinator with the USAG Benelux Directorate of Public Works, is one of the 130 Americans who joined the Chièvres local community in the traditional "Crossage" game, March 9. Donovan Abrassart and Elodie Brotcorne (picture above from left to right), former and present intern with the USAG Benelux Public Affairs Office, look at the next beer keg or target to be hit with the wooden mallet called rabot and the wooden ball called chôtelette. Prior to striking the ball, players shout "Chôtelette" to warn others nearby that the ball is in play. Teams hit their chôtelette from keg to keg, stopping at each target to socialize, eat and drink until the end of the game at sunset. Although the game is played in other cities and villages, numerous players come to Chièvres because the city is closed to all traffic for this event.

THE GAZETTE

To subscribe, email dlima-e-beneluxpao@eur.army.mil

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Supporting Survivors and honoring Soldiers | Continued

More than 200 SOS personnel are now working on installations throughout the United States and overseas, to include National Guard and Reserve locations. The three components work and train together very closely on this One Army program, to provide SOS services closest to where Survivors live.

It does not matter how a Soldier died, and there is no time limit on SOS services. SOS coordinators extend a hand as Survivors are working with casualty assistance officers in the first few months after a Soldier's death, but Survivors do not have to accept assistance right then or ever. They can decide to return months or years later. The important thing is for Survivors to know that the support is there. They are not alone—they are part of the Army Family for as long as they want to be.

There are also no exclusions in the definition of a Survivor. For the SOS program, a Survivor is anyone—immediate Family, extended Family, a friend, a fellow Warrior—who feels the loss of a Soldier. Every Survivor is not entitled to the same benefits under law or regulations, but SOS coordinators will work with any Survivor to access counseling and other resources. Our partnerships with local and national support organizations make this more expanded, inclusive approach possible.

SOS staff have made tremendous progress in a short time, receiving more than 24,000 cases from Casualty and Mortuary Affairs and continually reaching out to Sur-

vivors, both those who have suffered a loss recently and those whose loss pre-dates the program. As the program becomes established, they continue to refine and enhance services as more Survivors provide feedback on their challenges and needs. For example, this past year, when it became clear that Survivors who do not have ID cards were having difficulty getting onto post to use services, SOS developed a Survivor vehicle decal program to ease access and provide special recognition. The decals are currently being distributed through SOS offices.

More information on SOS services and Survivor resources is available on Army OneSource (www.myarmyonesource.com/FamilyProgramsandServices/SurvivingFamilies/SurvivorOutreachServices.aspx), the SOS Facebook page and garrison SOS webpages. There are also links to partner organizations whose support is so critical to connecting with and providing for Survivors.

The loss of a Soldier is not a topic people want to talk about, but it is a reality of military life. We do what we can to prevent losses. We train for and plan our combat operations. We stress safety in garrison. We have enhanced programs to prevent risky behaviors and suicide. In the end, though, despite our best efforts, we cannot prevent every loss. That is why Survivor Outreach Services is so crucial. To honor the Fallen Soldier's service and sacrifice for our nation, we can do one last thing—offer support for the loved ones the Soldier left behind.

U.S. Army Europe to welcome new commander

Lt. Gen. Mark P. Hertling replaces Gen. Carter Ham, who assumed command of U.S. Africa Command in Stuttgart, March 9.

"Sue and I are extremely excited to be back in Europe because we consider this our professional home," Hertling said. "This is the best place to grow as a professional Soldier or civilian, broaden experiences by dealing with our terrific allies, and raise families. There is nowhere else we'd rather be, and we look forward to the great adventures associated with serving here."

The U.S. Senate confirmed Hertling as the next commanding general of USAREUR March 2.

Hertling's previous assignment was as deputy commanding general of the U.S. Army Training and Doctrine Command, Initial Military Training.

Hertling has a long history in USA-REUR, starting as a second lieutenant with 64th Armor, 3rd Infantry Division



Lt. Gen. Mark P. Hertling is the new commanding general of U.S. Army Europe. A welcome ceremony will be held later this month in Heidelberg, Germany.

in Schweinfurt in 1975, and later as deputy assistant chief of staff for operations in Ansbach from 1988-90; and as operations officer for 1st Squadron, 1st Cavalry while deployed to Saudi Arabia during the Gulf War in 1990-91.

Hertling also deployed to Iraq as the 1st Armored Division assistant division commander (support) from 2003-04; commanded the Joint Multinational Training Command in Grafenwoehr, Germany from 2004-05; served as Deputy Chief of Staff, G-3, USAREUR, from 2005-07; and commanded 1st Armored Division in Wiesbaden, Germany and Iraq 2007-09.

U.S. Army Europe, with NATO and other coalition partners from throughout its 51-country area of responsibility, trains for, conducts, and supports contingency operations. Headquartered in Heidelberg, Germany, USAREUR has forces throughout Germany as well as in Italy, Belgium, the Netherlands, Bulgaria, Kosovo, and Romania, and in Afghanistan and Iraq.

Fresh Water Fishing



Courtesy Picture

The SHAPE International Angling Club is open to military and civilian members of SHAPE, NATO, organizations in support of SHAPE, and their dependants.

The Club's main fishing location is a rented lake located near the village of St Denis, approximately four kilometers from SHAPE. Species in the lake include carp, tench, bream, pike, walleye, roach, perch and rudd. With few exceptions, in the interests of conservation the SHAPE International Angling Club operates a "Catch and Release" policy, which is strictly enforced, except for Walleyes. For those who like to fish during the hours of darkness, night fishing is permitted.

Club challenges are fished on the lake, and at other venues, on a regular basis, but no need to be a "matchman" to enjoy the fishing at St Denis. Newcomers to the sport will always find other club members ready and willing to offer advice and help on the best kind of tackle and bait to use, as well as on the location of fishing shops in the immediate area. Full membership of the Club, currently 100 Euros per year, includes the member's immediate family at no additional cost.

For more information, call DSN 423-5897/4429 or civilian 065-44-5897/4429 or check www.shapeclubs.net/siac.

St Patrick's Day 2011 Impaired Driving Prevention

Driving defensively means not only taking responsibility for yourself and your actions but also keeping an eye on "the other guy". If planning to drink, designate a driver who won't drink. Alcohol is a factor in almost half of all fatal motor vehicle crashes.

If you are hosting a party, here are some things you can do to promote responsible drinking:

- Provide plenty of non-alcoholic beverages
- Do not pressure guests to drink
- Serve food to slow the rate of absorption of alcohol
- Stop serving alcohol at least one hour before the party is over
- If guests drink too much, call a cab or arrange a ride with a sober driver

Having a fun holiday is having a safe holiday.

Non Alcoholic Shamrock Punch

Ingredients:

- 1 quart of lime or lemon sherbet
- 1 cup of lime juice
- 1 half cup of cold water
- 2 liters of lemon-lime soda
- Lime wedges

Instructions

Pour lime juice and water into a punch bowl. Add sherbet, and stir the punch until it reaches a smooth consistency. Slowly pour lemon-lime soda into the mixture, stirring constantly. Pour the drinks over crushed ice, and garnish them with lime wedges.

For information, contact DSN 361-5886 or civilian 068-27-5886.

THINK ABOUT IT...

VIGILANCE BEGINS WITH YOU!

For more information, visit www.hqusaar.army.mil/vigilance

FORCE PROTECTION MEASURE OF THE WEEK

When off U.S. installations or outside of U.S. – controlled environments, limit the wear of military uniforms to travel between home and work, to official functions, and brief, essential stops at childcare facilities and service stations.

Army Emergency Relief Campaign

Army Emergency Relief is a private nonprofit organization that helps active duty Soldiers, retirees, Army National Guard and Army Reserve Soldiers in need of financial assistance. AER provides interest free loans and grants to help pay for essential needs. AER provides education scholarships to Family Members. The annual campaign kicked off Mar. 1 and will run through May 15. In 2010, AER provided \$69.7 million in financial relief to 62,000 Soldiers and their Families.

Funding for the program comes from voluntary donations by Soldiers and civilians, plus investments made by AER. Tax deductible contributions can be made by contacting your unit representative, Campaign Coordinator, DSN 361-6334 or DSN 423-4332 or online at www.aerhq.org.

SHAPE Players

The SHAPE Players announce auditions for Oklahoma, based on the play "Green Grow the Lilacs" by Lynn Riggs. Auditions will be held at the SHAPE Performing Arts Center, Bldg. 207, SHAPE on Mar 15 and 16. Both days from 4 to 5:30 p.m. for ages 13-17 and from 6 to 7:30 p.m. for ages 18 and above. Rehearsal will begin Apr 4. For information, call civilian 065-44-3312.

Fitness Challenge

The Fitness Challenge has started and will run until Jun. 27. For additional information and to schedule your fitness assessment, call DSN 361-5643 or civilian 068-27-5643.

Teen Short Story Contest

In honor of National Library Week 2011, April 10-16, the SHAPE International Library is sponsoring a Teen Short Story Contest. The topic mirrors this year's theme, "Create Your Own Story @ Your Library". Short stories will be judged in three categories: grades 6-8, grades 9 and 10 and grades 11 and 12. One winning story from each age group will be published in SHAPE Com-

munity Life magazine and at shape2day.com on the library's page. Winners will be announced at the SHAPE International Library during National Library Week.

Entries will be accepted no later than 3 p.m. April 5 at the SHAPE International Library. Stories must be 1000 to 1500 words and entrants must be in grades 6-12 and be a SHAPE ID cardholder or attend school on SHAPE. Only one submission and a single author per entry will be accepted. Entries must be typed on A4 or 8.5x11 paper, in 12-point font, double-spaced, in English. Please include a cover sheet containing: The entrant's first and last name, grade, nation, telephone number, e-mail address and story title. Do not print the writer's name in the story. For more information, please call DSN 423-5631 or civilian 065-44-5631.

Start your own business in Belgium

The Bulletin magazine for expatriates in Belgium is co-organizing a half day seminar on how to set up and run a business in Belgium, April 5 from 2 to 6:30 p.m. at ING, Rue du Trône 4, 1000 Brussels. To register for this event, go to www.regonline.co.uk/SYOBbelgium2011.

Family Bingo

The next SHAPE High School Scholarship Committee Bingo is March 24 at the International School Cafeteria. Doors open at 6 p.m. with the first game starting at 6:45 p.m. There is no early bird bingo. It will be a family/Polish pottery bingo. Bingo card pack prices are as follows: \$10/10€ per adult pack, \$5/5€ per child pack, \$15/15€ per family pack (1 adult pack and 2 child packs) or \$25/25€ for three adult packs. Dinner and snacks will also be available for purchase at the cafeteria. All proceeds go towards scholarships for graduates of the Class of 2011.

Wrestling Tournament

An international youth Greco-Roman style and women's wrestling tournament will be held April 23-24 at the wrestling club UKV De Halter in Utrecht, the Netherlands. Wrestlers from over 18 different countries will be participating. To register and for more information, check www.dehalter.com and click on Easter Tournament 2011.

Education

University of Oklahoma

The University of Oklahoma is now accepting applications for Master of Arts in International Relations. Accelerated class and program format. On-site and online classes are available. No GRE requirements. For more information, call DSN 423-3654 or civilian 065-44-3654.

Central Texas College

- Central Texas College offers online classes leading to an Associate's degree or certificate in Criminal Justice, Early Childhood Professions, Applied Management/Military Science, Hospitality Management and certificates for Fire Science.
- Central Texas College's Microsoft Certified Information Technology Professional (MCITP) program prepares students for five exams and six professional IT certifications: Network+, Security +, MCP, two MCT's and the MCITP. Registration for these classes begins March 14 and ends March 25. Classes begin April 11. For more information contact your local CTC Field Representative, DSN 423-7447 or check www.europe.ctcd.edu.



Sunday worship service schedule

SHAPE/Chièvres area

- 9 a.m. - Catholic Mass at SHAPE Chapel
- 10:15 a.m. - Anglican service at SHAPE Chapel
- 11:45 a.m. - Contemporary Protestant service at SHAPE Chapel

For additional information, contact the Chaplain's Office at DSN 361-5381

Jewish Community Liaison: contact DSN 423-4938

Muslim Community Liaison: contact DSN 368-9814

Catholic Mass

Each Monday, Tuesday and Wednesday at 11:45 a.m. at the Daumerie American Chapel and Thursday at 12:15 p.m. at the SHAPE Chapel.

Brussels area

10:30 a.m. - Protestant service at Chaussée de Louvain 13, St. Stevens Woluwe

BELGIAN NEWS

BELGIAN NEWS

By Cis Spook

USAG Benelux Public Affairs

Belgian Air Force says "Fly to your Dream"

This is the name of a new campaign intended to encourage youngsters to join the Belgian Air Force. The Air Force is experiencing difficulty finding suitable staff in sufficient numbers and decided to address this by organizing a special jobs day at the Air Force base of Beauvechain.

What role for English in the Greater Brussels area

The role of English in Flanders and more specifically in the Flemish area around Brussels is the topic of the next debate organized by a non profit organization that runs cultural centers in the Flemish area around Brussels. The political argument between Belgium's two main language communities remains unsettled, but already a third player has entered the scene: the international community that uses English. The speakers will discuss how the Flemish area around Brussels, that plays host to many members of the international community, should respond to the use of the English language. The debate will start at 7:30 p.m. March 29 in the Colonial Palace of Tervuren, Paleizenlaan at 3080 Tervuren. You can register by sending an email to info@derand.be by mentioning your name, address and whether you need translation assistance.

World's biggest flower about to blossom in Meise

Expectations are high at the National Botanical Garden in Meise. All eyes are on the titan arum or *Amorphophallus titanum* that is expected to blossom soon. The plant boasts the

biggest flower in the world. Botanical experts say that on the first day that it blossoms the smell of the titan arum resembles a mixture of rotting meat, rancid cheese and fish that has gone off. The plant flowered for a first time in Meise three years ago. The plant is in bloom for three days. The plant usually only blossoms once every three to eight years. The National Botanical Garden will be open in the evenings as soon as the plant blossoms. You can also follow developments on the Garden's website www.br.fgov.be/PUBLIC/GENERAL/index.php.

Belgium should keep nuclear plants open

The IEA, the International Energy Agency, is advising Belgium not to close its nuclear plants by 2025 as planned. It warns that Belgium could become too reliant on foreign supplies. The report also notes that the closure would mean an increased risk of power cuts when demand peaks. In addition, Belgium would also experience problems meeting its targets to cut CO2 emissions. In 2007 Belgium's seven nuclear reactors produced half the country's electricity needs. In 2003 the Belgian Parliament backed legislation limiting a power plant's lifespan to forty years. The first three reactors would be taken out of service in 2015, the last four by 2025. In 2009 the government agreed to keep the country's oldest nuclear reactors running for an additional ten years, but Parliament has never voted the necessary legislation.

Radar Checks

The Federal Police will be checking your speed at the following locations.

14 March:

- Jurbise, Rue du Centenaire
- Jurbise, Rue des Masnuy
- Lens, Rue du Sabot
- Lens, Rue du Calvaire

20 March:

- Bruglette, Chaussée de Mons
- Enghien, Chaussé de Bruxelles
- Enghien, Pavé de Soignies
- Silly, Chaussée de Soignies

Daylight Savings Time

European Summer Time begins March 27 at 2 a.m. Set clocks forward one hour. The United States observed Daylight Savings Time March 13; therefore, until Europe changes time, the U.S. East Coast will be five hours, not six hours, behind Central European Time.

It's safe to Tell ICE
www.usagebenelux.eur.army.mil
 and click on the ICE logo

**2011 Women's History Month
 Theme is "Our History is our Strength"**



The Chièvres/SHAPE Community's Women's History Month Celebration will be held March 15 from 10 a.m. to noon at the Chièvres Recreation Center. Guest speaker is Maj. Gen. Patricia McQuiston, 21st Theater Support Commander.

All SHAPE ID cardholders are welcome to attend. Food tasting immediately following the official program.

17 – 20 March

- **Creativa – Fair for leisure activities in Brussels**, at Brussels Expo on 1, Place de Belgique. Entrance fees are €10 per adult, €5 per child between 12 and 6 and free for child under 6. Open from 10 a.m. to 6 p.m. every day and until 9 p.m. on Friday.

19 March

- **Volksmarch in Moulbaix** for 25, 15, 7 or 4 km. Departure is from 2, Place Henri Stourme between 8 a.m. and 3 p.m.
- **Run and bike in Sirault** for 18 or 10 km. Departure is from 97, Rue E. Lenoir at 2 p.m. Participation fee is €12 per team (2 persons). Bike-wash and showers are available.
- **Crossage in Isières**. Registration and start of the game at the soccerfield between 10:30 a.m. and 2:30 p.m. Participation fee is €5. Possibility to buy the equipment. Benefits will go to the Télévie (fund raising association for the scientific research against leukaemia).

19 – 20 March

- **Flea market (120 booths) in Mons**, at the Lotto Mons Expo on Avenue Thomas Edison. Open from 10 a.m. to 6 p.m. on both days. Entrance fee is €3 per person.
- **Motorbike and quad fair at Ciney**, at Ciney Expo on 3 Rue du Marché Couvert. Open from 10 a.m. to 7 p.m. Entrance fee is €8 per person.
- **B&B Expo in Brussels** – International fair for bed and breakfast, at Tour & Taxis, 86 Avenue du Port. With the participation of hundreds of bed and breakfast and charming hotels from all over the world. Open from 10 a.m. to 6 p.m. Entrance fee is €9. Free for young under 12. For additional information, visit www.bbexpo.be
- **Tournai beer festival**, at la Halle aux Draps on the Grand'Place. Sixteen Belgian breweries will offer to taste 60 different beers. Free entrance. Open from 2:30 to 11 p.m. on Saturday and from 11 a.m. to 9 p.m. on Sunday.

20 March

- **Flea market in Ath**, on Place de Lorette. Open from 8 a.m. to 3 p.m.
- **Volksmarch in Braine-Le-Comte** for 20, 10 or 5 km. Departure is from the school on 101, Rue des Postes between 9 a.m. and 6 p.m.
- **Volksmarch in Harmignies** for 20, 10 or 5 km. Departure is from the CALVA room on 3, Rue Vieille Eglise between 9 a.m. and 6 p.m.
- **Volksmarch in Montignies-Sur-Roc** for 20, 10 or 5 km. Departure is from sports center on 6, La Roquette between 9 a.m. and 6 p.m.
- **Volksmarch in Pipaix** for 20, 10 or 5 km. Departure is from the L'Ecourché on 2, Place between 9 a.m. and 6 p.m.
- **Mountain bike ride in Thieulain** for 55, 40, 30 or 13 km. Departure is from the Vita Line Center on 70, Rue Humont between 8:30 and 11 a.m. Participation fees range between €3 and €5. Bike wash and showers are available.
- **Dead Man's Ridge Walk - Historical walk for 6 or 16 km in Flamierge near Bastogne**. This 3rd edition of the walk honoring the members of the 17th Airborne Division will follow the footsteps of the 194th Glider Infantry Regiment. Departure will be at Flamierge after a small ceremony to be held at the 17th Airborne Division monument at 9:30 a.m. Registration for the walk is €5 and includes a drink, a certificate and insurance. Payment will be made by Mar. 5 to "101st Airborne Belgium", account 732-0005542-64 with mention of a name and the number of participants. The walk is organized by the 101st Airborne Division Belgian Friendly. For additional information, contact the association via email at 17thairbornewalk@gmail.com.

24 March – 20 May

- **Keukenhof, the Netherlands**. This year's theme at the famous bulb flowers park is "Germany, Land of Poets and Philosophers." Keukenhof is located at Stationsweg, 166a at 2161 AM Lisse, the Netherlands. Open daily from 8 a.m. to 7:30 p.m. Front desk closed at 6 p.m. Entrance fees are €14,50 per person and €7 for children between 4 and 11. Parking fee is €6. This year's highlights are:
 - April 1-3: Traditional Dutch costumes festival
 - April 8-10: Summer-flower bulb market
 - April 16: Flower parade
 - April 21-25: Vincent Van Gogh's flower mosaic. For additional information, visit www.keukenhof.nl.



Archive Photo

25 – 27 March

- **Ducasse de Messines in Mons.** The Messines area includes Rue Bertaimont, Avenue Jean d'Avesnes and Place des Martyrs.
 - March 25:
 - 4 p.m., church service
 - 8 p.m., blues concert given by the local band Chico and the Mojo under the festivities tent
 - March 26:
 - From 6 a.m. to 5 p.m.: flea market on Rue des Casemates, Place Nervienne and Avenue Jean d'Avesnes
 - 3 p.m. Departure of the Notre-Dame procession from the Messines Church and departure of the procession with local giants from Place Nervienne.
 - March 27:
 - starting early morning, huge flowers market on Rue de Bertaimont and its surroundings.

25 March – 3 April

- **Eurantica, Fine arts and antique fair at Brussels,** at Brussels Expo on 1, Place de Belgique. More than 150 antiques dealers and art galleries from Belgium, Luxembourg, France, the Netherlands, the United Kingdom, Germany and Italy. Open from 11 a.m. to 7 p.m. on the weekend and from 2 to 7 p.m. on weekdays. Entrance fee is €15 per person.

26 March

- **Puzzle tournament in Brugelette,** at the sports hall on Rue Gabrielle Petit. Two individuals per team. Contest starts at 2 p.m. Participation fees are between €8 and €16. Information and registration by calling 068/65.84.24 or email ciles@skynet.be.
- **Friendship relay race for 9 km in Jurbise.** Registration at the cultural room on 8, Rue de Moustier. Departure (and arrival) of the relay is from the city park at 3 p.m. Two individuals per team. Participation fee is €4.50 per person.

26 – 27 March

- **Truck meeting (display of decorated trucks) at Ciney,** at Ciney Expo on Rue du Marché Couvert. Open from 2 to 10 p.m. on Saturday and from 10 a.m. to 6 p.m. on Sunday. Entrance fee is €6.
- **Chocolate Festival downtown Mons,** in the pedestrian area (Rue de la Chaussée) and Rue de la Coupe, from 10 a.m. to 6 p.m. Sample chocolate and see demonstrations, chocolate sculptures, new products, chocolate stylists, chocolate manufacturers and more.

27 March

- **Volksmarch in Evere** for 20, 10 or 5 km. Departure is from the Frans Guillaume sports center on Avenue des Anciens Combattants from 9 a.m. to 6 p.m.
- **Volksmarch in Linkebeek** for 20, 10 or 5 km. Departure is from 212, Rue Hollebeek from 9 a.m. to 6 p.m.
- **Volksmarch in Bierges** for 20, 10 or 5 km. Departure is from the Jules Colette room on Rue des Combattants from 9 a.m. to 6 p.m.
- **Volksmarch in Flobecq** for 30, 20, 14, 8 or 5 km. Departure is from 4, Rue Abbé Pollart from 8 a.m. to 3 p.m.
- **Volksmarch in Enghien** for 20, 10 or 5 km. Departure is from La Charmille room on 51 Rue de la Station from 9 a.m. to 6 p.m.
- **Volksmarch in Naast** for 20, 10 or 5 km. Departure is from 9, Rue du Moulin from 9 a.m. to 6 p.m.
- **Volksmarch in Ath** for 20, 10 or 5 km. Departure is from 301, Rue de l'Agriculture from 9 a.m. to 6 p.m.
- **Volksmarch in Hautrage** for 20, 10 or 5 km. Departure is from 44, Place d'Hautrage from 9 a.m. to 6 p.m.
- **Volksmarch in Mons** for 20, 10 or 5 km. Departure is from 17 Rue Saint-Paul from 9 a.m. to 6 p.m.
- **Mountain bike ride in Ganshoren** for 60, 45, 35 or 25 km. Departure is from 11, Rue au Bois between 8 and 11 a.m. for the 35 and 25 km route and between 8 and 10 a.m. for the other routes. Participation fee is €4. Bike wash and showers are available.
- **Mountain bike ride in Chièvres** for 45, 35 or 20 km. Departure is from 22, Rue du Château between 8 and 11 a.m. Participation fees range from €3 to €5. Bike wash is available.

BOOK NOW

- **Rock Werchter Festival,** 30 June – 3 July. This is the 37th edition of this rock festival held in the Flemish Brabant. Featured artists include The Black Eyed Peas, Linkin Park, Underworld, Magnetic Man, Hurts, Goose and many more. €76 for one-day ticket on pre-sale and €195 for a four-day pass on pre-sale. For detailed schedule and tickets, visit www.rockwerchter.be.
- **Dour Festival,** 14 – 17 July. Dour Festival in Dour (Mons area), on Site de la Machine à Feu. European alternative music event for music lovers. Bands and festival-goers from all over Europe gather at Dour every summer. 200 bands on 7 stages and one campsite. €93 for a four-day pass (€110 camping included) on pre-sale. One-day ticket will be for sale later. Detailed program and tickets on www.dourfestival.be.



Laurent Dussaudois

CARNAVAL IN BELGIUM

14 - 15 March

• *Carnaval in Nivelles*

- March 14, from 2 to 4 p.m., carnival for the local schools. At 7:30 p.m., carnival parade starts from the Place Emile de Lalieu. At 9:30 p.m., final gathering on the Grand Place and burning of the humps.
- March 15, Fireworks on the Grand'Place at 8 p.m.

25 - 27 March

• *Carnaval in Arlon*

- March 25, Dance party on Plaine des Manoeuvres at 9 p.m. Free entrance.
- March 26, at 1:30 p.m., children's parade downtown Arlon. At 2 p.m., fancy dress party for children on Place Léopold and joyous entry of the Prince Carnaval in the streets of Arlon with the Gilles. Dance party at 9:30 p.m. on Place des Manoeuvres. Entrance fee is €5.
- March 27, at 2:30 p.m., carnival parade downtown Arlon. Burning of the humps on the Grand'Place at 9 p.m.



Courtesy Photo

2 - 4 April

• *Carnaval in Stavelot - Laetare*. The "Blanc Moussi", which means "clad in white", is the symbol of the carnival. They wear a bed sheet and a white pillow and a pointed carrot-nosed mask.

- April 2. Humoristic parade downtown starts at 8:30 p.m. Carnival ball at the Stavelot abbey at 10 p.m.
- April 3. Parade downtown Stavelot starts at 2 p.m. and ends with the final gathering of the Blanc-Moussis on Place St Remacle. Fireworks at 9 p.m.
- April 4. Parade with folkloric and musical groups at 3 p.m.

3 April

• *Carnaval in Welkenraedt - Laetare*. The parade starts from Rue Grande Bruyère at 1 p.m. and includes more than 100 groups. Numerous animations on Place des Combattants.

3 - 5 April

• *Carnaval in La Louvière. - Laetare*.

- April 3, the Gilles gather on the Place Communale around noon and start throwing oranges. Fireworks on the Place Communale at 9 p.m.
- April 4, the parade leaves the Placard du Hocquet at 4 p.m., heading to the Place Mansart for the final gathering and dance. The Gilles wear their hats covered with ostrich feathers (weather permitting) and offer hundreds of oranges.
- April 5, the parade starts at 2 p.m. The Gilles parade together with other characters wearing fancy and colorful costumes. One of the most important moments of the day is the burning of the humps all over the town as of 9:45 p.m. Location depends of the Gilles society (Place Mansart, Place Maugretout, ...)

10 April

• *Carnaval in Rebecq*. The spring carnival starts at 2 p.m. from the main square at Quenast up to the main square at Rebecq. Final gathering and burning of the humps at 8 p.m. on the main square at Rebecq.

24 - 26 April

• *Cavalcade in Jemappes*.

- April 24 - Parade starts at 2 p.m. in the streets of Jemappes and continues until the fireworks at 9:30 p.m. on the Grand'Place.
- April 25 - Is the most important day. Large carnival parade with participation of the Gilles starts at 3 p.m. from the Avenue du Roi Albert. Several parades and activities all afternoon. At 9:30 p.m., final torchlight parade and final gathering of the Gilles on the Grand'Place followed by fireworks.
- April 26, at 9:30 p.m., burning of the humps on the Grand'Place.

SHAPE Trips & Tours

For information on the trips below,
call DSN 423-3884 or CIV 065-44-3883.

- **London, March 19.** Join us for a day of free time in the city of endless attractions: Buckingham Palace, Big Ben, Westminster Abbey, Trafalgar Square, Tower Bridge, St. Paul's Cathedral, Museums, and the West End theatre district. Price: € 65. Departs SHAPE at 6 a.m. and returns at 1:30 a.m. (Sunday).
- **Windsor Castle, March 26.** Windsor Castle is the largest and oldest occupied castle in the world and is one of the official residences of the Queen. The castle's dramatic site holds 900 years of British history. Come enjoy a day at the castle and free time to explore the city of Windsor. Prices: €85 Adult, €75 Children (5-17), €65 Children 0-4 Departs SHAPE at 5:30 a.m. and returns at 11 p.m.
- **Knight's meal at Cochem Castle, April 2.** The day will begin at Burg Pyrmont. Afterwards, free time at the picturesque village of Cochem to explore the narrow streets and cute shops. In the evening, visit to Cochem Castle. After a short tour, the Lord of the Manor will welcome you with a goblet of Mosel wine and make you familiar with medieval customs and table manners. Servants and maids in period costumes serve you lavishly and pass you water to wash your hands so that you can eat with your fingers. Bread and lard make the rounds while a hot and spicy soup is steaming in the cookery pot. Hug drumsticks are served for the main course. Jesters will entertain while a traditional knighting ceremony entertains. The feast comes to an end with cheese, grapes, nuts and biscuits and the servants bring you water to wash your hands. Price: €110 Adults, €85 Youth (6-17), € 60 Child (0-5). Departs SHAPE at 7:30 a.m. and returns at 1:30 a.m.
- **Lloret de mar, Spain, April 8-17** - Sold out! Please call for the waiting list.
- **Loire valley overnight, April 9-10.** The first stop will be the castle of Amboise, where Leonardo Da Vinci is buried. Next is the amazing Château Chenonceaux built on the River Cher, this beautiful château is one of the Val de Loire's finest. The evening will be spent in Blois with free time for dinner. The next day, spend time wandering the village of Blois or go to the Castle. Final stop will be at the Royal Château de Chambord. Price: €215 Single, €180 Twin/Double pp, €165 Children (7-14) w/ 2 paying adults, €150 Children (0-6) *Triples available.
- **Disneyland Paris, April 20.** Experience the happiest place on earth with thrilling rides and fantastic shows. Departs SHAPE at 8 a.m. and returns at 11 p.m. Price: €95 Adults, €90 Youth 3-11, €50 Children 0-2.
- **London Weekend for Easter, April 22-24.** Check out Big Ben, take a river cruise on the Thames, ride the London Eye, people watch in Trafalgar Square, hike up the geometric staircase at St. Paul's Cathedral, or spend some time in the West End theatre district. Price: € 350 pp Single, €230 pp Double / Twin/ Triple €160 Child 3-15*, €95 Child 0-2*, *When sharing a room with two fully paid guests.
- **Keukenhof Gardens and Gouda, the Netherlands, April 23.** The first stop is the picturesque village of Gouda, the cheese capital of Holland. After lunch, we make our way to Keukenhof, the tulip capital of the world. Spend the day admiring flower displays, strolling through the gardens and photographing beautiful scenery. Departs SHAPE at 7 a.m. and return at 10:30 p.m. Adults €50, Youth (4-11) €45, Child (0-4) €35 **Price includes entrance to the gardens.



Windsor Castle - March 26



Keukenhof - April 23

14 March

- **Newcomers' Briefing** - Briefing will be held at the Library, Chièvres Recreation Center, Chièvres Air Base from 8:30 a.m. to 4 p.m.

15 March

- **Play Morning** - sponsored by ACS New Parent Support Program. This program is offered every Tuesday from 9:30 to 11:30 a.m. in the CYSS Teen Center, Bldg. 503, SHAPE. No pre-registration is required. Parents and their children (0-3 years) play together in a group setting. The program teaches parents developmentally appropriate play to help children improve their social, cognitive, and motor skills. No pre-registration is required. Open to all U.S., SHAPE and NATO ID cardholders. For more information, call ACS at DSN 423-4274 or civilian 065-44-4274.
- **Anger and Conflict Management, part 2** - At Bldg. 318, SHAPE from 10:30 a.m. to noon. Focuses on building skills that will support positive relationships at work, home and community. For more information and registration, call ACS at DSN 423-5263 or civilian 065-44-5263.
- **ADHD Resource Group** meets from 12:30 to 1:30 p.m. at ACS, Bldg. 318, SHAPE. The group will be watching the DVD *Real Life ADHD: A Survival Guide for Children and Teens*. For more information, call ACS at DSN 423-7598 or 065-44-7598.

16 March

- **Alcoholics Anonymous** - The English speaking SHAPE Alcoholics Anonymous Group meets on Wednesdays from 7 to 8:30 p.m. at the Religious Support Center, Bldg. 353 (behind Bldg. 318 - AFN, ACS, entrance is in the back of the building). For more information, contact DSN 423-2474 or civilian 065-44-2474.
- **Infant Massage Class** - Meets every Wednesday at 11 a.m. in the SHAPE Healthcare Facility second floor conference room. Expectant mothers and mothers with newborns and up are welcome. Mats and oils are provided. No pre-registration is required. Open to all U.S., NATO and SHAPE ID cardholders. Call ACS DSN 423-4274 or civilian 065-44-4274 for more information.
- **Overseas Breastfeeding Support Group** - Meets from 10 to 11 a.m. in the conference room, second floor, SHAPE Health Facility. Advantages of breastfeeding, adjusting to a newborn and overcoming difficulties are topics commonly discussed. Certified lactation counselors are present to help. This group is co-sponsored by WIC Overseas, ACS New Parent Support Program and the SHAPE Healthcare Facility. Call WIC Overseas for more information at DSN 423-5971 or civilian 065-44-5971.
- **Preschool Story Time** - Meets from 10 to 10:30 a.m. at the SHAPE International Library and helps preschoolers build confidence, learn socialization skills and make friends. There is no fee for this program.
- **Page Turners Book Discussion Group** - Meets at 5:30 p.m. at the SHAPE International Library. The group will discuss *Room* by Emma Donoghue. For more information or to reserve a copy, call DSN 423-5631 or civilian 065-44-5631.

17 March

- **AFTB Phase 5: Leadership Fundamentals** - These one-day concept blocks are designed to build strong minds, improve resiliency and enhance leadership skills. Each session focuses on a different aspect of personal resiliency. All one day concept blocks are from 8:45 a.m. to 3:15 p.m. in the ACS Training Room, Bldg. 318, SHAPE. Pre-registration is required by calling DSN 423-5324 or civilian 065-44-5324.
- **Climbing at Face Nord (by reservation)** - Join Outdoor Recreation staff on a trip to Face Nord, one of Belgium's best indoor climbing facilities and climb or bolder your way to fitness. Departing the Chièvres Community Recreation Center at 6 p.m. and returning by 10 p.m. Transportation is \$5 Climbing Fee €8-15 (price varies with equipment needs) . Minimum four persons. Reservations must be made at least one week ahead.
- **The Illuminati: A book club for preteens and teens** - Meets at 4:30 p.m. at the SHAPE International Library and will discuss *Candor* by Pam Bachorz. For more information, call DSN 423-5631 or civilian 065-44-5631.
- **Parenting Workshop** - Workshop will be held in the AVS Training room, Bldg. 318 from 11:30 a.m. to 1 p.m. Bring your lunch and learn about parenting. For additional information and to sign up, call DSN 423-4274 or civilian 065-44-4274.

18 March

- **Alcoholics Anonymous** - The English speaking SHAPE Alcoholics Anonymous Group meets from 4:30 to 5:30 p.m. at the Religious Support Center, Bldg. 353 (behind Bldg. 318 - AFN, ACS entrance is in the back of the building). For more information, contact DSN 423-2474 or civilian 065-44-2474.
- **St Patrick's Bingo** at the Community Recreation Center, Chièvres Air Base from 7 to 11 p.m. For more information, call DSN 361-5268 or civilian 068-27-5268.

19 March

- **Family Fun Night** - At the Community Activity Center, Chièvres Air Base from 6 to 9 p.m.

AT USAG BRUSSELS

All ACS services and classes are open to the tri-Mission Community and are free.

16 March

- **Women's Wellness Symposium "Our History is our Strength"**
- 9:30 a.m. to 12:30 p.m. at the 3 Star Lounge. A panel of experts will discuss the importance of women's health, nutrition and personal fitness. Refreshments will be served. For more information, call ACS at DSN 368-9783 or civilian 02-717-9783.
- **Social networking awareness** from 6 to 8 p.m. Free event, limited childcare available in CYS, \$4 per hour. This will help you if your child is asking you for a Twitter or Face Book or MySpace account. Find out how to protect your computer from viruses, worms, spyware and any other threats. Teach your teen that what is posted online stays online forever and employers or colleagues can read about it forever. Join us for this free, informative and fun seminar and learn more about the fabulous and exciting world of social networking.

17 March

- **St Patrick's Day** celebration starting at 5 p.m. at the 3 Star Lounge with Irish food, drinks, dancing and green everything.

FITNESS CLASSES

All classes are held at the USAG Brussels Fitness Center in Bldg. 3 and are free of charge. For more information, call 02-717-9667.

- **New: Big Will's Body Shop** - Big Will's functional-styled workout session uses a variety of equipment that will challenge your muscles and raise your heart rate. Let Big Will's intense low-impact cardio intervals help kick your calorie burn into a higher gear. Body Shop sessions will be offered from 1 to 2 p.m. and from 2:30 to 3:30 p.m. every Mon, Wed and Fri.
- **Body Pump** - Every Sat from 9:30 to 10:30 a.m. and every Tue from 6 to 7 p.m.,
- **Spin Class** - Every Mon and Thu from 6:30 to 7:30 p.m.
- **Yoga** - Every Mon, Wed and Fri from 10 to 11 a.m.
- **Individualized Strength Training** - Every Tue and Thu from 1 to 2 p.m.
- **Step Aerobics** - Every Wed, Fri from 6 to 7 p.m.
- **Zumba** - Every Sat from 11 a.m. to noon and every Mon from 5:30 to 6:30 p.m.

The Fitness Center is open Mon-Fri from 5 a.m. to 8 p.m., Sat and Sun from 9 a.m. to 4 p.m. The Holiday hours are from 7 a.m. to 5 p.m. For more information, call the Fitness Center at DSN 368-9667.

CYSS

- All youth who wish to participate in CYS activities must be registered for CYS services. For more information, or to sign up, contact the office at DSN 368-9649. All registered school age children are eligible for four free hours of care each week.
- If you're looking for a job, CYS is looking for you. Openings are available immediately for a CYPA in middle school teens, a cook and a maintenance worker. For more information, check out the Army Vacancy Announcement Board or contact Paula Cabrera at DSN 368-9651.
- **Homework Help** - CYS offers homework help every day after school for all ages.

25 March

- **Parents Night Out** from 6 to 9 p.m. CDC, SAS, sign up closes March 18. Cost is \$15. For more information, call DSN 368-9651 or civilian 02-717-9651.

Finance Office

24 March

- The Finance Office will be closed from 8:30 a.m. to noon and open from 1 to 5 p.m.

Education

31 March

- **Education Center Expo** at the snack bar, USAG Brussels from 11 a.m. to 2 p.m. Representatives from University of Maryland, University of Oklahoma, Central Texas College and University of Phoenix will all be available as an Army counselor.

