

# THE GAZETTE

Published for members of the Chièvres Air Base, Caserne Daumerie, SHAPE and Brussels communities

## The Patriot Specials

Starting today, The Patriot will be rolling out its new weekly menu specials. Today's special is Shepherd's Pie.

## Overseas Housing Allowance

The annual Overseas Housing Allowance (OHA) Utility/Recurring Maintenance survey is accessible at [www.defensetravel.dod.mil/ss/wsb.dll/s/eg4e](http://www.defensetravel.dod.mil/ss/wsb.dll/s/eg4e). The fullest participation possible in this survey is essential as the utility/recurring maintenance allowance for Belgium will be updated based on the results of this survey.

## Uncle Sam's Store

The Uncle Sam's Store, Hangar 3 on Chièvres Air Base will be closed for inventory April 13-15. Bona fide emergencies will be handled on a case by case basis. For more information, call DSN 361-5343 or 5169.

## Tax Deadline

File your 2010 Federal taxes by April 18. See page 4 for local tax center information.

## AFN Benelux website contest

AFN Benelux is running a drawing contest for children ages 3-12 on how the family stays safe. The winner will make the cover of the SHAPE Community Life magazine and earn prizes from Grandma's Attic. Go to the AFN Benelux Website to enter prior to April 15.

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## MONTH OF THE MILITARY CHILD Raising strong kids year round

By Lt. Gen. Rick Lynch

Commander, U.S. Army Installation Management Command



The Army first observed the Month of the Military Child in 1986, to honor the youngest members of the Army community. As we celebrate it again this month, 25 years later and in the 10th year of ongoing conflict, recognition of the sacrifices and strength of our military children is more vital than ever.

The life of military children has always had its challenges, foremost among them being frequent relocations. Every time Families move, children have to make new friends, get used to new schools, and find new clubs and teams to join. A lot of military children take these changes in stride and some even thrive on them, but it is hard - kids have to rebuild their world every time and find their place in it.

Now, in this time of persistent conflict, the challenges are compounded - they are more serious and affect more Families. About 1.8 million children have a parent currently serving in the military. Since 2001, an estimated 900,000 children have had one or both parents deploy multiple times.

Our children are dealing with long and repeated separations from their parents. They are dealing with the happy but disruptive time when their parents come home and the Family has to regain normalcy. Sometimes they have to deal with the worst thing children can imagine, the death of a parent. In the face of all this, for all of their contributions and sacrifices, our children need and deserve our best efforts.

From the highest levels of leadership on down, the Army has committed to providing Families with a quality of life that is commensurate with their service and sacrifice. For our children, that includes a commitment to ensure excellence in schools, child care and youth services - to ensure they have the support and care they need to develop into strong, resilient, well-rounded young adults.

Army Child, Youth and School Services is central to delivering on these promises. CYSS currently serves almost 300,000 children ages 6 weeks to 18 years in on- and off-post programs around the world. Through its Child Development Centers, School Age Care, and Middle School and Teen Centers, CYSS provides healthy and enriching environments that help children grow mentally, physically, socially and emotionally. For the school age children and teens in particular, the CYSS programs provide a whole world of topics to explore, including fitness, health, arts, science and technology, leadership, citizenship,

**Continued on page 3**



Hundreds of children and family members turned out for Egg-stravaganza Saturday at Chièvres Community Recreation Center. The center was filled with games, and activities, but most important of all children. After two hours of waiting for the Easter Egg hunt, the rear doors were opened and children and parents flooded to the egg hunt. Matthew Houin said he had a lot of fun and he got more eggs than he ever has before. (inset) Matthew Houin grabs another egg.

Keith Houin

THE GAZETTE

To subscribe, email [dlima-e-beneluxpao@eur.army.mil](mailto:dlima-e-beneluxpao@eur.army.mil)

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## MONTH OF THE MILITARY CHILD I Continued

life skills and careers. In addition, CYSS runs a robust sports program, with more than 112,000 children participating in team and individual sports and sports clinics.

To meet the greater need for services, CYSS has made tremendous efforts to increase access and offerings, both on and off post. On installations in the States and overseas, CYSS has constructed 150 new child care and 24 new youth centers since 2007. They have also introduced innovative programs such as Neighborhood Activity Homes, which provide places for older kids outside of traditional facilities.

The focus on increasing access does two things for our Families. When parents can take advantage of CYSS, it decreases stress on the Family. Parents know that when they are deployed, when they are working, when they are at medical appointments, their children are in a safe place. They can focus on what they need to do, knowing that their children are well cared for. Also, these programs provide our children with much needed support.

In addition to providing quality out-of-school programs, CYSS is also focusing on supporting military children in school. Military children attend on average nine different schools before they graduate high school. The transition between schools can be rough when there are incompatible requirements to enroll, to join extracurricular activities or to graduate.

Schools Liaison Officers are located at every garrison to help Families with these and other school-related issues. They play an important role in helping students make a smooth transition and succeed at their new school.

In addition to daily child care and afterschool care which meet the highest national standards, CYSS provides special

events and camps, both on post and far from any post. There's Tutor.com, where students can get online tutoring anytime and anywhere. There are the Military Family Life Consultants, who provide counseling to kids in school, and the Child Behavioral Consultants, who work with children in the afterschool programs, when they are having difficulties with their parent's deployment.

Army CYSS strives to provide a comprehensive range of services for Families to help grow strong and resilient children. However, this is only possible with the support of a number of dedicated, longstanding partners, including universities, nonprofit organizations, and local and state governments. They conduct research on the needs of military children, draft policies and legislation in support of military Families, develop curricula we use in our programs, provide training for educators, counselors and others who work with military kids, and provide services to military children who do not live near an installation. We must continue to reach out to them and communicate how they can help our children, because we cannot do it without them.

Month of the Military Child is an important observance, and a lot of fun. The Army does not confine its commitment to children to one month a year - we owe our children more than that. They do not sign up for the challenges military life brings, and yet they are right in there with us, making sacrifices everyday and showing a lot of bravery. It's our job to do the best by them that we can, providing the care, support and opportunities they need to thrive in the face of challenges. Our children are our future: when they are strong, we are strong.

## Child Abuse Prevention Month kicks off in community



Caroline Thoms (right), Family Advocacy Program manager, explains to the children of the Child, Youth and School Services that the main objective of the Child Abuse Prevention Campaign is focused on their protection. The Family Advocacy Program conducts a public awareness and community education campaign during the entire month of April in connection with Child Abuse Prevention Month. The theme of this year's campaign is "Child Abuse Prevention requires safe communities and responsive families." A proclamation to make USAG Benelux safe for all children and supportive for all parents was signed in the children's presence by Col. Rick L. Tillotson, USAG Benelux Commander and Command Sgt. Maj. Allan K. Fairley. As stated on this proclamation, the primary responsibility for child abuse prevention rests with the Family. Parenting, especially in times of high stress and operational intensity, makes a tough job even tougher. Army parents know that it is a sign of

strength to ask for professional help to keep their children safe from harm. Connecting with the Family Advocacy program, New Parent Support Program, Military and Family Life Consultants, Chaplains and other family services can help Families deal with the challenges that may lead to abuse. On the planned activities in connection with Child Abuse Prevention Month is a Child and Family Parade, April 20 from 1 to 2 p.m. departing from the SHAPE Child Development Center to the Events Center, where a Child Wellness Day will be held until 6 p.m. This Child Wellness Day will focus on activities to support healthy and safe children and families and also include workshops on family communication, resiliency and picky eaters. Events are open to U.S. ID and SHAPE card holders.

# TSC opens doors, demonstrates training resources

The Training Support Center Benelux opened its doors to the community and unit representatives from throughout the European theater Thursday to demonstrate some of the resources available for all echelons of training.

The open house kicked off with an introduction by Mr. Blaine Curtis, Chief of Training Support Center Benelux, and guest speaker, USAG Benelux Command Sgt. Maj. Allan Fairley.

Both emphasized the need for continued training of our military members and the specific importance of having regional training support such as that provided by TSC Benelux.

After the formalities and speeches were completed, guests were invited to tour the facilities, view and participate in training system demonstrations and join the TSC personnel for a BBQ lunch.

Amidst the sounds of small arms fire and explosions Army, Air Force and Navy unit representatives, as well as other training center experts from around the theater were able to see first hand what TSC Benelux has to offer.

Laser Combative Advanced Training System equipment, Engagement Skills Training, and improvised explosive device training devices were just part of what the TSC was demonstrated.



(background) Fleming Outerbridge, TSC Benelux training support specialist, operates the Engagement Skills Training (EST) 2000 at the open house. (above) A JMTCS employee demonstrates the Virtual Battle Scene program to Sgt. 1st Class Cynthia Penner, Northern Law Center. (left) Gary Arturo, TSC Benelux training support specialist, demonstrates training aids and devices that simulate improvised explosive devices and other ordnance. Photos by Vanessa Thonnard, VI Specialist, 7th USA JMTCS TSAETSC Benelux.

# Airmen to join local community in honoring World War II crew members



Archive Photo

Lt. James R. Lavin, pilot of the 'Royal Flush' was killed in the crash.

A ceremony honoring the crew members of the B17 "Royal Flush" that crashed during World War II near Chièvres Air Base, will be held April 13 at 4 p.m. at Fouleng, a small village part of Silly.

Sixty-seven years ago, the "Royal Flush" was on its way back to its British base after a bombing mission over Schweinfurt, Germany.

Flying over the vicinity of Chièvres Air Base, then occupied by the Nazis, it was hit by anti aircraft defense. The pilot soon lost control of the plane and it crashed in a field in Fouleng. Six of the crewmembers were killed.

Four aviators were able to bail out prior to the crash. One of them was injured when getting to the ground and within minutes, was taken prisoner by the Germans. The other three were able to evade with the help of local resistance fighters.

This year's ceremony co-sponsored by the 309th Airlift Squadron stationed on Chièvres Air Base and the City of Silly, will be attended by four family members of Lt. James R. Lavin, pilot of the "Royal Flush" who was killed in the explosion of the plane. Lt. Lavin's youngest brother, his nephew and two nieces will be making the trip especially for the commemorative ceremony.

The ceremony is open to all and will be at the plaque on the farmhouse at 47, Rue de la Miraine in Fouleng (Silly) starting at 4 p.m. April 13.

## Brussels community promotes Motorcycle Safety



Mira Radosavlevici

Inspector Principal Frédéric Van Belle (left) from the Sylle et Dendre Federal Police zone briefs participants at the Safety Day on how to adapt to the Belgian road conditions. After the theoretical aspects, attendees went on a ride through the Brussels area.

# SHAPE celebrates 60th Anniversary

*Courtesy of Allied Command Operations, NATO*

Since its official activation in Paris on April 2, 1951, Supreme Headquarters Allied Powers Europe has been a pillar of strength and security for the nations of the North Atlantic Treaty Organization. Today, SHAPE celebrated its 60th Anniversary with a ceremony during which Admiral James Stavridis, Supreme Allied Commander Europe, addressed the SHAPE military and civilian personnel and their families.

"We have moved into an era where we have found ways to cooperate with former foes," Admiral Stavridis told the crowd packed into the PAO Auditorium on SHAPE. "This is part of the legacy of SHAPE moving forward. The world has moved on, but our ability to impact it and be a force for good continues."

During his speech, Admiral Stavridis underscored the significant role that SHAPE has played over the years, especially highlighting some of SHAPE and NATO's major accomplishments following the fall of the Berlin Wall and the end of Cold-War.

Admiral Stavridis touched on NATO's expanding role in the international arena, such efforts to combat piracy off the coast of Somalia, and creating partnerships and taking part in humanitarian efforts around the world. Afghanistan remains NATO's top operational goal, and Admiral Stavridis spoke of cautious optimism about progress being made there. NATO's role continues to expand with its recent decision to take over operations in Libya in support of the United Nations Security Council Resolution to provide humanitarian assistance, enforce the arms embargo and no-fly zone and protect the people of Libya.

Not only has SHAPE played an important role in contributing to 60 years of collective security, but it continues to be engaged and relevant. "The operational expansion of SHAPE and NATO is very significant and tells the story of the extraordinary hard work that happens here," Admiral Stavridis said. "Collective defence is what this alliance is about. But NATO is also a force for good in the world. That is part of the legacy of SHAPE."

At the end of the speech, Admiral Stavridis took a moment to recognize 12 officers at SHAPE for their outstanding work in the strategic operation planning group. The entire SHAPE community was then invited to a reception following the event.

As SHAPE celebrates, it has a chance to look back on a proud history of service to NATO during the Cold War, but especially this even

busier period afterward. During the more than two decades since the fall of the Berlin Wall, SHAPE has faced new challenges, taken on new missions, integrated new members, worked with new partners, and emerged as one of the key assets of the international community in efforts to restore stability in crisis areas in Europe and elsewhere.

SHAPE was officially founded on April 2, 1951 as part of an effort to establish an integrated and effective NATO military force. It soon set up its first headquarters at Rocquencourt, France under SACEUR Dwight D. Eisenhower. In 1967, after France's withdrawal from NATO's integrated military structure, SHAPE was relocated to Casteau, Belgium. During its six decades, SHAPE has had 16 SACEURs overseeing its military operations. Each SACEUR has been charged with guiding SHAPE's military efforts through the Cold War and beyond, and made an indelible impact on the overall security and defence of the Alliance. SHAPE saw the construction of the Berlin Wall in August 1961 during the heart of the Cold War, and the momentous opening of the wall on 9 November 1989, marking the beginning of a completely new and radically different era for the military headquarters. Over the years, the military headquarters has overseen a number of important military operations and missions to safeguard the nations of the North Atlantic Treaty and beyond, including current operations in Afghanistan and Kosovo, counter-piracy off the horn of Africa, counter terrorism in the Mediterranean, and most recently Operation Unified Protector, NATO's response to protecting the civilian population in Libya.

As SHAPE celebrates 60 years, it continues to take on key roles in ensuring Alliance security and stability. SHAPE has taken on new missions, has integrated new members, worked with new partners, and emerged as one of the key assets of the international community in efforts to restore stability in crisis areas in Europe and elsewhere.

## Tax deadline is fast approaching



This year's deadline is **April 18** and military personnel who do not owe money get until **June 15**.

The tax centers at SHAPE and Brussels are open **Monday through Friday from 9 a.m. to 5 p.m.** with last appointment or walk-in at **4 p.m.**

At Chièvres, a tax center is open during the same hours but only on **Wednesdays**. For information, call DSN 423-4906/4868 or civilian 065-44-4906/4868.

**BELGIAN NEWS**

**BELGIAN NEWS**

**By Cis Spook**

*USAG Benelux Public Affairs*

**A sunny month of March**

March 2011 was an exceptionally sunny month. No less than 204 hours and 14 minutes of sunshine were recorded at the Royal Meteorological Institute in Ukkel, Brussels. This is 90% more than average in March. As well as being very sunny, March 2011 was also particularly dry. It rained on 7 out of 31 days. The average temperature during last month was 7.7 °C, which is normal for the month of March.

**Antwerpen checks ships for radiation level**

The Port of Antwerp is taking precautions in response to the nuclear disaster at Fukushima in Japan. The port authorities have ordered checks on vessels arriving from Japanese waters to ensure that they have not been contaminated by radiation. The share of goods arriving in Antwerp that originates from Japan is relatively small and mainly consists of containers and cars.

**Unexplained rise in asylum seekers**

There was a big jump in the number of asylum seekers arriving in Belgium last month. The figure was up 18% for the month. The Immigration Service says that 2,100 applications were filed in March. The big jump is most seen among young women from Guinea in West Africa. The women are fleeing to escape forced marriages and female circumcision. Most of the young men hail from Afghanistan. Afghans also form the largest group among adult asylum seekers.

**Do you speak Belgian?**

A helpful brochure just came out answering the most frequent questions about language usage raised by international people in Belgium. The brochure is available

in English, Dutch, French and German and is an initiative of the cultural organization De Rand that operates in the Flemish area around Brussels. Figures from the Flemish Free University of Brussels (VUB) for 2008 show that 11.5 % of the population of the Flemish municipalities around Brussels consists of foreign nationals. In the six Flemish municipalities where Francophones enjoy special rights this figure even rises to 17.1%. For expats the Belgian language laws are seen as complex and not always very logical. The brochure is entitled "Living in Translation". It provides an answer to questions like "In which language can I contact the authorities?", "Why is Brussels bilingual when only a minority of Dutch-speakers live there?" and "What language is spoken in companies and hospitals?" Each month a new question will be answered. The brochure is accessible at [www.livingintranslation.be](http://www.livingintranslation.be).

**Commemorative ceremony**

The American Ambassador to Belgium Howard Gutman attended a service of remembrance in Mortsel near Antwerp last week. The ceremony remembered the 936 people who died during an allied bombing of the city, April 5, 1943.

**Cows run over by a train**

Seventeen cows that escaped from their field as they were scared by a dog, have been killed by a train in the Namur area. The Luxembourg Namur train was carrying some 600 passengers among which were 150 students. Fortunately, none of them got injured. Due to the impact with the animals, the train left the rails but didn't turn over. The railway company had to dispatch another train to the area in order for the passengers to get to their destination.

**Earth Day celebration at Chièvres Air Base**



Archive picture

Kestrel chicks born on Chièvres Air Base in 2010

**Earth Day is celebrated annually to promote protection of our planet through a variety of 'green' actions. The U.S. Army is supporting the event by organizing environmental awareness events.**

**At Chièvres Air Base, Earth Day will be celebrated April 21. The schedule of the activities is as follows:**

**2- 2:30 p.m. - Tree planting with a USAG Benelux Command Group representative near the Army Lodge**

**2:30 - 7 p.m. - Earth Day Discovery Trail. The trail departing from the Army Lodge, will go by multiple environmental points of interest on Chièvres Air Base and is accessible to pedestrians and cyclists. Participants can choose from four different routes with distances ranging from 4 to 14 km (2.4 to 8.6 miles) and will be issued a booklet in English and French explaining each point of interest.**

**Attendance to the above events is free and open to all U.S. and SHAPE ID card holders as well as Host Nation personnel members.**

**Exchange Survey**

The Chièvres Exchange is holding a Customer Satisfaction Index Survey through April 23. The survey will take place daily, except Mondays. The survey represents a continuing effort to measure and improve customer service and to ensure The Exchange meets customer expectations. The CSI survey measures customer satisfaction in several areas including customer service, pricing, associate availability and friendliness, and merchandise selection and availability. Customers will receive a \$5.00 coupon for sharing their opinion.

**Job Opening**

Choctaw Professional Resources Enterprise is seeking qualified applicants for the position of New Parent Support Program Home Visitor for the SHAPE NATO Base in Belgium. Candidates must be a Licensed Clinical Social Worker (LCSW), Licensed Marriage and Family Therapist (LMFT) or Licensed RN with a BSN. Candidates must have two years post degree experience working with expectant parents, or working with parents with children through age three, providing services related to parenting, attachment and/or reducing risk factors for maltreatment and domestic violence. For more information, call DSN 379-6522 or civilian 0049-6202-80-6522.

**E-book/E-audio Book Workshop Rescheduled**

Due to Spring Break, the library has rescheduled the E-book/E-audio Book Workshop workshop for April 19 at 5:30 p.m. Learn how to use the Army Digital Media Library (Overdrive) and NetLibrary services with your computer, portable and e-reader devices. If it's portable, bring your device to the workshop for hands-on training. No registration and no fees required. For more information or to reserve a copy, call the library at DSN 423-5631 or civilian 065-44-5631.

**Army Emergency Relief Campaign**

The annual campaign runs through May 15 and helps active duty Soldiers, retirees, Army National Guard and Army Reserve Soldiers in need of financial assistance. AER provides interest free loans and grants to help pay for essential needs. AER also provides education scholarships to Family Members. Funding for the program comes from voluntary donations by Soldiers and civilians, plus investments made by AER. Tax deductible contributions can be made by contacting your unit representative, Campaign Coordinator, DSN 361-6334 or DSN 423-4332 or online at [www.aerhq.org](http://www.aerhq.org).

**Volunteering at Track Meet**

The SHAPE high school track and field team needs help May 14 from 9 a.m. to 4 p.m. to assist at a track meet. Volunteers are needed to help time races, measure throws, move equipment and help sell food. No experience necessary. Call the high school at DSN 423-5715 or civilian 065-44-5715 and leave your contact information so the coach and meet manager can get in touch with you.



**Sunday worship service schedule**

**SHAPE/Chièvres area**

9 a.m. – Catholic Mass at SHAPE Chapel  
 10:15 a.m. - Anglican service at SHAPE Chapel  
 11:45 a.m. – Contemporary Protestant service at SHAPE Chapel

For additional information, contact the Chaplain's Office at DSN 361-5381

Jewish Community Liaison: contact DSN 423-4938  
 Muslim Community Liaison: contact DSN 368-9814

**Catholic Mass**

Each Monday, Tuesday and Wednesday at 11:45 a.m. at the Daumerie American Chapel and Thursday at 12:15 p.m. at the SHAPE Chapel.

**Brussels area**

10:30 a.m. – Protestant service at Chaussée de Louvain 13, St. Stevens Woluwe

**SHAPE/Chièvres Holy Week Schedule**

Event	General Protestant	Catholic
Palm Sunday		
17 April	11:45 a.m.	8:30 a.m.
All Week		
18-20 April	4 - 5:30 p.m.: Prayer Service	
Holy Thursday		
21 April	4 - 5:30 p.m.: Prayer Service	6 p.m.
Good Friday	11 a.m.:	11 a.m.
22 April	Ecumenical Service	Ecumenical Svc
Holy Saturday		
23 April		7 p.m.:Easter Vigil
Easter Sunday	7 a.m.: Sunrise Svc	9 a.m.
24 April	SHAPE Events Center 11:45 a.m.: Regular Service	

**All services will be held on SHAPE with the exception of the protestant Prayer Services which will be held on Caserne Daumerie**

**Job Opening at the Dry Cleaning**

The dry cleaning services on Chièvres Air Base are looking for an individual to work one or two days intermittently per week or as necessary, starting immediately. Individual must be reliable and flexible. For more information, call DSN 361-5417 or civilian 068-45636.

**Brussels: 101.7 FM – Chièvres 107.9 FM – SHAPE 106.5 FM and 104.2 FM**

**Education**

**USAG Benelux Education Center Open House**

Get education information while enjoying a light lunch sponsored by your education center April 26 from 11 a.m. to 1 p.m. at Bldg. 212, SHAPE.

**University of Oklahoma**

The University of Oklahoma is accepting applications for Master of Arts in International Relations. Accelerated class and program format. On-site and online classes are available. No GRE requirements. For more information, call DSN 423-3654 or civilian 065-44-3654.

**University of Maryland**

UMUC Europe is now scheduling student appointments to meet with a member of our Academic Advising Team May 12. Reasons to see an Academic Advisor are:

- Go over your Degree Progress Report together
- See how transfer work will come into your UMUC Degree.
- Explore different majors and/or minors.
- Receive information regarding college level testing.
- Discuss residency, upper level, G.P.A. and more
- Appointments are first come, first serve. If you are looking to have face to face time to talk about your academic advising issues, be sure to sign up with your Field Rep at DSN 423-5173.

**Central Texas College**

- Central Texas College offers online classes leading to an Associate's degree or certificate in Criminal Justice, Early Childhood Professions, Applied Management/Military Science, Hospitality Management and certificates for Fire Science.

**CYSS New Classes coming up**

**Parent & Child music class** - Introduction to music for children and their parents. This class will meet twice a week - in the morning.

**Flute class** - Flute lessons for beginner, intermediate and advanced students. We will have group classes and also one-on-one lessons. For more information call Parent Central Services Office at DSN 423-5612 or civilian 065-44-5612.

SHAPE/Chièvres Holy Week Schedule

Palm Sunday, April 17

**Family Enrichment Seminar**

This seminar will be held April 30 from 10 a.m. to 3 p.m. in the upper room, Caserne Daumerie, Chièvres. Bring your family's favorite dish to share for a potluck lunch. Childcare will be provided for children under 4. Older children can participate. For more information, call DSN 361-5381 or civilian 068-275381.

**Radar Checks**

The Belgian Federal Police will be checking your speed on the following days and locations:

**12 April:** Brugelette, Chaussée de Mons  
Silly, Chaussée de Soignies  
Enghien, Chaussée de Bruxelles and Pavé de Soignies

**14 April:** Maffle, Chaussée de Mons  
Ath, Rue aux Fleurs

**18 April:** Ath, Chaussée de Soignies, Route de Frasnes, Route de Valenciennes, Chemin de Chièvres and Route de Flobecq

**That Guy.com**



Through April 23  
Please take our  
**Customer Satisfaction Survey!**



**You'll receive a coupon good for \$5 off your next Exchange purchase.**



# The Brussels Bandits finish wrestling season

By Rob Fago



Colleen Dresden

The Brussels CYSS wrestling team The Bandits, with Coach Troy Wisdom at the last tournament of the season

The Brussels CYSS Wrestling Team, The Bandits, finished its season in Wiesbaden March 26. They had another strong showing and were complimented on their skills and their good sportsmanship. Referees, other coaches, and parents provided compliments to The Bandits and their coach, Troy Wisdom.

Brett Dresden thanked Brussels coaches at the tournament saying, "It's amazing how much the kids have learned in only one year, thank you very much for all you've done." Other coaches complimented Coach Wisdom after seeing several younger Brussels wrestlers use a "Granby" to escape from an opponent's hold. Using a Granby, which is a maneuver usually completed by more experienced wrestlers, was a challenge set forth by Coach Wisdom. It is a more complicated move but the kids enjoyed doing it in practice so Coach Wisdom encouraged them to try it during the final tournament.

The CYSS Wrestling Banquet was held March 28 during which both the parents and wrestlers re-lived the good memories and accomplishments of the season. A highlight of the evening for the children was when Coach Wisdom assigned nicknames to the wrestlers based on their extraordinary feats from the season. At the presentation of each nickname, the coaches explained why it was appropriate and congratulated the wrestler on a good season.

The downside of the evening were the goodbyes. During the

four month wrestling season the ten Brussels families have grown together to become one big wrestling family. Parents talked about how lucky they've been to have had an opportunity to know all of the other wonderful wrestling families.

Parents also thanked Coach Wisdom by saying that they have seen positive changes in their children's personalities, their confidence in themselves, and for a few wrestling has allowed kids to come out of their shells.

At the banquet Robert Neuman, the USAG Brussels Youth Sports & Fitness Director, commended Coach Wisdom on his positive impact on the Brussels CYSS Program. "I looked at our files of the previous year's wrestling programs. Since Coach Wisdom started three years ago the program has grown from about 7 wrestlers to 17 this year. This is a significant size team for a community as small as ours."

After the formal presentations Sharlene Wisdom described her husband's love of coaching. "He really takes being a wrestling coach seriously. He wants to help the kids love the sport and enjoy themselves. He was always watching wrestling videos, looking up games and new moves for the kids. Troy wrestled in high school; he really loves the sport. All of the tournaments over the past 3 years have been so much fun, because we all have gotten along so well with the other wrestling families."

**Through 20 May**

- **Keukenhof, the Netherlands.** This year's theme at the famous bulb flowers park is "Germany, Land of Poets and Philosophers." Keukenhof is located at Stationsweg, 166a at 2161 AM Lisse, the Netherlands. Open daily from 8 a.m. to 7:30 p.m. Front desk closed at 6 p.m. Entrance fees are €14,50 per person and €7 for children between 4 and 11. Parking fee is €6. This year's highlights are:
  - April 1-3: Traditional Dutch costumes festival
  - April 8-10: Summer-flower bulb market
  - April 16: Flower parade
  - April 21-25: Vincent Van Gogh's flower mosaic. For additional information, visit [www.keukenhof.nl](http://www.keukenhof.nl).

**Through 19 April**

- **Brussels International Fantastic Film Festival – BIFFF, in Brussels,** at Tour & Taxis, on 86c, Avenue du Port. This is one of the most original movie festivals in the world and an opportunity to watch over 150 films, the majority of them as previews. For fantastic, science-fiction and horror films lovers. For detailed program, visit [www.festivalfantastique.org/festival](http://www.festivalfantastique.org/festival).

**Through 8 May**

- **International Flower Exhibition in Groot Bijgaarden,** at the Castle of Groot-Bijgaarden, on 5, Van Beverenstraat. Around 400 types of tulips, hyacinths, daffodils and other grape hyacinths, pansies, azaleas and rhododendrons will be presented to the public in the 14 hectares castle park. The visitors can discover new creations by flower growers as well as the most beautiful varieties which have become great classics. Open every day from 10 a.m. to 6 p.m. Entrance fees are €10 per adult, €5 per child between 6 and 14 and free for kids under 6. For additional information, visit [www.grandbigard.be](http://www.grandbigard.be).



**15 April - 9 May**

- **Royal greenhouses of Laeken** open to the public, on Avenue du Parc Royal. A winter garden created to fulfill Leopold II's dream, the greenhouses are filled with rare flowers and exotic trees. Entrance fee is €2.50. Open on:
  - Tuesday, Wednesday and Thursday from 9:30 a.m. to 4 p.m.
  - Friday from 1 to 4 p.m. and from 8 to 10 p.m.;
  - Saturday and Sunday from 9:30 a.m. to 4 p.m. and from 8 to 10 p.m.
  - 19 April reserved for disabled people. Closed on Mondays (except April 25) and on April 26.

**16 April**

- **Volksmarch in Ladeuze** for 20, 15, 10 or 5 km. Departure is from the cultural center on 23, Rue de la Liberté from 8 a.m. to 3 p.m.
- **Volksmarch in Auderghem (Brussels)** for 22, 16 or 8 km. Departure is 224, Boulevard des Invalides from 8 a.m. to 3 p.m.
- **Run & bike ride in Bléharies** for 16 or 6 km. Departure is from the soccerfield on Rue du Cimetière at 3 p.m. Participation fee is €3.
- **Mountain bike ride in Lessines** for 30 km. Departure is from Le Ramier on 93, Chevauchoire de Viane from 8 a.m. to 2 p.m. Participation fee is €4. Bike wash is available. Benefits will go to the Télévie (fund raising association for the scientific research against leukaemia).
- **Flea market in La Bouverie,** on Rue de l'Industrie. Open from 5 a.m. to 1 p.m.

**16 – 17 April**



Dog Show in Antwerp, 16-17 April and in Gent, 23-25 April

- **Dog show and contest in Antwerp** at Antwerp Expo on 191, Jan Van Rijswijcklaan. Open from 10 a.m. to 5 p.m. on both days. Entrance fee is €5.

**17 April**

- **Volksmarch in Ath** for 40, 30, 20, 10, 5 km. Departure is from the school on Rue Paul Pasture from 8 a.m. to 3 p.m.
- **Volksmarch in Buvrines** for 20, 10 or 5 km. Departure is from Rue de la Cornette from 9 a.m. to 6 p.m.
- **Volksmarch in Blaton** for 20, 10 or 5 km. Departure is from 1, Rue de Basècles from 9 a.m. to 6 p.m.
- **Volksmarch in Limal** for 20, 10 or 5 km. Departure is from 54, Rue Charles Jaumotte from 9 a.m. to 6 p.m.
- **Volksmarch in Obourg** for 20, 10 or 5 km. Departure is from the soccer field on Rue du Camp from 9 a.m. to 6 p.m.

**16 – 17 April Continued**

- **Mountain bike ride in Thuin** for 55, 40, 35, 20 or 15 km. Departure is from 23, Rue du Chêne from 7:30 a.m. to 2 p.m. Participation fee is €4. Bike wash is available.
- **Mountain bike ride in Huissignies** for 100, 80, 60, 45, or 25 km. Departure is from the cultural center on Rue de l'Eglise from 6:30 to 11 a.m. Participation fees range between €3 and €7. Bike wash and showers available.
- **Spring volksmarch in Beloeil**, at the discovery of the small local streets and monuments. Gathering and registration at 9:30 a.m. at the Tourism Office, 27, Rue du Chateau. Departure at 10 a.m. and friendship drink at noon. Participation fee is €3 per adult and €1.50 per kid.
- **Flea market in Ath**, on Place de Lorette, from 9 a.m. to 6 p.m.
- **Flea market in Mons**, on Rue du Grand Large. Open from 5 a.m. to 5 p.m.

**22 April**



Courtesy Picture

Penitents procession - 22 April

• **Penitents procession in Lessines.** Every year during the night of Good Friday, a famous procession filled with mystery and mysticism takes place in Lessines. The penitents, wearing frock and cowl and carrying a cross adorned with all the attributes of the Passion, leave the church at dusk and walk through the dark streets. A group of children who advise people of the approaching procession with giant rattles precede the torch-lit procession. The cortège then returns to the church for the symbolic burial. On coming out of the church, life is born from death, spring follows winter and the shop windows are ablaze with the colors of Easter. The procession starts in the St. Pierre church at dusk, around 9 p.m. The parade may be scary to small children.

• **Annual flower market in Tournai**, along the Rue Royale. The flower market starts at 8 a.m. and continues throughout the day until 6 p.m. More than one hundred horticulturists take part in this multi-colored market which goes as far back as 1825.

**23 April**

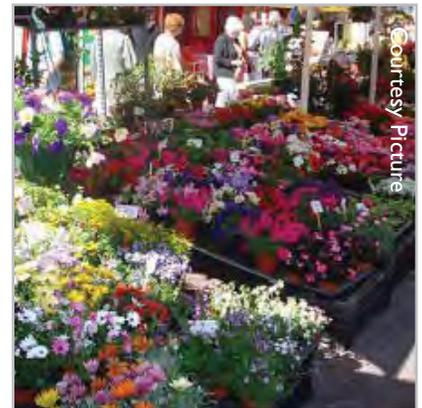
- **Volksmarch in Strepy-Bracquegnies** for 30, 20, 12 or 6 km. Departure is from St Martin room on Rue de Trivières from 7 a.m. to 2 p.m.
- **Easter eggs hunt in Ath**, on Place du Pays Vert. Participants will be in four categories: 3-5, 6-9, 10-12 and 12 and above. Registration at 1:30 p.m. Participation fee is €1 per kid.

**23 – 25 April**

- **International dog show in Gent**, at Flanders Expo, on 1, Maaltekouter. Open from 10 a.m. to 6 p.m. Entrance fee is €10 per person.
- **Flea market (700 booths) in Ciney**, at Ciney Expo on 3, Rue du Marché Couvert. Open from 10 a.m. to 7 p.m. Entrance fee is €8 per person.

**24 April**

- **Volksmarch in Houdeng-Goegnies** for 20, 10 or 5 km. Departure is from the sports hall on 21, Avenue du Stade from 9 a.m. to 6 p.m.
- **Volksmarch in Maffle** for 20, 10 or 5 km. Departure is from 4, Place from 9 a.m. to 6 p.m.
- **Volksmarch in Ottignies** for 21, 12 or 6 km. Departure is from 119A, Rue de l'Invasion from 7 a.m. to 2 p.m.
- **Mountain bike ride in Cuesmes** for 84, 63, 49, 37 or 19 km. Departure is from Rue de l'Héribus from 7:30 to 9:30 a.m. for the 84 km route and from 7:30 to 10:30 a.m. for the other routes. Participation fee is €5. Bike wash and showers are available.
- **Medieval event in Ath**, on the Esplanade. Infantry demonstrations from 10 to 11 a.m. and cavalry demonstrations from 11 a.m. to noon.



Courtesy Picture

Flower market - 22 April

**24 – 26 April**

- **105th cavalcade and giants' procession in Jemappes.** The schedule is as follows:
  - On Sunday, parade starts at 2 p.m. in the streets of Jemappes and continues until the fireworks at 9:30 p.m. on the Main Square.
  - The main event will take place on April 25. The large carnival parade with participation of the Gilles starts at 3 p.m. from the Avenue du Roi Albert. Several parades and activities all afternoon. At 9:30 p.m., final parade and gathering of the Gilles on the Main Square followed by fireworks.
  - On April 26, at 9:30 p.m., burning of the humps on the Main Square.

**25 April**

- **Volksmarch in Quevaucamps** for 20, 10 or 5 km. Departure is from 1 Rue Georges Mauroy from 9 a.m. to 6 p.m.

**25 April Continued**

- **Volksmarch in La Hulpe** for 21, 12 or 5 km. Departure is from the school on 112 Rue des Combattants from 8 a.m. to 3 p.m.
- **Traditional walk with sticks** leaves from the Sports Hall in Kain (Tournai area) from 7 a.m. to 5 p.m. Three routes are available: 6, 12 or 20 km. The origin of this walk goes back to the 14th century. The monks, in their time, climbed the flanks of the Mont-Saint-Aubert by way of expiatory pilgrimage. Much later, the local kids went to the “mountain” and cut off branches in the surrounding forests; they made sticks and started peaceful jousts with their wooden weapons. Today, this tradition continues on Easter Monday. The walk goes to the Mont-Saint-Aubert, on a 147 meters high hill. It offers a beautiful compensation to the walkers with its panoramic view over the entire Escaut valley and over the city in the middle with its cathedral and five church towers. Only condition to participate: bring a stick. Free registration.

**BOOK NOW**

- **Rock Werchter Festival**, 30 June – 3 July. This is the 37th edition of this rock festival held in the Flemish Brabant. Featured artists include The Black Eyed Peas, Linkin Park, Underworld, Magnetic Man, Hurts, Goose and many more. €76 for one-day ticket on pre-sale and €195 for a four-day pass on pre-sale. For detailed schedule and tickets, visit [www.rockwerchter.be](http://www.rockwerchter.be).
- **Dour Festival**, 14 – 17 July. Dour Festival in Dour (Mons area), on Site de la Machine à Feu. European alternative music event for music lovers. Bands and festival-goers from all over Europe gather at Dour every summer. 200 bands on 7 stages and one campsite. €93 for a four-day pass (€110 camping included) on pre-sale. One-day ticket will be for sale later. Detailed program and tickets on [www.dourfestival.be](http://www.dourfestival.be).
- **Power Prog and Metal fest - PPM fest in Mons**, 30 April at the Lotto Mons Expo on 2 Avenue Thomas Edison. 2 stages, 18 bands. With the participation of Europe, Hammerfall, Edguy, ... Entrance fee is €65 per person (€55 on pre-sale). Doors open at 10 a.m. For pre-sales location and detailed program, visit [www.ppmfest.com](http://www.ppmfest.com)
- **Couleur Café festival in Brussels**, 24-26 June. at the Tours and Taxis site on Avenue du Port 86c. Couleur Café is dedicated to all currents of urban music across the world including R'nB, hip hop, reggae, dub, flamenco, salsa, zouk, folk, pop and electronic music. Entrance is €43 per person per day (€35 on pre-sale); three-day pass is €76 (€91 camping included). For tickets and detailed program, visit [www.couleurcafe.be](http://www.couleurcafe.be).

**SHAPE Trips & Tours**

*For information on the trips below,  
call DSN 423-3884 or CIV 065-44-3883.*

- **Paris, April 16 & May 14.** Come enjoy the city of lights and explore its many museums, shops, and restaurants. You will have time to explore everything that Paris has to offer including the Eiffel Tower, Notre Dame Cathedral, The Louvre, the many markets and eat the fantastic food available in this amazing city. Depart SHAPE: 7:00, Return SHAPE: 23:00 Price: € 45
- **Disneyland Paris, April 20 & June 2.** Come experience the happiest place on earth. With the thrilling rides and fantastic shows, you will have an action packed day that is sure to satisfy the whole family! Depart SHAPE: 08:00, Return SHAPE: 23:00 Price: €95 Adults, €90 Youth 3-11, €50 Children 0-2
- **London Weekend for Easter, April 22-24.** Check out Big Ben, take a river cruise on the Thames, ride the London Eye, people watch in Trafalgar Square, hike up the geometric staircase at St. Paul's Cathedral, or spend some time in the West End theatre district. Price: € 350 pp Single, €230 pp Double / Twin/ Triple €160 Child 3-15\*, €95 Child 0-2\*, \*When sharing a room with two fully paid guests.
- **Keukenhof Gardens and Gouda, the Netherlands, April 23.** The first stop is the picturesque village of Gouda, the cheese capital of Holland. After lunch, we make our way to Keukenhof, the tulip capital of the world. Spend the day admiring flower displays, strolling through the gardens and photographing beautiful scenery. Departs SHAPE at 7 a.m. and return at 10:30 p.m. Adults €50, Youth (4-11) €45, Child (0-4) €35 \*\*Price includes entrance to the gardens.
- **Amsterdam for the Queen's Birthday, April 30.** The Dutch people celebrate the birthday of the Queen Mother, Princess Juliana and many of them wear something orange in token of the royal house. For royalty watchers, there is a chance of a glimpse of the present Queen Beatrix. Please remember that Amsterdam becomes one big party so please consider this when booking this trip. Price: €40. Departs SHAPE at 7 a.m. and returns at midnight.
- **Rhine in Flames, May 7.** The trip begins in the German city of Bonn for some free time to explore. In the evening, board on a ship and start a cruise of the Rhine River while enjoying the scenery and the fireworks. Trip includes evening meal. Price is €110 per adult, €50 for children between 0 and 3. Departs SHAPE at 11 a.m. and returns at 4 a.m.

# Belgian amusement parks open for the season

## Walibi, Boulevard de l'Europe, Wavre

For the whole family and for big thrills lovers

### Opening hours

Open as of April 9 (fully booked on April 10). Check the opening hours on Walibi website as it is not open every day during the low season

Open every day from 10 a.m. to 7 p.m. in July and August  
Late opening until 11 p.m. on 16, 23 and 30 July and 6 and 13 August

### Entrance fees

€31 per adult

€27 per young between 3 and 11, free for kids under 3

Info: [www.walibi.com/belgium](http://www.walibi.com/belgium)

## Plopsa Coo, Coo 4, Stavelot

For the whole family

### Opening hours

Open as of April 9, from 10 a.m. to 5 p.m. Check the opening hours on the Plopsa website as it is not open every day during the low season

Open every day from 10 a.m. to 6 p.m. in July and August

### Entrance fees

€24.50 per adult and kid taller than 1m

€8 per kid under 1m

Info: [www.plopsa.be/plopsacoo](http://www.plopsa.be/plopsacoo)

## Aqualibi, Boulevard de l'Europe, Wavre

Water park for the whole family

### Opening hours

Open as of March 30

Check the opening hours on Aqualibi website

### Entrance fees

€18.50 per adult

€14.50 per young between 6 and 12

€5 per kid between 3 and 6

Free for kids under 3

Info: [www.walibi.com/aqualibi](http://www.walibi.com/aqualibi)

## Boudewijn Seapark, A. De Baeckestraat 12, Brugge

Dolphinarium and amusement park for the whole family

### Opening hours

Open as of April 9, from 10 a.m. to 5 p.m. Check the opening hours on the Boudewijn Sea park website as it is not open every day during the low season

Open every day from 10 a.m. to 6 p.m. in July and August

### Entrance fees

€23.50 per adult

€19.50 for young taller than

€5 per kid between 85cm and 1m (free is under 85 cm)

Info: [www.boudewijnseapark.be](http://www.boudewijnseapark.be)

## Pairi Daiza, Le Domaine 1, Brugelette

Animal park for the entire family that used to be called Parc Paradisio.

More than 4000 animals and several theme gardens. Outside and inside playgrounds.

### Opening hours

Open as of April 9

Open every day from 10 a.m. to 6 p.m.

Open from 10 a.m. to 7 p.m. in July and August

### Entrance fees

€22 per adult

€17 per young between 3 and 11

Free for kids under 3

Info: [www.pairidaiza.eu](http://www.pairidaiza.eu)

## Bobbejaanland, Olensteenweg 45, Kasterlee

For the whole family and for big thrills lovers

### Opening hours

Open as of April 9, from 10 a.m. to 5 p.m. Check the opening hours on the Bobbejaanland website as it is not open every day during the low season.

Open every day from 10 a.m. to 6 p.m. in July and August (from 10 a.m. to 7 p.m. July 16-August 15)

### Entrance fees

€31 per adult

€27 for young between 1m and 1.40m

Free access if smaller than 1m

Info: [www.bobbejaanland.be](http://www.bobbejaanland.be)

## Plopsaland, De Pannelaan, 68, De Panne

For the whole family

### Opening hours

Open as of April 10, from 10 a.m. to 6 p.m. Check the opening hours on the Plopsa website as it is not open every day during the low season

Open every day from 10 a.m. to 7 p.m. in July and August

### Entrance fees

€29 per adult and kid taller than 1m

€8 per kid under 1m

Info: [www.plopsa.be/plopsalanddepanne](http://www.plopsa.be/plopsalanddepanne)

## Bellewaerde, Meenseweg 497, Ieper

For the whole family

### Opening hours

Open as of April 9, from 10 a.m. to 5 p.m. Check the opening hours on the Bobbejaanland website as it is not open every day during the low season.

Open every day from 10 a.m. to 6 p.m. in July and August (from 10 a.m. to 7 p.m. July 17-August 21)

### Entrance fees

€28 per adult

€24 for young between 1m and 1.40m

Free access if smaller than 1m

Info: [www.bellewaerdepark.be](http://www.bellewaerdepark.be)

**11 April**

- **The Patriot Specials** - Starting today, The Patriot will be rolling out its new weekly menu specials. Today's special is Shepherd's Pie.

**11-15 April**

- **Teenage Babysitting Course** - Learn basic childcare skills and get CPR/First Aid certified from 9:30 a.m. to noon. Participants must be 13 years or older and registered with the CYSS to join the course. Cost is \$20 per person. For more information, call DSN 423-5612.

**13 April**

- **Infant Massage Class** - Meets every Wednesday at 11 a.m. in the SHAPE Healthcare Facility second floor conference room. Expectant mothers and mothers with newborns and up are welcome. Mats and oils are provided. No pre-registration is required. Open to all U.S., NATO and SHAPE ID cardholders. Call ACS DSN 423-4274 or civilian 065-44-4274 for more information.
- **Preschool Story Time** - Meets from 10 to 10:30 a.m. at the SHAPE International Library and helps preschoolers build confidence, learn socialization skills and make friends. There is no fee for this program. For more information, call the library at DSN 423-5631 or civilian 065-44-5631.
- **Alcoholics Anonymous** - The English speaking SHAPE Alcoholics Anonymous Group meets on Wednesdays from 7 to 8:30 p.m. at the SHAPE International Chapel, Bldg. 601, room 51. Members support one another's 12 Step recovery program and freely share their AA story with newcomers. Family members, friends, and anyone interested in AA are welcomed to attend. For recorded message with telephone contact #'s, call 049-405-8137. For English speaking meetings in Brussels and throughout Europe see <http://www.aa-europe.net/> <<http://www.aa-europe.net/>> .

**14 April**

- **Parent Advisory Council Meeting** - This meeting is held from noon to 1:30 p.m. at the CYSS SAS, Bldg. 602 on SHAPE and is your opportunity as a parent to roll up your sleeves and really get involved with CYSS.
- **Parent Education Plan** - This Parent Education class on child abuse will be offered in conjunction with the quarterly Parent Advisory Council meeting from noon to 1:30 p.m. at the CYSS SAS, Bldg. 602 on SHAPE.
- **Daddy Boot Camp** - a special course for new and expecting fathers will be held from 12:15 to 1:15 p.m. at Bldg. 318, SHAPE. For more information or to register, call DSN 423-4274 or civilian 065-44-4274.

**15 April**

- **Active Parenting for children ages 5 to 12** - A lunch and learn series as a part of Child Abuse Prevention Month from 11:30 a.m. to 1 p.m. at ACS, Bldg. 318, SHAPE. Learn about how to win cooperation with your child, how to raise a responsible child and how to redirect your child's misbehavior. For more information or to register, call DSN 423-5324/5263 or civilian 065-44-5324/5263.
- **Alcoholics Anonymous** - The English speaking SHAPE Alcoholics Anonymous Group meets from noon to 1 p.m. at the SHAPE International Chapel, Bldg. 601, room 51. For recorded message with telephone contact #'s, call 049-405-8137. For English speaking meetings in Brussels and throughout Europe see <http://www.aa-europe.net/> <<http://www.aa-europe.net/>> .

**16 April**

- **Family Fun Night** - At the Chièvres Community Recreation Center from 6 to 9 p.m.

**New Fitness Center Hours**

The following Chièvres Air Base Fitness Center hours go into effect today: Monday - Friday from 6 a.m. to 7 p.m., Saturday, Sunday and U.S. Holidays from 9 a.m. to 5 p.m., USAREUR Holidays from 9 a.m. to 7 p.m.

**ACS New Operating Hours**

The new operating hours for Army Community Services are Monday through Thursday from 8 a.m. to 5:30 p.m. and Friday from 11 a.m. to 5 p.m.

**Play Morning**

Until further notice, the play morning classes held every Tuesday and every second Saturday of the month, have been interrupted.



**Take Back The Night**

FRIDAY, 15 APRIL  
1600 • SHAPE International Library

Registration Starts 1500

Come and join the community and make a stand against violence against women with our second annual 5.5 Km walk/run around the perimeter of SHAPE. We will kick-off the event starting from the SHAPE International Library Parking Lot at 1600 (registration and t-shirt pick-up starts at 1500). Each participant will receive a free t-shirt (while supplies last).




## AT USAG BRUSSELS

All ACS services and classes are open to the tri-Mission Community and are free.

- **Volunteer Recognition Ceremony.** Nominations for volunteers who have made a difference in the community can now be submitted to ACS via the website [www.usagbrussels.eur.army.mil/sites/local/2011outstanding\\_volunteers.pdf](http://www.usagbrussels.eur.army.mil/sites/local/2011outstanding_volunteers.pdf). For additional information, call DSN 368-9735. The ceremony will be held April 28.

## FITNESS CLASSES

All classes are held at the USAG Brussels Fitness Center in Bldg. 3 and are free of charge. For more information, call 02-717-9667.

- **New: Big Will's Body Shop** - Sessions are from 1 to 2 p.m. and from 2:30 to 3:30 p.m. every Mon, Wed and Fri.
- **Body Pump** - Every Sat from 9:30 to 10:30 a.m. and every Tue from 6 to 7 p.m.,
- **Spin Class** - Every Mon and Thu from 6:30 to 7:30 p.m.
- **Yoga** - Every Mon, Wed and Fri from 10 to 11 a.m.
- **Individualized Strength Training** - Every Tue and Thu from 1 to 2 p.m.
- **Step Aerobics** - Every Wed, Fri from 6 to 7 p.m.
- **Zumba** - Every Sat from 11 a.m. to noon and every Mon from 5:30 to 6:30 p.m.
- **Fitness Program** - Starts May 1 through October 31. By joining the program you may be eligible for three hours of duty time per week to exercise. Application packets are available at the USAG Brussels Fitness Center.

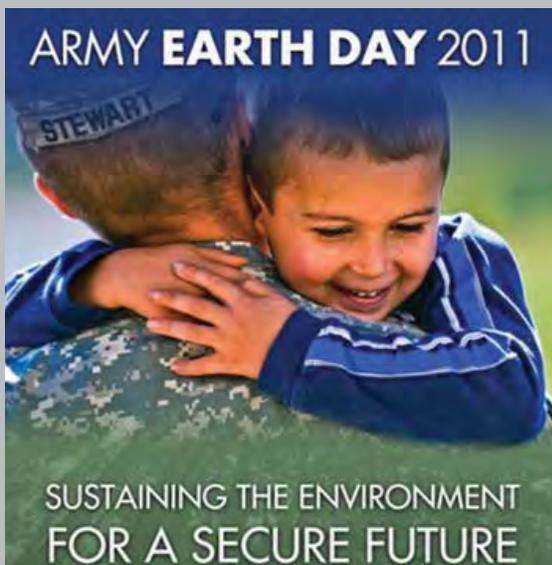
The Fitness Center is open Mon-Fri from 5 a.m. to 8 p.m., Sat and Sun from 9 a.m. to 4 p.m. The Holiday hours are from 7 a.m. to 5 p.m. For more information, call the Fitness Center at DSN 368-9667.

## Brussels American School

- **Collecting supplies for Japan** - The Brussels American School is collecting supplies to send to Camp Zama, Japan for distribution to the Japanese people in response to the recent tragedy that has struck the country of Japan. Large boxes can be found throughout USAG Brussels to collect the following items: New or like new clothing, diapers, baby formula and bottles, mittens, gloves, hats, scarves, and small camping supplies such as hand and foot warmers are really needed. The Japanese really like Cup of Noodles instant lunches and given the freezing temperatures, coats would be most appreciated. For more information, contact the Brussels School Liaison Officer at 0478-963629 or the Special Events Coordinator at 02-717-9763.

## CYSS

- All youth who wish to participate in CYS activities must be registered for CYS services. For more information, or to sign up, contact the office at DSN 368-9649. All registered school age children are eligible for four free hours of care each week.
- If you're looking for a job, CYS is looking for you. Openings are available immediately for a CYPA in middle school teens, a cook and a maintenance worker. For more information, check out the Army Vacancy Announcement Board or contact Paula Cabrera at DSN 368-9651.
- **Homework Help** - CYS offers homework help every day after school for all ages.



### 20 April - Earth Day event at the Brussels American School/ Sterrebeek Annex

#### Schedule:

9:15 to 11:45 a.m. - "Birds, bats and beyond" including a presentation on biodiversity and the construction of nests to be installed at the Brussels American School.

1:30 p.m. - Tree planting with the Command Group near the Kimbro Racquetball course

1:30 - 2:45 p.m. - Group planting of mixed plants, near the elementary school