

THE GAZETTE

Published for members of the Chièvres Air Base, Caserne Daumerie, SHAPE and Brussels communities

Northern Law Center

The Northern Law Center on SHAPE will be closed Wednesday, May 11, because of festivities held in observance of the annual Law Day event.

Overseas Housing Allowance

The annual Overseas Housing Allowance (OHA) Utility/Recurring Maintenance survey is accessible at www.defensetravel.dod.mil/ss/wsb.dll/s/eg4e until May 16. The fullest participation possible in this survey is essential as the utility/recurring maintenance allowance for Belgium will be updated based on the results of this survey.

Make a Wish

It is too late to register for the 24 hours fun run but you can encourage participants starting at 3 p.m., May 20 to 3 p.m., May 21 at the SHAPE Field Track.

Benelux/Brussels Finance

The Finance Office located on SHAPE and Brussels will close their offices May 20 at 1 p.m.

Belgian Brown Tax Envelopes

If you received a brown envelope from the Belgian tax services in the Belgian mail, you should drop it off at the U.S. Community Service Center, Bldg. 253 on SHAPE in order for them to prepare a statement of exemption. For more information, call DSN 366-6191 or 065-32-6191.

Table of Contents

News	1-9
Events & Happenings	10-12
Community Roundup	13-14

New fiscal reality, same commitment to Soldiers, Families

By Lt. Gen. Rick Lynch

Commander, U.S. Army Installation Management Command



A fundamentally different fiscal reality. We will be hearing some variation of that phrase from Army leaders for a long time to come. The Army's budget is smaller than it has been in previous years, and it will get smaller still. However, a different fiscal reality does not change the reality of what we owe to Soldiers and Families for their service and sacrifice. The Army's commitment to Soldiers and Families remains as strong as ever.

For the last 18 months, the Installation Management Community has been taking a hard look at the programs and services we provide to Soldiers and Families, with an eye not only to costs but also to effectiveness. As the inevitable belt-tightening comes, we are not trying to do more with less. We are working to make sure we can do the important things better.

One of our most important efforts has been to fully establish Survivor Outreach Services, to provide Survivors with longer-term, expanded support and care after casualty assistance ends. SOS staff have made tremendous progress in a short time, receiving more than 24,000 cases from Casualty and Mortuary Affairs, and they continue to enhance services as more Survivors provide feedback. This past year, SOS initiated a Survivor vehicle decal program to ease installation access, established a Facebook page, and held the first annual SOS summit to address challenges Survivors face.

Other efforts include:

- Transforming how Army Community Service delivers services, by cross-training more generalists to handle multiple programs and moving service locations out into communities.
- Adding 44 more Systems Navigators to Exceptional Family Member Programs at 26 installations, to assist Families with special needs members in accessing educational, medical, housing and personnel services on and off post.
- Hiring more than 240 additional Army Substance Abuse Program counselors for installations worldwide.
- Launching the Confidential Alcohol Treatment and Education Pilot, a program which allows Soldiers to seek help for addiction without mandatory command involvement.

Continued on next page

New fiscal reality I Continued

- Launching a pilot program in which Military Student Transition Consultants join School Liaison Officers in working with school districts, garrisons and Families to help students succeed at their new schools.
- Revising the Total Army Sponsorship Program that helps prepare Soldiers, Families and Civilians for their new duty station.
- Reinvigorating the Army Family Action Plan process, with an analysis and review process that has reduced the backlog of active AFAP issues from 86 in February 2010 to 51 in February 2011.

This is a snapshot of what we have been doing to enhance support for Soldiers and Families. It does not begin to convey the full scope of the programs and services installation management professionals provide every day, including housing, public works, emergency services, environmental programs, recreation, child care, single Soldier programs and Family programs.

When we look at some big indicators, we see evidence that the Army is meeting the needs of Soldiers and Families. The Army is exceeding its recruitment and retention goals, and

on the most recent Survey of Army Families, the majority of spouses said they are satisfied with the Army as a way of life. This is significant after 10 years of ongoing conflict-it speaks to the dedication of Soldiers and their Families and the Army's commitment to providing a quality of life commensurate with their service.

In the new fiscal reality, it will be more of a challenge for the Installation Management Community to provide the level of support we want to for our Soldiers and Families, but we will. We are finding better and smarter ways to provide services and programs by asking ourselves the same questions Families ask when they look at their own budgets: do we really need it? Is it worth the cost? What are we willing to do without?

To answer these questions, we need to keep hearing from Soldiers and Family members-through ICE and local AFAP summits, for example-about the specifics of what is working, what needs to be improved, and what is missing. The commitment to supporting Soldiers and Families remains as strong as ever, but more than ever, we have to make sure we are on target in meeting their needs.



REPORT SUSPICIOUS ACTIVITY OR BEHAVIOR
SHAPE/CHIEVRES – DSN 361-5301 or civilian 068-27-5301
SHAPE Police Desk - DSN 423-3333/3334 or civilian 065-44-3333/3334
BRUSSELS – DSN 368-9769 or civilian 02-717-9769.
LOCAL POLICE - Dial 112.

THE GAZETTE

<p>Col. Rick Tillotson USAG Benelux Commander</p>	<p>Editor Cis Spook</p>
<p>Marie-Lise Baneton USAG Benelux Public Affairs Officer</p>	<p>Staff Writer Keith Houin</p>

The Gazette is an unofficial publication published under the provisions of AR 360-1 for members of the Department of Defense. Contents of *The Gazette* are not necessarily the official views of, or endorsed by, the U.S. Government, Department of the Army or the USAG Benelux. *The Gazette* is a free weekly publication distributed via email every Monday. The editorial content of this publication is prepared, edited, provided and approved by the Chievres Garrison and USAG Brussels Public Affairs Offices. It is published by the Public Affairs Office, Chievres Garrison, Unit 21419, APO AE 09708. Telephone (0032) 068-27-5419/DSN 361-5419; fax DSN 361-5106. Everything advertised in this publication will be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher will refuse to print advertising from that source until the violation is corrected. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement of the products or services advertised by the U.S. Army. Submit content or story ideas to dlima-e-beneluxpao@eur.army.mil by Thursday at 3 p.m.

WORLD WAR II REMEMBERED Victory in Europe celebrated 66 years later



At 11:01 p.m. May 8, 1945, Germany officially surrendered, signifying the end of World War II and Victory in Europe. VE Day, May 8, continues to be celebrated. This year, Capt. Eric Kuenke, USAG Benelux HHC Commander, Jean-Pierre Denis, Mayor of Ath, city officials, flag bearers of local patriotic associations and members of the Union de Lorette Band paraded through the town of Ath to pay honors to those who fought for freedom (pictures 1-3). Wreaths were also laid by Dr. Michel Miroir and Capt. Eric Kuenke at the Chièvres monument (picture 4) while city officials of Brugelette laid flowers at the monument of war victims (picture 5-6). Lt. Col. Francisco Rivera, USAG Benelux Director of Plans, Training, Mobilization and Security, Marcel D'Haese Chairman of the 5th Fusiliers Battaion and Col. Pierre bancu, Military Commander Hainaut Province, attended a ceremony in Mons with members of the 5th Fusiliers Battalion who fought alongside the U.S. Forces during the Battle of the Bulge (picture 7).



Memorial Day - A time to remember

American Overseas Memorial Day Association

Commemorations of America’s commitment to the safeguarding of freedom have been held each Memorial Day weekend in Belgium since 1923. One meaningful role Americans play during their years here is taking part in these ceremonies. Attending a Memorial Day ceremony is a chance to reflect upon the freedom we enjoy today, paid for in the 20th century by over 345,000 brave American men and women who died during World Wars I and II. Over 14,000 American servicemen are buried in Belgium in three American military cemeteries.

Each gravestone marks the resting place of an American who died fighting tyranny and oppression in the name of human dignity and the freedom of mankind. Each gravestone also represents the tragic loss of a beloved husband, brother, father or son.

Memorial Day ceremonies in Belgium are not only a tribute to these fallen heroes. They are an unforgettable opportunity to remind us all – young and old – of the reason America is called upon to fight wars that are never good, but sometimes necessary.

Next-of-kin, as well as American and Belgian veterans,

senior military officers, diplomats, high-ranking government officials and other distinguished guests attend these ceremonies.

United States Military Representatives and senior Belgian politicians offer their tributes. The US Air Force performs a fly-by tribute to the fallen. The uplifting and dignified ceremony helps us to recall the self-evident truths that are the foundation of America itself, "...that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness".

Former US President John F. Kennedy once said "a nation reveals itself not only by the men it produces but also by the men it honors, the men it remembers." Memorial Day ceremonies ensure that the heroic spirit of many brave men and women will live on in this century, so that we might never forget the expensive lessons learned at the price of human blood.

Everyone is invited to attend the Memorial Day ceremonies in grateful remembrance.

Ceremonies held within driving distance from SHAPE/Chièvres

In Belgium:

May 28 at 10 a.m.

Ardennes American Cemetery
Route du Condroz 164
4121 Neuville-en-Condroz

May 28 at 4 p.m.

Henri-Chapelle American Cemetery
Rue du Mémorial Américain 159
4852 Hombourg

May 29 at 3 p.m.

Flanders Field American Cemetery
Wortegemweg 117
8790 Waregem

May 31 at 2:30 p.m.

Mardasson
in Bastogne.

In the Netherlands:

May 29 at 3 p.m.

Netherlands American Cemetery
Amerikaans Begraafplaats 1
6269 NA Margraten



Bob McElroy

In France: (one hour driving distance from SHAPE)

May 29 at 3 p.m.

Somme American Military Cemetery
Rue de Macquincourt
02420 Bony

NATIONAL MENTAL HEALTH MONTH

Everyday mindfulness for stress relief

By Lisa Young, Health Educator
U.S. Army Public Health Command (Provisional)

Do the inevitable stresses of daily living leave you feeling like you are missing out on the joys of life? Would you be interested in learning how to slow down to enjoy life, moment by moment?

Since 1979 there has been a growing interest in what is called “mindfulness” practices. Mindfulness can be defined as a conscious, present-centered awareness in which each thought, feeling or sensation is purposefully acknowledged and accepted in the present moment with a non-judgmental attitude of curiosity, openness and acceptance. Although inspired by Buddhist teachings, there is nothing religious about mindfulness, and it can be practiced independent of religious or cultural influence.

Over the past 30 years, there has been an increase in the study of mindfulness. Current research suggests that mindfulness practices are useful in the treatment of pain, stress, anxiety, depression, disordered eating and addiction. Most recent studies on mindfulness have looked at this new field as a psychological tool capable of stress reduction and the elevation of positive emotions. Studies inquiring into “mindfulness-based stress-reduction” interventions have produced the following findings:

- Benefits of improved immune system
- Increase in positive affect and a faster recovery from a negative experience
- Reducing distractive behaviors to reduce stress
- Emotional regulation and focused breathing resulting in positive responses
- Declines in mood disturbance and stress

Research centered on mindfulness as a tool to elevate and sustain positive emotional states found that meditation practices showed:

- Increases over time in purpose in life and social support, and decreased illness symptoms
- Increased brain and immune function
- Higher subjective well-being promoting the perception of “having enough.”

Mindfulness has been used as treatment for post-traumatic stress disorder at Veterans Administration hospitals. U.S. Army Ranger Monty Reed stated in an interview for CNN that a therapy that incorporates mindfulness has helped him with the chronic pain, flashbacks and anger resulting from a parachute jump accident. He said, “Mindfulness is a belief system that I use to change my attitude toward bad things that happen to me, and that gives me control of the results or the outcome.”

Mindfulness is also used to help patients with eating disorders, such as weight loss, binge eating, anorexia or bulimia. It teaches patients to focus on the present and eat food with purpose on purpose. The idea is to be aware of any judgments that occur with the eating process, release them, and concentrate on how the food tastes.

When used as a part of therapy for depression and anxiety, psychotherapists have included mindfulness techniques to manage negative thought patterns. Some approaches are focusing on each inhale and exhale of breathing to gain a sense of control, or choosing to visualize a calming time or place that brings a sense of peace.

To experience a deeper sense of living in the moment, try some of the following simple mindfulness exercises:

- Meditation
- Deep breathing
- Listening to music
- Observing your thoughts
- Journaling

Virtually any activity can be a mindfulness exercise if you bring a heightened sense of focus to what you are doing right then. Try it and find yourself less stressed and more grounded in the present moment.

For more information about mindfulness and stress reduction, go to: The Center for Mindfulness in Medicine, Health Care and Society, <http://www.umassmed.edu/content.aspx?id=41252> or the National Center for Complementary and Alternative Medicine, <http://nccam.nih.gov/health/meditation/overview.htm>.

FOLLOW THE BENELUX



load up on news on our
homepage



Like us on
Facebook



view our photos on
flickr

Get Benelux news and important garrison information on the **Benelux Live blog**

Like us on **Facebook** at get the latest events and news stories

View and download Benelux photos on **flickr**

Boy Scouts selling Oklahoma tickets

Boy Scout Troop 325 will be selling tickets for the May 21 SHAPE Players performance of Oklahoma on the following dates and times:

May 14 in front of the Chièvres PX from noon to 2 p.m.
 May 10, 17 in the SHAPE American Post Office, from 4:30 to 5:30 p.m.

May 12, 19 at the SHAPE GB from 4:30 to 5:30 p.m.
 May 18 at the American Elementary School Science Showcase from 4 to 6 p.m.

Oklahoma starts at 7:30 p.m. May 21 at the SHAPE Performing Arts Centre. For the other upcoming performances, check the SHAPE Players flyer hereunder (Boy Scouts will only be selling tickets for the May 21 performance).

Free music to download

Army Europe Libraries have now added music to their catalog of media available for download from the popular Army Digital Media Library at <http://army.lib.overdrive.com/>.

To access the free service, library members need an Internet connection, an online library account (username and PIN), which they can obtain by calling, emailing or stopping by the library, and a PC running Windows 98 SE or later. This service will also work on mobile devices that can play .wma files, including devices listed on Overdrive's web site at <http://www.overdrive.com/resources/drc/>. Currently, this service does not work on Apple devices.

Patrons can search for titles and artists at <http://army.lib.overdrive.com/>. With the simple, browsable online catalog, it's easy to sample new artists and genres or revisit old classics with just a few clicks – and all for free.

Army Europe Libraries subscribe to this service on behalf of its patrons, buying the rights to titles just like it buys copies of books, audio books, DVDs, magazines and music CDs.

For patrons just getting started, there's a help tutorial on the home page of the service in the upper left-hand corner of the page called "My Help!" that walks users step-by-step through the service using the user's exact device at <http://army.lib.overdrive.com/>.

SHAPE Players Presents
 Rodgers and Hammerstein's
OKLAHOMA!
 Performs
 May 19, 20, 21,
 26, 27, 28 @ 1930
 May 22 & 29 @ 1500
 June 2, 3, 4 @ 1930
 June 5 @ 1500
 Special Opportunity
 May 21st to benefit
 the Boy Scouts!
 Help Us Fly Fund
 Show and Lunch
 June 5th!!
 Directed by Dan LaMorte
 TICKETS-ADULTS: 14€ STUDENTS: 8€ CHILDREN: 6€
 BOX OFFICE HOURS: TUESDAY THROUGH FRIDAY - CALL 065.44.3312 FOR TICKETS
 SHAPE PERFORMING ARTS CENTRE, BUILDING 207 WWW.SHAPEPLAYERS.ORG

MWR provides reasonable access within our programs for individuals with special needs.

ericblake
 jefandicato
 nickguerra
 aurelio miguel bocanegra
 heathermariezagone

+18
 MATURE AUDIENCES ONLY

ARMED FORCES ENTERTAINMENT PRESENTS
NO LAUGH TRACK REQUIRED III
 COMEDY WITH A DECIDEDLY LOCO SPIN

No Laugh Track Required is back and crazier than ever with a lineup that includes the very funny Eric Blake, Heather Marie Zagone, Jefandi Cato, Aurelio Miguel Bocanegra and Nick Guerra.

Saturday, 21 May
2000hrs - Doors Open
2100hrs - Show Starts

*Open to all US, NATO & SHAPE (Green) ID cardholders.
 Mature Audiences Only

Daumerie Caserne • Prime Time Lounge

Family Advocacy needs Assessment

The USAG Benelux Family Advocacy Program Annual Needs Assessment Survey is available on line now.

Responses to the needs assessment help guide planning education and prevention activities for the USAG Benelux Community. Use the following to link to give your input on the communities needs.

<http://www.surveymonkey.com/sBeneluxFAPNeedsAssessment>.

For further information or questions call ACS Family Advocacy Program at DSN 423-5623 or Civ: 065-445263.

Army Emergency Relief Campaign

The annual campaign runs through May 15 and helps active duty Soldiers, retirees, Army National Guard and Army Reserve Soldiers in need of financial assistance.

AER provides interest free loans and grants to help pay for essential needs. AER also provides education scholarships to Family Members. Funding for the program comes from voluntary donations by Soldiers and civilians, plus investments made by AER.

Tax deductible contributions can be made by contacting your unit representative, Campaign Coordinator, DSN 361-6334 or DSN 423-4332 or online at www.aerhq.org.

Ladies' Day

The SHAPE "Ladies day" to be held May 31, will guide participants through the Town Hall of Mons, a building dating from the second half of the 15th century. A visit to some unique shops is also included as well as a welcome by the Alderman for Tourism and Economic Development at the World Craft Council where an exhibition of contemporary gold-silversmith trade and jewellery from Denmark takes place. This will be followed by an aperitif and a lunch in a local restaurant. The cost is €25 per person. Prior reservation is required by sending an email to dlima-e-beneluxpao@eur.army.mil. The schedule of the day will be as follows:

9 a.m. - Meet at the Events Centre car park and depart for Mons by SHAPE Bus*

9:15 a.m. - Visit of the Town Hall and of the nearby historical streets

10:15 a.m. - Tour of shopping side streets

11:30 a.m. - Visit of an exhibition of contemporary gold-silversmith trade and jewellery from Denmark at the World Craft Council (WCC)

noon - Welcome by Nicolas Martin, Alderman for Tourism and Economical Development and small reception

12:45 p.m. - Lunch in a local restaurant

Free time after lunch

3 p.m. - Meet the SHAPE bus on the Mons square for departure.

*Ladies who live closer to Mons may join us in front of the Tourism office, main square of Mons, at 9:15 a.m., provided they inform the organizers in advance.

Volunteer Opportunity

The USAG Benelux Public Affairs Office is looking for volunteers. Volunteers can assist with photography and writing news and features, as well as help plan and support community events. For more information contact Keith Houin at



Sunday worship service schedule

SHAPE/Chièvres area

9 a.m. - Catholic Mass at SHAPE Chapel

10:15 a.m. - Anglican service at SHAPE Chapel

11:45 a.m. - Contemporary Protestant service at SHAPE Chapel

For additional information, contact the Chaplain's Office at DSN 361-5381

Jewish Community Liaison: contact DSN 423-4938

Muslim Community Liaison: contact DSN 368-9814

Catholic Mass

Each Monday, Tuesday and Wednesday at 11:45

a.m. at the Daumerie American Chapel and

Thursday at 12:15 p.m. at the SHAPE Chapel.

Brussels area

10:30 a.m. - Protestant service at Chaussée de Louvain 13, St. Stevens Woluwe

DSN 361-5910 or Civ 068-27-5910. You can also email at dlima-e-beneluxpao@eur.army.mil.

Job Opening at the Dry Cleaning

The dry cleaning services on Chièvres Air Base are looking for an individual to work one or two days intermittently per week or as necessary, starting immediately. Individual must be reliable and flexible. For more information, call DSN 361-5417 or civilian 068-455636.

SHAPE Community Choir

The SHAPE Community Choir is an international choir open to all Shapians adults and High School students. Ability to read music is not a requirement. The choir meets every Wednesday at 7 p.m. at the SHAPE East Chapel. For more information, call DSN 423-8326 or civilian 065-44-8326.

Local Basketball Club is looking for U.S. coach

The JSE Enghien Basketball club is looking for a U.S. coach for its youth teams, 9 to 12 years old or 16 to 18 years old. They practise twice a week with a game on Saturdays at Petit-Enghien. For information, please call 0485/674396 (English spoken).

Heating season termination

The USAG Benelux DPW team turned off the heat last week in facilities on Chièvres and Daumerie. Under the fiscal reality, this action should save the garrison \$40k, and help us meet our federally mandated goals to reduce consumption by 3% each year. Ventilate offices in the early afternoon when it is warmest, and make sure your windows are closed at the end of the day to keep heat in. Please assist the conservation effort by not using electric space heaters, as this will increase costs and use, and is a fire hazard. SHAPE facilities are not effected by this action, the HSG DPW will turn off the heat on their schedule.

SHAPE/Chièvres Newcomers Orientation

The next Newcomers Orientation will be held May 10 and 11. In order to streamline the inprocessing program, SHAPE Headquarters Support Group and USAG Benelux ACS are combining their newcomers activities. Don't miss this opportunity to be guided through your new community. The orientation consists of three half day programs.

The first morning consists of a series of briefings. In the afternoon members are invited to tour the SHAPE Base.

On the second morning newcomers have the opportunity to enjoy a guided tour of Mons and other sites in the area. The intention of the orientation is to offer the incoming families useful information which will assist them in facilitating their integration into both SHAPE and Belgium.

As such, all SHAPE newcomers and family members are strongly advised to participate. Chièvres personnel and their families are encouraged to attend.

Prior registration is required. To do so, go to www.shape2day.com/newcomers.aspx. For more information, call DSN 423-3339 or civilian 065-44-3339.

Job Opening

Choctaw Profession Resources Enterprise is seeking qualified applicants for the position of New Parent Support Program Home Visitor for the SHAPE/Chièvres community. Candidates must be a Licensed Clinical Social Worker (LCSW), Licensed Marriage and Family Therapist (LMFT) or Licensed RN with a BSN. For information, call DSN 379-6522 or civilian 0049-6202-80-6522.

Emma & Friends Playgroup
0-5 years

Join us: Shape Chapel
when: Wednesdays (starting May 11, 2011)
time: 9:30-11:30 am
All SHAPE families are welcome!
contact: Cindy 0472823961 or
Teri 0471795228
volunteers are needed

volunteers
.....as diverse as the girls they serve.

At SHAPE Girl Scouts, there is a position available that is perfect for you—whether you have a lot of time to give or only a few hours here and there. Volunteers may be college students, men and women in our community, and active-duty military members. If you are 18 or older and are committed to encouraging young girls and women to learn new things and to succeed, then we would love to have you volunteer with us!

Looking for:
Leaders/co leaders all levels
Cookie chair
Treasurer
Recruiter
Consultant
Camping chairs
Awards chair
Scout Hut manager
Contact us at shapegsa@yahoo.com

girl scouts
building girls of courage
confidence and character
<http://shape.usagso-na.org/>

1st Annual AOMDA FOUNDATION FUNDRAISER

A FUN EVENING FOR A GREAT CAUSE!

Live Music
Food & Drinks
Kids Welcome!
Prize Raffle

Please join us for an informal evening of
AMERICAN FOOD & MUSIC

MAY 12, 2011
from 6.30 to 10 pm

All proceeds benefit the American Overseas Memorial Day Association (AOMDA) Foundation.

ADVANCE TICKET SALES ONLY!!
Tickets: €15 EUR (includes meal & first beverage);
Kids just €5
Where: De Kam Cultural Center,
Beekstraat 172, 1970 Wezembeek-Oppem

Tickets & Info:
Laura Hoffman
RSVP@AOMDA.ORG
TEL 0475 65 81 88

Brody Letson, TMA ticket sales
LETSONBE@STATE.GOV
TEL 02 811 50 75

Education

University of Maryland

- UMUC is offering a \$500 scholarship this summer to eligible military family members. The application and eligibility requirements are available on our website at the following link http://www.ed.umuc.edu/financial_aid/militaryfamilyscholarship.html. Summer Session 1 Registration is ongoing through June 5 for on-site courses and ongoing through June 12 for online courses.
 - UMUC Europe is now scheduling student appointments to meet with a member of our Academic Advising Team on May 12, 2011. Reasons to see an Academic Advisor:
 - Go over your Degree Progress Report together.
 - See how transfer work will come into your UMUC Degree.
 - Explore different majors and/or minors.
 - Receive information regarding college level testing.
 - Discuss residency, upper level, G.P.A. and requirements.
 - Explore resources regarding your chosen career field.
- Appointments are first come, first serve. If you are look-

ing to have face to face time to talk about your academic advising issues, be sure to sign up with your Field Rep at DSN 423-5173.

- UMUC Summer Session 1 Registration is ongoing through June 5 for on-site courses and ongoing through June 12 for online courses. Please visit www.ed.umuc.edu for class schedules or contact your local UMUC Field Representative at DSN 423-5173/Civilian 065-44-5173.

University of Oklahoma

The University of Oklahoma is accepting applications for Master of Arts in International Relations. Accelerated class and program format. On-site and online classes are available. No GRE requirements. For more information, call DSN 423-3654 or civilian 065-44-3654.

Central Texas College

Central Texas College offers online classes leading to an Associate's degree or certificate in Criminal Justice, Early Childhood Professions, Applied Management/Military Science, Hospitality Management and certificates for Fire Science.

||| BELGIAN NEWS |||

||| BELGIAN NEWS |||

By Cis Spook

USAG Benelux Public Affairs

Four Belgian movies at Cannes Festival

Belgium is going to be well represented at the next Cannes Movie Festival to be held May 11-22. The Dardennes brothers are in competition again with "Le Gamin au Vélo", starring Cécile de France". Three other Belgian movies will feature in the Directors' Fortnight section for independents: Bouli Lanners' "Les Géants"; Gus Van den Berghe's "Blue Bird"; and "La Fée", directed by Dominique Abel, Bruno Romy and Fiona Gordon.

Belgians have €66,700 in savings

By the end of 2010, Belgians had a total of €733.7 billion in savings, according to the National Bank, which is an average of €66,700 per person. If real estate is included, that adds up to €162,000.

One in ten living in Belgium is a foreigner

According to statistics supplied by the federal government, 1 in 10 people who is living in Belgium, does not have a Belgian passport. In Brussels, this number is 1 in 3. Italian, French and Dutch citizens are among the top foreigners living in Belgium. In Flanders, the number is below the Belgian average with 6.4 percent. In Wallonia, it's 9.5 percent. Brussels clearly takes a special position within Belgium with 30 percent.

Mine clearing operation off the Libyan coast

The Belgian vessel Narcis will be deployed to hunt mines in an area close to the port of the rebel-held city of Misurata, just off the Libyan coast. It's part of an international effort to reopen the port to relief and supply vessels. The Narcis is already in the area. In March, the mine hunter joined the international NATO operation to check the ob-

servance of the arms embargo against Libya. Supporters of the Libyan leader Muammar Gaddafi laid sea mines near the port, but international forces are stepping up efforts to have all the mines cleared to reopen the port to relief and supply vessels.

Antwerpen police cars to be equipped with cameras

A number of police cars in Antwerp will be equipped with cameras. These will be used to collect video footage of people during riots and can later be used as evidence. The cameras can also be used to help during an intervention. It will approximately cost €20,000 per police car and it is therefore impossible to equip all the police vehicles. The system can be steered from the central dispatching center of the Antwerpen Police.

New Two Euro coin

A new two euro coin was put in circulation to celebrate the 100th Anniversary of Women's Day. Some 5 million of these new coins are showing Marie Popelin, the first Belgian woman obtaining a degree in law and Isala Van Diest, the first Belgian female doctor.

More than 1,500 pupils expelled from school

Last school year, 1,531 pupils were expelled from their school for disciplinary reasons. The figure is on the rise and has never been so high. The statistics apply to pupils under 18 years of age. Experts claim that the problem mostly involves teenagers with no future prospects. In theory, a school can only expel a pupil if he or she has found another school. According to a Flemish newspaper, some 150 pupils that were expelled last year for disciplinary reasons, have not yet found a new school.

Through 20 May

• **Keukenhof, the Netherlands.** This year's theme at the famous bulb flowers park is "Germany, Land of Poets and Philosophers." Keukenhof is located at Stationsweg, 166a at 2161 AM Lisse, the Netherlands. Open daily from 8 a.m. to 7:30 p.m. Front desk closed at 6 p.m. Entrance fees are €14,50 per person and €7 for children between 4 and 11. Parking fee is €6. This year's highlights are:

- April 1-3: Traditional Dutch costumes festival
- April 8-10: Summer-flower bulb market
- April 16: Flower parade
- April 21-25: Vincent Van Gogh's flower mosaic. For additional information, visit www.keukenhof.nl.



Archive Picture

Through 28 May

• **Kunstenfestivaldesarts in Brussels** - Theatre, music, dance, film, visual arts. This festival not only presents the cultural diversity of the country, but also invites a large number of foreign groups. There are a large number of first performances, testing out their audience for future developments. For information and booking, visit www.kfda.be.

13 - 22 May

• **Botanique Nights in Brussels** - Music festival featuring reggae, French songs, electro and rock at the Botanique, the cultural center of the French community. For the full schedule and ticket information, check www.botanique.be.

14 May

- **Flea Market in Ath** on Place du Faubourg de Mons from 7 a.m. to 3 p.m.
- **Flea Market in Braine-le-Château** (90 booths) on the main square from noon to 7 p.m.
- **Flea Market in Ghlin** (100 booths) on Place de Bustiau from 6 a.m. to 6 p.m.
- **Flea Market in Mons** (65 booths) on Chemin de la Cense Gain from 6:30 a.m. to 5 p.m.
- **Flea Market in Etterbeek** (150 booths) on Avenue des Casernes à la Chasse from 8 a.m. to 6 p.m.
- **Sports articles, toys and children's clothing Market in Evere** at the Sports Center on Avenue des Anciens Combattants from 8 a.m. to 1 p.m.
- **24th Spring Blues Festival at Marche-lez-Ecaussines** starting at 1:30 a.m., For a detailed program, check www.springblues.be.

14 - 15 May

- **Flea Market in Mons** (200 booths) on Avenue des Guerites from 7 a.m. to 7 p.m. both days.
- **Pottery activities in Ath** - On Saturday, adults can do clay work in a two hour session starting at 5 or at 8 p.m. with prior registration at 068/269233. On Sunday, children's pottery from 2 to 6 p.m. Children can take home their creation. Activities will be held at the "Espace Gallo-Romain" on Rue de Nazareth 2 and are free of charge.

15 May

- **Volksmarch in Moulbaix (Ath)** for 20, 10 or 5 km from 9 a.m. to 6 p.m. starting at the "Salle Patronage" on Place Henri Stourme 2 - near the Church.
- **Local fest in Moulbaix (Ath)** starting at 8 a.m. with a local products market, local bands festival at 11:30 a.m., display of vintage tractors, visits of the mill etc.
- **Volksmarch in Nivelles** for 20, 10 or 5 km from 9 a.m. to 6 p.m. starting on Rue Clarisse, 10.
- **Volksmarch in Peruwelz** for 30, 20, 12 or 7 km from 7 a.m. to 3 p.m. starting at the Sports center on Verte Chasse.
- **Flea Market in La Louvière** (100 booths) on Rue Ferrer from 7 a.m. to 5 p.m.
- **Flea Market in Woluwe Saint Lambert** (100 booths) on Avenue Albert Dumont from 8 a.m to 3 p.m.
- **Flea Market in Tertre** (150 booths) on Rue du Progrès from 7 a.m. to 6 p.m.
- **Flea Market in Ath** on Place Lorette from 8 a.m. to 6 p.m.



Cis Spook

Visit the Moulbaix mill - 15 May

20 May

- **Romantic Russian Music - Piano concert in Mons** with Jean-Claude Vandeneynnden, winner of the Queen Elisabeth Musical contest. Concert start at 8 p.m. at the Auditoire Mgr Daubin des FUCaM on Chaussée de Binche 151. Cost is €15.

21 May

- **Concert of local artists in Ath** starting at 7:30 p.m. on the Esplanade, Rue Jean Jaurès, 7.
- **Musical Nights in Silly.** Concerts are being held either in Silly or Thoricourt with free shuttle busses going from one location to the other. First concert starts at 8 p.m. on the square. For full program, check <http://ddata.over-blog.com/4/04/40/38/2011/Que-faire-a-Silly/201105NuitMusiquePart2.pdf>. Cost is €10.

22 May

- **Volksmarch in Leval-Trahegnies (Binche)** for 25, 18, 12, 6 or 4 km from 8 a.m. to 2 p.m. with departure on Rue Salvator Allende, 208.
- **Jewels and accessories Market in Tournai** on Rue de la Lys, 87 from 10 a.m. to 6 p.m.

27-29 May

- **Brussels Jazz Marathon** - Some 125 free concerts will be held on the Brussels squares. Big bands and famous soloists play in open air and smaller bands play in bars. You can go from one to the other concert by using the special buses. For more information, check www.brusselsjazzmarathon.be.



BOOK NOW

- **The Bota Nights music festival in Brussels**, May 10 - 29 at the Botanique on 236, Rue Royale. The "Bota Nights" mark the beginning of the festival season. Mainly dedicated to live music, the "Botanique Nights" host artists from all continents, whatever kind of music, rock, folk, hip hop, electro... Concerts will be given in four different halls (le Chapiteau, l'Orangerie, la Rotonde and le Musée). Some concerts will also take place in the Cirque Royal on 81 Rue de l'Enseignement. For detailed program and booking, visit <http://www.botanique.be/en/les-nuits-botanique-2011-10th-may-29nd-may-en>.
- **Rock Werchter Festival**, 30 June - 3 July. This is the 37th edition of this rock festival held in the Flemish Brabant. Featured artists include The Black Eyed Peas, Linkin Park, Underworld, Magnetic Man, Hurts, Goose and many more. €76 for one-day ticket on pre-sale and €195 for a four-day pass on pre-sale. For detailed schedule and tickets, visit www.rockwerchter.be.
- **Dour Festival**, 14 - 17 July. Dour Festival in Dour (Mons area), on Site de la Machine à Feu. European alternative music event for music lovers. Bands and festival-goers from all over Europe gather at Dour every summer. 200 bands on 7 stages and one campsite. €93 for a four-day pass (€110 camping included) on pre-sale. One-day ticket will be for sale later. Detailed program and tickets on www.dourfestival.be.
- **Power Prog and Metal fest - PPM fest in Mons**, 30 April at the Lotto Mons Expo on 2 Avenue Thomas Edison. 2 stages, 18 bands. With the participation of Europe, Hammerfall, Edguy, ... Entrance fee is €65 per person (€55 on pre-sale). Doors open at 10 a.m. For pre-sales location and detailed program, visit www.ppmfest.com
- **Couleur Café festival in Brussels**, 24-26 June. at the Tours and Taxis site on Avenue du Port 86c. Couleur Café is dedicated to all currents of urban music across the world including R'nB, hip hop, reggae, dub, flamenco, salsa, zouk, folk, pop and electronic music. Entrance is €43 per person per day (€35 on pre-sale); three-day pass is €76 (€91 camping included). For tickets and detailed program, visit www.couleurcafe.be.
- **Musical Night in Beloeil**, 27 August. This year, the event will feature the Brussels Philharmonic and José Van Dam. More information in future editions of the Gazette.

SHAPE Trips & Tours

For information on the trips below,
call DSN 423-3884 or CIV 065-44-3884.

Events & Happenings

- **Paris, May 14.** Come enjoy the city of lights and explore its many museums, shops, and restaurants. You will have time to explore everything that Paris has to offer including the Eiffel Tower, Notre Dame Cathedral, The Louvre, the many markets and eat the fantastic food available in this amazing city. Departs SHAPE at 7 and returns at 11 p.m. Price: € 45.
- **Castles of Luxemburg, May 21.** Spend the day in three of Luxemburg's most well known castles (Vianden, Bourscheid, and Beaufort). Bring a picnic lunch and spend time with your family on this historical tour. Departs SHAPE at 7 a.m. and returns at 9:30 p.m. Price: €67 Adults, €60 Children (6-12), €50 Children (0-5) **Includes entrance to all three castles, does not include lunch.
- **Dover and Canterbury, May 28.** Explore the Dover Castle and its grounds and tour the war tunnels. After lunch, visit to Canterbury, where you will have free time to see and explore the Cathedral, Canterbury Tales and other attractions. Price: €70 Adult, €65 Child (5-15), €55 Child (0-4).
- **Disneyland Paris, June 2.** Come experience the happiest place on earth. Departs SHAPE at 8 a.m. and returns at 11 p.m. Price: €95 Adults, €90 Youth 3-11, €50 Children 0-2.
- **Châteaux of France, June 4.** The first stop will be Fontainebleau, home of more royal courts than there is space to mention (some of the more noteworthy residents prior to the Revolution were: King Henri II, Catherine de Medici, King Henri IV and Queen Marie Antoinette). It's easy to understand why this was a favorite royal residence. With flowing gardens, fountains and waterways, there is much to see. Next stop will be Chantilly, where you find the history of Chantilly rather fascinating, but you probably didn't realize that this chateau is home to one of the finest museums of historical paintings in France and is second only to the Louvre in Paris. Spend the day exploring French history. Price: Adults: €78 Children: €60 (0-16) Departs SHAPE at 6 a.m. and returns at 10 p.m.
- **Amsterdam and Dutch windmills, June 11.** The first stop will be the UNESCO world heritage site Kinderdijk, famed for its many windmills and beautiful setting. The next stop is Zaanse Schans, a popular destination for visitors in search of a bit of Oud Holland (Old Holland). Last stop will be Amsterdam, where you will have time to eat dinner, walk the unique streets or take a carriage ride through the city. (5 Hours in Amsterdam) Price: €45 Departs at 6:30 a.m. and returns at midnight.
- **Oxford & Cambridge overnight, June 11-12.** Home to the oldest University in Britain, Oxford is an architectural marvel. On the first day, you will have time to explore this beautiful town, home to royalty and scholars for over 800 years. See all the main sights using your 24 hour hop-on hop-off tour ticket. After a night and a breakfast in a four star hotel, we will head to Cambridge. Be inspired by the many beautiful museums and art galleries and admire the beautiful architecture and majestic college buildings. Price: Double Room €225, Single Room €300, Triple Room €200 per person. Departs SHAPE at 7 a.m. and returns Saturday at 11 p.m.
- **Paris, June 18.** Whether you're strolling along the Seine or soaking up city life from a sidewalk café, you'll see why Paris is synonymous with the word style. Of course, you can't miss the Eiffel Tower, the Arc de Triomphe, and the Louvre. But be sure to spend a quiet moment in the Jardin de Tuileries and savor an éclair from a patisserie or a glass of Beaujolais in a romantic bistro. From culinary delights to cultural sights, haute couture to heady romance, Paris will tempt every one of your senses. Departs SHAPE at 8 a.m. and returns at midnight. Price: €40.



Amsterdam and Dutch windmills, June 11

May 9-11

- **SHAPE/Chièvres Newcomers Orientation.** For information, call ACS at DSN 423-5324 or civilian 065-44-5324.

May 11

- **Preschool Story Time** - Meets from 10 to 10:30 a.m. at the SHAPE International Library and helps preschoolers build confidence, learn socialization skills and make friends. There is no fee for this program. For more information, call the library at DSN 423-5631 or civilian 065-44-5631.
- **Infant Massage Class** - Meets every Wednesday at 11 a.m. in the SHAPE Healthcare Facility second floor conference room. Expectant mothers and mothers with newborns and up are welcome. Mats and oils are provided. No pre-registration is required. Open to all U.S., NATO and SHAPE ID cardholders. Call ACS DSN 423-4274 or civilian 065-44-4274 for more information.
- **Alcoholics Anonymous** - The English speaking SHAPE Alcoholics Anonymous Group meets on Wednesdays from 7 to 8:30 p.m. at the SHAPE International Chapel, Bldg. 601, room 51. Members support one another's 12 Step recovery program and freely share their AA story with newcomers. Family members, friends, and anyone interested in AA are welcomed to attend. For recorded message with telephone contact #'s, call 049-405-8137. For English speaking meetings in Brussels and throughout Europe see <http://www.aa-europe.net/> <<http://www.aa-europe.net/>> .

May 12

- **Asperger/Autism Support Group** - If you or someone you know has been diagnosed with Asperger Syndrome or Autism Spectrum Disorder, join us for education and support in a safe, confidential environment from 1 to 2 p.m. at the RendezVous Café next to the GB on SHAPE. For more information and to register, contact ACS at DSN 423-7598 or civilian 065-44-7598.

May 13

- **Welcome Everyone to Belgium** - Class is offered by the ACS Relocation Program. You will learn how to take the train. Field trip to Brussels. Visit of a warehouse and to the Grand'Place. Pre-registration is required. Open to all U.S. ID Card Holders. Call ACS to register at DSN 423-4332 or civilian 065-44-332.
- **Alcoholics Anonymous** - The English speaking SHAPE Alcoholics Anonymous Group meets from noon to 1 p.m. at the SHAPE International Chapel, Bldg. 601, room 51. For recorded message with telephone contact #'s, call 049-405-8137. For English speaking meetings in Brussels and throughout Europe see <http://www.aa-europe.net/> <<http://www.aa-europe.net/>> .
- **Active parenting for stepfamilies** - Learn about stepfamily communication and problem solving from 11:30 a.m. to 1 p.m. For more information and to register, call DSN 423-5324/5263 or civilian 065-44-5324/5263.

May 17

- **ADHD Resource Group** meets at ACS, Bldg. 318, SHAPE from 12:30 to 1:30 p.m. This month's topic is summer activities. For more information and to register, call ACS at DSN 423-7598 or civilian 065-44-7598.
- **Page Turners Book Discussion Group** will meet at 5:30 at the SHAPE International Library. The group will discuss "*The Immortal Life of Henrietta Lacks*" by Rebecca Skloot. Registration is not required and there is no fee. For more information, call DSN 423-5631 or civilian 065-44-5631.
- **The Illuminati**, a book club for preteens and teens meets at 4:30 p.m. at the SHAPE International Library to discuss "*Ship Breaker*" by Paolo Bacigalupi. Registration is not required and there is no fee. For more information, call DSN 423-5631 or civilian 065-44-5631.

New Fitness Center Hours

The following Chièvres Air Base Fitness Center hours go into effect today: Monday - Friday from 6 a.m. to 7 p.m., Saturday, Sunday and U.S. Holidays from 9 a.m. to 5 p.m., USAREUR Holidays from 9 a.m. to 7 p.m.

ACS New Operating Hours

The new operating hours for Army Community Services are Monday through Thursday from 8 a.m. to 5:30 p.m. and Friday from 11 a.m. to 5 p.m.

Play Morning

Until further notice, the play morning classes held every Tuesday and every second Saturday of the month, have been interrupted.

SHAPE Players

The 2011 Theater Summer Camp will begin 27 June for 5 weeks and will culminate with 4 performances. The fee is €275 and includes T-shirt and snacks. Theater Summer Camp children will be introduced to the craft of acting and various aspects of theater including creative choreography and musical staging, costume design and development, property management, set design and building, lighting effects, sound development and marketing. Spaces are limited. To register and for more information, call DSN 423-3312 or 065-44-3312.

AT USAG BRUSSELS

10 May

- **Veterans Administration Benefits Briefing** from 9 a.m. to noon at the ACS Conference Room. See flyer on this page.

21 May

- **Memorial Day Fun Run** at 9 a.m. Adults can enjoy a 5K run/walk or 10K run, or enter our Heroes Challenge Biathlon (10K Run / 10K Bike). \$15 Registration before May 21 (includes T-Shirt). \$20 Registration on the day of event. To sign up or for more information contact the USAG Brussels Fitness Center at 368-9667 or CIV 02-717-9667. For children and youth we will also be having our Armed Forces Day Kids Run. Children 5 years and older can participate in this event held throughout the world and receive a free T-Shirt while honoring our armed forces. Contact CYS Service Youth Sports at 368-9680 or 02-717-9680 for more information.

FITNESS CLASSES

All classes are held at the USAG Brussels Fitness Center in Bldg. 3 and are free of charge. For more information, call 02-717-9667.

- **New: Big Will's Body Shop** - Sessions are from 1 to 2 p.m. and from 2:30 to 3:30 p.m. every Mon, Wed and Fri.
- **Body Pump** - Every Sat from 9:30 to 10:30 a.m. and every Tue from 6 to 7 p.m.,
- **Spin Class** - Every Mon and Thu from 6:30 to 7:30 p.m.
- **Yoga** - Every Mon, Wed and Fri from 10 to 11 a.m.
- **Individualized Strength Training** - Every Tue and Thu from 1 to 2 p.m.
- **Step Aerobics** - Every Wed, Fri from 6 to 7 p.m.
- **Zumba** - Every Sat from 11 a.m. to noon and every Mon from 5:30 to 6:30 p.m.
- **Fitness Program** - Starts May 1 through October 31. By joining the program you may be eligible for three hours of duty time per week to exercise. Application packets are available at the USAG Brussels Fitness Center.
- **Adult Intramural Softball League** - starts June 18. To sign your team up or for more information, contact USAG Brussels Fitness Center

The Fitness Center is open Mon-Fri from 5 a.m. to 8 p.m., Sat and Sun from 9 a.m. to 4 p.m. The Holiday hours are from 7 a.m. to 5 p.m. For more information, call the Fitness Center at DSN 368-9667.

Adult Intramural Softball League

To sign your team up or for more information, contact USAG Brussels Fitness Center

SHAPE Trips & Tours

USAG Brussels Family & MWR is now partnering with the SHAPE Trips and Tours program. Now you can enjoy all of the great tours SHAPE

offers and catch the bus from either USAG Brussels or the Sterrebeek Annex depending on the tour. Reservations/Payments are made by calling SHAPE Trips and Tours at 32 (0) 65-44-3884 Monday - Thursday 9 a.m. to 5 p.m. and on Fridays from 9 a.m. to 3:30 p.m. Tell them that you will be catching the bus from Brussels and if you have a SHAPE ID card. If you don't have a SHAPE ID card, that's OK, you will be placed on an access roster for the trip. See page 11 for a listing of the upcoming trips.

Veterans Administration Benefits Briefing

Tuesday 10 May 2011
9- 12 pm
USAG Brussels, Bldg 4
ACS Conference Room

This is a great opportunity for Soldiers, Airmen, Marines and Sailors, active duty and retired, to find out the latest in VA policies and get answers from the people who know.

To register or for more information, please contact
USAG Brussels Army Community Service at
368-9783 or 32 02/717-9783



