

THE GAZETTE

Published for members of the Chièvres Air Base, Caserne Daumerie, SHAPE and Brussels communities

Gate 14

Works at gate 14 to Chièvres Air Base will start March 29 and end April 5. Traffic will be disrupted and drivers should expect some delay accessing or exiting Chièvres Air Base through this gate.

Gazette transformation

As of April 2, in order to better serve the USAG Benelux community, the Gazette will be including information for our community members stationed at Schinnen, the Netherlands. More information the community briefs section.

USAG Brussels services

Due to planned demonstrations on in the area of NATO Headquarters April 1, all services at the U.S. Army Garrison Brussels main facility will be closed that day. More information in the Brussels community roundup section.

USAG Brussels CYSS

USAG Brussels CYSS is looking for volunteer coaches for the upcoming spring sports season. For more information see the Brussels community roundup section.

AFCU employment

Effective immediately: Andrews Federal Credit Union is offering career opportunities. More information in the community brief section.

Quarterly winners



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Sgt. Nicholas Berger heads toward the finish of the 12-mile road march during the NCO and Soldier of the Quarter competition Thursday, March 22, 2012. (inset) Spc. Ronald Retzlaff earned the Soldier of the Quarter honors. (U.S. Army photos by Keith Houin)

What to do if you get involved in a traffic accident

Special to the Gazette

The authorization to drive a POV or a GOV in Belgium is a privilege, not a right. This privilege may be suspended if you fail to show care for your own safety or for the safety of others while operating a vehicle.

You place other users of the road in danger if you:

- Fail to obey traffic signs
- Fail to yield the right-of-way
- Fail to warn approaching traffic that a vehicle is disabled or parked on the highway
- Fail to dim high-beam headlights for oncoming traffic
- Travel too fast for road conditions
- Pass on hills or curves
- Drive a mechanically unsafe vehicle
- Drive while fatigued, ill, or under the influence of alcohol or drugs.

If you are involved in an accident you must do the following:

- Stay at the scene.
- Turn on emergency flashers and set up a warning triangle.
- Provide first aid to the injured but, DO NOT move any seriously injured persons. Have someone call for medical help.
- Notify the MP of accidents on an installation.
- Notify both the MP and local police of accidents outside an installation. The local police may ask you to make a statement. Do not sign any document unless you know exactly what the document says. You are required, however, to provide personal information to establish your identity.
- If no one is injured and damage is minor, move the vehicles. Do not block traffic after a minor accident.
- Exchange information with involved parties (name, address, license numbers, insurance company and policy number).
- Note the time and place of the accident and names and addresses of any witnesses.
- GOV operators must fill in sections I thru IX of the Motor Vehicle Accident Report (SF 91). Section X must be filled out by the operator's supervisor. SF 91 must be turned in to the Traffic Manager of the Transportation Office to which the GOV is assigned.

You may want to take photographs of the scene. Many times these prove to be more reliable than accident reports and they are acceptable in court. If a camera is not available, you may sketch the scene showing the locations of the vehicles, traffic signs, and any relevant road conditions or obstacles.

Drivers who have a single-car accident and damaged property must stay at the scene for a reasonable time in an attempt to contact the property owner. If the owner cannot be located, leave a note indicating the driver's name, address, telephone number, and insurance company. Whether the accident occurs on or off a military installation, you must report the accident immediately to the MP. Drivers who do not make a report could be charged with hit and run. Leaving the scene of an accident without reporting it is punishable with imprisonment and a fine.

For additional questions, contact the Northern Law Center Claims Office at DSN 423-4195 or commercial 065-44-4195.

Have Something for the Gazette?

Email usarmy.benelux.imcom-europe.list.pao@mail.mil



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International semi marathon of Paris

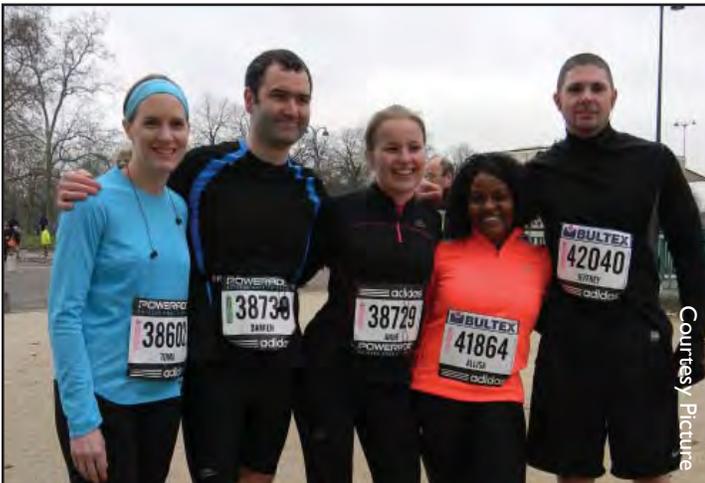
By Donovan Abrassart
USAG Benelux Public Affairs

The 20th edition of the international semi marathon of Paris was held March 4. This year, 30,000 people took part in the competition and near 25,000 successfully completed the 21,1 kilometers. The participants were coming from all over the world as 59 nations were represented. Reasons for participating in such happenings may be as varied as competition, fun, self-transcendence, personal challenge, family activity.

Whatever the reason that got those people put their shoes on and run through Paris, we can salute their perseverance as they took up this sportive challenge. And it is even more true when amongst those 25,000 successful participants, you get to know that members of our community successfully and proudly ran the distance.

Employees from Army, Community, Northern Law Center, a group of eight SHAPE women and Command Sgt. Major Allan K. Fairley were all participating.

The eight SHAPE female members have been training hard for several months to get ready for the race. It is not the first time this group of women run together in a race. "We have weekly training runs where we try to meet on SHAPE and get our mileage in. This is at least the second race where a large number of women from SHAPE have run together. The first was Paris 10 miles in September. We are all SHAPE mom's that run for fun. We love having the group of local women runners to keep each other motivated and running. There are three of us that are running spring marathons.", said Wendy Hodges.



(From left to right) Toma Garst, ACS USAG Benelux, Damien Guelton, Anne Chauvaux ACS USAG Benelux, Allisa Shepard ACS USAG Kaiserslautern and Master Sgt. Jeffrey Shepard, NATO Heidelberg, USAF.



The group of SHAPE women



Command Sgt. Maj. Allan K. Fairley above and on the left picture with the yellow shirt.

Army Public Health: Empowering the Army to Achieve Optimal Health

By Lyn Kukral

Public Affairs - U.S. Army Public Health Command

There are 525,600 minutes in a year. In those minutes, we work, play, socialize, sleep and conduct all of the activities that make up our lives. The average Soldier or family member also spends 100 of those minutes with a doctor, nurse or other healthcare provider.

“We have 100 minutes a year with our patients,” Army Surgeon General Lt. Gen. Patricia D. Horoho pointed out to healthcare providers at this year’s Military Health System conference. “We focus the majority of our peacetime [healthcare] budgets on those 100 minutes, but are we truly influencing health?”

Influencing health, or more correctly helping you to be healthier, is where the U.S. Army Public Health Command comes in.

“Army public health is all about helping Soldiers and retirees, their families, and Army civilians to build and sustain good health,” said Maj. Gen. Jimmie O. Keenan, USAPHC commander. “National Public Health Week (April 2–8) is a good time to highlight some of the things Army public health does.”

Keenan emphasized that there are two keys to building good health in what the surgeon general called “the white space”—the time between visits to a healthcare provider. Those keys are empowerment and prevention.

“One of our command’s goals is to empower our beneficiaries to take greater control of their health,” Keenan said. “We want to give them the tools they need—effective programs and information—so they can reach their health goals. We also want them to understand how things like maintaining healthy weight, exercising, not smoking and not drinking to excess contribute to their health,” she said.

The other key, prevention of disease and injury, is the heart of USAPHC’s mission.

“Prevention is better for the individual than even the best healing and rehabilitation Army Medicine can provide,” Keenan said. “I don’t know anyone who would rather go to the hospital than stay active and healthy.”

In addition, prevention is better for military units because it ensures higher readiness through fewer lost-duty days, and better for the military healthcare system because it contributes to better stewardship of healthcare dollars, she explained.

Since its establishment in October 2009, USAPHC has focused on its public health efforts on building partnerships. Working with installations, garrisons and military medical treatment facilities, Army public health experts advise commanders and leaders about a broad range of public health initiatives and preventive actions. All have the basic goals of encouraging healthy behaviors, standardizing public health efforts according to best practices (methods that are scientifically valid and that work), creating healthy work environments and installations, and preventing disease and injury.

“Army Public Health touches so many aspects of our community life that it isn’t a term that can be defined in a sentence or two,” Keenan said.

Some examples of USAPHC’s public health activities include the following:

- If you live on an Army installation, USAPHC helps ensure your drinking water is pure.
- If you shop in a commissary, USAPHC veterinary food inspectors make sure the food you buy is safe to eat.
- If you’re doing PT with your unit, USAPHC helped develop fitness program standards that minimize injuries while maximizing your strength and endurance.
- If you’ve ever deployed, your pre-deployment medical threat brief was provided to your unit by the USAPHC.
- If you’ve ever sat in a Stryker or used an Army weapon, USAPHC likely tested its design to minimize the health risks from operating it.
- If you use Army-approved vision or hearing devices, USAPHC made sure your goggles and earplugs met high standards of protection.
- If you carry an “ACE” (Ask-Care-Escort) card in your pocket, that card—and the training behind it—was developed at the USAPHC.

USAPHC programs, from Army Wellness Centers to the e-Catalog of public health information, help build and sustain the good health of individuals and units in the “white space” between healthcare visits. For information and product ordering, visit <http://phc.amedd.army.mil>.

USAREUR CSM goes on air to discuss current enlisted issues

By USAREUR Public Affairs

U.S. Army Europe’s senior enlisted advisor, Command Sgt. Maj. Maj. David S. Davenport Sr., will take to the airwaves to communicate with USAREUR Soldiers.

“Straight from the CSM,” a two-minute prerecorded radio show, will air on AFN’s Morning News Watch and throughout the day every Wednesday on AFN’s PowerNet.

Each week Davenport – sometimes along with a guest

subject-matter expert – will address topics that affect USAREUR Soldiers. Some upcoming topics include personnel matters, retention changes, and sponsorship.

In addition to airing on AFN radio, listeners can find links to the shows on AFN’s web site, Davenport’s Facebook site and his blog site.

USAG Benelux and local community briefs

AFCU Employment Opportunity

Effective immediately, Andrews Federal Credit Union is offering the following career opportunities in area branches:

- Chièvres Branch at Chièvres Air Force Base, Belgium:
 - Member Services Representative (Two Full-time Positions)
 - Senior Teller (Full-time)
 - Teller (Full-time)
- USAG Benelux, Brussels Branch, Belgium:
 - Branch Manager (Full-time)
 - Member Service Representative (Two Part-time Positions)
- Schinnen Branch, The Netherlands:
 - Member Services Representatives (Two Full-time Positions)
 - Teller (Full-time)
- Chièvres Air Force Base and Benelux Region:
 - Member Services Representative/Teller Floater (Full-time)

Gazette transformation

As of April 2, in order to better serve the USAG Benelux community, the Gazette will be including information for our community members stationed at Schinnen, the Netherlands. Readers will be noticing changes as the Gazette will include coverage of Schinnen events in the news section, upcoming local Dutch events in the events & happenings section and upcoming events on post at Schinnen in the community round up. The Belgian news section will be renamed Benelux news as it will also include Dutch news. The layout of the Gazette will slightly change to give all community members easy access to the information pertaining to their specific area. In order to submit your requests for publication for the SHAPE/Chièvres, Brussels or Schinnen area, email to USAG Benelux Public Affairs Office at usarmy.benelux.imcom-europe.list.pao@mail.mil.

10th annual Make A Wish 24 hours 11-12 May

Starts at 4 a.m. If you want to volunteer, be a food vendor or participate contact DSN 423-5325.

Education

University of Oklahoma

The University of Oklahoma is now accepting applications for Master of Arts in International Relations. This is an accelerated class and program format with on-site and online classes available. No GRE requirement. For more information, call DSN 423-3654 or civilian 065-44-3654 or via email at apshape@ou.edu. You may also stop by Bldg. 212, room 109 on SHAPE.

University of Maryland University College Europe

Many financial aid awards are available for new students beginning this Spring 2012 Session 2. The \$700 UMUC Europe New Student Scholarship is a one-time \$700 award toward the cost of tuition and books, meant to help students get started in pursuing their educational goals. View the eligibility requirements and apply at www.ed.umuc.edu/financialaid. For more information, visit www.ed.umuc.edu, or call UMUC Europe at DSN 314-370-6762 or civilian (0049)6221-3780.

CYSS

Earth explorers 2-6 April - Register now, spaces are limited. For information contact DSN 423-5612 or civilian 065-44-5612.

Middel school spring break camp - Grades 7 and 8

- Week 1: 2-6 April, Monday through Friday from 8 a.m. to 1 p.m.
- week 2: 10-13 April, Tuesday through Friday from 8 a.m. to 1 p.m.

Weekly fee is half TFI camp rate.

Spring break field trips - Grades 7-12

- April 4: Wailibi. Departs 7:15 a.m. and returns 7 p.m.. Fee is \$50.
- April 11: Serpentarium Blankenberg beach. Departs 8 a.m. and returns 6:30 p.m. Fee is \$30.

Soccer - Registration is open through April 16 for ages 4-5. Fee is \$20. Season is from April through June. For information call DSN 423-5612 or civilian 065-44-5612.

The following sessions are open through March 30:

Gymnastics - Session is from April 16 through June 15 for children aged four and up. Fee is \$80.

Karate - Session is from April 16 through June 15 for children aged six and up. Fee is \$160.

Tae Kwon Do - Session is from April 16 through June 15 for children aged five and up. Fee is \$180.

Swim - Session is from April 16 through June 15 for children aged four and up. Fee is \$80/\$90.

Piano I - Session is from April 16 through June 15 for children aged six and up. Fee is \$140/\$160.

Piano II - Session is from April 16 through June 15 for children aged 3.5 to 12. Fee is \$160/\$180.

Ballet - Session is from April 16 through June 15 for children aged 3.5 and up. Fee is \$80/\$128/\$144.

French - Session is from April 16 through June 15 for children aged 5 and up. Fee is \$90.

For information on the above sessions, call Parent Central Services at DSN 423-5612 or civilian 065-44-5612.



Sunday worship service schedule

SHAPE/Chièvres area

9 a.m. – Catholic Mass at SHAPE Chapel
 10:15 a.m. - Anglican service at SHAPE Chapel
 11:45 a.m. – Contemporary Protestant service at SHAPE Chapel
 For additional information, contact the Chaplain's Office at DSN 361-5381.

Jewish Community Liaison: contact DSN 423-4938
 Muslim Community Liaison: contact DSN 368-9814

Catholic Daily Mass

Daily mass is Monday through Friday at 12:15 p.m.

Brussels area

10:30 a.m. – Protestant service at Chaussée de Louvain 13, St. Stevens Woluwe.

III BELGIAN NEWS

III BELGIAN NEWS

UPS taking over TNT

The American UPS announced last week that it is taking over TNT Express. TNT has about 2,200 people working at the Bierset (Liège) airport. There is a widespread concern with unions and workers about job loss as UPS has a major hub at the Koln airport in Germany, barely 120 kilometers away from Bierset, which activities could possibly be consolidated, workers and unions fear.

American Top 50 Employs 92,000 Belgians

The fifty largest American companies in Belgium in terms of employment are putting over 92,000 people to work in our country. AmCham, the lobby group of these enterprises, did the counting and with it wants to yet again emphasize the message that foreign investors are playing an important role in the Belgian economy. On top of the list are companies like Manpower, Caterpillar, Ford, Johnson & Johnson, Procter & Gamble, ExxonMobil, Hewlett-Packard, Kraft Foods and Pfizer.

Oldest Belgian citizen passed away

Jan Goossenaerts, Belgium's oldest resident, died at the age of 111. He is also believed to have been the oldest European male. He was born in October 1900 and since the age of 107 lived in a nursing home. He used to say that his longevity was due to the hard work he did as a farm help. His recommendations were to go to bed early and to eat pear syrup on sandwiches.

Female hockey team qualified for the Olympics

The Belgian national women's team qualified for the Olympic Games in London. Their team, the Red Panthers, beat Ireland 4-1 in Kontich. It's the first time that a Belgian women's team sport is successful enough to reach the Olympic Games. In Kontich, six countries participated: Belgium, Ireland, Spain,

France, Russia and Mexico. The Red Panthers won four of their five matches in the group stage. Belgium's male hockey team will also be present in London.

Funeral of bus accident victims

Both Lommel and Heverlee held the funeral ceremony for the victims of last week's bus accident in Switzerland. Family and friends of the children and adults who died in the crash were joined by members of the Belgian and Dutch Royal family as well as political authorities.

Convicted of throwing acid in ex-girlfriend's face

The jury of the Brussels Court has found a man guilty of attempted murder after he threw sulfuric acid into his former girlfriend's face. The perpetrator wanted to take revenge after his ex ended their relationship. He threw sulfuric acid into her face, tugged her along by her hair and poured more acid over her. The woman survived the attack, but sustained serious burns to her face. She has undergone several operations, but is mutilated for life. The perpetrator was sentenced to thirty year, the maximum punishment

Yanina Wickmayer (BE) beats Kim Clijsters (BE)

Kim Clijsters was beaten in two sets by compatriot Yanina Wickmayer at the tennis tournament in Miami. After the match, Clijsters said that top tennis is putting too much strain on her body.

For/against abortion demonstrations

After the demonstration for the right to abortion on Saturday, another protest was held yesterday, this time against abortion. Protesters say that too many abortions are carried out in Belgium and showed slogans like "the right to be born" and "for life". The march saw some 2,000 people taking part.

In a second, your wallet is gone

This can happen anywhere at anytime and it is unfortunately frequent. The best protection is to reduce the odds of becoming a victim. Hereunder are some tips to take into consideration:

- Keep your wallet in your front pocket or carry your backpack in front
- Keep only things you really need in it
- Be aware of your surroundings: criminals prey on the unsuspecting, so look at people, be confident.
- Suspect any diversion, "unfortunate bump into" ... The job might be done in a team.
- Don't be obvious when you check for your valuables this gives them the clue.
- Be careful when you're seating in a bar or restaurant, don't put your jacket or bag on the backrest.
- Keep distance everywhere. Public transports, shops, streets,...
- Be extremely alert in crowds, waiting lines, they blend into so well
- Keep your handbag close and use the Zipper. Don't forget either that with your ID and other documents, they can put their mischief forward.



Through 21 March

- **Free entrance to the Brussels aquarium** on Avenue Emile Bossaert 27 for people whose astrological sign is Pisces. The focus will be put on endangered or even extinct species (in their natural environment). For more information about prices, opening hours see www.aquariologie.be/Index_En.html.

Through 20 May

- **Painting exhibition "Per Kirkeby and the forbidden paintings of Kurt Schwitters"** in Brussels at the Fine Arts Museum BOZAR on Rue Ravenstein 23. Closed on Monday, open the other days from 10 a.m. to 6 p.m. and to 9 p.m. on Thursday. Entrance fee is €10. More info on www.bozar.be/activity.php?id=11527&lng=en.

Through 3 June

- **Exhibition "Dinner's Served! From Field to Plate"** - An exhibition that asks today the questions for tomorrow with a rich scenography. A multi-modal museography: graphic frescoes, audiovisual productions, exceptional items, photographs, electro-mechanical interactive displays, windows of discovery, tactile monitors etc. Contemporary art works mark out the exhibition halls. More information on www.expo-atable.be.

Through 11 June

- **Paintings Exhibition in Tournai at the Fine Arts Museum on Enclos Saint-Martin.** You'll have the opportunity to admire 100 paintings from Manet to Monet, Seurat or Van Gogh, among others. Open every day from 10 a.m. to 5:30 p.m. except on Tuesday. Price ranges from 1 to €2.5.

Through 1 July

- **Display "Stanley Kubrick, Photographer" in Brussels,** Musées royaux des Beaux-Arts de Belgique on Rue de la Régence, 3. The display is showing the first creative works of Stanley Kubrick. Opening hours are Tuesday to Sunday, 10 a.m. to 7 p.m.

31 March

- **Volksmarch in Mellet** for 4, 6, 12, 21 km. Departure is from Rue Helsen 69 from 7 a.m. to 3 p.m. Participating fee is €0.75.
- **Night flea market and crafts market in Soignies** (150 booths) from 4 to 10 p.m. on the parking lot of the post office and the Place Verte.
- **Easter Egg Hunt in Ath** - Starting at 10:30 a.m. at the Château de fer on Rue de la Station, 8.
- **Flea market (60 booths) in Leval Trahegnies** from 6 a.m. to 6 p.m.

1 April

- **Volksmarch in Flobecq** for 5, 8, 14, 20, 30 km. Departure is from Rue Abbé Pollart 4 from 8 a.m. to 3 p.m. Participating fee is €0.75.
- **Volksmarch in Seneffe** for 5, 10, 15, 20 km. Departure is from the Place de Penne d'Agenais from 9 a.m. to 6 p.m.
- **Volksmarch in Ceroux Mousty** for 5, 10, 15, 20 km. Departure is from the square 134 from 9 a.m. to 6 p.m.
- **Volksmarch in Ecaussinnes-Lalaing** for 5, 10, 15, 20 km. Departure is from Rue de la Grande Ronce 17.
- **Volksmarch in Gozee** for 5, 10, 15, 20 km. Departure is from Rue de Marchienne 134 from 9 a.m. to 6 p.m.
- **Volksmarch in Beloeil** for 5, 10, 15, 20 km. Departure is from Rue de Mons from 9 a.m. to 6 p.m.
- **Volksmarch in Mons** for 5, 10, 20 km. Departure is from Rue des Archers 44 from 9 a.m. to 6 p.m.
- **Mountain bike ride in Anderlues** for 20, 35, 48, 60 km. Departure is from Rue des Bruyères from 8 to 10:30 a.m. Bike-wash available. Price ranges from €3 to €6. 500 participants in 2011.
- **Mountain bike ride in Dour** for 25 and 45 km. Departure is from Chemin des Fours from 8 to 10 a.m. Showers and bike-wash available.
- **Easter Egg Hunt in Ligne (Ath)** - Welcome is at 10:30 a.m. at the school, egg hunt starts at 11 a.m. Participating fee is €1 per child, which includes one drink. Three separate locations for 0 to 3 years old, 4 to 7 years old and 8 to 12 years old. Prior registration is mandatory at 0479/530162 or 0494/858993.
- **Discover the village of Thieusies** - Walk departs at 2:30 p.m. and goes along the two castles and the nice farms. Registration is prior to the walk, at 2:15 at the Tourist Office on Rue du Lombart. Participating fee is €3.50, including coffee and pie at the conclusion of the walk.



Flower Market in Tournai, April 6

5-17 April

- **Brussels International festival of Fantasy Thriller & Science-Fiction Films** – during the two weeks, over 150 movies will be shown, the majority of them as previews. The majority of the movies are shown at Tour & Taxis on Avenue du port 86 in Brussels but some will also be shown at Plaza Art, Rue de Nimy in Mons. For a detailed schedule, check www.festivalfantastique.org/festival/.

6 April

- **Flower market in Tournai** – Market starts at 8 a.m. and continues until 6 p.m. on Rue Royale, Quai St Brice and Quai Dumon. More than a hundred horticulturists take part in this annual market held since 1825 in Tournai.

6-9 April

- **Carnival in Stavelot** – Parade with the famous “Blancs Mous-sis”, meaning wearing white cloth. Along the parade route, motorized cannons shoot confetti at the crowd.



Courtesy Picture

7-9 April

- **Book Fair at Redu** – Redu, also called the village of books, is well known for its 22 bookshops. During the book fair, books will be everywhere, not only in the shops but also on sidewalks and booths. The event attracts more than 200,000 visitors coming from all over the world.
- **Orchids display in Enghien** – Display is held from 10 a.m. to 6 p.m. at the park of the château. Entrance fee is €5 per adult, €3 for students and residents of Enghien.

"Blancs Moussis" at the carnival in Stavelot - April 6-9



8 April

- **Volksmarch in Naast** for 5, 10 or 20 km. Departure is from Place de Naast 5 from 9 a.m. to 6 p.m.
- **Volksmarch in Jurbise** for 5, 10 or 20 km. Departure is from Chemin du Prince 183 from 9 a.m. to 6 p.m.
- **Volksmarch in Moustier** for 5, 10 or 20 km. Departure is from Place Charles Lenoir 3 from 9 a.m. to 6 p.m.
- **Easter Egg Hunt in Soignies** – Starting at 10 a.m. at Parc Paternoster on Rue Melle Hanicq. Participating fee is €5 per child and €1 per accompanying adult.

8-9 April

- **Folklore and Tradition Days in Namur** – On Place d’Armes as of 10 a.m., market with regional specialties; from 10:30 a.m. to 4:15 p.m., traditional music and dance, medieval combat and other folkloric events. As of 3 p.m., historical parade.

8-10 April

- **Carnival in Jemappes** – Starting on Sunday with the evening parade through the main street as of 9:30 p.m.; on Monday, there will be a parade at 3 p.m. and one at 9:30 p.m.; on Tuesday, fire at the conclusion of the event at 9 p.m. on the square.

9 April

- **Volksmarch in La Hulpe** for 5, 12, 21, 30 and 42 km. Departure is from the school on Rue des Combattants, 112 from 8 a.m. to 3 p.m.
- **Volksmarch in Dion-Valmont (Chaumont-Gistoux)** for 5, 10 or 20 km. Departure is from Rue de la Cure 2 from 9 a.m. to 6 p.m.. Parking is available on Rue du Brocsous 3.
- **Volksmarch in Ghlin** for 5, 10 or 20 km. Departure is from Rue Simonon 2 from 9 a.m. to 6 p.m.
- **Volksmarch in Quevaucamps** for 5, 10 or 20 km. Departure is from Rue Georges Mauroy 1 from 9 a.m. to 6 p.m.

SHAPE Trips & Tours

For information on the trips below,
call DSN 423-3884 or civilian 065-44-3884.

- **Spain, April 5-14 - First bus is full, bookings are now on second bus** - Spend a week in Spain and stay at the 4 Star Hotel Olympic Parc located a few minutes from the beach. During your stay, you'll visit the Parc Marineland, a zoo with variety of water attractions. You can watch dolphin, fur seal and parrot shows. The park also features a small zoological garden and an open air aqua park with waterslides. There is also special water attractions designed for small children. A visit to Barcelona is also scheduled. Visit the Gaudi's Park Guell, Gaudi's apartment, the Barcelona Zoo and the Sagrada Familia cathedral. Prices: single €630, double €500, triple €475, quad €475. Children 0-1 years €190 (when sharing a room 2 full paying adults). Family pricing varies. All prices are per person and include transportation, 7 night hotel stay, plus breakfast and dinner. Departs SHAPE and Brussels 5 April. Returns SHAPE and Brussels April 14.
- **Versailles, April 14** - Tour the palace and royal apartments and the many fanciful gardens, original fountains, and other magnificent buildings on this grand estate. Take lunch in one of the many cafes on the grounds or even do some shopping in the town beyond. Price is €60 Adult, €40 Children (0-17). Departs SHAPE at 7 a.m. and returns SHAPE at 10 p.m. Departs Brussels at 6 a.m. and returns Brussels at 11 p.m.
- **Keukenhof, April 21** - The first stop will be at Gouda, the cheese capital of the Netherlands. After lunch, visit Keukenhof, the tulip capital of the world. Spend the day admiring flowers displays, strolling through the gardens and photographing beautiful sceneries. Keukenhof is one of the most beautiful places in the world. Prices: Adult €50 Youth (4-11) €43 Child (0-3) €35. Departs SHAPE at 7 a.m. and Brussels at 8 a.m. Returns Brussels at 10 p.m. and SHAPE at 11 p.m. Price includes entrance to the gardens.
- **War Horse/London overnight, 24-25 April - only 2 Seats Left** - Experience "War Horse", the sell-out production at the New London Theatre. There are only 15 seats available for this winner of five Tony Awards, including Best Play. In this production, life-sized puppets depict a journey through history, as a young man embarks on an odyssey to find his beloved horse during World War I. After your theater experience explore the attractions of London: Big Ben, Buckingham Palace, Westminster Abbey, Trafalgar Square, Tower Bridge, and the West End theatre district. Prices: €265 pp single, €215 pp Double/Twin, €180 Children (3-12) (when accompanied by 2 full paying adults). Departs SHAPE Tuesday at 6 a.m. Returns SHAPE Wednesday at 10:30 p.m. No Brussels pick-up.
- **Dover Castle & Canterbury, 28 April** - Have a view of the White Cliffs of Dover while crossing the English Channel. Visit the castle, its grounds and secret war tunnels. The trip continues to Canterbury where you can see the Cathedral, Canterbury Tales and many other attractions. Price: €75 adult, €70 child (5-15), €55 child (0-5). Departs SHAPE Saturday at 5:15 a.m. Returns SHAPE Sunday at 1 a.m. Departs Brussels at 4a.m. Returns Brussels at 2 a.m.



Keukenhof, April 21 with SHAPE Trips & Tours and April 26 with SHAPE Travel Group

SHAPE Travel Group

For information on the trips below call civilian 065-336560
Travel Group members are available every Wednesday and Friday
from 11 a.m. to 1 p.m. in the Foyer of the SHAPE Library, Bldg. 307.

- **Le Creuset and Champagne, April 17** - Visit Le Creuset factory outlet in France. Spend a couple of hours in Reims to tour the cathedral then head to the Pommery champagne house for a guided tour. Price is € 35.
- **Delft & Keukenhof, April 26** - Tour the Royal Delft Factory to see how the beautiful blue and white porcelain is made. After some shopping and lunch, tiptoe through the tulips in Keukenhof. Tour and entrance to Keukenhof are included in the price of €45.

As of next week issue, recurring events and activities will no longer appear in the community roundup. A specific place will be devoted to them on our website. Details will follow.

26 March

- **Military Council of Catholic Women** - Meets each Monday at 10 a.m. at the SHAPE Chapel in the Annex and at 7 p.m. at SHAPE Bldg. 353. There is watchcare available in the morning by reservation. MCCW reflects a visible presence of Christ to military communities by fostering and nourishing women to spirituality, leadership and service. Join us for bible study (materials provided) and fellowship. For information call DSN 423-6019 or civilian 065-44-6019.
- **Stroller Time** - Meets on Mondays from 10 to 11 a.m. at the ACS, Bldg. 318, SHAPE. Bring your child and stroller for a walk on the SHAPE path. For more information contact the ACS at DSN 423-5324.
- **New Winter Studies** - Meets at the SHAPE International Chapel on Mondays from 6 to 8 p.m. Childcare is provided. For information, e-mail to pwoc.shape@gmail.com.
- **Protestant Women of the Chapel International** - Meets at the SHAPE International Chapel on Mondays from 9:30 a.m. to noon. Childcare is provided. For information, email to pwoc.shape@gmail.com.

27 March

- **Preschool Story Time** - Every Tuesday from 4:15 to 4:45 p.m. for stories, finger plays, songs. There is no fee for this program. For more information, call the library at DSN 423-5631 or civilian 065-44-5631.
- **Alcoholics Anonymous** - The English speaking SHAPE Alcoholics Anonymous Group meets on Tuesdays, from 7 to 8:30 p.m. at SHAPE Chapel Annex Classroom. Members support one another's 12 Step recovery program and freely share their AA story with newcomers. Family members, friends, and anyone interested in AA are welcome to attend. For a recorded message with telephone contact numbers, call 0494-058137. For English speaking meetings in Brussels and throughout Europe see the website www.aa-europe.net.
- **Protestant Women of the Chapel International** - Meets at the SHAPE International Chapel on Tuesdays from 9:30 a.m. to noon. Childcare is provided. For information, email to pwoc.shape@gmail.com.
- **The Protestant Men of the Chapel** offers opportunities for fellowship, Bible Study, and service outreach for men in the SHAPE community. Currently, PMOC continues The Great Adventure series, a 20-week look at helping men discover Biblical manhood in the midst of a confusing, misguided world. PMOC meets each Tuesday at 6:30 a.m.

28 March

- **Preschool Story Time** - Meets every Wednesday from 10 to 10:30 a.m. at the SHAPE International Library and helps preschoolers build confidence, learn socialization skills and make friends. There is no fee for this program. For more information, call the library at DSN 423-5631 or civilian 065-44-5631.
- **Infant Massage Class** - Meets every Wednesday at 11 a.m. in the SHAPE Healthcare Facility second floor conference room. Expectant mothers and mothers with newborns and older infants are welcome. Mats and oils are provided. No pre-registration is required. Open to all U.S., NATO and SHAPE ID cardholders. Call WIC Overseas DSN 423-5971 or civilian 065-44-5971 for more information.
- **Rite of Christian Initiation of Adults classes** - Meets each Wednesday at 7 p.m. in the Blessed Sacrament Chapel. For more information, contact the parish coordinator at DSN 423-6019 or civilian 065-44-6019.
- **Page Turners Book Discussion Group** - Meets at 5:30 p.m. at the SHAPE International Library to discuss *The language of Flowers* by Vanessa Diffenbaugh. For more information or to reserve a copy of the book, call the library at DSN 423-5631 or civilian 065-44-5631, email at shape.library@eur.army.mil.



29 March

- **Teen Mass and Meal** - Meets Thursdays at 12:15 p.m. at the SHAPE Chapel.
- **The Illuminati: A Book Club for Preteens & Teens** - Meets at 4:30 p.m. at the SHAPE International Library to discuss *Death Cloud* by Andrew Lane. Registration is not required and there is no fee for this program. For more information or to reserve a copy of the book, call the library at DSN 423-5631 or civilian 065-44-5631, e-mail at shape.library@eur.army.mil.
- **2012 Women's History Month celebration** - Event is from 10 a.m. to noon at the SHAPE events center. The theme will be "Women's Education - Women's Empowerment. Guest speaker will be Maj. Gen. Michelle Johnson, Deputy Chief of Staff Operations and Intelligence. All SHAPE ID card holders are welcome to attend. There will be a reception immediately following the main program.

30 March

- **Rosary Warriors** - Meets every Friday at 9:15 a.m. in the Blessed Sacrament Chapel to pray the rosary. For more information, contact the parish coordinator at DSN 423-6019 or civilian 065-44-6019.
- **Mary Queen of Peace Parish** will be having Stations of the Cross every Friday during Lent at the SHAPE International Chapel (East Chapel) at 6 p.m. followed by a meatless soup supper. All are welcome to participate in this Lenten devotion. For more information, contact the parish coordinator at DSN 423-6019 or civilian 065-44-6019.

31 March

- **SHAPE 4 sale** - Meets at the school cafeteria from 10 a.m. to 4 p.m. Vendor set up time from 7 a.m. to 10 a.m.

30 April - 1 May

- **Transition counselor institute phase one** - The purpose of the course is to prepare education and installation professionals to recognize and address transition concerns that impact the mobile military child. Registration and breakfast from 8 through 8:30 a.m. Institute training from 8:30 a.m. through 4 p.m. at USAG Benelux Youth Center Ballroom, Bldg. 503 SHAPE. Participants will have the opportunity to earn educational credits in the form 1.2 CEU's for \$25.00 and/or 1 hour of graduate credit Texas A&M-Central Texas for \$175.00, payable at the completion of the training. Limited seats available. For more information call civilian 254-953-1923. To register for the training visit www.MilitaryChild.org and click on the training tab.

Viva Las Vegas
Friday March 30th 2012
 SHAPE CLUB BALLROOM
 9 PM - 3 AM

FEATURING
 THE BAND
Out of SHAPE
 with special Guest
 THE BAND FORMERLY
 KNOWN AS **509**
TOP 40 DJ
BATTLE OF THE KINGS
 ELVIS SHOWDOWN
 and
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Cabaret SHOW

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TOP 3
AIRFORCE ASSOCIATION
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 Blackjack
 Roulette
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TEXAS HOLD EM START TIME 7 PM
 2012 CELEBRATION REGISTRATION LINK: COMAD.WSAT.SPETS.ALWERFA.DSN.500.0501.05E42.0501
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 YOUR SUPPORT WILL HELP TO PAY A NEW RETROBURNER FOR COMAD. A FEMALE A VOLUNTEER OUR WOMEN SERVING HOT MEALS AND BEVERAGES TO OUR GUESTS ONCE A WEEK FOR THE LAST 10 YEARS. CONTACT FOR MORE INFORMATION OR TO REGISTER VISIT WWW.COMAD.COM

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Parenting Corner

Parent/child communication
 Potty Training
 Discipline

Network with other parents
 Picky Eaters
 Parents self-care

Date March 27, 2012
Time 1130-1300
Location Army Community Service (ACS) Center Building 318, SHAPE

Join Us! Bring your lunch and learn parenting tips for children ages 1 to 3.

Contact ACS at 065-44-5324 or DSN 423-5324 to register.

ARMY COMMUNITY SERVICE
ACS
 RealLife Solutions for Successful Army Lives

AT USAG BRUSSELS

Through March 30

- **Volunteers for Spring Fling** - Volunteers or private organizations who would like to help out at this year's Spring Fling, on March 31st, should contact the Special Events office at DSN 369-9763 or civilian 02-717-9763.

April 1

Due to planned demonstrations on Sunday 1 April in the area of NATO Headquarters, all services at the U.S. Army Garrison Brussels main facility will be closed that day. No entry or exit, by foot or vehicle, will be permitted. Sterrebeek Annex will be open normal hours. The USAG Brussels Weather hotline, DSN 368-9870 or Civilian 02-717-9870, will be updated at 5 a.m. and 1 p.m. that day, if there are any changes.

BRUSSELS CLINICS

The Brussels Health Clinic will be closed for training holiday April 6 at noon. Patient care and see acute care only. The Brussels Dental Clinic will be closed for training April 5, sick call only in the p.m., clinic will also be closed April 6 (training holiday), April 9, no service; April 12 and 16 through 20 (no provider).

On the training holiday the following applies: acute care only due to minimal staffing and limited services. There will be pharmacy services. If you are in need of medical care on days the clinic is closed:

- For routine care visit SHAPE Health Facility (at SHAPE) DSN 423-5886 or civilian 065-44-5886.
- For urgent care call the toll-free nurse advise line at 0800-80149 and/or the international SOS emergency line at 0800-80806 (toll-free number for Belgium).
- For medical emergencies which are life, limb or eyesight may call 100 or 112. The emergency room we use for urgent and if possible emergency care is: Universitaire Ziekenhuizen Leuven Herestraat 49, 3000 Leuven.
- During weekends or after hours the on-call patient liaison can be contacted through the MP desk 02-717-9769 for non-medical advice.
- Always contact your MTF the next working day after you have been to the ER or when you are admitted to the Hospital.

USAG Brussels 2012 ADULT INTRAMURAL

Dodgeball competition- Register by April 5. Play begins April 9 through May 9, Monday/Wednesday from 7 to 8:30 p.m. For more information contact the fitness center at DSN 368-9667 or civilian at 02-717-9667.

LIBRARY

For more information please contact the USAG Brussels library at DSN 368-9705 or civilian 02-717-9705.

CYSS

USAG Brussels CYSS is looking for volunteer coaches for the upcoming spring sports season (soccer camp, baseball camp, tee-ball and girls softball). Anyone wishing to coach must attend the coaches' clinic and becomes certified through the National Alliance Youth Sports Association (NYSOA). For more information call DSN 368-9680/9738 or civilian 02-717-9680/9738.

USAG BRUSSELS FITNESS CENTER

- BODYZ IN MOTION classes are from 11:30 a.m to 12:30 p.m. Monday, Wednesday, and Friday. This class consist of cardio interval training using weights stability balls and functional exercises.
- BODY SHOP classes are offered on Tuesdays and Thursdays from 1 to 2 p.m.
- YOGA classes are offered Monday, Wednesday, and Friday from 10 to 11 a.m. and 6 to 7 p.m. The class build upon the fundamental postures techniques of yoga for beginners and returning participants.
- YOGA FLOW classes are offered on Tuesday and Thursday mornings from 10 to 11 a.m.
- ZUMBA TONING classes Tuesday and Thursdays at 6 to 7 p.m. and Saturdays at 11 a.m. to noon. This class targets body-sculpting exercises and high energy cardio with Latin- infused Zumba moves.

