

THE GAZETTE

Published for members of the Chièvres Air Base, Caserne Daumerie, SHAPE and Brussels communities

Time Change

It's that time again. October 30 at 3 a.m. turn your clock back one hour.

Family Readiness and Food Cooking Safety

Family Readiness and Food Cooking Safety classes will be held at the SHAPE Health Facility 2nd floor conference room October 26 and November 16 from 2 to 3 p.m. For more information and to register call 423-5952

Gazette Email address

To submit your requests for publication, please use the following new generic email address for PAO: usarmy.benelux.imcom-europe.list.pao@mail.mil. Emails sent to our former EUR generic email address are not being forwarded and therefore not reaching us. For more information, call DSN 361-5419.

Free Apples

Bldg. 30 on Caserne Daumerie is surrounded by apple trees. The apples can be picked up by anyone interested in getting free apples.

Central Issue Facility

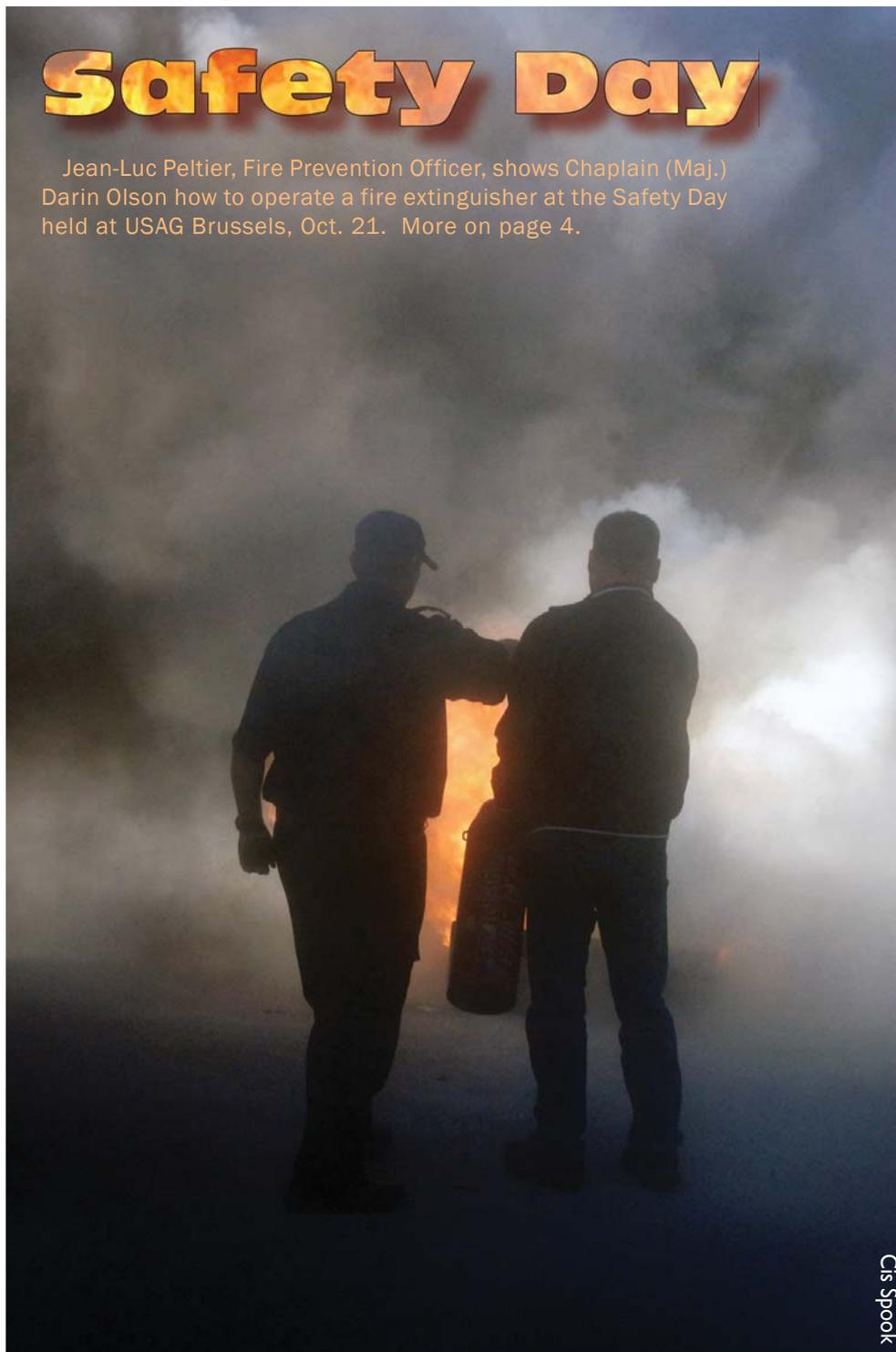
The CIF located in hangar 3 on Chièvres Air Base will be closed from today until Oct. 28 for annual inventory and mandatory training. For emergency equipment withdrawal or turn-ins during this period, call DSN 361-5569. The facility will reopen on Oct. 31.

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Safety Day

Jean-Luc Peltier, Fire Prevention Officer, shows Chaplain (Maj.) Darin Olson how to operate a fire extinguisher at the Safety Day held at USAG Brussels, Oct. 21. More on page 4.



Time for some football

Students from SHAPE International School British Section square off against each other prior to competing against the Canadian and Norwegian Sections October 17.



Keith Houin



Keith Houin

Keith Houin

THE GAZETTE

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The Gazette is an unofficial publication published under the provisions of AR 360-1 for members of the Department of Defense. Contents of *The Gazette* are not necessarily the official views of, or endorsed by, the U.S. Government, Department of the Army or the USAG Benelux. *The Gazette* is a free weekly publication distributed via email every Monday. The editorial content of this publication is prepared, edited, provided and approved by the Chièvres Garrison and USAG Brussels Public Affairs Offices. It is published by the Public Affairs Office, Chièvres Garrison, Unit 21419, APO AE 09708. Telephone (0032) 068-27-5419/DSN 361-5419; fax DSN 361-5106. Everything advertised in this publication will be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher will refuse to print advertising from that source until the violation is corrected. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement of the products or services advertised by the U.S. Army. Submit content or story ideas to usarmy.benelux.imcom-europe.list.pao@mail.mil by Thursday at 3 p.m.

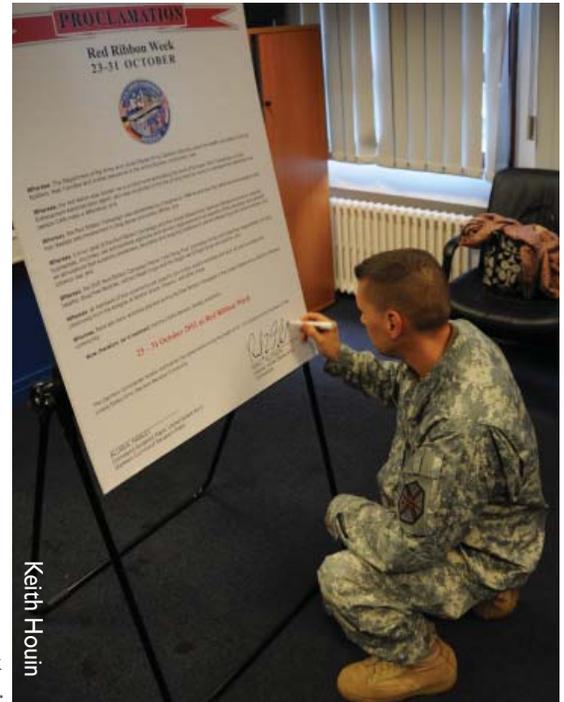
Red Ribbon Week: It's up to me to be drug free

Red Ribbon Week began yesterday and runs through October 31. The Red Ribbon Week campaign is the oldest and largest drug prevention campaign in the country.

Red Ribbon Week started as a tribute to Special Agent Enrique "Kiki" S. Camarena, a narcotics agent with the Drug Enforcement Administration. In 1985, Camarena was killed by drug traffickers in Mexico. In honor of Camarena's memory and his battle against illegal drugs, friends and neighbors began to wear red badges of satin.

The anti-drug message spread quickly, and in 1988, the National Family Partnership took the Red Ribbon Week celebration nationwide. The focus of the celebration is to educate individuals, families, and communities on the destructive effects of drugs and the positive life choices available.

In 1990, the Department of Defense joined in the national effort by commencing an award program to encourage service members to keep communities drug-free. This year's Red Ribbon Week theme is, "IT'S UP TO ME TO BE DRUG FREE".



Col. Rick Tillotson, U.S. Army Garrison Benelux Commander signs the Red Ribbon Week Campaign Proclamation October 19 at the Army Community Services conference room.



SHAPE International students graduate D.A.R.E

Mrs. Townsends and Mrs. Hilsep's 8th grade classes at SHAPE International School recently graduated the D.A.R.E.

D.A.R.E is a 10 lesson course. The lessons deal with the complexities and possibilities of daily life, the nature of choices to be made, the consequences that come with these choices, and the skills to act and reflect on one's choices. This course focuses on ways to deal with a specific set of problematic life situations - namely those involving internal and external pressure to use substances (tobacco, Marijuana, Alcohol and inhalants) and deal effectively with feelings of frustration and anger. The course also gives a better understanding of the health risks that also follow abusing these substances.

USAG Brussels Safety Day 2011

The second annual Safety Day brought together USAG Brussels and Host Nation safety personnel to provide numerous safety tips on home security, hazardous material, driving in Belgium and driving under influence to name a few.

“We work with the Host Nation Federal Police and Zaventem Fire Brigade on a regular basis,” said Marilyn Brulez, USAG Brussels Safety Officer and organizer of the event.

“That is the reason why they are here with us today as well,” Brulez added.

The Belgian Federal Police offered participants a ride in the roll over vehicle while others experienced the effects of a head on collision at 30 km/hr at the crash test provided by the organization ‘Responsible Young Drivers’.

The activities and the information that were made available on this Safety Day targeted not only safety training but also education and awareness.



(above) Harry White has his blood pressure checked at one of the information booths. (right) Participants experience the effects of rolling over in a vehicle. (background) Sgt. Brian Oliver gets ready to find out what a 30km/hr collision feels like. “The impact is more than I expected at this speed,” Oliver said.



Domestic violence challenges our nation and military

Domestic violence is a challenge to our nation and the military community, and in 1989 Congress designated October as Domestic Violence Awareness Month. DVAM evolved from the "Day of Unity" observed by the National Coalition Against Domestic Violence in 1981.

The consequences of each incident of domestic violence can be far reaching and long lasting. Victims may suffer negative physical and emotional responses for months or years after the abuse and friends and family members may experience emotional reactions as well. In most incidences, unit morale and that of the military community as a whole may be adversely affected. We take this time to highlight the nature and extent of domestic violence and the reporting options and services available to service members, DoD Civilians and their families. The two reporting options available are restricted and unrestricted reporting. With restricted reporting, the victim may report the abuse to a Healthcare Provider, Victim Advocate, Family Advocacy Program Manager, or Chaplain without the abuse being reported to law enforcement. The victim is still able to receive medical and mental health treatment as well as advocacy services, including emergency shelter. With an unrestricted report, the victim can receive all the mentioned services and the abuse is reported to law enforcement. The Victim Advocacy Program is available 24 hours a day/ 7 days a week at 0497-90-4762.

This year's DVAM theme "Together We Can End Domestic Violence: Act Now!" emphasizes the importance of community involvement in winning this fight. Combating domestic violence is an ongoing challenge. Contact Army Community Service on SHAPE in building 318 or at DSN 423-7593 to see how you can help.



Col. Rick Tillotson, U.S. Army Garrison Benelux Commander signs the Domestic Violence Awareness Campaign Proclamation at the Army Community Services conference room.

Current and upcoming road works in Mons area

Road works are going on at several locations in the Mons area. Works involve road repair or resurfacing. The schedule of the upcoming works around Mons is as follows:

Mons

Chaussée de Binche (N90) near the St Fiacre crossroads. Works will last through Nov. 10. On the N90 between Rue Léon Save and Chaussée du Roeulx, traffic and parking is forbidden in the direction Binche to Mons. Traffic will be diverted to the other side of the road and access to Chaussée du Roeulx will not be possible. Deviation will go on Avenue Reine Astrid, Boulevard Masson and Avenue de l'Hôpital. Going to Binche from Mons, instead of one way traffic, traffic will be in both directions and again access to Chaussée du Roeulx will not be possible. Deviation will go on Chemins à Baraques and Cure d'Air.

Havré

Rue de St Symphorien- Works will last for 10 days through Nov. 8.

Obourg

Rue du Taille Coleau- Works are scheduled to start Nov. 7 through 16.

Rue de Roumanie- Nov. 10 through 23.

Rue de l'Eglise- Nov. 16 through 24.

Hyon

Rue de la Genièvrerie - Nov. 22 through Dec. 5

Nimy

Chemin des Wartons - Nov 7 through 11.

Avenue des Tulipes and Rue Frérot - Nov. 7 through 11.

Cuesmes

Allée des Champs de Blé- Nov. 14 through 18.

Jemappes

Rue des Croix- Nov. 21 through 25.

Local community briefs

Radar Checks

The Belgian Federal Police will be checking your speed on the following dates and times:

27 Oct on Chaussée de Soignies, Silly

27 Oct on Chaussée de Bruxelles, Enghien

27 Oct on Rue de St Ghislain, Chièvres

Barber shop on Chièvres Air Base

Opening hours are:

Tue - Sat from 10 a.m. to 6 p.m.

Sun & Mon closed

For information, call DSN 361-5635 or civilian 068-27-5635.

Beauty Shop on Chièvres Air Base

Opening hours are:

Tue - Thur from 8:30 a.m. to 4:30 p.m.

Fri & Sat from 10 a.m. to 6 p.m.

Sun & Mon closed.

Barber and Beauty Shop at Family Care Center, Brussels

Opening hours are:

Tue - Fri from 9 a.m. to 5 p.m.

Each 1st and 3rd Sat from 9 a.m. to 5 p.m.

Each 2nd and 4th Sat closed.

Volunteers Needed

The Chièvres kennel is in need of volunteers mainly Fridays, Saturdays, Sundays and Mondays from 8 to 11 a.m. Duties include cleaning kennels, feeding pets and playtime. Must be over 16 years old to volunteer. Call DSN 361-5436 for more information.

Education

University of Phoenix

Degree Programs Offered:

Master of Business Administration

Master of Arts in Education/ Adult Education & Training

Master of Arts in Education/ Teacher Leadership

Master of Arts in Education/ Teacher Education (Elementary, Secondary, & Special Education)

Open to all SHAPE, NATO, Embassy ID holders

For more information stop by the

USAG Benelux Education Center, Bldg. 212, Rm 113

or call DSN: 423-4645.

University of Oklahoma

Next on-site course at SHAPE for the Master of Arts, International Relations program will be IAS 5940: Topics in International Studies: Contemporary China. The course will be November 15-20 and students will discover how China became an international financial power, better understand the Chinese perspective of Americans/Westerners, develop a basic understanding of the current social, political and economic situation in China. For more information, call DSN 423-3654 or civilian 065-44-3654.

Retiree Appreciation Day annual support activities and association luncheon to be held October 29

USAG Benelux will host its 20th annual Retiree Appreciation Day for all U.S. military retirees, surviving spouses, active-duty personnel planning retirement, and their family members from 9 a.m. to noon at the SHAPE Chapel Fellowship Hall, October 29. Registration and welcome coffee beginning at 8:30 a.m. The program features an update on command activities and services for the retiree community, particularly medical and dental care at local military clinics, TriCare for Life, and the Survivor Outreach Services program.

A Defense Finance and Accounting Service representative with direct access to the DFAS data bank in the United States will be available to review and make on-the-spot changes to DFAS financial records.

A representative from the Federal Benefits Unit in the US Embassy London (now responsible for servicing Social Security, Medicare and VA claims for us here in Belgium) is expected to be available to explain how the retiree community is supported by their office.

Northern Law Center personnel will outline how you can execute a Belgian living will as a U.S. living will is not valid in Belgium.

ID card, USAREUR privilege card, ration card and IACS registration updating will also be available. Access to the SHAPE compound via the main gate is authorized October 29 by display of military ID card and yellow USAREUR privilege card. For more information, contact USAG Benelux Retirement Services Officer at 065-44-45-75. Following the business portion of the day retirees, surviving spouses, active duty personnel planning retirement and family members are cordially invited to attend the Association of Retired Members of (US) Armed Forces in Belgium traditional appreciation day luncheon 12:30 p.m. at l'Escale Joseph Brasserie Restaurant. The restaurant is located in shopping center Les Portes de Maisières at Rue Grande 208F, 7020 Maisières. Lunch will be a two course meal including vol au vent with frites, and fondant au chocolat, with coffee. The price is €20 per person, € 18 for widows. Other beverages available at attendee's expense. Reservations required by October 26 to Chuck Westpheling at CIV 010-81-68-95 or charles.westpheling@usa.net.

SAVE ENERGY - SAVE MONEY

USAG Benelux and local community briefs



USAG Benelux Kickoff

Come join us for fun, cake and free prizes at the CFC campaign kickoff event Oct. 25 at noon at the PX lobby.

Unit transportation coordinators training

This training is mandatory for all unit transportation coordinators and will be held at the following dates and locations:

Oct. 26 at 1:30 p.m. at Bldg. 220. room 113 SHAPE

Oct. 27 at 1:30 p.m. at Bldg. 105, Chièvres Air Base

For more information, call DSN 361-6342 or 6309.

Abandoned vehicles on Chièvres Air Base

The following vehicles have been declared abandoned and are currently being stored at an impound lot. If you own, or know the person who owns one of these vehicles, please contact the Chièvres Military Police Station at DSN 361-5301 or Civilian 068-27-53-01. These vehicles are not for sale:

- Green Ford Escort
- Black Ford Explorer
- Black Volkswagen Golf

Suicide Prevention hotline in Europe

All active-duty military, civilians, family members and contractors can now reach the toll-free European National Suicide Prevention Lifeline by dialing DSN 118 from any Army garrison DSN phone or commercially via a toll-free European number, 00800-1273-TALK (8255). The toll-free number can be dialed from fixed-line telephones and most cell phones in Germany, Italy, Belgium, the Netherlands, and the United Kingdom. The toll-free number may not be reachable from all prepaid cell phones and some cell phone callers may incur charges. A live Internet-based chat service is also available at www.suicidepreventionlifeline.org.

All calls are confidential and will be answered by trained crisis counselors.

Harvest Time driving

Now through mid-December is harvest season. Roads will have increased traffic of slow moving vehicles which requires extra caution while driving. Distracted driving has become a major issue and increases your risk when driving in rural areas.

Volunteers Needed

The Chièvres kennel is in need of volunteers mainly Fridays, Saturdays, Sundays and Mondays from 8 to 11 a.m. Duties include cleaning kennels, feeding pets and playtime. Must be over 16 years old to volunteer. Call DSN 361-5436 for more information.



Sunday worship service schedule

SHAPE/Chièvres area

9 a.m. – Catholic Mass at SHAPE Chapel

10:15 a.m. - Anglican service at SHAPE Chapel

11:45 a.m. – Contemporary Protestant service at SHAPE Chapel

For additional information, contact the Chaplain's Office at DSN 361-5381.

Jewish Community Liaison: contact DSN 423-4938

Muslim Community Liaison: contact DSN 368-9814

Catholic Mass

Each Monday, Tuesday and Wednesday at

11:45 a.m. at the Daumerie American Chapel and

Thursday at 12:15 p.m. at the SHAPE Chapel.

Brussels area

10:30 a.m. – Protestant service at Chaussée de Louvain 13, St. Stevens Woluwe

CYSS Skies Classes

- **Badminton** for ages 9-15 starting Nov. 7 through Dec. 12 on Mondays from 4 to 5 p.m. at the Main Gym. Fee is \$20. Registration is open until Nov. 4

- **Basketball** for ages 6-15 from Dec. through Mar. Fee is \$40. Registration is open Oct. 24 - Nov. 25.

Sign-up at Parent Central Services, SHAPE Bldg. 503 Mon-Fri 9 a.m. to noon (appointments only) and 1:30 to 5 p.m. (walk-ins welcome). For information, call Parent Central Services DSN 423-5612 or civilian 065-44-5612 or DSN 423-5611 or civilian 065-44-5611.

Christmas Mailing Deadlines

SAM Parcels – Nov. 25

PAL Parcels – Dec. 2

Priority Parcels – Dec. 9

1st Class Letters – Dec. 9

Express Mail – Dec. 16

Renseignements - Information
Informatie - Informationen



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Madame THONUS
tél. : +32 (0)61 240 930
fax : +32 (0)61 215 909
marcheduperimetre@bastogne.be
www.bastogne.be

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Madame BANETON
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DSN 361-5419
Fax : +32 (0)68 275 106
www.usagbenelux.eur.army.mil

Participation - Deelname
Teilnahme

6 € / per.

Le paiement de 6€ par personne se fera le jour de la marche.
Payment of 6€ per person will be done the day of walk.
De betaling van 6€ per persoon zal de dag van de mars gebeuren.
Die Zahlung von 6 Euro pro Person wird am Tag der Veranstaltung erfolgen.



Visitez nos sites :

www.bastogne.be
www.usagbenelux.eur.army.mil

34rd
BASTOGNE DECEMBER
HISTORIC WALK

DECEMBER 10 - 2011

Par votre participation, vous soutenez les organisations d'aide aux vétérans
By participating, you support the organizations of assistance to the veterans.

Door deel te nemen, steunt u de hulporganisaties voor de veteranen.

Durch Ihre Teilnahme unterstützen Sie Hilfsorganisationen für Veteranen.



Hôtels à Bastogne

Hôtel Collin

Place McAuliffe
+32 (0)61 214 358
www.hotel-collin.com
hotel-collin@hotel-collin.com

Hôtel Melba

Avenue Mathieu
+32 (0)61 217 778
www.hotel-melba.com
info@hotel-melba.com

Hôtel du Sud

Rue de Marche
+32 (0)61 211 114
www.hotel-du-sud.be
hotel.du.sud@scarlet.be

Hôtel Léo at Home

Rue du Vivier
+32 (0)61 211 441
www.hotel-leo.com
info@wagon-leo.be

Hôtel Giorgi

Rue de Marche
+32 (0)61 216 222
www.giorgi.be
contact@giorgi.be

Le Merceny Motel

Chaussée d'Arlon
+32 (0)61 311 812
www.lemercenyhotel.be
info@lemercenyhotel.be

Toyland
Explore & Discover!

Come out to celebrate the Grand Opening of Toyland!
We will have Tic-Tac-Toe and Hopscotch games,
a hula hoop contest for most hoops and longest time,
and a jump rope contest/double dutch contest!!!

GRAND OPENING!

TOYLAND GRAND OPENING
WHERE: PXtra
DATE: SATURDAY, 29 OCTOBER 2011
TIME: 1300-1600

Rain or shine event and no pets please!

TRUNK OR TREAT

Monday, 31 October
Chievres Air Base

Carnival Rides Start 1600
Trunk Trail Opens 1730

No pets, No candles or open flames, No potentially hazardous items.
No homemade goodies. Please provide candy for 500 ghosts and goblins.

All Members of the SHAPE/Chievres Community are invited to set up a Trunk!
TOP 3 Trunk Decorating Contest - Great Prizes!

For more information:
Facebook: Chievres FMWR
DSN 361-5643, CIV 068.27.5643

This event is open to SHAPE Green & U.S. ID card holders - This is a correction to what was published in last week's Gazette

III BELGIAN NEWS III

III BELGIAN NEWS III

By **Cis Spook**

USAG Benelux Public Affairs

Belgian rail to cut 193 train services

The Belgian railway company will cut 193 train services in an effort to reduce its costs. The first cut will affect 170 trains in Belgium effective Dec. 2012. The second cut will concern 23 international trains and should be effective by 2014 but this still has to be discussed with the international partners. The railway company claims that this reduction will only affect 2,800 passengers and should save some 13 million Euros by 2015. The cuts should not impact on the jobs but retirees will not all be replaced. The trains that should be cancelled in the local area are:

- 8:49 p.m. train Ath to Mons
- 7:37 p.m. train Mons to Ath
- 5:24 a.m. train Mons to Braine-le-Comte
- 5:35 a.m. train Mons to Tournai
- 8:24 p.m. train Mons to Soignies
- 4:54 a.m. train Mons to Quévy
- 6:10 a.m. train Braine-le-Comte to Mons
- 10:06 p.m. train Charleroi South to Mons
- 9:49 p.m. train Namur to Mons
- 4:45 a.m. and 4:06 p.m. train Saint Ghislain to Mons
- 4:34 a.m. and 5:31 a.m. train Saint-Ghislain to Quiévrain
- 9:07 train Soignies to Mons.

Hard Rock Café

Hard Rock Café intends to open an outlet in Brussels. According to the American chain, the Hard Rock Café in Brussels should open in April next year. This will be the only Hard Rock Café in Belgium since the one in Antwerpen closed in 1997.

Artificial fuel tested in Obourg

A Belgian company is investing on the former Obourg cement factory site where it is building a pilot unit to produce artificial fuel. If this project reveals to be worthwhile, it may create some 60 jobs in the near future.

The company's motto "Change your car in waste" points to the company's objective to use the ultimate residues of a car to produce energy.

"The project objective is to develop a procedure to optimize the use of organic material that is produced

by the crushing of metal waste.

This is in fact waste that was not recycled so far," stated Pierre-François Bareel, research coordinator. This artificial fuel is not meant to be used in cars yet. The energy will first be used to produce the electricity on the Obourg site. If successful, the company will start producing in 2015.

2012 Tour de France bicycle race

The organizers of the Tour de France have released the 2012 route which will have a prologue and two stages in Belgium. The 2012 Tour de France will actually start in Liège, with a prologue on June 30 followed by a first stage from Liège to Seraing and a second one from Visé to Tournai.



Prestigious French award for Belgian singer

The Flemish singer Selah Sue has won the Prix Constantin, a prestigious French award. The prize is awarded to young artists who deserve more attention.

III BELGIAN NEWS III

III BELGIAN NEWS III

Until 30 October

- **Quick Expo in Brussels.** Quick hamburgers were born in Belgium in 1971 and the company is celebrating its 40th Anniversary with a display on the past and on the future of Quick. Event is held at Tour & Taxis on Avenue du port 86C. Open Mon., Tue., Wed., Thur. Fri from 11 a.m. to 5:30 p.m.; Saturday and Sunday from 10 a.m. to 6:30 p.m.

26-27 October

- **24hrs of cycling in Louvain-la-Neuve (correction to what was published in last week's Gazette).** This bicycle race is filled with live concerts and entertainment to encourage the cyclists as they ride through the day and night. For the complete program, check www.cse.be. There are three categories of bicycles: one is folklore with decorated bikes that don't ride during the night; one is race, these bikers compete for the best timing; one is humanitarian, these bikers defend a humanitarian organization and raise funds for their project.

28 October

- **Evening market in Renaix** from 6 to 10 p.m., downtown.

28-30 October

- **Halloween village in Besonriex (La Louvière)** on Place de la Chapelle au Puits starting at 6:30 on Friday and at 2 p.m. on Saturday and Sunday. This is the ninth edition of the Halloween festivities with arts & craft market, mystery walk in the woods, concerts, parade and much more.
- **Toys and infant items fair in Obourg** at the school on Rue des Ecoles Gymnase 52/54 from 9 a.m. to 4 p.m. Entrance fee is €2.

29 October

- **Hobby Time Exchange Fair in Brugge** at Sint-Lodewijkcollege on Magdalenastraat (50 booths) from 10 a.m. to 3 p.m. Entrance fee is €3.
- **Excalibur's Mystery in Mons.** Children as of 3 years old can try to get Excalibur's sword out of the rocket in the pedestrian area between 2 and 6 p.m. on Rue de la Chaussée and Rue de la Coupe. If they succeed, they become the King of the pedestrian area and win four VIP entry tickets to the Twilight 4 movie at Imagix in Mons on Nov. 16.
- **Halloween celebration in Erbisoeul** with parade and party. For information, call 0478/286344.
- **Night of the Lum'rottes (carved beets) in Quevaucamps.** Departure is as of 7:30 p.m. from the cultural center on Rue Joseph Wauters, 20. Walk the circuit lighted by candles in carved beets in a family atmosphere or attend the concert in the second part of the evening. Participating fee is €2.5 per adult, free for children.



Night of the Lum'rottes (carved beets) in Quevaucamps – October 29

- **Children's clothing market in Jurbise** at Salle Jacques Gallant on Rue du Moustier 8 from 1 to 5 p.m.
- **Halloween Activities in Saint-Symphorien** on Chaussée Roi Baudouin 252. Starting at 10 a.m. is a culinary workshop for children where they will make witches soup. Participants are required to register ahead of time at Sophie@lesateliershp.be. As of 11 a.m. workshop on carving pumpkins. As of 11:30 a.m. and throughout the day: open house of the workshops held throughout the year. At 4:30 p.m.: surprise.

30 October

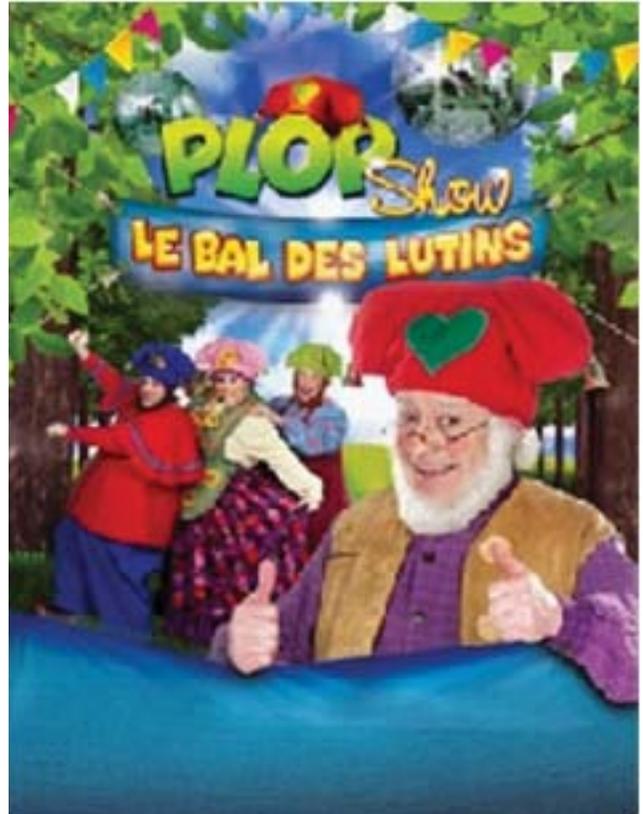
- **Military Memorabilia Fair in Ciney (400 booths)** known as to be the biggest one in Europe at Ciney expo on Rue du Marché Couvert 3 from 9 a.m. to 4 p.m.
- **Local products market in La Louvière** on Rue de Bouvy (80 booths) from 10 a.m. to 6:30 p.m.
- **Flea market in Brugge** at Sint-Lodewijkcollege on Magdalenastraat (120 booths) from 8:30 a.m. to 5 p.m.
- **Volksmarch in Ellignies-Ste-Anne** for 5, 10 or 20 km. Departure is from “La Pommeraie” on Rue Neuve 15 between 9 a.m. and 6 p.m.
- **Plop Show “The dance of the Elves” in Woluwe Saint Lambert.** Four elves will be entertaining the crowd with songs and dances on Rue Père Eudore Devroye, 2 as of 2 p.m. For children aged 3 to 14 years old. Fee is €10, 15 or 18. For information, check www.theatrestmichel.com.

31 October

- **Halloween walk in Silly.** Participants are encouraged to be in costume. Prior registration is required at silly@skynet.be. Children must be accompanied by an adult. Walk will start from the square, Place Communale 18 at 7 p.m. but participants are encourage to arrive 15 min. prior to departure. Face painting is available as of 6 p.m. Participation is free for the children, adult pay €2.5.

1 November

- **Flea market in Blaton** on the main square and neighboring streets (250 booths) from 6 a.m. to 2 p.m.
- **Flea market and antiques in Brugge** at Beurshalle on Hauwersstraat from 9:30 a.m. to 6 p.m. Entrance fee is €2.
- **Countryside Fair** (decorations, hobby & Fashion, tourism, garden decorations, arts & craft, culinary theater etc.) in Gent at Flanders Expo from 10 a.m. to 7 p.m. Entrance fee is €11.
- **Indoor Flea market and Antiques in Oudenaarde at Zaal qubus** on Lindestraat from 9:30 a.m. to 6 p.m. Entrance fee is €2.
- **Flea market in Waterloo** on the Carrefour parking lot as of 6 a.m.
- **Volksmarch in Rixensart** for 5, 11 or 16 km. Departs from the “Martin Luther King” on Rue de la Gare from 2 to 6 p.m.
- **Volksmarch in Deux-Acren (just North from Lessines)** for 5, 10 or 20 km. Departure is from the sportscenter “Complexe sportif des Camomilles” on Rue de l’Ordre from 9 a.m. to 6 p.m.
- **Volksmarch in Saint-Symphorien** for 5, 10 or 20 km. Departure is from the parish room on Rue Clerfayt between 9 a.m. and 6 p.m.



Countryside Fair in Gent – November 1

SHAPE Trips & Tours

For information on the trips below,
call DSN 423-3884 or civilian 065-44-3884.

- **India, October 28 - November 6 (Friday-Sunday, Fall Break)** - Ten days, nine nights all inclusive trip. This package includes: airfare, airport taxes and transfers, accommodations, all meals, all visits mentioned in the program, Rickshaw ride in Jaipur, horse carriage ride in Agra, magic show in Agra, city tour of Udaipur, visit to city palace, visit to SahelionOki-Bari, short tour of the religious city of Ajmer, visit of Fort Amber by jeeps/elephants, city tour of Jaipur, game drive into Ranthambore National Park, train excursion to Fatehpur Sikri and of course...the Taj Mahal. Price: (prices are per person) €2345 Double/Twin; €2830 Single; €2075 Child* (0-10) *With 2 paid adults in triple room. Visa Required. Stop by our office for a complete itinerary.



Ranthambore Fort

- **Paris with optional Catacombs, October 29 (Saturday)** - The Catacombs gather the remains of approximately six million Parisians, transferred between the end of the 18th century and the middle from the 19th century. Along a labyrinth of obscure galleries and narrow corridors, the visitor discovers the bones laid out in a "romantico-macabre" decoration. This underground museum restores the history of the Parisians and invites you to a voyage out of time. You can also spend the day in Paris exploring the many things it has to offer. Price: €60 Adults, €55 Youth Ages 14-17, €50 Child Ages 0-13, €50 without Catacombs Tour. Departs SHAPE at 7:15 a.m. and returns at 11:30 p.m.
- **Thermes de Spa, November 5** - A relaxing day at the Thermes de Spa. The entrance fee includes access to the spa, sauna, hammams and thermal spring. A variety of soothing spa treatments are available such as: Beauty treatments, Body treatments, Massages, Balneotherapy and figure/Self image treatments. Call and book your a la carte spa services ahead at +32(0) 87 772560. For more information on spa services and accommodations please visit <http://www.thermesdespa.com>. Price: €65 (no children under 6 years). Departs SHAPE at 7 a.m. and returns at 10 p.m.
- **Luxembourg City, November 12** - Start the day with a special stop at the legendary Villeroy and Boch tableware outlet to purchase high quality dishes for a low price. Enjoy the many historical and cultural sights of Luxembourg City. Explore the famous fortress walls, check out some of the 23km of hidden tunnels built under the city, take in a museum, or just enjoy a sidewalk café in this beautiful city. Price: €50. Departs SHAPE at 8:15 a.m. and returns at 10 p.m.
- **Amsterdam, November 19** - Spend the day sipping coffee in a café, visiting the Van Gogh Museum, relax in Vondelpark or rent a bike and tour the city on your own. Price: €40. Departs SHAPE at 7 a.m. and returns at midnight.

24 October

- **Stroller Time** - Bring your child and stroller for a walk on the SHAPE path from 10 to 11 a.m. from the ACS, Bldg. 318 on SHAPE.

25 October

- **ADHD Support Group** - meets from 12:30 to 1:30 p.m. at the Chièvres Army Lodge Conference Room This support group provides education and support in a safe and confidential environment. For more information and to register, contact ACS at DSN 423-7598 or civilian 065-44-7598.
- **Dads 101** - Bring your lunch and learn with other dads about taking care of your bundles of joy from 11:30 a.m. to 1 p.m. at ACS, Bldg. 318, SHAPE. For more information or to register, call DSN 423-5324 or civilian 065-44-5324.

26 October

- **Alcoholics Anonymous** - The English speaking SHAPE Alcoholics Anonymous Group meets on Wednesdays, from 7 to 8:30 p.m. at SHAPE, ASAP (Army Substance Abuse Program), Bldg. 342. Members support one another's 12 Step recovery program and freely share their AA story with newcomers. Family members, friends, and anyone interested in AA are welcome to attend. For a recorded message with telephone contact numbers, call 049-405-8137. For English speaking meetings in Brussels and throughout Europe see www.aa-europe.net.
- **Resiliency 101** - meets from 1 to 2:30 p.m. at Army Community Services Bldg 318 on SHAPE. To register contact ACS at DSN 423-7598 or civilian 065-44-7598.
- **Preschool Story Time** - Meets every Wednesday from 10 to 10:30 a.m. at the SHAPE International Library and helps preschoolers build confidence, learn socialization skills and make friends. There is no fee for this program. For more information, call the library at DSN 423-5631 or civilian 065-44-5631.
- **Page Turners Book Discussion Group** - Meets at 5:30 p.m. at the SHAPE International Library. The group will discuss *The Secret Life of Bees* by Sue Monk Kidd. Registration is not required and there is no fee for this program. For more information, call the library at DSN 423-5631 or civilian 065-44-5631, e-mail at shape.library@eur.army.mil or stop by during regular hours.
- **Breastfeeding Support Group** - Meets from 10 to 11 a.m. in the SHAPE Healthcare Facility second floor conference room. For more information, call SHAPE WIC Overseas at civilian 065-44-5971.
- **Infant Massage Class** - Meets every Wednesday at 11 a.m. in the SHAPE Healthcare Facility second floor conference room. Expectant mothers and mothers with newborns and older infants are welcome. Mats and oils are provided. No pre-registration is required. Open to all U.S., NATO and SHAPE ID cardholders. Call ACS DSN 423-4274 or civilian 065-44-4274 for more information.

27 October

- **The Illuminati: A Book Club for Preteens & Teens** - Meets at 4:30 p.m. at the SHAPE International Library. The group will discuss *Delirium* by Lauren. Registration is not required and there is no fee for this program. For more information, please call the library at DSN 423-5631/Civilian 065 44-5631, e-mail at shape.library@eur.army.mil or stop by during regular hours.

28 October

- **Alcoholics Anonymous** - The English speaking SHAPE AA Group meets on Fridays from 4:30 to 5:30 p.m. at SHAPE, ASAP (Army Substance Abuse Program), Bldg. 342. Members support one another's 12 Step recovery program and freely share their AA story with newcomers. Family members, friends, and anyone interested in AA are welcome to attend. For recorded message with telephone contact numbers, call 049-405-8137. For English speaking meetings in Brussels and throughout Europe see www.aa-europe.net.

31 October

- **Stroller Time** - Bring your child and stroller for a walk on the SHAPE path from 10 to 11 a.m. from the ACS, Bldg. 318 on SHAPE.

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New email address for the Gazette:
usarmy.benelux.imcom-europe.list.pao@mail.mil

AT USAG BRUSSELS

Fall Town Hall Meeting

USAG Brussels will host its fall 2011 Community Town Hall at the 3 Star Lounge on November 3 at 6 p.m. during Taco Night. Call DSN 368-9793 should you need further details on this important community event.

- **Taco Night** Taco Night is back at the 3-Star Recreation Center on USAG Brussels. Join us Thursday, starting at 5:30 p.m. Prices are \$8 for adults and \$6 for children 10 years and under. Children 2 and under eat for free. For more information contact the 3-Star Recreation Center at 02-717-9822 or DSN 368-9822.
- **Movie Night** Before you plan a trip to the movie theater, check out the listing of free first run movies being shown at the 3-Star Recreation Center. Movies are shown on Thursday and Friday evening beginning at 6 p.m. For more information contact the 3-Star Recreation Center at 02-717-9822 or DSN 368-9822.
- **Youth Sports** Youth Sports and Fitness has begun its fall sports seasons for cheerleading, flag football, and soccer. For more information on games and practice times please see your child's coach or contact the Youth Sports and Fitness office at 02-717-9680 or DSN 368-9680.
- **Transition Assistance Program (TAP)** workshop will be Oct 25-27 from 9 a.m. to 4 p.m. at the USAG Brussels ACS conference room. To register, call ACS at DSN 368-9783 or civilian 02-717-9783.

FITNESS CLASSES

All classes are held at the USAG Brussels Fitness Center in Bldg. 3 and are free of charge. For more information, call 02-717-9667.

- **New: Big Will's Body Shop** - Sessions are from 1 to 2 p.m. and from 2:30 to 3:30 p.m. every Monday, Wednesday and Friday.
- **Body Pump** - Every Saturday from 9:30 to 10:30 a.m. and every Tuesday from 6 to 7 p.m.,
- **Spin Class** - Every Monday and Thursday from 6:30 to 7:30 p.m.
- **Yoga** - Every Monday, Wednesday and Friday from 10 to 11 a.m.
- **Individualized Strength Training** - Every Tuesday and Thursday from 1 to 2 p.m.
- **Step Aerobics** - Every Wednesday, Friday from 6 to 7 p.m.
- **Zumba** - Every Saturday from 11 a.m. to noon and every Monday from 5:30 to 6:30 p.m.
- **Fitness Program** - through October 31. By joining the program you may be eligible for three hours of duty time per week to exercise. Application packets are available at the USAG Brussels Fitness Center.

The Fitness Center is open Monday through Friday from 5 a.m. to 8 p.m., Saturday and Sunday from 9 a.m. to 4 p.m. The Holiday hours are from 7 a.m. to 5 p.m. For more information, call the Fitness Center at DSN 368-9667.

FLU VACCINATIONS

Flu vaccinations were available now. Walk in to the SHAPE-Brussels Health Clinic on normal immunization days:

Tuesdays from 1 to 4 p.m.

Thursdays from 8 to 10 a.m.

Please take into account that you will have to wait for 15 minutes after your immunization is given. You also need to allow time for filling out all required forms. Due to heavy volume, there may be long lines for the immunizations.

Appointment line: DSN 368-9500 or civilian 02-717-9500.

Community Roundup: Brussels

Join us at the
US Army Garrison Brussels

AUTUMN FEST

**Friday
October 28
2011**



18:30-20:00	HAUNTED HOUSE (\$3 entry fee) <small>Scare yourself silly at our Haunted House (recommended ages 8+) Building 2 Top floor</small>
18:30-20:00	TRUNK or TREAT! <small>Don your Halloween costume & enjoy trick or treating and games (for younger kids). Contact brusselscounsignments@icm.com to register a decorated trunk.</small>
20:00-23:00	PARENTS NIGHT OUT <small>Contact CVSS for required registration & details at 02/717-9651, DSN/368-9651</small>
20:00-24:00	Adult Costume Party 18+ (\$5 entry fee) <small>with a FAMILY FRIENDLY Costume Contest (CASH prizes) at the Three Star Recreation Center. For more info, call 02/717-9822, DSN 368-9822.</small>

For more information contact:
the USAG Special Events Coordinator 02/717-9763

