

# THE GAZETTE

Published for members of the Chièvres Air Base, Caserne Daumerie, SHAPE and Brussels communities

## SHAPE High School Bingo

The SHAPE High School Scholarship Committee Polish Pottery Bingo is tomorrow, September 20 at the SHAPE International School Cafeteria. Doors open at 6 p.m. and games start at 6:45 p.m.

## Case Lot Sale

The Chièvres Commissary is holding a case lot sale September 30 and October 1.

## School Lunches

All U.S. families (of all ranks and family size) attending the DoDDS schools are invited to complete an application for Free and Reduced-Price (.40 cents per meal) lunches for the coming school year. Contact the School Liaison Officer at [slobenelux@eur.army.mil](mailto:slobenelux@eur.army.mil) for an application or call DSN 423-5635 or civilian 065-44-5635.

## Storage Units

Storage units of approximately 3 x 5 meters are available on Chièvres Air Base. The cost is \$75 per month and the duration is either 3 or 12 months. For a year rent, you only pay for 11 months. For more information, contact DSN 361-5643/6268 or civilian 068-27-5643 or 6268.

## Info Fair brings Host Nation and U.S. information to customers



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US Army Garrison Brussels held its annual information fair September 16. The facilities were turned into a large exposition hall to host over one hundred booths. During the fair, both U.S. and Belgian organizations provided hundreds of visitors information about the services they provide, handed leaflets and books about their facilities and gave suggestions about easing life in Belgium. The fair helps provide a better understanding of living and working in the capital city of Europe and aims at improving the quality of life of all members of the larger Brussels community. The Brussels Army Community Services have organized the event since the early 1990s and had kept expanding its scope since.

# ARMY SUICIDE PREVENTION MONTH: **Watching Out for Each Other**

**By Lt. Gen. Rick Lynch**

*Commander, U.S. Army Installation Management Command and Assistant Chief of Staff for Installation Management*

When I talk with garrison professionals who work in suicide prevention, they all have stories about the person who really made them realize the importance of what they do. There was the Soldier who seemed to have it all together, until one day he asked a course instructor, “When you’re driving home, do you think about wrapping your car around a tree?” And the Civilian supervisor with a stressful, high-visibility job, who did not want to attend the mandatory suicide prevention training because he did not want to admit to himself his own thoughts about suicide. And the Family member who felt desperately alone and overwhelmed during another deployment.

Most of the stories have happy endings—the people received the help they needed. When they didn’t, it was a hard, hard loss. Losing someone to suicide is doubly painful and confusing, as those left behind not only deal with the absence of their friend, loved one or coworker, but also with guilt and questions of what could have been done.

September is Army Suicide Prevention Month, coinciding with National Suicide Prevention Week Sept. 4-10. Suicide prevention is an institutional Army program, focused on this urgent issue year round, but this month the Army intensifies its efforts to make sure every Soldier, Civilian and Family member knows what resources are available to help those in need.

The Army has developed Ask, Care, Escort (ACE) training, to equip everyone to take care of a person at the point of crisis until a professional can assist. It is available through the garrison Suicide Prevention Program, as well as the Army’s Suicide Prevention website ([www.armyg1.army.mil/hr/suicide/default.asp](http://www.armyg1.army.mil/hr/suicide/default.asp)).

A number of other resources provide help with issues that can put a person at risk for suicide. These resources include the Army Substance Abuse Program, Army Community Service’s Financial Readiness Program, the Family

Advocacy Program, Military and Family Life Consultants, Behavioral Health, Soldier and Family Assistance Centers, and unit and garrison Chaplains.

Looking at the bigger picture, the Army has expanded the resources aimed at strengthening the overall resilience and well-being of our Army Family. More training is now available through the Comprehensive Soldier Fitness Program, which focuses on physical, emotional, social, family and spiritual strength.

The Army’s commitment to suicide prevention has resulted in some real policy and program changes that have reduced the number of people at risk. But as long as any member of the Army Family views suicide as a viable option, we still have work to do. From the Installation Management side we are strengthening programs that provide critical support. This includes hiring more ASAP counselors and Suicide Prevention Program Managers for installations worldwide, and revising the Total Army Sponsorship Program to help transitioning Soldiers, Civilians and Families build stronger connections with their new communities.

One key component to successful Army prevention efforts is fully engaged, committed leadership from top to bottom. Great leaders create a culture in which people observe standards and discipline, and also get to know and care about each other. They make sure policies are enforced, programs are run correctly and everyone gets the training they need to watch out for those around them.

Most critically, great leaders get out the message that it is a sign of strength to ask for help. We will keep repeating that every which way—in formations, during stand down days, on Facebook, in print, on radio and TV, at FRG meetings, at community events—until we have no more cause for saying it.

Every positive outcome starts with one person reaching out to another and finding strength and hope together. We are the Army Family and we take care of each other.

## THE GAZETTE

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## Combined Federal Campaign-Overseas to kick off in October

Celebrating its 50th anniversary, the 2011 Combined Federal Campaign-Overseas program, the world's largest charity campaign impacting the lives of military personnel and Family members, starts Oct. 3 and runs through Dec. 2.

CFC, the only authorized solicitation of federal employees in their workplaces, raises millions of dollars annually and features more than 2,500 charities. Every year, the CFC strives for 100 percent contact in order to achieve maximum contributions as required by law.

During last year's campaign, U.S. Army in Europe Soldiers and civilian employees contributed approximately \$2.2 million, with more than \$91,000 designated for the Family Support and Youth Programs.

An option unique for overseas donors, donations made to FSYP go directly to overseas military communities to help fund quality of life programs in local communities. One hundred percent of donations made to FSYP come back directly to the installation where the contributor lives and works.

CFC-O also offers contributors the opportunity to give using the traditional paper Pledge Card, which can be printed out on the website, or through e-Giving at [www.cfcoverseas.org](http://www.cfcoverseas.org).

The CFC-O representative for the USAG Benelux can be contacted at DSN 361-5998 or civilian 068-275998.



U.S. Pacific Command's Joint Service Color Guard renders honors during a wreath laying ceremony to show respect to the service members who sacrificed their lives.

**GIVE ONLINE AT [WWW.CFCOVERSEAS.ORG](http://WWW.CFCOVERSEAS.ORG)**

**CFC-Overseas  
October 3 - December 2**

## IN MEMORIAM



Jeffery Miser, 44, passed away Wednesday, September 14 at 8:30 a.m. in UCL Mont Godinne.

Miser grew up in Sairland, Oklahoma and entered the United States Air Force shortly after graduating High School. While assigned in Germany he frequently went TDY at the Air Base in Florennes, Belgium, where he met and later married Marie Bigot. He worked almost ten years within the USAG Benelux footprint at the Post Office and in 2010 he began working for USAG DHR- Administrative Services Division as a Management Analyst. He was the subject matter expert in the Defense Travel System and the Army Records Information System. He will always be remembered by his customers for his competence, reliability, and always placed their needs above his own. He will be greatly missed by everyone, whom by God's grace had a chance to know him.

He became a member of the SHAPE Harley Davidson Club shortly after its conception in September 2001. He also served the community for a number of years as a Motorcycle Safety Instructor. Motorcycling was more than a passion, it was a lifestyle he enjoyed living. Nothing made him happier than riding through the Swiss Alps and experiencing other motorcycle adventures with his wife Marie.

He is survived by his spouse, Marie Bigot, currently employed at the SHAPE Elementary School.

# Recognizing the symptoms of ADHD in children

**By E. Wayne Combs, Ph.D., Health Promotion & Wellness Portfolio**  
U.S. Army Public Health Command

Most healthy children occasionally have trouble sitting still, paying attention, or controlling impulses. Maybe you have noticed these behaviors in your own children. That's normal. But for some children, the problem is so bad that it interferes with their daily lives at home, at school and in social settings.

Attention-deficit/hyperactivity disorder, or ADHD, is characterized by not being able to pay attention, hyperactivity (highly or excessively active) and impulsive behavior (acting without thinking first).

There are three identified types of ADHD. Here are the symptoms for each type.

A child who has the predominantly inattentive type of ADHD exhibits the following symptoms:

- Fails to give close attention to details or makes careless mistakes.
- Has difficulty sustaining attention.
- Does not appear to listen.
- Struggles to follow through on instructions.
- Has difficulty with organization.
- Avoids or dislikes tasks requiring sustained mental effort.
- Loses things.
- Is easily distracted.
- Is forgetful in daily activities.

A child who has the predominantly hyperactive-impulsive type of ADHD exhibits the following symptoms:

- Fidgets with hands or feet or squirms in chair.
- Has difficulty remaining seated.
- Runs about or climbs excessively.
- Has difficulty engaging in activities quietly.
- Acts as if driven by a motor.
- Talks excessively.
- Blurts out answers before questions have been completed.
- Has difficulty waiting or taking turns.
- Interrupts or intrudes upon others.

Finally, children who have the combined type of ADHD meet both sets of inattention and hyperactive/impulsive criteria.

There is no simple test (like a blood test or a short written test) to determine whether someone has ADHD. Diagnosis can be difficult and should be made only by an expert (school psychologist, clinical psychologist, clinical

social worker, nurse practitioner, neurologist, psychiatrist or pediatrician) after an extensive evaluation. This evaluation should include ruling out other possible causes for the symptoms, a physical examination, and a series of interviews with the individual and other key persons in the individual's life (parents, spouse, teachers and others).

A diagnosis of ADHD can be very scary. However, with early diagnosis and the right treatment, including medication and appropriate counseling and behavior therapy, most children with ADHD grow up to be normal, successful adults. The best results usually occur when a team approach is used, with teachers, parents, therapists, doctors and nurses working together.

If you're concerned that your child is displaying signs of ADHD, talk to your pediatrician or primary care manager. Your doctor may refer you to a specialist, but it's important to have a medical evaluation first to check for other causes of your child's difficulties.

For more information on ADHD:

Attention-Deficit/Hyperactivity Disorder,  
<http://www.adhd.com/index.html>  
Centers for Disease Control and Prevention,  
<http://cdc.gov/ncbddd/adhd/>

## October 2011

### Domestic Violence Awareness Month



- ❖ Help victims of domestic violence by donating your gently used clothing (women, men and children), toys and kitchen items. **New** personal hygiene items are welcomed as well.
- ❖ Donations accepted through 26 October 2011 at the USAG Benelux ACS (SHAPE Bldg 318) and USAG Brussels ACS (Bldg 4).
- ❖ Donations will be given to local shelters for victims of domestic violence.
- ❖ For more information contact Victim Advocacy at DSN 423-7593 and 368-9684 or CIV 065.447593 and 02.7179684



TOGETHER WE CAN END DOMESTIC VIOLENCE. ACT NOW!



# USAG Benelux and local community briefs

## American Community Chorus

The Brussels American Community Chorus is seeking new singers. Adults and students 12 years and older are welcome, and all nationalities can join. No audition, and no experience needed.

The group rehearses every Monday beginning Sept. 26 from 7:30- to 9:00 p.m. in Kraainem.

Fall music includes "Christmas on Broadway," "Medieval Carol Fantasy," and traditional holiday carols and songs.

For details, contact Lamdm@attglobal.net.

## CYSS Skies Classes

Registration has started for the following classes:

- **Gymnastics** for 4 years and up starting Oct. 4 through Dec. 14.
- **Piano** for 6 years and up starting Oct. 4 through Dec. 15.
- **Tennis** for 6 years and up starting Oct. 3 through Dec. 16.
- **Karate** for 6 years and up starting Oct. 4 through Dec. 15.
- **Swimming** for 4 years and up starting Oct. 3 through Dec. 15.
- **Ballet** for 3.5 years and up starting Oct. 3 through Dec. 16.
- **Circuit Training** for 13 to 18 years old starting Oct. 3 through Dec. 16.
- **French** for 6 years and up starting Oct. 3 through Dec. 16.
- **Play and Fitness** for 6 to 12 years old starting Oct. 3 through Dec. 16.

Sign-up at Parent Central Services, SHAPE Bldg. 503 Mon-Fri 9 a.m. to noon (appointments only) and 1:30 to 5 p.m. (walk-ins welcome). For info call Parent Central Services DSN 423-5612 or civilian 065-44-5612 or SKIESUnlimited Instructional Programs Specialist at DSN 423-5611 or civilian 065-44-5611.

## Local radar checks

The Federal Police will be checking on your speed at the following locations, September 21:

- On Rue de Grammont, Silly, both directions,
- On Rue des Masnuy, Jurbise, both directions,
- On Rue Ph. Darras, Lens, both directions.

## U.S. Air Force celebrates 64 Years

*By Senior Master Sergeant Marion Shell*

The theme for this year's Air Force Ball is "64 Years and Beyond" and the event open to SHAPE ID cardholders, will be held at the SHAPE Club, October 8.

While, to many, the Air Force Ball may sound like another banquet or reason to be in formal or semi-formal dress uniforms, the event is planned to give U.S. Airmen a chance to celebrate their heritage. Between a high operations tempo and the extended deployments of our Airmen, many of them don't get an opportunity to share in the celebration with family, friends, and allies.

The easiest thing for our Soldiers, Sailors, Airmen, and Marines to do after work is to go back to their dormitories or homes. Those who have served in, and supported our Air Force family for several years give stories about the "old" Air Force, where there was more camaraderie: Airmen frequented the base clubs on a daily basis and there was a stronger sense of pride to be part of their respective units. The Air Force Ball planning committee hopes to show that those traditions live on today as they did when they began 64 years ago.

We hope members of our U.S. sister services and allied and partner nations will take advantage of this unique opportunity by joining us in the celebration and allowing us to share a bit of our heritage and culture.

There will be a vast selection of spirits available during cocktail hour and a formal sit down-dinner. An Air Force Band solo pianist will provide entertainment, along with a DJ who will play the latest hits all night.

Admission is €15 for OR-1 to OR-4, €25 for OR-5 & OR-6, €35 for OR-7 to OF-2 and €45 for OF-3 and above. Attire is semi-formal/mess dress for service members and black tie/formal for civilians. Childcare is available but limited and requires pre-registration at DSN 366-6655.

For more information and to purchase tickets contact:  
 AFELM: DSN: 366-6188  
 USNMR: DSN: 361-5402  
 Chièvres: DSN 361-5402  
 SHAPE: DSN: 423-4593  
 Brussels: DSN: 365-9428  
 NCSA: DSN 423-4760  
 Glons: +32 (0) 4 289 9314



## Sunday worship service schedule

### SHAPE/Chièvres area

9 a.m. – Catholic Mass at SHAPE Chapel  
 10:15 a.m. - Anglican service at SHAPE Chapel  
 11:45 a.m. – Contemporary Protestant service at SHAPE Chapel  
 For additional information, contact the Chaplain's Office at DSN 361-5381.

Jewish Community Liaison: contact DSN 423-4938  
 Muslim Community Liaison: contact DSN 368-9814

### Catholic Mass

Each Monday, Tuesday and Wednesday at 11:45 a.m. at the Daumerie American Chapel and Thursday at 12:15 p.m. at the SHAPE Chapel.

### Brussels area

10:30 a.m. – Protestant service at Chaussée de Louvain 13, St. Stevens Woluwe

# Early intervention is key in child's development

**Special to the Gazette**

Most parents gaze into the eyes of their newborn child and envision high hopes for their child. For some parents, however, that expectation may change when they see their child isn't crawling as soon as other children, hasn't started talking when others have or isn't quite as social as most toddlers in his class. Every baby and child develops at his or her own pace emotionally, intellectually and physically. However, most children reach developmental milestones during specific periods of time. When a child does not exhibit a certain skill within the same window of time that most children do, the child may be at risk for a developmental delay.

So what should parents do if they are concerned about their child's developmental progression? When children age birth to three years old are thought to have or be at risk for developing a condition which might impact their development, early intervention services can help parents identify and minimize these potential delays. The goal of early intervention services is to decrease the effects of any condition which might limit a child's development. It's important to begin intervention services as early as possible because a child's rate of learning and development is very rapid during the early years. Early intervention is also important because children learn developmental skills in a consecutive manner. For example, a child needs to learn how to sit up on her own before she is able to then pull herself

up and stand on her own. If the most teachable periods of readiness are not taken advantage of, a child may have even greater difficulty learning the same skill later on.

Parents can also become worried about their child's development after the age of three. Many times there is a hope that waiting may clear up a host of possible weak skills, such as slow language development, speech that is unclear, or very short attentions spans. Many times waiting for children to "blossom" is the right thing to do. However, there are times when waiting is not advised. There are also screening, evaluation and intervention services offered to parents and children after the age of three through the local Department of Defense Dependents Schools (DoDDS) in your area. The DoDDS special education team services students who are space-required for educational placement.

If you are concerned about your child's development, talk to your pediatrician or primary care physician as a first step. For more information, contact Educational and Developmental Intervention Services (EDIS), located at the SHAPE Health Clinic, DSN 423-5936 or civilian 065-44-5936 or your local DoDDS school. The Exceptional Family Member Program (EFMP) Coordinator can also help families identify local resources and provide information about services that are available locally. Call ACS EFMP for more information at DSN 423-7598 or civilian 065-44-7598.

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## Annual training is available for winter driving

All drivers that operate Government Vehicles need to attend the annual training on winter driving. The schedule of the upcoming classes is as follows:

<b>INSTALLATION</b>	<b>DATES</b>	<b>TIMES (AM)</b>	<b>TIMES (PM)</b>	<b>LOCATION</b>	<b>LANGUAGE</b>
SHAPE	6 Oct 11	0900-0930	1330-1400	Bldg 220 Room 113	English
SHAPE	6 Oct 11	1000-1030	1430-1500	Bldg 220 Room 113	English
SHAPE	6 Oct-11	1100-1130	1530-1600	Bldg 220 Room 113	French
SHAPE	13-Oct11	0900-0930		Bldg 220 Room 113	English
SHAPE	13 Oct 11	1000-1030		Bldg 220 Room 113	English
SHAPE	13 Oct 11	1100-1130		Bldg 220 Room 113	French
Chievres	20 Oct 11	0930-1000		Bldg 30 Auditorium	English
Chievres	20 Oct 11	1030-1100		Bldg 30 Auditorium	French
Chievres	27 Oct 11	0930-1000		Bldg 30 Auditorium	English
Chievres	27 Oct 11	1030-1100		Bldg 30 Auditorium	French

Spaces for the SHAPE training sessions are limited. Prior registration can be made by calling DSN 366-6175 or 6603. Don't forget to bring your driver's license with you.

# Protect yourself from liability when renting a car

*Special to the Gazette*

Official government travel often requires the use of a rental vehicle. It is important to do the following so that, in case of an accident, you, or your unit are not held financially responsible for damage to the vehicle:

- Seek a rental company that participates in the US Government Rental Car Agreement. This agreement provides comprehensive insurance for the rented vehicle. Participating companies in Belgium currently include: Europcar and Enterprise. They also offer an approved TDY rate. In the event of any damage or an accident while on TDY orders, the customer is removed from any liability and there is no deductible. Information about rental cars is available online at <https://www.defensetravel.dod.mil/Rental>.
- You must provide the rental company with official travel orders. This is the most important thing you can do to ensure that you will not be held responsible for damage to the rental vehicle. Providing your orders will inform the company that the US Government Rental Car Agreement will apply in the event of an accident or other damage. Inform the company if you are taking the vehicle outside the country, as this might otherwise void the insurance. Please note that you may still be held responsible if the loss or damage is caused by fraud, misrepresentation, influence of intoxicants or prohibited drugs, malicious intention, illegal use, etc.
- If you do not have access to a participating rental company and you do not have a Government credit card, then you must purchase insurance coverage from the company. In this case, the Joint Federal Travel

Regulation allows reimbursement of rental insurance fees overseas. This expense can be claimed on a TDY travel claim.

- You must provide the rental car company with your unit address and telephone number. In the event you are involved in an accident that causes damage to a rental vehicle, make sure to do the following:
  - Call the local Police. A Police report is required.
  - Collect the other driver's personal and insurance information.
  - Notify the rental company of the incident promptly and keep a record of the company representative who assisted you. Under the US Government Rental Car Agreement, rental car companies must provide a toll-free emergency contact number to renters.
  - Fill out a rental company accident report when requested.
  - Notify your unit as well as the military claims office. Provide all information from all parties involved and copies of police reports as soon as possible after the accident.

Remember, accidents do happen. It is important to be aware and well prepared. Reserve the rental vehicle well in advance and disclose your official travel orders and business information. For personal travel, you may choose to purchase insurance with the rental company. Doing so reduces your liability to the deductible and leaves you without a claim on your own insurance.

For additional questions, contact the Northern Law Center Claims Office at DSN 423-4061 or civilian 065-44-4061.

## First Garrison Employee Development Program event kicks off

Leaders of the US Army Garrison Benelux are providing the workforce a new opportunity to develop their skills and understanding of their duty station through the new garrison employee development program that kicked off at Caserne Daumerie, September 15. Based on the Army values and aimed at providing insight as to how the garrison fits in the big Army and NATO pictures, the training event was a first for the garrison workforce. Community members introduced themselves to the audience, participants learned about families in the garrison, and civilian employees described their commitment to the success of the garrison. The audience also watched videos and learned about expectations from the Installation Management Command and U.S. Army in Europe commanding generals in areas as support to families, Army values and partnerships. Joe Troxell, a long time employee of the garrison and member of the larger SHAPE/Chièvres community, manages the new program and plans on hosting similar events in the future to provide his colleagues a better understanding of who the garrison is as a unit, as a family, and as a winning community.



Cis Spook

(left) Pfc. Marcus A. Fritts and Adèle Tiberghien, both working at DES, take a "Benelux Pride" key chain as a souvenir of the event. (below) Col. Rick L. Tillotson addresses personnel members on how the garrison fits in the big Army.



Cis Spook

# Education

## University of Maryland

Are you a degree seeking UMUC student? Have you completed LIBS150 Introduction to Research? If not, this one credit hour seminar is a required general education requirement for UMUC graduates and is being offered this month. This hybrid class will meet on SHAPE from 9 a.m. to 4 p.m. on September 24, and is being taught by Professor Joseph Naas. There is no textbook needed. If you would like to enroll, please contact your UMUC SHAPE Field Representative at DSN 423-5173, civilian 065-44-5173 or shap@europe.umuc.edu.

### Field study

Field study courses give students the opportunity to explore fascinating locations in Europe while earning university credit. Upcoming field study courses include ENGL 288B/388B Expatriate Writers in Venice: 1800 to Present, held on October 15-22 in Italy, and ENGL 288J/388J Dublin, Ireland: A Brief Literary History, held on October 15-22 in Ireland. The registration deadline for both courses is September 25. For details, visit [www.ed.umuc.edu/fieldstudy](http://www.ed.umuc.edu/fieldstudy).

### Contact Information

For more information on registration, book awards, field study and services, contact a local UMUC Europe field representative, visit [www.ed.umuc.edu](http://www.ed.umuc.edu), or contact UMUC at DSN 314-370-6762 or civilian +49-(0)6221-3780.

### Functional Academic Skills Training

The FAST Class is an on-duty education program that assists Soldiers in improving their reading, writing, mathematical and test-taking skills. The goals are to:

- Raise GT scores for career advancement and reenlistment purposes.
- Improve writing and mathematical skills in preparation for ALC.
- Enhance education related skills in preparation for enrolling in college, vocational apprenticeship and/or technical training.

A Soldier may be referred by a commander or may self-elect to enroll in the FAST Class. The Soldier will then schedule and take a Test of Adult Basic Education (TABE) with the Education Center Testing Office (DSN: 423-5501). An enrollment form signed by a supervisor/commander is required for attendance. Stop by the USAG Benelux Education Center on SHAPE, Bldg. 212, Room 128 for more details and to enroll. Deadline to enroll is September 14. Classes start September 28.



Degree Programs Offered:

- Master of Business Administration
- Master of Arts in Education/ Adult Education & Training
- Master of Arts in Education/ Teacher Leadership
- Master of Arts in Education/ Teacher Education (Elementary, Secondary, & Special Education)

Open to all SHAPE, NATO, Embassy ID holders

For more information stop by the USAG Benelux Education Center, Bldg. 212, Rm 113 or call DSN: 423-4645

Course for Master of Arts, International Relations:

## Seminar in Economic Geography: Plants and Man

GEOG 6230 September 27 – October 2, 2011

### Professor: Bruce Hoagland, Ph.D.

- Discover why there was such greed and political manipulation to control the spice trade nearly 400 years ago
- Explore the ever-evolving economic, political, and cultural relationship between Americans and their timber resources
- Understand the use of plants as economic commodities



For more information about the Master of Arts, International Relations, please contact:



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DSN 423-3654 or 065.44.3654  
apshape@ou.edu

The University of Oklahoma  
OUTREACH  
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**||| BELGIAN NEWS |||**

**||| BELGIAN NEWS |||**

**By Cis Spook**

*USAG Benelux Public Affairs*

**Belgian politics**

After 458 days of political crisis, the negotiators came to an agreement about the most thorny issue, i.e. the split of the electoral district Brussels-Halle-Vilvoorde. The most significant decisions are:

- There will be an electoral district of Brussels which will include the nineteen bilingual Brussels communes. There will also be an electoral district Flemish-Brabant, composed of the district of Leuven and the 35 communes in the Halle-Vilvoorde area. This split is valid for the elections of the House of Representatives and the European Parliament, not for the Senate.
- Residents of six communes with linguistic facilities can choose if they vote on Brussels or Flemish-Brabant lists. Francophones in other communes cannot do so.

Negotiators can now focus on the next issues in their effort to form a new government.

**Belgian number 8 on the list of the world's richest citizens**

The average Belgian has 85,859 Euros in financial assets according to the insurance group Allianz. The Swiss top the rankings with an average fortune of 135,558 Euros per person. Switzerland is followed by Japan and the United States. Germany nor France made it into the top 10.

The average per capita debt in Belgium is 18,371 Euros according to the report compiled by Allianz. Taking into account the Belgian's debts, the per capita assets equal 67,488 Euros. This puts Belgium in 4th place on the list of the world's richest citizens.

**Belgian Prime Minister**

Belgian Prime Minister Yves Leterme announced last week that he is leaving Belgian politics and will become Deputy Secretary General of the OECD, Organization for Economic Cooperation and Development. Leterme said he will not leave until a new Government is formed but a target date has been set at December 31 if his appointment is approved by the Ambassadors of the OECD member countries who will vote this week.

**Ban on smoking in pubs**

It has been over two months now since Belgium intro-

duced a ban on smoking in pubs and 93% of the pubs are in compliance. Installing a separate smoking room where it is allowed to smoke is more popular with pubs than with restaurants.

Seventeen per cent of the premises checked had set out a separate smoking room. Pub owner or customers who allow smoking or light up themselves now risk a 1,650 Euros fine for every violation.

**Bus under fire in Anderlecht**

A bus belonging to the Brussels local transportation company came under fire in Anderlecht last week. It is thought that the vehicle was shot at using buckshot.

The incident happened in the vicinity of the Westland Shopping Center around 6 a.m. As a result, fewer services operated on line 89 for a while. Officers of the local police as well as members of the company's own security force were deployed to guarantee passenger safety.

**Davis Cup**

The Belgian national tennis team will not play in the Davis Cup World Group next year. By yesterday afternoon, Belgium was 3-1 down against Austria and no longer able to achieve a satisfactory outcome.

Belgium is now relegated from the World Group and will play in the Euro-African zone next year.

**Bicycle Bar in Mons**

In order to increase people's awareness on mobility,



Courtesy Photo

the local green party in Mons proposed a creative way to go from one market to the other last Sunday: a bicycle bar on which customers are biking while enjoying a fruit juice. The price to get a ride was for the customer to give an original idea to improve

mobility. The bicycle bar was a one time event in Mons but it can be seen at many events in the Netherlands.

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**KEEPING YOU CONNECTED**

*The Official Website of the American Forces Network Benelux*

**[benelux.afneurope.net](http://benelux.afneurope.net)**

**Brussels: 101.7 FM – Chièvres 107.9 FM – SHAPE 106.5 FM and 104.2 FM**

**Until 30 September**

- **Harvest your raspberries, strawberries and flowers yourself in Anderlecht** on Rue du Pommoeur 463B. Open Mondays, Tuesdays, Wednesdays, Saturdays and Sundays from 2 to 6 p.m. For additional information and to check what is available for harvest, go to <http://www.fruit-time.be/index.php/en>.

**Until 2 October**

- **Labyrinth in a corn field in Barvaux-sur-Ourthe**. On Rue Basse Commène, open every day from 10:30 a.m. to 7:30 p.m. throughout 31 August as well as weekends in September, 27 September and 1 and 2 October. Entrance fee is €9.50 per adult, €7 per child under 1m50, free for children under 3. This year's theme is Robin Hood. For additional information, check <http://www.labyrinth.be/en/home.html>.

**23 September**

- **Evening market in Tournai** on Plaine des Manoeuvres from 6 to 10 p.m.

**24 September**



Courtesy Photo

- **Commemorative ceremony in Wereth** starting at 11 a.m. honoring the eleven African American Soldiers who were killed by the German SS during the Battle of the Bulge. These 11 Soldiers were part of a unit that was re-activated in the regular Army as a 155-mm howitzer battalion a year before their deployment.

In their first 6 months of combat, they were separated from their unit while evading the Germans. While looking for food and shelter, they approached the Mathias Langer house in Wereth, and the family took them in. About an hour later, a German patrol approached the house. The Americans surrendered, were taken out, and were shot and dumped into a ditch where their bodies remained until mid-February. The official report noted they had been brutalized, with broken legs, bayonet wounds to the head, and fingers cut off.

- **Flea market in Baudour** (230 booths) at the parc Communal from 6 a.m. to 6 p.m.
- **Flea market in Graty (Silly)** (160 booths) in the center of the village from 6:30 a.m. to 5 p.m.
- **Flea market and Arts & Crafts in Havré** (70 booths) on Rue de la Goulette from 8 a.m. to 6 p.m.
- **Flea market in St Gilles** (200 booths) at Quartier Ma Campagne from 7 a.m. to 6 p.m.
- **Flea market in Strépy-Bracquegnies** (80 booths) on Rue de Nivelles from 7 a.m. to 6 p.m.

**24-25 September**

- **Display and sale of rare plants in Celles (Tournai)** on Rue de la Feuillerie, 1 from 10 a.m. to 6 p.m.
- **Flea market in Molenbeek-St-Jean** (150 booths) on Rue Osseghem (upper part) from 6 a.m. to 6 p.m.
- **Medieval Fest in Estinnes-au-Mont** on Chaussée Brunehault 232 from 11 a.m. to 6 p.m. with a military camp, combat demonstrations, artillery, fire-eaters, former crafts demonstration, medieval market on both days.

On Saturday morning is a falconer's demonstration and you can watch and try archery. A medieval banquet is also scheduled for Saturday as of noon but prior registration needs to be made by calling 064/311326. On Sunday: bagpipers and medieval fencing. No entrance fee.

**Journées Froissart**  
**Fête Médiévale**  
 24 et 25 septembre 2011  
**Estinnes-au-Mont**

Les compagnons de la cour des miracles  
 Les Médic Tr'Art  
 Les Heaumes d'azur  
 Les archers de Cervia  
 Les compagnons de la 'Borne argenteé

11h-18h  
**Entrée gratuite**  
 Renseignements et réservation banquet: 064/311.326  
<http://fete-mediévale-froissart.skynetblogs.be>

25 September

- **Flea market in Brugge** (200 booths) near the train station from 6 a.m. to 6 p.m.
- **Flea market in Ath** on Place de Lorette from 9 a.m. to 6 p.m.
- **Flea market, Arts & Crafts and collectors' items in Hélécine** (280 booths) at the Château from 6 a.m. to 6 p.m.



Cis Spook

- **Flea market in Manage** (500 booths) in the center of town from 8 a.m. to 6 p.m.
- **Flea market in Mons** at the Parking Imagipark from 5 a.m. to 6 p.m.
- **Flea market in Soignies** (70 booths) on Place van Zeeland from 6 a.m. to 2 p.m.
- **Flea market in Wasmuel (Quaregnon)** (150 booths) on the main square and neighboring streets from 6 a.m. to 6 p.m.
- **Flea market in Casteau** (90 booths) on Place des Castellais (Chaussée de Bruxelles) from 8 a.m. to 5 p.m.
- **Flea market in St Vaast** (60 booths) on Place Victor Gondat from noon to 7 p.m.
- **Flea market in Herchies** (200 booths) on Rue des Ecoles, Rue des Ecosais and Rue Dr. Fontaine from 8 a.m. to 6 p.m.

- **Flea market in Gougnies** (350 booths) in the center of village from 6 a.m. to 6 p.m

- **Flea market in Lens** (70 booths) on Place de la Trinité from 6 a.m. to 6 p.m.
- **Flea market in Maurage** (100 booths) at Quartier du Champ-Perdu and Rue des Braicheux from 7 a.m. to 4 p.m.
- **Gourmet volksmarch in Quévy**. Route is about 8 km through the Quévy countryside with six culinary stops and musical entertainment. Departure is from the main square. Cost is €39 per adult; €20 per child under 12 years old. All proceeds go to the Make-a-Wish Association. Prior registration is mandatory and can be done by sending an email at coq24@hotmail.com.
- **Folkloric procession in Nimy** starting at 4 p.m. in the streets of Nimy.
- **Volksmarch in Pâturages** for 5, 10 or 20 km. Departure is from the 'Salle Culturelle' on Place du Peuple 3 from 8 a.m. to 6 p.m.
- **Volksmarch in St Symphorien** for 6, 12, 20 or 30 km. Departure is from Salle Calva on Chaussée Roi Baudouin from 7:30 a.m. to 3 p.m.
- **Volksmarch in Braine le Comte** for 5, 10 or 20 km. Departure is from the Notre Dame School on Rue des Viviers from 9 a.m. to 6 p.m.
- **Volksmarch in Thuin** for 5, 10 or 20 km. Departure is from the school on Rue Crombouly 45 from 9 a.m. to 6 p.m.
- **Volksmarch in Tourpes** for 5, 10 or 20 km. Departure is from "La Tourette de Pommeraié" on Rue Royale 52 from 9 a.m. to 6 p.m.

Gourmet Volksmarch in Quévy - 25 September

# SHAPE Trips & Tours

For information on the trips below,  
call DSN 423-3884 or CIV 065-44-3884.

Events & Happenings

- **London, September 24.** (Saturday) A day of free time in the city of endless attractions: Buckingham Palace, Big Ben, Westminster Abbey, Trafalgar Square, Tower Bridge, St. Paul's Cathedral. Price is €65. Departs SHAPE at 6 a.m. and returns at 1 a.m. (Sunday).
- **Windsor Overnight with Ascot Racecourse, October 1-2** (Saturday – Sunday) For almost 250 years, Royal Ascot has established itself as a national institution, being the ultimate stage for the best racehorses in the world. Enjoy viewing a horserace on day one of this trip. After a night and a breakfast in a nearby hotel, explore the city of Windsor or the Windsor Castle, which is the largest and oldest occupied castle in the world and is one of the official residences of the Queen. Price is €200 Single room, €175 Double/Twin/Triple, €150 Child 3-12 years\*, €110 Child 0-2 years\*when sharing with 2 adults. Departs SHAPE at 6:15 a.m. (Saturday) and returns at midnight (Sunday).
- **Belgium's Only Castle Wine-tasting and Dinner , October 8** Visit the only wine castle in Belgium. The Genoels-Elderen wine castle is situated next to the old Roman military highway between Tongeren and Maastricht. The climate here is apparently ideal for the cultivation of the best grapes. Even the Romans made wine here. With about 24 hectares of vineyards the Genoels-Elderen castle is the largest wine domain in the country. Expert guides take you through the park, the vineyards, the rose garden, the distillery, the press house and the 13th century wine cellars. You'll have a nice wine tasting here. Around noon we'll have a dinner with fresh pink salmon and parma ham, Maincourse Rumsteak with cave mushrooms a la crème and dessert. After the dinner we head to the historic farm "Apostelhoeve". "Apostelhoeve" is located in the South of Maastricht near the Belgian border. During the Roman time the vineyard of the Apostelhoeve was already covered with grapevines. Productive vineyards settled in Maastricht in 1967 after a long period of neglect. You can view the vineyards and the wine cellar followed by a wine tasting. Price: 80 €. Departs SHAPE at 6:15 a.m., and returns at 7:15 p.m.



Archive Photo

Amsterdam

- **Amsterdam With optional Anne Frank House, October 15** Explore Anne Frank's hiding place. Wander around the labyrinth of hallways, stairs and little rooms. Inspect the furnished rooms and listen to the stories of those who hid there, and their helpers. Or visit the Van Gogh Museum, sip coffee at the worlds best cafes and enjoy a day of leisure in this beautiful city. Price: Amsterdam only: €42, with Anne Frank House: € 52 adult, € 47 10-17 years, € 42 0-9 years. Departs Shape at 7 a.m. and returns at 11 p.m.

- **Xanten & Cologne, October 22** The day begins in Germany's biggest archaeological open-air museum Xanten on the site of the ancient Roman city of Colonia Ulpia Traiana. It was one of the most important cities in the Germanic provinces of Rome in antiquity. During its height, it was home to more than ten thousand people whose history can be reconstructed from the traces they left in the ground.

After this trip into history, spend some free time in Cologne for sightseeing, shopping or enjoying a Kölsch. Visit the world known Cathedral and other innumerable cultural and historical treasures, world-famous museums and active art scene. Price: €65 Adults, €57 Children 0-17 years. Departs SHAPE at 6 a.m. and returns at 11:30 p.m.

- **India, October 28 - November 6 (Friday-Sunday, Fall Break)** Ten days, nine nights all inclusive trip. This package includes: airfare, airport taxes and transfers, accommodations, all meals, all visits mentioned in the program, Rickshaw ride in Jaipur, horse carriage ride in Agra, magic show in Agra, city tour of Udaipur, visit to city palace, visit to SahelionOKi-Bari, short tour of the religious city of Ajmer, visit of Fort Amber by jeeps/elephants, city tour of Jaipur, game drive into Ranthambore National Park, train excursion to Fatehpur Sikri and of course...the Taj Mahal. Price: (prices are per person) €2345 Double/Twin; €2830 Single; €2075 Child\* (0-10) \*With 2 paid adults in triple room. Visa Required. Stop by our office for a complete itinerary.
- **Paris with optional Catacombs, October 29 (Saturday)** The Catacombs gather the remains of approximately six million Parisians, transferred between the end of the 18th century and the middle from the 19th century. Along a labyrinth of obscure galleries and narrow corridors, the visitor discovers the bones laid out in a "romantico-macabre" decoration. This underground museum restores the history of the Parisians and invites you to a voyage out of time. You can also spend the day in Paris exploring the many things it has to offer. Price: €60 Adults, €55 Youth Ages 14-17, €50 Child Ages 0-13, €50 without Catacombs Tour. Departs SHAPE at 7:15 a.m. and returns at 11:30 p.m.

**20 September**

- **Homeschool Extras Program** - Starts today and will go through Dec. 13, every Tuesday except during school holidays from 9:15 a.m. to 12:15 p.m. at the school age center. This program specially designed for homeschoolers will include physical education, arts & Crafts, science and technology activities. Cost is \$65 for 11 sessions. For additional information and to register, contact the Outreach Services Director at DSN 423-6099 or civilian 065-44-6099, Mon-Fri from 9 a.m. to 6 p.m.
- **ADHD Support Group** - Meets from 12:30 to 1:30 p.m. at the Chièvres Army Lodge, Conference room. For more information and to register, call ACS at DSN 423-7598 or civilian 065-44-7598.

**21 September**

- **Alcoholics Anonymous** - The English speaking SHAPE Alcoholics Anonymous Group meets on Wednesdays, from 7 to 8:30 p.m. at SHAPE, ASAP (Army Substance Abuse Program), Bldg. 342. Members support one another's 12 Step recovery program and freely share their AA story with newcomers. Family members, friends, and anyone interested in AA are welcome to attend. For a recorded message with telephone contact numbers, call 049-405-8137. For English speaking meetings in Brussels and throughout Europe see [www.aa-europe.net](http://www.aa-europe.net).
- **Infant Massage Class** - Meets every Wednesday at 11 a.m. in the SHAPE Healthcare Facility second floor conference room. Expectant mothers and mothers with newborns and older infants are welcome. Mats and oils are provided. No pre-registration is required. Open to all U.S., NATO and SHAPE ID cardholders. Call ACS DSN 423-4274 or civilian 065-44-4274 for more information.
- **Preschool Story Time** - Meets every Wednesday from 10 to 10:30 a.m. at the SHAPE International Library and helps preschoolers build confidence, learn socialization skills and make friends. There is no fee for this program. For more information, call the library at DSN 423-5631 or civilian 065-44-5631.
- **Page Turners Book Discussion** - Meets at 5:30 p.m. at the SHAPE International Library. The group will discuss "The Tiger's Wife" by Téa Obreht. Registration is not required and there is no fee for this program. For more information, call the library at DSN 423-5631 or civilian 065-44-5631.
- **Breastfeeding Support Group** - Meets from 10 to 11 a.m. in the SHAPE Healthcare Facility, second floor conference room. For more information, call SHAPE WIC Overseas at civilian 065-44-5971.

**23 September**

- **Alcoholics Anonymous** - The English speaking SHAPE AA Group meets on Fridays from 4:30 to 5:30 p.m. at SHAPE, ASAP (Army Substance Abuse Program), Bldg. 342. Members support one another's 12 Step recovery program and freely share their AA story with newcomers. Family members, friends, and anyone interested in AA are welcome to attend. For recorded message with telephone contact numbers, call 049-405-8137. For English speaking meetings in Brussels and throughout Europe see [www.aa-europe.net](http://www.aa-europe.net).

**26 September**

- **Stroller Time** - Bring your child and stroller for a walk on the SHAPE path from 10 to 11 a.m. from the ACS, Bldg. 318 on SHAPE.

**Protestant Women of the Chapel**

Every Monday from 6 to 8 p.m. and Tuesday from 9:30 a.m. to 12 p.m. Protestant Women of the Chapel Ladies meet for fellowship, worship and Bible study at SHAPE Chapel. Monday night fall studies are Essentials of Effective Prayer and How Do You Know God's Your Father? Tuesday fall studies choose from the following: Crazy Love, The 10 Best Decisions Every Parent Can Make, Becoming a Woman of Prayer or Precept Upon Precept: Sermon on the Mount. Free childcare provided. Homeschool moms, ask us about our special program for your children. Call 0493-46-4604 for more information or visit us at [www.facebook.com/pwocshape](http://www.facebook.com/pwocshape).

**SHAPE • Headquarters Support Group (HSG)**  
**NEWCOMERS ORIENTATION**  
*Do not miss it!!!*  
**September 28-29**  
 Register @ [www.SHAPE2day.com](http://www.SHAPE2day.com)  
 Initial briefing will take place in SHAPE Club at 0845

## AT USAG BRUSSELS

- **Flu Shots** Flu Season will be upon us soon. The Brussels Health Clinic is expected to receive the flu shot sometime in the September time frame. Immunizations of the community have been pre-arranged for some. Military employees of both the garrison and NATO please ask your supervisor about your scheduled dates. Parents of School Aged Children please contact the school nurse. The FluSeason Tab of our Facebook page will provide further guidance and updates for all community members.
- **Brussels Library new operating hours** are Tuesday-Friday from noon to 6 p.m., Sunday from 11 a.m. to 4 p.m. Closed on Mondays, Saturdays and U.S. Holidays.
- **The Brussels American Community Chorus** is seeking new singers. Adults and students 12 years and older are welcome, and all nationalities can join. No audition, and no experience needed. The group rehearses every Monday beginning September 26 from 7:30 to 9 p.m. in Kraainem. Fall music includes "Christmas on Broadway," "Medieval Carol Fantasy," and traditional holiday carols and songs. For details, contact Lamdm@attglobal.net.

## FITNESS CLASSES

All classes are held at the USAG Brussels Fitness Center in Bldg. 3 and are free of charge. For more information, call 02-717-9667.

- **New: Big Will's Body Shop** - Sessions are from 1 to 2 p.m. and from 2:30 to 3:30 p.m. every Monday, Wednesday and Friday.
- **Body Pump** - Every Saturday from 9:30 to 10:30 a.m. and every Tuesday from 6 to 7 p.m.,
- **Spin Class** - Every Monday and Thursday from 6:30 to 7:30 p.m.
- **Yoga** - Every Monday, Wednesday and Friday from 10 to 11 a.m.
- **Individualized Strength Training** - Every Tuesday and Thursday from 1 to 2 p.m.
- **Step Aerobics** - Every Wednesday, Friday from 6 to 7 p.m.
- **Zumba** - Every Saturday from 11 a.m. to noon and every Monday from 5:30 to 6:30 p.m.
- **Fitness Program** - through October 31. By joining the program you may be eligible for three hours of duty time per week to exercise. Application packets are available at the USAG Brussels Fitness Center.

The Fitness Center is open Monday through Friday from 5 a.m. to 8 p.m., Saturday and Sunday from 9 a.m. to 4 p.m. The Holiday hours are from 7 a.m. to 5 p.m. For more information, call the Fitness Center at DSN 368-9667.

## SHAPE Trips & Tours

USAG Brussels Family & MWR is now partnering with the SHAPE Trips and Tours program. Now you can enjoy the great tours SHAPE offers and catch the bus from either USAG Brussels or the Sterrebeek Annex depending on the tour. Reservations/Payments are made by calling SHAPE Trips and Tours at 32 (0) 65-44-3884 Monday - Thursday 9 a.m. to 5 p.m. and on Fridays from 9 a.m. to 3:30 p.m. Tell them that you will be catching the bus from Brussels and if you have a SHAPE ID card. If you don't have a SHAPE ID card, you will be placed on an access roster for the trip.



### FORCE PROTECTION

At all times:

- Be Alert to surveillance attempts, report using iWATCH
- Vary routines, take a different route to work, and to home
- Check in often to let your family know changes in your plans
- Have emergency telephone numbers to local police, fire, and ambulance service available
- Memorize and/or write down the route and telephone number to the local hospital
- Learn emergency phrases in French such as "I need the police, I need a doctor; and, Where is the hospital"
- Carry information showing blood type and list any special medical conditions (Have these in both English and French)