

AFTB Instructor Training Course Course Descriptions

AFTB Overview

The AFTB Overview provides the Instructor Training Candidate with an overview of the AFTB program. It also covers the AFTB pillar of support and the structure of the local level chain of command.

The Adult Learner

In the Adult Learner students will discuss the individual learning differences of adult learners, how they learn, why they learn, and the best methods to facilitate learning. Issues discussed are the three types of learners, the experiential learning cycle, and the process versus content theory.

Planning Process I

Students will be presented with an overview of a presentation planning process. They will learn the benefits of writing and working from an organizational outline.

Platform Skills

This module defines the roles of trainer, facilitator, and public speaker that AFTB instructors adopt. It also addresses audience analysis and managing nervousness.

Methods of Instruction

Methods of Instruction includes information concerning various instructional methods. It will also cover the use of questions – when to ask them, how to ask them, and how to manage them. Energy levels and strategies for using activities, such as icebreakers, will also be discussed.

Instructional Aids

Students discuss reasons for and uses of instructional aids. Examples of common aids will be demonstrated.

Planning Process II

Planning process II covers how to deliver a presentation effectively by making it one's own – personalizing the material while maintaining the integrity of the content. It also provides an overview of AFTB Levels I, II, and III and how the modules are structured and interrelated.

Classroom Management

This course focuses on group development stages and the importance of feedback and active listening as it applies to classroom management. It also addresses distractions in the classroom and techniques for overcoming them.

Oral Presentation

On the final day of instructor training, candidates will present an 8-10 minute portion of one of the AFTB modules to complete the requirement for instructor certification. They receive written and oral feedback from their peers as well as AFTB Master Trainers.