

THE GAZETTE

Published for members of the SHAPE/Chièvres, Brussels and Schinnen communities

Benelux news briefs

Belgian Forces trips

The Belgian Ministry of Defense has recently opened the following trips at a special rate to SHAPE and NATO ID card-holders:

- **Crete, Greece** - Two weeks all inclusive trip at Club Castro.
- **Middelkerke, Belgian coast** - Hotel in front of the beach, room per night.

Trips are to be booked through SHAPE Trips and Tours, email shapetripsandtours1@gmail.com, DSN 423-3884 or civilian 065-443884.

Scholarship offered

The US Enlisted Association at the NATO Programming Centre Glons, Belgium, is offering a \$1,000 scholarship for a qualifying AFNORTH Senior. They are opening this up to all international Seniors, not just US Seniors. Essays in other languages, i.e. French, German, Dutch, Italian, etc.) are also accepted. For more information, call +31(0)455278260. Applications are due by May, 25.

Gazette submission

Send your requests for publication to usarmy.benelux.imcom-europe.list.pao@mail.mil.

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Pierre Courtejoie

New First Sergeant assumes responsibility

1st Sgt. Delonica K. Boyce accepts the USAG Benelux guidon from Capt. Jeffrey A. Paul, Headquarters and Headquarters Company Commander during a ceremony held at Chièvres, Tuesday, April 19, 2016. **See page 2**

New First Sergeant assumes responsibility | Continued



1st Sgt. Delonica K. Boyce took over the responsibility of First Sergeant, Headquarters and Headquarters Company, USAG Benelux, April 19 from Sgt. 1st Class Meaghan Davis who performed those duties since Jan. 19, 2016.

Boyce is a native of Forest Park, Georgia. She entered the Army on January 25, 1995 and completed Basic Training at Fort Jackson, South Carolina and Advanced Individual Training at Fort Lee, Virginia where she earned the Military Occupational Specialty of 92Y Unit Supply Specialist.

She deployed in support of Operation Iraqi Freedom from November 2008 to November 2009 and from August 2010 to



(Photo left) 1st Sgt. Delonica K. Boyce during the assumption of responsibility held in Chièvres, Tuesday, April 19, 2016.

(Photo above) Sgt. 1st Class Meaghan Davis stands in front of the Company Soldiers prior to handing the guidon to the new First Sergeant. (U.S. Army photos by Pierre Courtejoie)

July 2011; and Operation Enduring Freedom from June 2014 to December 2014.

Her last assignment was First Sergeant (Pale Horse) 2nd Squadron,

3rd Cavalry Regiment in Fort Hood, TX.

Boyce has an 18 year old daughter who is attending Clark Atlanta University in Atlanta, Georgia.

Emergency numbers

Brussels

Any emergency - Dial 112
Brussels MP station:
DSN 368-9769
civilian 02-7179769

SHAPE/Chièvres

Any emergency - Dial 112
Chièvres MP station:
DSN 361-5301
civilian 068-275301
SHAPE Police Desk:
DSN 423-3333/4
civilian 065-443333/4

Schinnen

Any emergency - Dial 112
Schinnen MP station:
DSN 360-7555
civilian 046-4437555

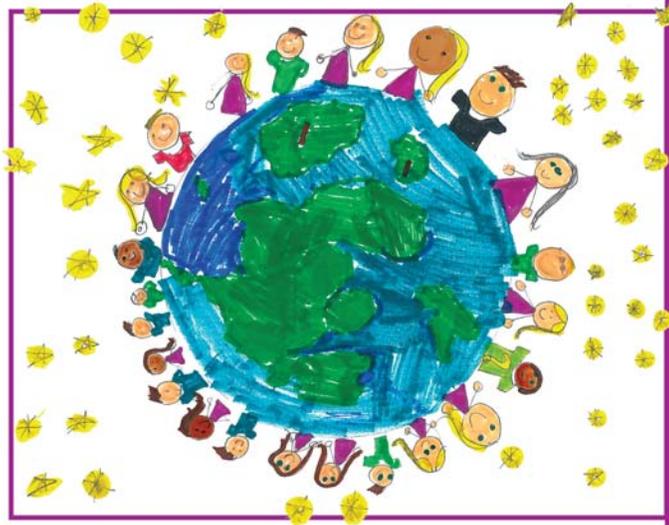
APRIL IS THE MONTH OF THE MILITARY CHILD

Special to the Gazette

In 1986 Defense Secretary Casper Weinberger designated April as the Month of the Military Child to honor military kids for their sacrifices and courage. Since then, military installations, organizations and communities have created special events to pay tribute to these little military heroes. There are approximately 2 million military children, ranging in ages from newborn to 18 years old; 1.3 million military children are school-aged.

Military children live with perpetual challenges presented by frequent moves, parental deployments, and a host of life transitions that include reintegration and dealing with profoundly changed parents. The well-being of these children depends heavily on a network of supportive adults.

Grit, determination, and perseverance are a few characteristics of the resilient trailblazers we know as military kids. These traits are a result of the challenges they persist through, and contribute to strong character development and hardiness.



April is
Month
of the
Military
Child

**GRIT.
DETERMINATION.
PERSEVERANCE.**

Military Kids:
Tomorrow's Trailblazers

Approved by Army
Grade 11 Perry School
Approved Training Area
National Guard



www.MilitaryChild.org

Activities held through the Benelux in celebration of the Month of the Military Child

Brussels

Child Development Center:

April 25: Parent-Child Military Appreciation party

SAC/Youth Center:

April 22: 'Best Friend Forever' Friday

April 28: Youth Recognition Rally Celebration (BBQ)

For more information, call DSN 368-9651 or civilian 02-7179651

Schinnen

Child Development Center/SAC:

April 22: Earth Day

April 25: Backwards Day

April 27: Tell a Story Day

April 29: International Dance Day

Youth Center:

April 22: Late Night - Open Mike and talent show

April 25: Military Child Spirit Week - Dress up days/

Theme days

For more information, call DSN 364-3121 or civilian +31(0)455263121



SHAPE

SAC/Youth Center:

April 21-22: Photo booth in the afternoon, making cards and banners for deployed and injured Soldiers

April 21: At 4 p.m., dental demo for 3rd graders

April 22: At 4 p.m., dental demo for 4th-5th graders

April 25-29: In the afternoon, cards, banners & snacks bags for deployed and injured Soldiers

Child Development Center:

April 22: Green Day

April 29: Camo Day & Purple-up

For more information, call DSN 366-6856 or civilian 005-326856.

"Shaving party" needs supporters

The 3 Star at USAG Benelux-Brussels will host a "shaving party," April 22 starting at 6 p.m. The party is in honor of a little girl in the Brussels community who has cancer and whose wish is to shave her head with friends and familiar faces around. She also would like people to join her in shaving so that she is not alone in this scary experience.

Anyone in the Benelux community is welcome to attend and the 3 Star will have snacks and drinks. Registration is only needed for those who wish to shave their head at the event. To do so, send an email to reservations3star@yahoo.com, call DSN 368-9822 or civilian 02-7179822.

Check for ticks as they cause serious health issues

Special to the Gazette

It's time to enjoy spring. As temperatures rise and outdoor activities increase, Soldiers and family members should stay aware of summer-related health concerns. While most people take precautions to prevent excessive sun exposure and heat injuries, they may not consider protecting themselves from the possibility of tick-borne diseases.

Tick-borne diseases cause a variety of signs and symptoms, including spreading rash, fever, flu-like symptoms, muscle aches, headaches and even paralysis. Death may also occur from tick-borne diseases if they are not identified and treated.

However, the diseases are avoidable if the proper precautions are taken. The key to protecting yourself and your family is to be vigilant in checking yourself and your children often for ticks or signs of tick bites. Ticks attach themselves to a person's body after that person has come into direct contact with plants or the ground where the ticks are. This is usually in bushy areas, especially edges of forests and grasslands. Once on a person, a tick will crawl to an area of the body where it is protected, such as under clothing or hair. People also can get bites from ticks that their pets bring home.

Among tick-borne diseases is the Lyme disease. Infected ticks carry the *Borrelia burgdorferi* bacteria, approximately one in five (20%) ticks are infected.

If a tick is found attached to the body, follow these guidelines to remove it properly.

- Grasp the tick's mouthparts against the skin, using pointed tweezers.
- Pull back slowly and steadily with firm force.
- Pull in the reverse of the direction in which the mouthparts are inserted, as you would for a splinter.
- Be patient. The central mouthpart, called the hypostome, is inserted in the skin. It is covered with sharp barbs, sometimes making removal difficult and time-consuming. Most hard ticks secrete a cement-like substance during feeding. This material helps secure their



mouthparts firmly in the flesh, adding to the difficulty of removal. It is important to continue to pull steadily until the tick can be eased out of the skin.

- Do not pull back sharply, as this may tear the mouthparts from the body of the tick, leaving them embedded in the skin. If this happens, do not panic. Embedded mouthparts are comparable to having a

splinter in your skin. Mouthparts alone cannot transmit disease because the infective body of the tick is no longer attached. However, to prevent the chance of secondary infection, it is best to remove them.

- Do not squeeze or crush the body of the tick because this may force infective body fluids through the mouthparts and into the wound site.
- Do not apply substances such as petroleum jelly, fingernail polish, fingernail-polish remover, repellents, pesticides or a lighted match to the tick while it is attached. The materials are either ineffective or, worse, they might agitate the tick and cause it to salivate or regurgitate infective fluid into the wound site.
- Following removal of the tick, wash the wound (and your hands) with soap and water and apply an antiseptic.
- Running your cloth through a hot dryer for 10 minutes should kill any loose and wandering ticks that may have hitched a ride inside.
- Save the tick in a jar, vial, small plastic bag or other container for identification should you later develop disease symptoms. Preserve the tick by either adding some alcohol to the container or by keeping it in the freezer.
- Discard the tick after one month. All known tick-borne disease will generally display symptoms within this time period.

After walking in tick infested areas, do a careful body check for ticks, remove them with tweezers, and cleanse the skin with antiseptic.

KEEPING YOU CONNECTED
 The Official Website of the American Forces Network Benelux
 Brussels: 101.7 FM – Chièvres 107.9 FM – SHAPE 106.5 FM and 104.2 FM
<http://benelux.afneurope.net>

FRENGLISH PAGE

Interns help US community with French touch

Special to the Gazette

This FrenGLISH page is a new section that started in last week's Gazette. Each week, English speakers will be in contact with French language in a friendly way. The interns' page is divided into three sections. The first one (Useful expressions) is dedicated to fruit and vegetables translated into English and accompanied by a phonetic transcription. The second part (Word search) is a fun way to learn French words, along with their English translation. The last part (Dialog) is brightened up with a French dialog and its English translation.

Useful expressions

- Bien joué /**be-on-schwe**/ Well done
- Pas mal /**pa-mal**/ Not bad
- Au revoir /**o-who-vwa**/ Goodbye
- Bonne journée /**bon-shor-nay**/ Have a nice day

Word search

Here are some words in French related to the theme "fruits et légumes/fruit and vegetables"/**free e legume**/" that you can find in the grid. Have fun!

- ORANGE: orange/**orange**/
- CERISE: cherry/**ser-heees**/
- CAROTTE: carrot/**carrot**/
- AUBERGINE: eggplant/**au-ber-gene**,
- POMME: apple /**pum**/
- MELON: melon/**mul-au**/
- CORNICHON: gherkin/**caur-ni-tion**/
- POIRE: pear/**pwa**/
- PASTEQUE: watermelon/**pasteque**/
- HARICOT: bean/**arico**/
- RAISIN: grape/**raisa**/
- ARTICHAUT: artichoke/**artishow**/
- OIGNON: onion/**onio** /
- FRAISE: strawberry/**frez**/
- SALADE: salad/**salad**/
- CONCOMBRE: cucumber/**cau-caum-bre**/

F	R	A	I	S	E	X	C	V	C	A	R	O	T	T	E	C
Z	A	Z	A	S	I	C	D	V	C	A	T	Y	U	I	E	O
O	I	G	N	O	N	V	C	U	A	Z	V	B	N	J	F	R
L	S	Q	Q	R	Y	Y	H	A	F	S	R	T	Y	U	G	N
H	I	M	X	A	T	U	J	L	G	A	F	R	T	Y	B	I
G	N	O	V	N	J	I	U	M	E	L	O	N	V	U	J	C
B	D	E	N	G	L	O	N	M	L	A	Z	E	F	T	K	H
N	F	Z	J	E	M	P	B	G	H	D	D	D	R	Y	L	O
F	G	A	C	E	P	Q	A	U	B	E	R	G	I	N	E	N
R	H	P	O	I	R	E	R	Z	Q	L	I	O	P	R	Q	M
E	T	A	N	T	T	A	T	Q	Z	J	K	L	M	F	S	L
T	E	S	C	C	E	R	I	S	E	D	R	E	T	R	F	G
U	F	T	O	N	F	G	C	Q	Z	B	C	P	R	T	G	N
F	E	E	M	L	G	H	H	A	R	I	C	O	T	P	T	E
U	F	Q	B	M	H	K	A	F	Y	U	O	M	F	O	U	D
F	V	U	R	Z	N	C	U	H	H	J	L	M	B	I	I	R
D	F	E	E	A	E	R	T	J	K	L	M	E	V	F	O	T

Dialog: Making a reservation at the restaurant



A: Hello.
 B: Hello.
 A: I would like to reserve a table for two tomorrow evening.
 B: Of course. At what time?
 A: 7 p.m. is it possible?
 B: Yes. Under which name should I make the reservation?
 A: Mr. Dupont.
 B: Perfect. Thank you for your reservation. Goodbye sir.
 A : Goodbye.

A: Allô.
 B: Allô.
 A : J'aimerais réserver une table pour deux demain soir.
 B: Certainement. Pour quelle heure?
 A: 7 heures c'est possible?
 B : Oui. A quel nom dois-je faire la réservation?
 A: M. Dupont
 B : Parfait. Merci pour votre réservation. Au revoir monsieur
 A. Au revoir

All eight USAG Benelux interns, Marêva Baudart, Roxane Rasneur, Jérémy De Leeuw, Pauline Chevalier, Adeline Durot, Julie Anicotte, Margaux Warnotte and Alessio Stinchettu have contributed to this page.

BRUSSELS COMMUNITY

Register now

- **Mother's Day Brunch** - at the 3 Star from 9 a.m. to 1 p.m. **May 8**. Registration is required by April 30. Cost: \$17, adults and \$8.50 children. For more information contact reservations3star@yahoo.com or call DSN 368-9822 or civilian 02-7179822.

April 23

- **"Spring Cleaning" Community Yard Sale** - Kick-start your seasonal cleaning or pre-PCS clear-out at Brussels American School from 9 a.m. to 2 p.m. Cost: space, \$5; table, \$5; bench, \$3. Register with full payment at Brussels Outdoor Recreation and Equipment Rental by April 18. Call DSN 368-9657 or civilian 02-7179657.

April 22 and 29

- **Community Support Group** - In response to recent global events, USAG Benelux-Brussels Army Community Service's Family Advocacy Program will offer a support group to individuals looking for a safe environment to express their feelings and discuss their concerns. The group will meet for discussion at ACS in Bldg. 4 from noon to 1 p.m. The community support group won't offer clinical services; however, any participant requiring clinical services will be referred to Behavioral Health or support services within the community.

April 29

- **Venture Crew 511 Open House** - The Venture Crew is a program that is fun and full of challenge and adventure for young men and women aged 14 to 21 from the US and international communities. The open house is held at the 3 Star from 6:30 to 8:30 p.m. Refreshments will be served. For more information, contact flanders.fields.post.be02@gmail.com.

SCHINNEN/BRUNSSUM COMMUNITY

Register now

- **CYSS Archery/Blow Darts** - Open enrollment through **April 22** for youths, ages 9 to 18. Program operates May 4 through June 8 Wednesdays from 4 to 8 p.m. Spaces are limited. Cost is \$130 paid at time of registration. Enroll at CYSS Parent Central Services with a valid health assessment. To enroll or for more information, visit Parent Central Services or call DSN 364-4195 or civilian +31 (0)45-5264195.
- **Flea market** - Held **May 14** inside the Schinnen Activity Center. Set up is at 9 a.m. and market is from 10 a.m. to 2 p.m. Cost per table is \$10. Reserve your table now at DSN 360-7560 or civilian +31 (0)46-4437560.
- **Military Spouse Appreciation Night** - Hosted by the Geilenkirchen A&FRC, the event will be held **May 13** at 6 p.m., E-3A Club. The theme for the night is "NATO Rocks" and will include a Lip Sync Battle competition. All military spouses are invited to attend. Admission is €5. Spouses can sign up by calling DSN 458-6015, civilian +49(0)2451-63-3791 or sending an email to 470abs.dpf2@us.af.mil. Childcare will be provided.

April 21-22

- **Host Nation Orientation/Newcomers Tour** - All Newcomers and spouses are invited to learn about their new community, including local customs, culture, and language from 8:45 a.m. to 3:30 p.m. at Schinnen ACS. For more information or to register, please call DSN 360-7512/7500 or civilian +31 (0)46-4437512/7500.

April 23

- **Self-Defense Class** - Adults and youths, ages 13 and older, can learn self-defense techniques during this class at the Schinnen Fitness Center from 10:30 a.m. to 12:30 p.m. For more information or to register, call Schinnen Army Community Service at DSN 360-7500/7218 or civilian +31 (0) 46-4437500.

April 25

- **Hearts Apart** - The support group is held from 2 to 3 p.m. at AFNORTH International School for youth separated from a loved one, whether through a deployment or a family situation. For additional information, contact the ACS Deployment Readiness Office at DSN 360-7269/7500 or civilian +31 (0)46-4437269/7500.

April 26-28

- **Seven habits of highly effective people** - From 8:30 a.m. to 4 p.m. at the Geilenkirchen, Germany, Chapel Annex. This is an opportunity for you and/or family members to carry the seeds of principle-centered effectiveness into your work environment and family life. To enroll, contact A&FRC at DSN: 458-6015 or email at 470abs.dpf2@us.af.mil.

April 27

- **Community Support Group** - In response to recent global events, USAG Benelux-Schinnen Army Community Service's Family Advocacy Program will offer a support group to individuals looking for a safe environment to express their feelings and discuss their concerns. The Community Support Group will meet at Schinnen ACS from noon to 1 p.m. For more information, call DSN 360-7453 or civilian +31 (0) 46-4437453.

SCHINNEN/BRUNSSUM COMMUNITY *Continued*

April 27

- **Newborns, Parental Support and Music** - Held from 10 to 11 a.m. at the CDC, Bldg. H-602, room Yoo6, this class is a fun way to meet other parents, discuss transitioning as a parent and bond with your baby through sharing and music. Suggested for parents with children ages 0-12 months. For more information, call DSN 360-7500 or civilian +31(0)46-4437500.

April 27-28

- **New Parent Support** - Home visitor is available for office hours hospital or home visits to all US ID card-holders. To schedule an appointment call ACS at DSN 360-7500 or civilian +31(0)4437500.

April 28

- **Parents Support & Education** - Learn more about pregnancy, labor and delivery, breastfeeding, newborn car and more from 9 a.m. to noon at ACS Schinnen. Call ahead to discuss your interest and needs to DSN 360-7500 or civilian +31(0)4437500.

SHAPE/CHIEVRES COMMUNITY

Sign up now

- **Self-Defense Class** - Adults and youths, ages 13 and older, can learn to protect themselves using their minds and bodies. This class at the Chièvres Fitness Center has been rescheduled to **April 30** from 10 a.m. to noon. For more information and to register, call DSN 366-6824 or civilian 065-326824.
- **2nd Annual SHAPE Baseball Camp** - Register on April 22, 25, 27 or 29 at the Rendez Vous or at the baseball field behind the fuel station April 21, April 25-28 or May 3-4 from 5 to 6 p.m. for the **May 5** camp held for all SHAPE children from 10 a.m. to 3 p.m. at the SHAPE HS Baseball Field.

April 21 and 28

- **Community Support Group** - In light of recent global events, USAG Benelux Army Community Service's Family Advocacy Program will offer a support group to individuals looking for a safe environment to express their feelings and discuss their concerns. The Community Support Group will meet at SHAPE ACS in Building 318 from noon to 1 p.m. For more information, call 065-326861/6824 or DSN 366-6861/6824.

April 21

- **Food-handler training** - SHAPE Healthcare Facility offers this training at 2 p.m. in the second-floor conference room in the Washington, D.C., wing (yellow wing). The course is designed for all family readiness groups, Group 2 activities and volunteer groups that intend to sell food at 2016 SHAPE Morale and Welfare Branch/Family and Morale, Welfare and Recreation, or MWB/MWR, events and functions at SHAPE and USAG Benelux facilities. To register for this date or any of the eight other dates, call DSN 566-5336 or civilian 065-325336.

April 22

- **6th Annual Take back the Night 5K Run/Walk** - Come walk or run and take a stand against sexual violence in our community. Registration begins at 3 p.m.; walk at 4 p.m. at Bldg. 313, SHAPE Healthcare/Fitness Center. Trail goes around the SHAPE perimeter. For more information, call DSN 366-6824 or civilian 065-326824.

April 23

- **U.S. Military Bowl football game** - The 424th Air Base Squadron will host its annual "U.S. Military Bowl" double elimination from 9 a.m. to 1 p.m. The 424th ABS Chièvres Family Organization will have food and beverages for purchase to raise money for future squadron events. The games are set to take place on the Chièvres football field behind the Chièvres Activity Center, and a trophy will be presented to the victor. To sign up to be a player on one of the teams, call
 - **Air Force** DSN 361-5333 or civilian 068-275333
 - **Army** DSN 361-5301 or civilian 068-275301
 - **Navy** DSN 423-7619 or civilian 065-447619.
- **Kid's day** - will be held at the Community Recreation Center on Chièvres Air Base from 11 a.m. to 3 p.m. Open to U.S. and SHAPE ID card-holders. For more information, call DSN 366-6861 or civilian 065-326861.

Through April 25

- **Exhibition** celebrating Earth Day at the Chièvres food court showing aerial pictures by Yann Arthus Bertrand, a French photographer, journalist, reporter and environmentalist.
- **Collection of "orphan socks"** - Instead of trashing socks that you can no longer pair, bring these orphan socks at the collection point located at the Earth Day exhibition area at the Chièvres food court. Collected socks will be sent to the association "Chaussettes orphelines," to get a second life and be transformed into new clothes. All clean socks are welcome.

Travel the Benelux

Get your orange outfit and celebrate King's Day

By **Maréva Baudart and Rita Hoefnagels**
 USAG Benelux Public Affairs

If you are a partygoer, make sure you visit the Netherlands on April 27 to celebrate Koningsdag or King's Day.

King's Day is a national Dutch holiday and the entire country will be one party. Street markets are everywhere, bands are playing on every street corner, and boats with partygoers are filling the canals.

Next Wednesday, the Dutch will celebrate the birthday of their King Willem-Alexander and many of them will be wearing something orange as a token of the royal house. In fact, the Dutch royal family bears the name of House of Orange-Nassau. As a result, orange has become the Netherlands' national color and is worn on every special occasion. On King's Day, even the houses are decorated with orange flowers and banners and people are wearing orange clothing with their hair dyed in orange and their faces painted in orange.

King's Day is celebrated everywhere in the Netherlands, but big cities such as Amsterdam, Eindhoven, The Hague and Utrecht are perfect places to take part in the activities. If you don't want to go out far, you can also get a taste of the celebration in Maastricht.

The city of Amsterdam will have various activities throughout the city, among which a huge street market of rugs and stalls where people sell all kinds of items and others show off artistic skills. Boats with



partygoers will throng the canals, and plenty of large parties will have famous disc jockeys. A fun fair will be held on the Dam Square.

King's Day in Maastricht is synonym of entertainment in the center and its surroundings. From 9 a.m. to 5 p.m. a flea market will be held in Stadspark. At the same time, you will be able to enjoy live music.

The city of Eindhoven has lots of entertainment to enjoy King's Night, April 26, on its squares: Wilhelminaplein, Stationsplein and Stadhuisplein. There will also be street markets around Mathildelaan, Strijp-S and the squares.

The Hague will hold plenty of street markets on this special day. The hustle and bustle will be especially spirited around the canals, Statenkwartier and Noordeinde. Visit the well-known fun fair around Lange Voorhout. What The Hague is most known for, however, is King's Night, the night before King's Day, when its various squares – Kerkplein, Grote Markt and Plaats, among others – play host to well-known bands and disc jockeys.

In Utrecht the street markets will be open starting King's Night, April 26, at 6 p.m. On King's Day, the canals will be filled with decorated boats and squares (such as Domplein, Lucasbolwerk, Mariaplaats, Neude and Janskerkhof) filled with parties and gigs.

Tradition has it that the Royal family visits one or two municipalities in the Netherlands on this day, so with some luck, you might see them.

Outside the gate



Boats with partygoers fill the canals during King's Day (Courtesy Photo)

Belgian dish makes you feel at home wherever you are

by **Marêva Baudart**

USAG Benelux Public Affairs Office Intern

There is something about cooking that makes you feel at home wherever you are. This delightful Belgian dish is an indubitably simple recipe that feeds your family cozily. Carbonnade flamande (Flemish stew in English) is a traditional Belgian stew of beef with onions and beer. The type of beer used matters a lot: any dark Belgian-style ale would be a good choice. As with most classical Belgian dishes, French fries are a good option to accompany this classical recipe.

Carbonnade flamande for four persons:

- 4 tablespoons unsalted butter
- 3 medium sliced onions
- 3 garlic cloves, lightly crushed
- 1/4 cup flour
- Salt and pepper
- 1/4 kg stewing beef (cut into 4cm cubes)
- 400 ml dark ale (beer)
- 2 bay leaf
- 1/2 teaspoon dried thyme

Melt two tablespoons of unsalted butter in a casserole. Season the beef with salt and pepper and add a quarter of it to the casserole. Cook for about 5 minutes per side, stirring occasionally until lightly browned.

Repeat with the three other batches of meat, using the remaining tablespoons of butter. Reserve.

Add the onions and the garlic to the casserole. Season well with salt and pepper and cook until lightly golden (10 minutes). Stir in the flour until the onions are well-coated, then slowly add the beer. Return the meat to the casserole. Add the thyme and bay leaves, cover and simmer over low heat until the beef is tender for about one hour. Uncover and discard the bay leaves. Your meal is ready to be served with French fries and salad.



Jiel Baumadler

Upcoming organized trips

SHAPE Trips and Tours

Serving Brussels, Chièvres and SHAPE. Call DSN 423-3884 or civilian 065-443884.

- **Keukenhof Gardens and Gouda, the Netherlands, April 23**
- **Laeken Royal Greenhouses and Brunch at the MIM's restaurant, April 24**
- **Berlin, Germany, April 29 to May 2**
- **Amsterdam, April 30**
- **Poland: Polish pottery, Auschwitz, Krakow and Wroclaw, May 5 to 10**
- **Monet's House and Gardens, Giverny, France, May 21**
- **Dover Castle and Canterbury, Great Britain, May 28**
- **Asparagus Dinner and Cruise, Maastricht, the Netherlands, May 28**
- **Normandy and Mont St-Michel, June 5 to 8**
- **Paris, June 11**
- **Amsterdam, June 18**
- **Scotland, June 18 to 26**
- **London, June 25**
- **Disney Paris, June 29**
- **Legoland, July 1-3**
- **Running of the Bulls in Pamplona, July 5 to 9**
- **Durbuy and Namur with the Citadelle, July 13**
- **EuropaPark and Strasbourg, France, July 16**

to 17

- **Tour of the Harry Potter Studio's, July 18**
- **Copenhagen, Denmark, August 12-15**
- **Moulin Rouge, Paris, November 19**
- **Crete (Greece), Spa and Middelkerke (Belgium), All year**

SHAPE Travel Group

Call civilian 0470-876369 for details.

- **Paris in the Spring, April 27**
- **Keukenhof Gardens and Scheveningen, May 3**
- **Versailles, May 19**
- **Honfleur and Calvados, May 26**
- **Arnhem, June 7**
- **Canterbury, June 23**

Schinnen Trips & Tours

Call DSN 360-7560 or civilian +31 (0) 46-4437560.

- **Keukenhof gardens, April 23**
- **London, May 28**
- **Day trip to Disneyland, Paris, France, June 4**
- **Berlin Express, Germany, June 25**
- **Weekend Trip to the D-Day Landing Beaches, Memorials & Battle Monuments in Normandy, France, July 15 to 18 (Payment due by May 6.)**
- **Regular Season NFL Game Washington Redskins vs. Cincinnati Bengals, Oct. 29 to 31 (Payment due by July 29.) Pickups at Schinnen and SHAPE.**



Read about events near Chièvres, SHAPE and Brussels.

April 22

- **Evening volksmarch in Houdeng-Goegnies for 5 or 10 km** - Departs "La Grange du Bois des Jonquilles" At Rue du Wavrin, 113 at 5 p.m. with a visit to the "Chapelle du Bois" (Chapel). Participating fee is €5 including a sandwich and gluehwein or soup.
- **Buy & collect local, organic products in Ath** - Buy online at <https://laruquequiditoui.fr/fr/assemblies/2652> and collect your vegetables, fruit, honey at the school on Rue Hennepin from 6 to 7 p.m.

April 22-24

- **Well being fair in Châtelet** - Held at the city hall, Place de l'Hôtel de Ville 10 from 10 a.m. to 6 p.m. all three days. No entrance fee.



April 23

- **Buy & collect local, organic products in Jurbise** - Buy online at <https://laruquequiditoui.fr/fr/assemblies/7739> and collect your vegetables, fruit, honey at the Centre Functional Move, Route d'Ath 131 from 3:30 to 4:30 p.m.
- **Sports and fun day in Feluy** - Activities for children as of 4 years old and adults. Several games and sports will be available either in- or outside pending the weather. New is the Altiplay, an acrobatic course for everyone, as of 4 years old. Held at the gym in the school on Chaussée de Familleureux from 10 a.m. to 6 p.m. Entrance fee is €5 for two hours.
- **Motorcycle ride in Aulnois for approximately 160 km** - Register as of 9 a.m., departure is at 10 a.m. Fee is €10 per person, including breakfast and meal upon return. All proceeds go to the Télévie (cancer research).
- **Third plants exchange fair in Grosage** - You can either participate with the plants that you would like to exchange or purchase the plants at Etangs la Fleur at Place Saint-Christophe, 28 from 9 a.m. to noon. No entrance fee. Dress accordingly as area may be muddy and bring your own bag.
- **Oldtimers gathering in Aulnois** - Admire the oldtimers as of 11:30 a.m. and watch their departure at 2 p.m. on Rue Malplaquet, near the fest tent.
- **Walk with tasting of 5 local products in Thuin** - The walk of 7 km will start at Rue Cromboully 74c at 2 p.m. and will go by 5 local producers. Participating fee is €5.



Read about events near Brunssum and Schinnen (in the Netherlands unless otherwise indicated).

April 22-24

- **Streatchefs Foodtruckfestival in Westerlo (BE)** - Held in front of the city hall, Boerenkrijglaan 61, the festival offers tasty food from around the world. Open: Friday, 6 to 11:30 p.m.; Saturday, noon to 11:30 p.m. and Sunday, noon to 10 p.m. No entrance fees.

April 23

- **Spring market in Poortugaal** - Held from 10 a.m. to 5 p.m. with many old crafts, Latin culture Brass Band, children's activities and lots more in the center of town. No entrance fees.
- **Lifestyle Event for Men & Women in Valkenburg** - A lifestyle evening event held at Polfermolen, Plenkertstraat 50 from 7 to 11 p.m. with demonstrations, booths, fashion shows and entertainment. Entry is free.

April 23, 30

- **Small antique and curiosa market in Roermond** will be held at Kloosterwandplein in the center of town. Open from 9 a.m. to 5 p.m.

April 23-24

- **Scandinavian market in Middelbuurt (Ens)** - Held around the church and in the Museum Schokland. Open both days from 10 a.m. to 5 p.m. Entry is €6.
- **The Wittringer Gartentage in Gladbeck (GE)** - Held at the beautiful castle Wittringen, the garden fair offers flowers and plants but also ceramics, garden accessories and furniture. No entrance fees. Open: 11 a.m. to 6 p.m. both days.
- **ELFIA - Elf Fantasy Fair in Haarzuilens** - Weekend filled with lots of magic, rattling of swords, various international celebrities, witches and other fantasy figures at Castle de Haar, Kasteellaan. Open Saturday from 10 a.m. to 10 p.m. and Sunday from 10 a.m. to 6 p.m. Entry is €25; children (3-11) €13.50.
- **Harbor fest in Oudenbosch** - Visitors will find more than 175 booths, music, naval parade, a chance to visit the sailboats and more. Open from 10 a.m. to 5 p.m.



Courtesy photo

Remain vigilant, and maintain situational awareness at all times.



Read about events near Chièvres, SHAPE and Brussels.

April 23 Continued

- **Local and organic food market in Enghien** - On Place du Vieux-Marché from 2 to 7 p.m. with cheese, fruit, vegetables, beer, and more.
- **Flea market in Petit-Enghien (50 booths)** - Held on Rue des Combattants from 6 a.m. to 6 p.m.
- **Flea market in Braine-le-Comte (50 booths)** - Held on Rue de Mons from 9 a.m. to 5 p.m.
- **Flea market in Soignies (100 booths)** - Held on Rue P.J. Wincqz from 11 a.m. to 6 p.m.
- **Flea market in Nimy (80 booths)** - On the square from 6 a.m. to 6 p.m.
- **Flea market in Havré (50 booths)** - On Rue du Château from 7 a.m. to 4 p.m.

April 23-24

- **Visit the gardens of Château de Lassus in Blandain** - Only open two weekends a year, the gardens include an orchard, a decorated garden with part of the original stave and a large variety of plants and trees at Hameau du Molinel 39 from 2 to 6 p.m. both days. Entrance fee is €2.50.

April 24

- **Volksmarch in Ere (Tournai) for 5, 10 or 20 km** - Departs Rue des Pères 16 from 9 a.m. to 6 p.m.
- **Volksmarch in Houdeng-Goegnies for 5, 10, 15 or 20 km** - Departs the sports center at Avenue du Stade 21 from 9 a.m. to 6 p.m.
- **Volksmarch in Neufvilles for 5, 10, 15 or 20 km** - Departs the sports center (in the back of the parking) at Centre Reine Fabiola, on Rue de Godimont from 9 a.m. to 6 p.m.
- **Bicycle tour in Houdeng-Goegnies for 35, 55 or 80 km** - Departs the sports center on Avenue du Stade as of 7:30 a.m.
- **Flea market in Mons (350 booths)** - Near ImagiPark on Rue du Grand-Large from 5 a.m. to 5 p.m.
- **Flea market in Enghien (90 booths)** - On Rue de la Station from 8 a.m. to 4 p.m.
- **Flea market in Lombise (200 booths)** - In the center of the village from 7 a.m. to 4 p.m.

Through May 6

- **Floralia Brussels in Groot-Bijgaarden** - Admire 500 varieties of bulb flowers in the park of Château at Is. Van Beverenstraat 5, every day from 10 a.m. to 6 p.m. Entrance fee is €12 per adult, €5 per child (6-14). Free of charge for children under 6.
- **Visit the Royal Greenhouses in Laeken** - Twenty full time gardeners tend the giant ferns, fruit-bearing banana trees, grottoes and a collection of tropical plants. At Avenue du Parc Royal, open everyday except Mondays. Entrance fee is €2.50 per adult; free of charge under 18 years old.



Read about events near Brunssum and Schinnen (in the Netherlands unless otherwise indicated).

April 23-24 Continued

- **Ceramics market in Paderborn (GE)** - Held in front of the Zentralbibliothek (library) in Geiselschen Garten, the market is open both days from 10:30 a.m. to 6 p.m.
- **Spring fair in Wychen** - In the gardens of the castle gardens at Kasteellaan 9, you can taste, enjoy and shop from 10:30 a.m. to 6 p.m. both days. Entry is €5; children 11 and younger have free entrance.

Through April 24

- **Dutch Museum week** - Visit more than 500 museums in the Netherlands free of charge or for half price.

April 24

- **Military fair in Ciney (BE)** - Held in Ciney Expo with more than 500 booths filled with books, uniforms and other memorabilia from all over Europe.
- **Large flea market in Grathem** - Held from 11 a.m. to 4 p.m. at Sport Park Grasheim, Sportlaan 1. Entry is €2.
- **Reptile fair (Reptilicabeurs) in Leiden** - At Holiday Inn, Haagse Schouwweg 10 with snakes, spiders, insects, turtles and other species of the reptile family. Accessories and decorations will also be available. Open from 11 a.m. to 5:30 p.m., entry is €5.
- **Antiques and flea market in Limbricht** - In the inner court of Castle Limbricht, Allee 1, the market is open from 10 a.m. to 5 p.m. Entry is €2.
- **Antique, art and curiosa market in Maastricht** - Market is held on Boschstraat from 10 a.m. to 5:30 p.m.
- **Flea market and garage sale in Peer (BE)** - Held from 9 a.m. to 5 p.m. with more than 400 booths.

April 27

- **King's Day in the Netherlands** (see Travel the Benelux section, inside this Gazette).

Ongoing

Through May 16

- **Keukenhof Gardens near the town of Lisse** - The Netherlands' world famous Keukenhof opens its gates to show floral display planted among works of art. Open daily from 8 a.m. to 7:30 p.m. Ticket office closes at 6 p.m. Entry is €16; children age 4 to 11, €8.

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