

# THE GAZETTE

Published for members of the SHAPE/Chièvres, Brussels and Schinnen communities

## Benelux news briefs

### Baggers needed

The Chièvres Commissary is accepting applications for baggers, Tuesday - Friday. Stop by the Head Bagger for more information.

### APOs holiday schedule

U.S. military post offices on SHAPE and Caserne Daumerie will be operating on the following hours until Dec. 18 (closed on federal holidays):

- **Postal Finance** will be open weekdays from 8 a.m. to 5 p.m.

- **Personal Mail Pickup** will be open weekdays from 7:30 a.m. to 5:30 p.m.

### Mailing deadlines

To ensure packages addressed to locations in the United States are delivered before Christmas, be sure to mail them by the following dates:

- **Nov. 25** for space available parcels;
- **Dec. 3** for parcel airlift;
- **Dec. 10** for priority parcels and first-class letters; and
- **Dec. 17** for express mail.

### Gazette publication

As our next publication date coincides with Thanksgiving, the Gazette will be published one day early next week, i.e. Nov. 25.

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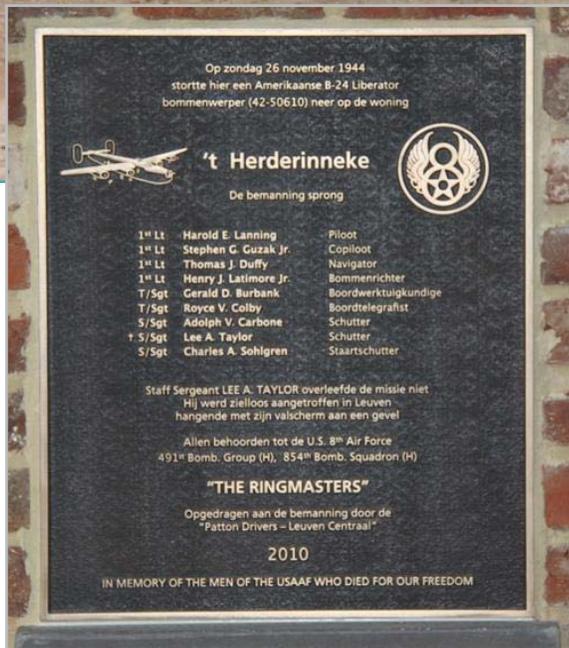
### Practicing good, environmentally friendly habits

*Neesie and Kannille Washington properly dispose of used batteries at the Bebat display at the Chièvres PX Thursday, Nov. 12, 2015. Bebat is responsible for the collection, sorting and recycling of all used batteries in Belgium. (U.S. Army photo by Keith Houin)*

# Belgian town of Leefdaal remembers the fallen



Courtesy Photo



(Top) Maj. Reid Denson representing USAG Benelux-Brussels, salutes upon laying a wreath during a ceremony in Leefdaal, Wednesday, November 11, 2015.

The ceremony attended by local citizens and the Patton Drivers re-enactors, was held at the monument honoring the fallen of the B-24 that crashed there, Nov. 26, 1944. The bomber was part of the 491st Bomb Group's mission to bomb the Hanover/Misberg oil refinery. They were attacked by numerous enemy fighters but the pilot managed to fly the stricken Liberator to Belgium. Near the town of Leefdaal, he ordered the crew to bail out. The heavy bomber's descending spiral on that Sunday in 1944 carried it over Leefdaal, where it disappeared into the treetops near Leefdaal Castle.

(Left) A plaque in the middle of the monument made of bricks from the house the B-24 destroyed when it crashed, bears the names of the nine American crew members. Waist gunner Staff Sgt. Lee A. Taylor was found dead in Leuven, hanging from a building by the lines of his parachute. His fellow crew members who survived the crash believed he already had died before hitting the building. The plane crash understandably made a lasting impression on the children of Leefdaal and, over the succeeding decades, they never forgot where they were the day the B-24 fell from the sky.

To submit or subscribe, email [usarmy.benelux.imcom-europe.list.pao@mail.mil](mailto:usarmy.benelux.imcom-europe.list.pao@mail.mil)

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# Restrictions apply for travel to France

U.S. European Command has implemented travel restrictions to France that apply to all DoD personnel, including military personnel, DoD civilian employees, contractors, and command sponsored dependents/family members.

Effective immediately through Nov. 23 all unofficial travel to and within France is prohibited. This prohibition is extended through Nov. 30 for unofficial travel to Paris, France and a 50 kilometer radius around the city.

For those on official travel or emergency leave to Paris or elsewhere, it requires the approval of a general officer. These restrictions also apply to cruise ship shore excursions but do not apply to individuals who have airline connections in the country but will not leave the secure portions of airport terminals.

For U.S. citizens residing in France, it is strongly recommended to enroll in the Department of State's Smart Traveler Enrollment Program (STEP). STEP enrollment gives you the latest security updates, and makes it easier for the U.S. embassy or nearest U.S. consulate to contact you in an emergency. If you don't have Internet access, enroll directly with the nearest U.S. embassy or consulate.

**Embassy Information:**

U.S. Embassy Paris, 2 Avenue Gabriel, 75008 Paris  
 France+(33) (1) 43-12-22-22  
 Emergency After Hours Telephone: +(33) (1) 43-12-22-22  
 Email: citizeninfo@state.gov

Below are some easy to follow personal security measures to remember and employ on a daily basis:

- Avoid large gatherings or demonstrations. If you come upon a demonstration, remain calm and disengage from the situation.
- Avoid speaking loudly.
- Be aware of your surroundings.
- Stay away from high risk areas.
- Monitor the news for updated information.
- Travel in small groups (never alone) and vary movements.
- Always let someone know where you are going and when you expect to return.
- Try to be inconspicuous. Do not draw attention to yourself.
- If there is an incident at your destination or any location on your itinerary inform your unit of your status as soon as possible.
- Carry a cell phone if possible and have emergency numbers handy (pre-programmed in phone).

## Emergency numbers

**Brussels**

**Any emergency - Dial 112**

**Brussels MP station:**

**DSN 368-9769**

**civilian 02-7179769**

**Schinnen**

**Any emergency - Dial 112**

**Schinnen MP station:**

**DSN 360-7555**

**civilian 046-4437555**

**SHAPE/Chièvres**

**Any emergency - Dial 112**

**Chièvres MP station:**

**DSN 361-5301**

**civilian 068-275301**

**SHAPE Police Desk:**

**DSN 423-3333/4**

**civilian 065-443333/4**

## DoDEA Facebook Town Hall scheduled



Dr. McMullen, Department of Defense Education Activities Europe Director, will host a Facebook Town Hall Meeting Dec. 3 from 6 to 7 p.m. on the DoDEA-Europe Facebook site (facebook.com/dodeaeurope). The focus of this meeting will be College and Career Readiness Standards.

The Director, along with key staff members, will be on hand to answer any questions you have in regards to College and Career Readiness. Towards the end of the town hall, Dr. McMullen will open up the discussion to allow for questions on various topics of most interest to our audience.

Community members can submit questions for the Director early by emailing us at feedback@eu.dodea.edu.

# November is Native American Heritage Month

For almost one hundred years, Americans both Indian and non-Indian have urged that there be permanently designated by the nation a special place on the calendar to honor the contributions, achievements, sacrifices, and cultural and historical legacy of the original inhabitants of what is now the United States and their descendants: the American Indian and Alaska Native people.

The quest for a national honoring of Native Americans began in the early 20th Century as a private effort. As far back as the late 1970s, Congress has enacted legislation and subsequent presidents have issued annual proclamations designating a day, a week or a month to celebrate and commemorate the nation's American Indian and Alaska Native heritage. In 2009, Congress passed and the President signed legislation that established the Friday immediately following Thanksgiving Day of each year as "Native American Heritage Day."

One of the very proponents of an American Indian Day was Dr. Arthur C. Parker, a Seneca Indian, who was the director of the Museum of Arts and Science in Rochester, N.Y. He persuaded the Boy Scouts of America to set aside a day for the "First Americans" and for three years they adopted such a day. In 1915, the annual Congress of the American Indian Association meeting in Lawrence, Kans., formally approved a plan concerning American Indian Day. It directed its president, Rev. Sherman Coolidge, an Arapahoe, to call upon the country to observe such a day. Coolidge issued a proclamation on Sept. 28, 1915, which declared the second Saturday of each May as an American Indian Day and contained the first formal appeal for recognition of Indians as citizens.

The year before this proclamation was issued, Red Fox James, a Blackfoot Indian, rode horseback from state to state seeking approval for a day to honor Indians. On December 14, 1915, he presented the endorsements of 24 state governments at the White House. There is no record, however, of such a national day being proclaimed.

The first American Indian Day in a state was declared on the second Saturday in May 1916 by the governor of New York. Several states celebrate the fourth Friday in September. In Illinois, for example, legislators enacted such a day in 1919. Presently, several states have designated Columbus Day as Native American Day, but it continues to be a day we observe without any recognition as a national legal holiday.

In 1990 President George H. W. Bush approved a joint resolution designating November 1990 "National American Indian Heritage Month." Similar proclamations, under variants on the name (including "Native American Heritage Month" and "National American Indian and Alaska Native Heritage Month") have been issued each year since 1994.

This year's theme used by the Office of the Assistant Secretary-Indian Affairs in the Department of the Interior is "Growing Native Leaders: Enhancing Our Seven Generations."

**In celebration of Native American Heritage Month, visit the display at the SHAPE International Library.**



Quannah Parker, Comanche Indian Chief, 1845?-1911

# Pre-diabetes: Who is at risk?

By Amy Cowell

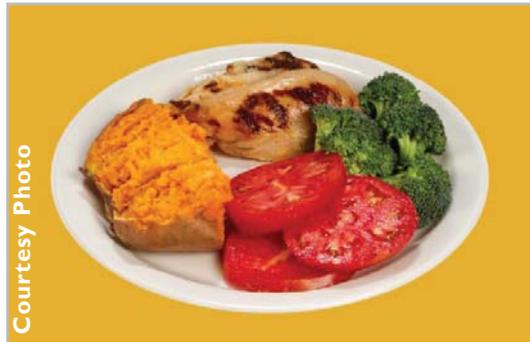
Program Evaluator, U.S. Army Public Health Command

Nearly 30 million children and adults in the United States are living with diabetes and another 86 million are pre-diabetic—having a blood sugar level higher than normal, but not high enough for a diagnosis of diabetes. These individuals are at risk for developing Type 2 diabetes. That means that nearly 1 in 3 Americans have pre-diabetes, yet the vast majority of people with pre-diabetes do not even know they have it. Without lifestyle changes to improve their health, 15 to 30 percent of people with pre-diabetes will develop Type 2 diabetes within five years. Women who have had diabetes while pregnant and people of African-American, Hispanic/Latino, American-Indian, Asian-American, or Pacific-Islander background are at increased risk.

It is important to find out early if you have pre-diabetes, because early treatment can prevent serious problems that diabetes can cause, such as loss of eyesight or kidney damage. Several risk factors increase a person's risk for pre-diabetes. As November is the American Diabetes Association's American Diabetes Month, take the U.S. Centers for Disease Control and Prevention's test below to see if you are at risk.

Answer these seven simple questions:

- Are you a woman who has had a baby weighing more than 9 pounds at birth? (yes: 1 point; no: 0 points)
- Do you have a sister or brother with diabetes? (yes: 1 point; no: 0 points)
- Do you have a parent with diabetes? (yes: 1 point; no: 0 points)



Courtesy Photo

*This white ceramic plate had been topped with a healthy, balanced meal consisting of a broiled chicken breast, half a sweet potato, three slices of bright red tomato, and some steamed broccoli florets, and measured 293 calories in its entirety. Eating low-fat meals with fruits, vegetables and whole-grain foods can lower your risk of developing Type 2 diabetes.*

-Are you younger than 65 years of age and get little or no exercise in a typical day? (yes: 5 points; no: 0 points)

-Are you between 45 and 64 years of age? (yes: 5 points; no: 0 points)

-Are you 65 years of age or older? (yes: 9 points; no: 0 points)

-Do you weigh as much as or more than the weight corresponding to your height? (yes: 5 points; no: 0 points)

**If your score is 3 to 8 points**

This means your risk is probably low for having pre-diabetes now. Keep your risk low. If you are overweight, lose weight. Be active most days, and don't use tobacco. Eat low-fat meals with fruits, vegetables and whole-grain foods. If you have high cholesterol or

high blood pressure, talk to your health care provider about your risk for Type 2 diabetes.

**If your score is 9 or more points**

This means your risk is high for having pre-diabetes now. Please make an appointment with your health care provider soon.

The good news is that those who are pre-diabetic can avoid becoming diabetic and even reverse their pre-diabetic status through lifestyle changes. Research shows that modest weight loss and regular physical activity can help prevent or delay Type 2 diabetes by up to 58 percent in people with pre-diabetes. Modest weight loss means 5 percent to 7 percent of body weight, which is 10 to 14 pounds for a 200-pound person. Getting at least 150 minutes each week of physical activity, such as brisk walking, also is important for prevention.

## Your input will help to set equitable OHA rates

The 2015 Overseas Housing Allowance Utility Expenses Survey has been extended through Nov. 30 and is available at <https://www.defensetravel.dod.mil/site/oha-util-oct.cfm>.

The survey is designed to collect utility and recurring maintenance expense data incurred by Uniformed Service members stationed overseas, who reside in private housing. Your data assists in determining the Utility/Recurring Maintenance Allowance paid to Service members in the country surveyed. If you receive OHA and meet the following qualifications,

you should participate in the survey:

- Have been stationed in the country, where this survey is being conducted, for at least 6 months
- Reside in privately leased quarters (not a homeowner or sharer)
- Receive an Overseas Housing Allowance

The Overseas Housing Allowance is a valuable entitlement for members who are stationed overseas. You play a critical part as the data you provide will directly impact the Utility/Recurring Maintenance Allowance paid to

members. Your time and effort spent answering the survey questions will enable the Department of Defense to set equitable OHA rates.

OHA surveys are conducted by country, not by command, since allowances are set by country, not by command. Therefore, military members in the same organization but stationed in different countries may be taking the survey at different times.

If you have any questions, contact the chief of Housing Division at DSN 366-6394 or civilian 065-326394.

## HOLIDAY SEASON

# Community reaches out to local charity organizations

If you want to help needy families or children in foster care homes in the SHAPE/Chièvres area, there are several ways to do so. Among others, you can support IC3 and the USAG Benelux/American Legion Post BE02 Orphans Program and help several organizations in the local area:

### **Saint Nicolas Toy Drive**

IC3 is helping St Nicolas give to children in eight foster care homes and other charities this December. Gifts are still needed for a home for handicapped children. Toys or warm clothing are welcome with a maximum of 30 Euros. Delivery is at the SHAPE Chapel, Nov. 27 and 28 from noon to 4 p.m. in room 45. For additional information, call civilian 0470-493309.

### **Non-perishable food items drive**

The Spanish Ladies' Association is organizing a November Vaquita. You can donate non-perishable food items to help local families and children in need, Nov. 20 from 10 a.m. to 2 p.m. at the SHAPE Carrefour Market.

### **"Signposts" - Buy a book for charity**

Three retired Shapians have put together a selection of short stories into a book to help a local charity organization for 80 children in Brugelette. The book consists of 33 short stories written by Jake Corey, Vesla Small and Linda Nash and will make you travel from the north of Norway through the small villages of Belgium to the green hills of England. For additional information, call civilian 0474-303272. You can also purchase a paperback or e-book on Amazon.

### **Share-a-Meal**

Drop off your boxes at the SHAPE Events Centre, Nov. 19 and 20 from 7:30 to 9:30 a.m. and from 3 to 7 p.m.; Nov. 21 from 9 a.m. to 4 p.m.

### **USAG Benelux/American Legion Post BE02 Orphans Program**

Ever since the U.S. community settled in the SHAPE/Chièvres area in 1967, it has been supporting the local orphanage "La Fermette" in Ath. To make Santa's job easier, the children have submitted a wish list. The goal is to provide each of the children with one of their wishes at a party on Dec. 16. If you want to take a look at the wish list or if you have any questions, call the USAG Benelux Public Affairs Office at DSN 361-5694 or civilian 068-275694.



Archive Photo

## Krispy Kreme comes to Brussels PXtra

Krispy Kreme doughnuts will be arriving at Brussels PXtra soon. The first shipment of this "taste of home" is expected to be delivered Nov. 24.

The doughnut assortment coming to the Benelux is part of a three-phase rollout at the Army & Air Force Exchange Service, or AAFES. The move was announced June 4, according to the Krispy Kreme website.

Phase 1 covered Central Germany, including Kaiserlautern. Phase II covers outer

areas, such as the Benelux and Baumholder, Germany. Phase III includes Aviano Air Base and USAG Italy, which encompasses Camp Darby and the Vicenza military community, as well as the Defense Commissary Agency.

Through a licensing agreement, the Exchange's bakery in Gruenstadt, Germany, will bake and deliver fresh Krispy Kreme products to Exchanges, Expresses and commissaries at U.S. military bases

in Germany, Belgium, the Netherlands, and the United Kingdom, according to a news release from AAFES corporate headquarters in Dallas.

The facility in Gruenstadt is AAFES' largest production plant in the world.

The master bakers at the Gruenstadt plant will use Krispy Kreme's proprietary doughnut-making equipment and ingredients to produce a wide variety of Krispy Kreme's signature iced, filled and other

doughnut offerings. The bakery currently supplies more than 200 American-branded products made from scratch, such as cookies, tortilla chips and bread, daily to authorized shoppers at military bases throughout Europe, Iraq and Afghanistan. Each product is identical to those service members, Department of Defense civilians and their families find in the United States, down to the packaging, recipes and ingredients.

# Operating hours over Thanksgiving weekend (Nov. 26 - 29)

## SHAPE/Chievres Community

	PX/PXtra	Commissary	Fitness Center	Personal Mail Pickup	Postal Finance	Northern Law Center	SHAPE Healthcare Facility
Thu Nov. 26	Closed	Closed	9 a.m. - 5 p.m.	Closed	Closed	Closed	Acute Care clinic: 8 a.m. - 5 p.m. Physical Therapy: 1 - 5 p.m.
Fri Nov. 27				7:30 a.m. - 5:30 p.m. (through Dec. 18)	8 a.m. - 5 p.m. (through Dec. 18)	Closed	Acute Care clinic: 8 a.m. - 5 p.m. Physical Therapy: 8 a.m. - 5 p.m.
Sat Nov. 28							
Sun Nov. 29							

The blocks left blank mean regular operating hours for that day of the week.

## Brussels Community

	Shoppette	Dental Clinic	Health Clinic	Fitness Center	Package Mailing	Package Pickup
Thu Nov. 26	Closed	Closed	Closed	7 a.m. - 3 p.m.	Closed	Closed
Fri Nov. 27		Closed	Closed		7:30 a.m. - 4:30 p.m. (through Dec. 23)	7:30 a.m. - 5 p.m. (through Dec. 23)
Sat Nov. 28						
Sun Nov. 29						

The blocks left blank mean regular operating hours for that day of the week.

## Schinnen/Brunssum Community

	Main Exchange	Housing	Commissary	ACS	CPF	Northern Law Center	Schinnen/Brunssum post	ISO	WIC Office	DPW	Fitness Center
Thu Nov. 26	Closed	8 a.m. - noon 12:30-4:30 p.m.	Closed	Closed	Closed	Closed	Closed		Closed	8 a.m. - 4:30 p.m.	9 a.m. - 5 p.m.
Fri Nov. 27	8 a.m. - 6 p.m.	8 a.m. - noon 12:30-4:30 p.m.	Closed	8:30 a.m. - 4:30 p.m.		Closed		Closed			9 a.m. - 5 p.m.
Sat Nov. 28	8 a.m. - 6 p.m.		10 a.m. - 6 p.m.								
Sun Nov. 29											

The blocks left blank mean regular operating hours for that day of the week.

Americans stationed all over Europe can now use a toll-free number to connect to the National Suicide Prevention Lifeline and Military Crisis Line. Most active-duty military, civilians, family members and contractors can reach the lifeline by dialing this toll-free European number: 00800-1273-TALK (8255).

The lifeline can also be reached from any Army garrison DSN phone at DSN 118.

The number can be dialed from fixed-line telephones and most cell phones in Germany, Italy, Belgium, the Netherlands and the United Kingdom.

Anyone calling in will be able to speak confidentially with a trained Masters Level crisis counselor.

## BRUSSELS COMMUNITY

### Mark your calendar

- **Brussels Winter Fest** - Will be held **Dec. 3** at the 3 Star Lounge starting at 5:30 p.m. and until 8 p.m. for dinner and kids activities; from 6:30 to 7:30 p.m. for pictures with Santa and from 7:30 to 8 p.m. for the tree lighting and Christmas carols.

### Volunteer now

- **Coaches needed** - Volunteers receive free and reduced fees for their children to participate. If you are interested, call DSN 368-9539 or civilian 02-7179539.
- **CYSS Youth Sports Winter season programs** - Open enrollment is going on now for several sports programs offered by Child, Youth and School services during the January-February season. For additional information, call DSN 368-9539/9651 or civilian 02-7179539/9651.
- **Basketball** - Youth ages 3 to 15 may be signed up for this sports program. Cost is \$20 for ages 3 to 5; \$40 for ages 6 to 15.
- **Cheerleading** - Youth ages 6 to 12 may be signed up for this sports program. Cost is \$20 for ages 6 to 7 and \$40 for ages 8 to 12.

### Nov. 19

- **3 Star Family Dinner "All you can eat taco bar"** - Starting at 5:30 p.m. Adults: \$10, kids \$5. At the same time, you can take a free family photo from 5:30 to 6:30 p.m. in celebration of Military Family Month.

### Nov. 20

- **BOSS Movie Night** - At the BOSS Movie Area, Bldg. 1, 3rd floor with *We are your Friends* (R) starting at 6:30 p.m.

### Nov. 25

- **Community Thanksgiving Dinner** with the Brussels' Ridge Runner Ensemble at the 3 Star Lounge from 3:30 to 5:30 p.m. for all U.S. military and family members, DoD U.S. employees and DoD HN employees working or residing in the Brussels area. For information or reservation, call DSN 368-9747 or civilian 02-7179747.

### Nov. 26

- **There will be no 3 Star Family Dinner (Thanksgiving).**

## SCHINNEN/BRUNSSUM COMMUNITY

### Mark your calendar

- **Holiday Celebration and Tree Lighting** - Will be held **Dec. 4** as of 5:30 p.m. with festive market environment, lighting of the tree, performances from the AFNORTH International school Concert Band and Choir, food and refreshments, childrens' activities and photos with Santa.

### Register now

- **Basketball Coaches Clinic** - Clinic will be on **Dec. 9** from 6 to 9 p.m. at the CYSS Building. For more information, call DSN 364-4195 or civilian +31 (0) 45-5264195.

### Register by Nov. 27

- **CYSS sports programs** - Open enrollment is going on now for several sports programs offered by Child, Youth and School Services during the Jan. 16 to Feb. 20 season. Open to all U.S. and NATO ID card-holders, but spaces are limited. Youths must be registered with CYSS and have a valid health assessment at the time of enrollment. For details, contact CYSS Sports & Fitness by stopping by Building H602 on JFC Brunssum or calling DSN 364-4195 or civilian +31 (0) 45-5264195.
- **Coed basketball** - Youths ages 3 to 15 may be signed up for this sports program. Cost: \$20 for children ages 3 to 5 and \$40 for those ages 6 to 15.
- **Junior girls basketball** - This sports program is offered to youths ages 13 to 15. Cost: \$40.
- **Cheerleading** - This sports program is offered to youths ages 6 to 15. Cost: \$40.

### Register by Dec. 9

- **Basketball Officials Clinic** - The class will be held **Dec. 12** from 9 a.m. to 5 p.m. at JFC Brunssum, Building H 602. To register or for more information, call DSN 364-4195 or civilian +31(0) 45-526-4195.

### Nov. 19

- **Movie Night** - Presented by Family Support Morale & Welfare at the JFC HQ Alliance Theater at 7 p.m. Movie shown is *Hunger Games: Mockingjay Part 1*, rated PG-13. Free admittance.

### Nov. 24

- **Holiday market trip to Valkenburg** - Ride the train to Valkenburg to explore the Christmas caves. A walking tour of the market will lead through a lit up Christmas cave with mural carvings and lots of vendors with shopping delights. For more information or to register, call DSN 360-7500 or civilian +31(0)46-4437500.
- **Christmas craft market** - From 10 a.m. to 2 p.m. at the JFC Brunssum International Conference Center. The market has a wide range of crafts for special and unusual gifts from all our nations. Refreshments and light lunch are available. Entrance is free and this event is open to all NATO ID cardholders.

## SCHINNEN/BRUNSSUM COMMUNITY continued

### Nov. 25

- **Heinsberg Hospital Tour** - Offered in English by the New Parent Support Program. Meet at 6 p.m. at the front door of the hospital. For additional information, call +49 (0)2452-188501.

### Nov. 26

- **JFC Chapel Thanksgiving Potluck Dinner** - At the Alliance restaurant from 6 to 8 p.m. Bring a dish or two to share, enough for your family and a few more.

## SHAPE/CHIEVRES COMMUNITY

### Register now

- **Spartan Turkey Trot 5k Run/Walk** - Run/walk will be held **Nov. 25** starting at 4:15 p.m., the fun run for ages 10 and under will start at 4:20 p.m. For additional information, call DSN 366-6930 or civilian 065-326930.
- **Movember mustache-growing contest** - SHAPE Healthcare Facility will host a Movember event **Nov. 30** from noon to 1 p.m. in the second-floor conference room of the clinic. For more information or to register for the competition, call Preventive Medicine at DSN 566-5336 or civilian 065-325336.

### Register by Nov. 27

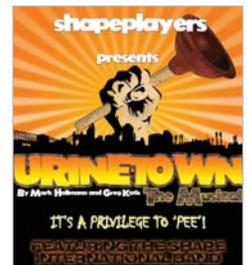
- **CYSS sports programs** - Open enrollment is going on now for several sports programs offered by Child, Youth and School Services. Open to all U.S. and NATO ID card-holders, but spaces are limited. For details, stop by SHAPE Building 503 or call DSN 423-6039/6097 or civilian 065-446039/6097.
  - **Basketball** - This program is offered during the December-to-March season to youths ages 6 to 15. Cost: \$40. Call CYSS for appropriate league.
  - **Developmental basketball** - This program is offered during the January-to-February season to girls and boys ages 4 to 5. Cost: \$20.
  - **Cheerleading** - This program is offered during the December-to-March season to youths ages 9 to 12. Cost: \$40.

### Registration through Nov. 30

- **Cross-country** - This CYSS program is offered during the December-to-February season to youths ages 10 to 13. Cost: \$15. For questions or to volunteer as a coach, call the CYSS Youth Sports Office at DSN 423-4448 or civilian 065-444448. To register for cross-country, call DSN 423-6039/6097 or civilian 065-446039/6097.

### Nov. 19, 21, 22, 25, 27, 28, 29

- **Urinetown by the SHAPE Players** - At the SHAPE Performing Arts Centre, featuring the SHAPE International Band, performances are at 7:30 p.m., except for Sunday performances which are at 3 p.m. Tickets are at €16 per adult, €8 for children and students. For additional information, call DSN 423-3312 or civilian 065-443312.



### Nov. 20

- **Movie Night at the Chièvres Branch Library** - Starting at 4:30 p.m. Popcorn and drinks will be served. Children under 12 must be accompanied by an adult. For additional information, call DSN 361-5767 or civilian 068-275053.
- **Lunchtime concert** - From 12:15 to 1 p.m. at the East SHAPE Chapel come listen, relax and chill out to a free concert of light classical music performed by members of the SHAPE community.

### Nov. 21

- **British Christmas Fayre** - With carols and live Christmas music, festive drinks and mince pies, traditional British stalls and more from 11:30 a.m. to 3:30 p.m. in Bldg. 309, SHAPE.

### Nov. 23

- **Newborn Network** - Meet other parents, discuss transitioning as a parent and bond with your baby through sharing and music from 10 to 11:30 a.m. at the ACS Playroom in Bldg. 318, SHAPE. For additional information, call DSN 366-6824 or civilian 065-326824.

### Nov. 24

- **Thanksgiving meal** - The Chapel community will provide a Thanksgiving meal for single service members, families of deployed personnel and transitioning families who are staying at the Army Lodge. This Thanksgiving meal will be held at Chièvres Activity Center from 6 to 8 p.m. In addition to Chapel volunteers, many service groups in the SHAPE/Chièvres community are involved. To find out more, contact civilian 0483-618359.

## SPANGDAHLEM, Germany

### Nov. 21

- **Operation Sci Fi Con 2015** - Presented by 520 FSS Club Eifel from 9:52 a.m. to 5 p.m. with vendors, contests, table top gaming demos, collector discussion groups and display, kids activities and special guests. For additional information, call DSN 452-4633 or civilian (+49)(0)6565614633.

# Travel the Benelux

## Culture and history on the River Spaarne

by Keith Houin

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Between Amsterdam and the North Sea, seven miles from the coast along the River Spaarne, sits the Dutch town of Haarlem. Once the seat of the Counts of Holland, today it is known for its historic buildings, churches, museums, architecture and cobble stone streets.

In the heart of the main city square sits 'Grote Kerk' or 'St. Bavokerk.' This Late Gothic cruciform church is the city's most striking building. Inside you will find furnishings dating from before the Reformation, 15th and 16th century paintings and other art, but the most impressive item is the Müller organ, dating from 1738 and considered one of the greatest instruments of its type in the world.

Just a four-minute walk away from St. Bavokerk is the Teylers Museum. Teylers Museum is the only museum in the Netherlands that has been

open to the public continuously since 1784. Its authentic interior, containing the original objects, has remained the same since then. In addition to the impressive collection of drawings and prints by artists including Rembrandt and Michelangelo, two special displays are currently open – Real Winters and Pantheon.

In the Real Winters exhibition, for the first time, winter landscapes and skating scenes are combined in an overview that spans from approximately 1780 to 1915. Pantheon explores the use of the depiction of Greek and Roman gods on coins and medals throughout history.

Another must see is the Corrie ten Boom Museum which is dedicated to The Hiding Place, the subject of a book by Corrie ten Boom. The ten Boom family ran a watch shop, but during the Nazi occupation in World

War II they provided safe harbor for Jews and other underground refugees in a hiding place they built upstairs. On February 28, 1944 the family was betrayed and arrested.

Corrie's father Casper died less than two weeks later at the Scheveningen prison, and her sister Betsie died December 16 in Ravensbrück concentration camp. Corrie's nephew, Christiaan had been sent to Bergen Belsen for his work in the underground. He did not return. Her brother Willem contracted spinal tuberculosis while in prison and died shortly after the war.

Other sites to visit include the Frans Hals Museum, the old city hall, Proveniershuis (a collection of buildings dating from the 17th and 18th centuries founded by the city council to house elderly men) and De Adriaan en De Eenhoorn windmills.

Outside the gate



(clockwise from above) Müller organ of St. Bavokerk (photo by Memorino)  
• De Adriaan windmill (photo by Michiel Verbeek) • St. Bavokerk.

# Battle of the Bulge commemorations are coming up

This year's commemorations may not be as symbolic as last year's 70th anniversary but a visit to Bastogne during the Battle of the Bulge commemorations will still give you an idea how the American troops endured the cold and found shelter in the foxholes during winter 1944-1945.

On Dec. 16, 1944, the German artillery started attacking the sparsely deployed American troops around Bastogne, taking advantage of the cold and the fog.

The 101st Airborne Division - along with elements of the 10th

Armored Division and the 82nd Airborne Division - soon became encircled by the Germans.

On Dec. 22, the Germans asked for the American surrender to which Gen. Anthony McAuliffe replied with his now-famous "Nuts."

The next day, the weather cleared up allowing air retaliation and the parachuting of much-needed food, medicine and weapons.

On Dec. 26, Gen. George Patton's Third Army eventually relieved Bastogne, but the Battle of the Bulge would last until Jan. 25, 1945.



Re-enactors set up camps along the historic walk depicting the living and working conditions of the U.S. Soldiers during the Battle of the Bulge.

## Schedule of events

**Saturday, Dec. 12**

8 to 9:30 a.m. - The historic walk (7, 14 or 20 km) departs from the Bastogne Sports Center on Rue Gustave Delperdange. Registration will be on site Dec. 12 from 3 to 8 p.m. and Dec. 13 from 7 to 9:30 a.m. Participating fee is €6 per person.

3 p.m. - Parade starts in front of the city hall (Grand'Rue) with wreath laying ceremonies at Patton and McAuliffe monuments followed by nutt throw from the balcony of the city hall.

**Sunday, Dec. 13**

2:30 p.m. - Military vintage vehicle parade on Grand'Rue.

## Lodging

Lodging in a common room in the Bastogne sports center is still available but early cut off for reservations is **Nov. 20**. Fill out your reservation on line at [www.centresportif-bastogne.be](http://www.centresportif-bastogne.be). Cost is €15 for one night with breakfast per person or €25 for two nights with breakfast per person.

## Visits

The Bastogne Barracks where Gen. McAuliffe replied his now-famous "Nuts" will be open for visits at Rue de la Roche 40. Visits are free of charge and include the vehicle restoration center, displays, memorabilia fair and more from 1 to 6 p.m. on Friday, Dec. 11 and from 9 a.m. to 6 p.m. on Saturday, Dec. 12 and Sunday, Dec. 13.

## Upcoming organized trips

### SHAPE Trips and Tours

Serving Brussels, Chièvres and SHAPE. Call DSN 423-3884 or civilian 065-443884.

- **Snow & Ice Sculpture Festival in Brugge (Bruges), Nov. 28**
- **German Christmas markets overnight, Dec. 5 to 6**
- **Alsace Christmas markets overnight in Triberg im Schwarzwald (Black Forest), Dec. 12 to 13**
- **Aachen and Monschau Christmas markets, Dec. 19**
- **Paris in winter, Dec. 28**
- **London New Year's, Dec. 30 to Jan. 1, 2016**
- **Amsterdam with the Heineken Experience, Jan 16**
- **"The Nutcracker" Ballet, Brussels, Jan. 24**
- **Thermae 200 in Valkenburg, Jan. 30**
- **London with "Wicked" show, Feb. 20**
- **Croatia with Venice and Slovenia, March 28 - Apr. 6**

### SHAPE Travel Group

Call civilian 0470-876369 for details.

- **Cologne Christmas markets, Nov. 24**
- **Canterbury, England, Dec. 3**
- **Aachen Christmas Market, Dec. 10**
- **Paris Lights, Dec. 15**
- **Snow World, the Netherlands (transportation and four-hour ski pass), Jan. 19, 2016**
- **Trocs and Leuven, Jan. 28, 2016**

### Schinnen Trips & Tours

Call DSN 360-7560 or civilian +31 (0) 46-4437560.

- **Cologne Christmas Markets, Dec. 5**
- **Disney's Enchanted Christmas Celebration at Disneyland Paris, Dec. 19**



Read about events near Chièvres, SHAPE and Brussels.

**Nov. 19**

- **Jazz Session in Silly** - At "Le Salon" on Rue Ville Basse 19 starting at 8:30 p.m. Entrance fee is €8.

**Nov. 20**

- **Savors crossroads in Frameries** - Discover local products - ice cream, honey, cheese, beer, fruit, vegetables and more - while your kids enjoy entertainment. Open from 5 to 9 p.m. at the Epicenter on Rue Des Alliés. Free admission.



**Nov. 21**

- **Flea market for toys, clothes and books in Lens (70 booths)** at the town hall from 2 to 5 p.m. Admission: €3
- **Flea market for children toys and clothes in Mignault (30 booths)** at the Salle le Foyer at Rue des Déportés from 2 to 6 p.m.
- **Books and paper collectors fair in Mons (30 booths)** at the Athénée Jean d'Avesnes at Avenue Gouverneur Cornez from 8:30 a.m. to 3 p.m. Free admission.
- **Haunted volksmarch in Ath** for 8 and 13 km. Departs from Rue Defacqz at 5 p.m.
- **Brass band concert in Enghien** in Saint Nicolas Church on Place Pierre Delannoy from 8:30 to 11 p.m. Admission: €6.

**Nov. 21 to 22**

- **Crafts market in Oeudeghien** at Espace Leulier on Rue du Petit Dieu. Open from 3 to 8 p.m. Saturday and from 10 a.m. to 7 p.m. Sunday. Free admission.
- **Wedding fair in Braine-le-Comte** at Salle du Scaubecq at Chemin de Mariemont. Open from 11 a.m. to 10 p.m. and from 11 a.m. to 6 p.m. Free admission.
- **Flea market in Ath (70 booths)** at the industrial area on Chemin des Primevères from 10 a.m. to 5 p.m.

**Nov. 22**

- **Mountain bike ride in Enghien for 27, 38 and 48 km** - Departs from Chaussée de Soignies 36 from 8 to 10:30 a.m.
- **Volksmarch in Piéton for 5, 10 and 20 km** - Departs from Rue Laurent 18 from 9 a.m. to 6 p.m.



Read about events near Brunssum and Schinnen (in the Netherlands unless otherwise indicated).

**Through Nov. 19**

- **Art & Christmas Fair** - Held in Gescher (GE) at Kutschenmuseum (Coach Museum), this fair is open from 10 a.m. to 6 p.m.
- **Indoor winter fair in Utrecht** - Fair is held in the Jaarbeurs and gives a taste of the coming festive month. Entry: €20. Open: 10 a.m. to 6 p.m.

**Nov. 19-21; 26-29 & Dec. 3-6; 10-13 and 17-20**

- **Christmas market in Bad Sassendorf (GE)** - Held in the center of town, this fair is open: Thursdays-Fridays, 2 to 7 p.m. and Saturdays-Sundays, 11 a.m. to 7 p.m.

**Nov. 19-22 & 27-29**

- **Finnish Christmas market in Rotterdam** - On Gravendijkwal 64 with lots of Finnish articles and delicacies is open Thursday-Friday, noon to 8 p.m., Saturday 10 a.m. to 6 p.m. and Sunday, 11 a.m. to 5 p.m. No entrance fees.

**Nov. 19-Dec. 23**

- **Christmas market in Bochum (GE)** - On the historic market square at the foot of the St. Paul Church, market is open daily from noon to 9 p.m. and closed on Nov. 22.
- **Nikolaus market in Düsseldorf (GE)** - On square in the old historic center of town. Christmas markets are also held at Stadtbrückchen (trendy), Schadowplatz (nostalgic); Heinrich-Heine-Platz; Flinger Strasse; Schadowstrasse and Königsallee in the center of town. Open Sundays-Thursdays, 11 a.m. to 8 p.m. and Fridays-Saturdays, 11 a.m. to 9 p.m. Closed Sunday, Nov. 22.

**Nov. 20-30**

- **The Magical Christmas Moments in Brugge (BE)** - At "Oud Sint-Janshospitaal" in the center offers a variety of gifts; Christmas decorations; and workshops. Open all days 10 a.m. to 6 p.m. Entry: €15; children 13 and younger - free entrance.

**Nov. 20-Dec. 23**

- **Christmas market in Aachen (GE)** - Around the historic town hall in the center of town. Open daily 11 a.m. to 9 p.m., but on Nov. 22, 6 to 9 p.m.
- **Christmas market in Bonn (GE)** - This market in Beethoven's birthplace presents illuminated storefronts and the festive scenery of the Münsterplatz, the Bottlerplatz, the Friedensplatz and connecting streets. Vendors offer traditional Christmas goods, arts and crafts. Open daily 11 a.m. to 9 p.m. Closed Nov. 22.

Remain vigilant, and maintain situational awareness at all times.



Outside the gate

**Nov. 22 continued**

- **Volksmarch in Bon-Secours for 5, 10, 15 and 20 km** - Departs from Rue des Sapins from 9 a.m. to 6 p.m.
- **Volksmarch in Ragnies for 5, 10 and 20 km** - Departs from the square from 9 a.m. to 6 p.m.
- **Run & Bike in Wasmes for 18-6-12 km** - Departs from Rue Berchon 161 at 11 a.m. Admission: €10.
- **Flea market in Hornu (200 booths)** on Route de Mons from 5 a.m. to 2 p.m.
- **Flea market in Ollignies (130 booths)** at Rue Grand Marais 1 from 9 a.m. to 6 p.m. Admission €3.

**Ongoing**



**Through Dec. 10**

- **Brussels Museums Nocturnes** - Every Thursday evening from 5 to 10 p.m., at least seven museums will stay open to visitors. It is the ideal opportunity to (re) discover the cultural treasures of Brussels. Admission: €3 per museum, €1,50 for 25 and under. Some late-evening openings are free. More information at <http://brussel museumsnocturnes.be/en/>.

**Through Jan. 17**

- **Exhibition "Mankind, The Dragon and Death. The Glory of St Georges" in Mons** - The exhibition (including paintings, sculptures, drawings and illuminated manuscripts) shows how the iconography of St George and the dragon has always been a powerful driver of the European imagination. At the MAC'S on Rue Sainte Louise 82. Open Tuesday to Sunday from 10 a.m. to 6 p.m. More information at <http://www.mons2015.eu/en/man-dragon-and-death>.

**Register now**

**Dec. 12**

- **Christmas Gospel Concert in Chièvres** by World of Truth International Christian Ministries at the Eglise Saint-Martin on Rue du Château. The concert will start at 7 p.m. Registration required at 068-645961. Free admission.



**Nov. 21**

- **Winter market in Belfeld** - On Koninginneplein in the center from noon to 8 p.m.

**Through Nov. 22**

- **Spirit of Winter Fair near the town of Apeldoorn** - This fair turns the park of Palace Het Loo into a magical winter garden filled with winter fest ideas. The outdoor fair features crystal, furniture, silver, china, plants and Christmas decorations and provides beautiful decor ideas. Entry: 17.50 (includes entrance Palace); children (4-17) €7.50. Open daily, 10 a.m. to 6 p.m.; Nov. 20, 10 a.m. to 10 p.m.

**Nov. 22-29**

- **PAN Amsterdam art & antique fair** - This fair held at RAI draws more than one hundred art and antique dealers who participate with paintings, jewelry, design, silverwork, glass, statues, Asian art and more. Open daily from 11 a.m. to 7 p.m.; Nov. 24, 11 a.m. to 9 p.m.; Nov. 26 and 29 from 11 a.m. to 6 p.m. Entry: €15; children 11 and younger - free entrance.

**Nov. 25-29**

- **Country & Christmas fair near Haarzuilens** - At Castle De Haar, the fair has more than 200 booths. Open: Nov. 25-28, 10 a.m. to 10 p.m. and Nov. 29, 10 a.m. to 6 p.m. Entry: €17.50; children (12 to 16), €10.

**Nov. 26-29**

- **Christmas market in Gladbeck (GE)** - In the surroundings of Castle Wittlingen on Burgstrasse 64, this market is open: Nov. 26-27, 3 to 8 p.m.; Nov. 28, 11 a.m. to 8 p.m. and Nov. 29, 11 a.m. to 7 p.m.

**Through Dec. 20**

- **Christmas Show in English country style in Valkenburg** - At Ricos on Hekerweg 37, open only on Fridays, 1 to 5:30 p.m. and Saturdays-Sundays, noon to 5:30 p.m.

**Through Dec. 23**

- **Christmas market in Valkenburg** - Market is held in a cave and is open: Mondays-Thursdays, 11 a.m. to 8 p.m.; Fridays-Saturdays, 10 a.m. to 8 p.m. and Sundays, 10 a.m. to 8 p.m.; Dec. 23, noon to 6 p.m. Entry: €6; children 5 to 11, €3.
- **Christmas market in Valkenburg** - Held in the Fluwelen (velvet) Cave under the castle ruins on Daalhemmerweg. Open Sundays to Thursdays, noon to 7 p.m.; Fridays & Saturdays, 10 a.m. to 9 p.m.; Dec. 23, 10 a.m. to 6 p.m. Entry: €6; children 5 to 11, €3.

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