

THE GAZETTE

Published for members of the SHAPE/Chièvres, Brussels and Schinnen communities

Benelux news briefs

SHF plans for reduced staffing for holiday

SHAPE Healthcare Facility will operate with reduced staffing for Memorial Day, May 30, from 8 a.m. to 5 p.m. During those times:

- Acute Care Walk-In Clinic will operate with Medical Officer of the Day, or MOD, coverage only.
- Physical Therapy and Referral Management services will be available.
- All other services will be closed.

Library service reduced

Army MWR Library is updating its library catalog and computer systems.

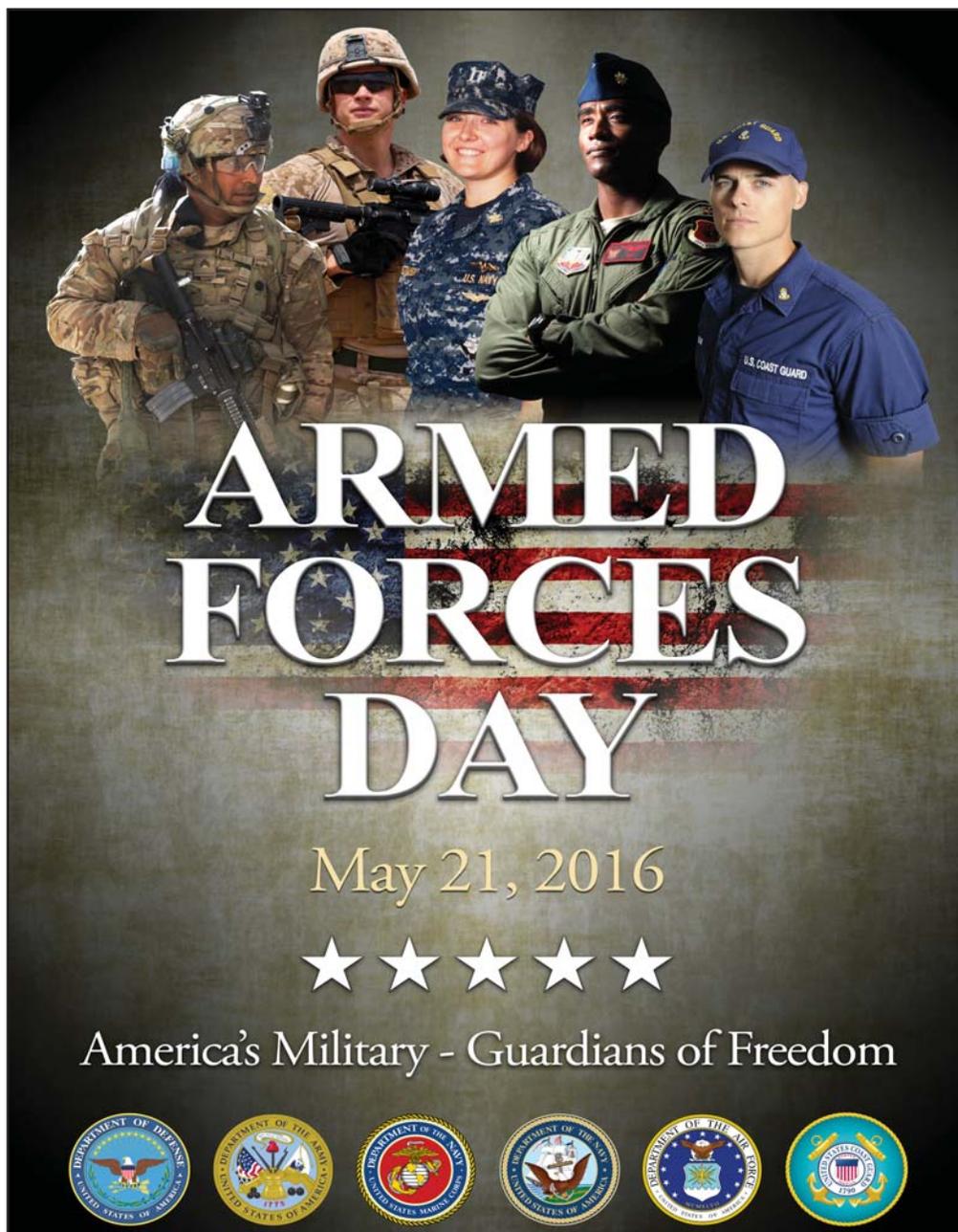
Consequently, all Army libraries in Europe will experience a reduction in available services next week. Patrons can check out fewer items, and eResources will be impacted – and may be down entirely.

For example, access to eContent and My Account won't be available at the JFC Brunssum Library from May 25 to 27.

Additionally, taking advantage of the down time, the SHAPE International and Chievers Libraries will be closed May 26 for a training day.

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Armed Forces Day to be celebrated Saturday

President Harry S. Truman led the effort to establish a single holiday for citizens to come together and thank America's military members for their patriotic service in support of the nation. Secretary of Defense Louis Johnson announced the creation of an Armed Forces Day Aug. 31, 1949, to replace separate Army, Navy, Marine Corps and Air Force Days, according to <http://afd.defense.gov>. (Defense Department image)

See page 2.

Armed Forces Day stresses camaraderie, patriotism

(Below) People around the Chièvres community Wednesday, May 18, 2016, talk about Armed Forces Day. In 1950, President Harry Truman signed Proclamation 2873 to establish Armed Forces Day "to honor the Armed Forces of the United States and the millions of veterans who have returned to civilian pursuits." This year, it will be observed Saturday, May 21. (U.S. Army photos by Andrea Wales)



Spc. Gabriel Perez, human-resources specialist with the 39th Signal Battalion in Chièvres.

"You celebrate the achievements of the different branches of service. It (being in the Army) helped me grow. I feel more confident and independent since I've been in the service. The Army Creeds have an impact on the way I actually live my life."

"It makes me think back to the good times I had when I was in the Army. If I hadn't been a Soldier, I never would have met my Belgian wife!"



Will Herron of Community Mail Room 490 in Chièvres.



Lesley Utter, wife of Staff Sgt. Curtis Utter.

"We're thankful for the military and the opportunities it gives us – cultural, educational. ... I'm proud to be able to support my Soldier."



Pvt. 2 Donovan Ward, military police officer with USAG Benelux's Headquarters and Headquarters Company.

"This day is really important. It just shows how much dedication people have in the military. It fosters the brotherhood. It shows that we're all one team."

"It's a day to celebrate the reasons we have the freedoms we do because of the contributions of service members in peacetime as well as wartime."



Air Force Tech. Sgt. Aldrick Brown, civil engineer at 424th Air Base Squadron. Brown is in a no-hat area on Chièvres Air Base.

SARC, victim advocate create smart-phone app

by Sandra Beecher

USAG Benelux-Schinnen victim advocate

When a sexual-assault response coordinator and a victim advocate have an idea on how to make getting help easier, things get done.

Sgt. 1st Class Mark Brown and Hy Taylor both work in the Sexual Harassment/Assault Response and Prevention, or SHARP, program in Wiesbaden, Germany.

They knew that, especially for personnel stationed overseas, an issue was who and how to call for help in case of an emergency. Brown and Taylor consolidated the data for emergency contact numbers throughout Europe to include Belgium, the Netherlands, Luxembourg, Italy and Germany.

In conjunction with the Training and Doctrine Command, or TRADOC, Mobile Product Development team, they developed and published a "We Care, Europe" application, or app, for both Android and iPhones.

With just a few taps on their phones, callers will be connected with the resources they need in their local communities or even stateside: military police, chaplains, Family Advocacy, SHARP helplines

and suicide-prevention resources.

The app also links to other resources and websites for more information during non-emergency events.

All communities in the European theater have access to this free app and are encouraged to download it to their smart phones:

- <https://itunes.apple.com/us/app/wecare-europe/id1096259208?mt=8>
- <https://play.google.com/store/apps/details?id=mil.army.wecareusagwiesbaden>



Brown and Taylor are currently working on updating the application to include more countries, such as Kosovo and Turkey, and to broaden the reach to all personnel in the European community.

Any suggestions for updates to this app can be sent to usarmy.wiesbaden.2-sig-bde.list.sharp@mail.mil.

You can contact your local SHARP team by calling DSN 366-6863 or civilian 065-326863, or DSN 360-7218 or civilian +31 (0) 46-4437218.



I.A.M. STRONG
U.S. ARMY
SHARP 24/7 SEXUAL ASSAULT HOTLINES

Victim Advocate Hotlines

SHAPE/Chièvres and Brussels: +32 (0) 476-762264
Schinnen: +31 (0) 651-919119
DOD Safe Helpline: +49 (0) 611-143-537-SAFE (7233)

Three ways to get help during crisis

1. Get crisis-support help in Europe by calling toll-free 00800-1273-8255 or DSN 118.
2. Get crisis-support help by chatting online at <http://www.militarycrisisline.net> or <http://www.militaryonesource.mil/>
3. Get crisis support help by meeting face-to-face. Call:
 - in the SHAPE/Chièvres area: 0497-653738
 - in Schinnen/Brunssum (the Netherlands): (0031)(0)629471920
 - in Geilenkirchen (Germany): (0049) (0)15224210455

Pause for Memorial Day ceremonies in Benelux

by **Andrea Wales and Rita Hoefnagels**
USAG Benelux Public Affairs Office

Being overseas offers you a unique opportunity to experience Memorial Day in an especially touching way because many Europeans and their communities were directly affected by German occupation and the sacrifice it took to shake off the yoke of tyranny.

Memorial Day is an opportunity to join others (who range from next of kin to high-ranking government officials) in remembering America's fallen heroes.

In his address to the cadets at the 1962 West Point graduation, Gen. of the Army Douglas MacArthur said that those who experience "the strange, mournful mutter of the battlefield" and give the supreme sacrifice are set apart.

"However horrible the incidents of war may be," MacArthur said, "the soldier who is called upon to offer and to give his life for his country, is the noblest development of mankind."

Even if you never personally knew any service members who are honored Memorial Day, you can gain a certain satisfaction knowing that you are honoring those who gave their lives in the fight for freedom.

Attending ceremonies at American Battle Monuments Commission, or ABMC, cemeteries is free and open to the public. For a full listing, visit <http://www.abmc.gov/news-events/news/memorial-day-2016-abmc-sites>.

Belgium

The American Overseas Memorial Day Association Belgium organizes ceremonies at American military cemeteries in Belgium. Read more about what's planned at these ceremonies at <http://aomda.org>.

- **Neupré.** Wreath-laying and Air Force fly-over at Ardennes American Cemetery May 28 at 10 a.m.

- **Aubel.** Wreath-laying and fly-over by the Belgian air force at Henri-Chapelle American Cemetery May 28 at 4 p.m.

- **Waregem.** Wreath-laying and fly-over by the Belgian air force at Flanders Field American Cemetery May 29 at 3 p.m.

- **Isolated graves.** For dates, times, addresses and GPS locations of Memorial Day ceremonies at the isolated graves in Belgium, visit <http://aomda.org/index.php?lang=en&pid=119>.

- **Bastogne.** Wreath-laying ceremony at Mardasson Memorial (not an American military cemetery) in Bastogne June 3 from 2:30 to 4 p.m. Visit <http://www.bastogne.be/events/memorial-day/view>.

The Netherlands

- **Margraten.** In a tradition observed since May 1945, a Memorial Day ceremony presided over by Dutch and American dignitaries will be held at the Netherlands American Cemetery and Memorial, the country's only American military cemetery, May 29 at 3 p.m. Arrive from 1 to 2 p.m. to find parking since this event is regularly attended by thousands. Although the event is free and seating is on a "first come, first served" basis, you must obtain seating tickets from the USAG Benelux-Schinnen Public Affairs Office by calling DSN 360-7331 or civilian +31 (0) 46-443-7331.

This 72st Memorial Day observance will feature Dutch and American guest speakers, the laying of wreaths by numerous national delegations and a fly-over by the air force of the Netherlands to honor the sacrifices of American service members in World War II.



Crosses are decorated with Belgian and American flags at Henri-Chapelle American Cemetery in Aubel for its Memorial Day ceremony Saturday, May 23, 2015. One of the many commemorations in Belgium and the Netherlands, this year's event is planned for May 28. (Archive photo)

Honor Wereth 11

Commemorate the Wereth 11 during a ceremony at the War Victims monument next to the church in the village of Wereth, Belgium, May 21 at 11 a.m. The Wereth 11 had been the last-surviving Soldiers of the 333rd Field Artillery Battalion.

Taken prisoner by the SS, these African-American Soldiers were tortured and murdered during WWII's Battle of the Bulge. The Wereth Massacre occurred the same day as the Malmedy Massacre.

The ceremony will include a wreath-laying, the Vogelweh Gospel Choir and a bugler from Bugles Across America as well as presentations by Belgian and American VIPs and Belgian students. For details, visit <http://www.wereth.org/en/home>.

Try fun activities at Safety Stand-Down Day

Event organizers plan to spread the message of safety throughout the Benelux by scheduling Safety Stand-Down Day in both USAG Benelux and USAG Benelux-Schinnen May 26. Brussels community members who wish to attend will be transported to the USAG Benelux event at the Community Activities Center on Chièvres Air Base.

Chièvres

USAG Benelux will hold most of its activities in and around the Chièvres CAC.

8:30 to 0845 a.m. Registration/opening.

9 to 9:10 a.m. Opening remarks.

9 a.m. to noon Visit the stands and displays in the CAC, such as

- ASAP (cart/goggles, basketball, ring toss) and
- AAFES: Bicycle Safety.

9 a.m. to noon Visit the various outdoor activities in the CAC parking lot:

- Roll-over car,
- Fire truck with fire-hose demo,

- Fire circuit for schoolchildren and
- Vehicle display (USAFE, Civilian Protection).

9:15 to 9:40 a.m. Federal Police briefing.

9:15 to 10:15 a.m. Forklift training at Hangar 3 (LRC).

9:45 to 10:05 a.m. Briefing on lawnmower and barbecue safety by 39th Signal Battalion.

10:05 to 10:30 a.m. Civil Protection demonstration on hazardous materials, or HAZMAT.

10:30 to 11 a.m. Driver's Testing: PMCS demonstration.

11 to 11:45 a.m. Fire-extinguisher demonstration by Directorate of Emergency Services Fire Prevention Office.

Schinnen

All the activities at USAG Benelux-Schinnen's annual Safety Stand-Down Day will be open to the community. To participate, ensure you are on time to the activity:

8:15 a.m. Safety Day opening at the Community Activity Center

9 a.m. to noon Experience Drunk Driving in the parking lot behind Building 8.

9 a.m. to 1 p.m. DPW large equipment display in the parking lot behind Building 8.

10 to 11 a.m. Blood-borne pathogens class in Building 3's Classroom A.

10 to 11 a.m. Basic vehicle safety inspection in the North parking lot.

10 to 11 a.m. Fitness Center equipment safety class at Schinnen Fitness Center in Building 42.

11 a.m. to noon Hearing-conservation class in Building 3's Classroom A.

11:30 a.m. to noon Fire department demonstration (Airbag deployment) in the North Parking Lot.

USAG Benelux-Schinnen's Safety Stand-Down Day will be followed by the DFMWR BOSS Block Party at the Schinnen pavilion area at 12:30 p.m. (See page 6.)

American Legion national commander visits Benelux

The American Legion national commander and the American Legion Auxiliary president will be touring American military bases in Belgium June 1 and 3.

Harold "Dale" Barnett and Sharon Conatser will be open for questions — including how the American Legion is helping service members, their families and the American communities abroad — at two events.

The members of Flanders Field Post BE02 would like to invite the community to:

SHAPE June 1

Noon: Lunch at the SHAPE Club. (Order from menu, and pay your own way.) R.S.V.P. to flanders.fields.post.be02@gmail.com or civilian 0473-570589 by May 27.

Brussels June 3

6 p.m.: Dinner/Meet-and-Greet at the 3 Star Lounge in USAG Benelux-Brussels. Everyone is welcome to this chicken-and-ribs dinner. Cost: €15, children, €7.50. Make your required reservation for this event by tomorrow at reservations3star@yahoo.com.

About the Legion

In 1919, the American Legion was chartered by Congress as a patriotic veterans organization devoted to mutual helpfulness, according to <http://www.legion.org>. Also founded in 1919, the American Legion Auxiliary was organized to assist the Legion but has achieved its own identity while working side-by-side with Legion veterans. Like the Legion, the Auxiliary's interests have broadened to encompass the entire community.

Learn more at <https://www.alaforveterans.org>.



Harold "Dale" Barnett (Courtesy photo)



KEEPING YOU CONNECTED

The Official Website of the American Forces Network Benelux

AFN BENELUX 360 Internet Radio <http://benelux.afneurope.net>

Brussels: 101.7 FM – Chièvres 107.9 FM – SHAPE 106.5 FM –
Tri-Border Area 99.7, 96.9 FM

FRENGLISH PAGE

Interns help US community with French touch

Special to the Gazette

Each week, English speakers will be in contact with French language in a friendly way. The interns' page is divided into three sections. The first one (Useful expressions) is dedicated to commonly used expressions translated into English and accompanied by a phonetic transcription. The second part (Word search) is a fun way to learn French words, along with their English translation. The last part (Dialog) is brightened up with a French dialog and its English translation.

Useful expressions

- Quelle heure est-il? /kelur ettil/
- Puis-je payer par carte? /Pweez pay eh par cart/
- Je ne comprends pas /Zhuhn uh compren pa/
- J'ai mal /zheh mahl/

What time is it?
 May I pay by card?
 I don't understand
 It hurts

Word search

Here are some words in French related to the theme "métier/work"/met yeh/ that you can find in the grid. Have fun!

- Pompier: fireman /pomp yeh/
- Comptable: accountant /con tahbl/
- Boulangier: baker /boo lan zeh/
- Boucher: butcher /boo sheh/
- Caissier: cashier /kess yeh/
- Electricien: electrician /electris yuh/
- Coiffeur: hairdresser /kwa fur/
- Avocat: lawyer /ah vo kah/
- Infirmière : nurse /uh feerm yair/
- Plombier: plumber /plombh yeh/
- Soldat: soldier /sol dah/
- Policier: policeman /police yeh/
- Docteur: doctor /dok tur/
- Professeur : teacher /pro fessur/
- Vétérinaire : vet /veh terin air/

P	R	O	F	E	S	S	E	U	R	O	T	F	S	A	C
A	C	M	E	L	E	C	T	R	I	C	I	E	N	L	A
E	O	T	O	K	L	O	A	E	R	O	U	I	T	E	I
R	M	I	P	I	A	I	O	D	O	C	T	E	U	R	S
Y	P	P	N	N	M	F	S	N	I	J	K	U	H	G	S
U	T	O	B	F	O	F	P	O	M	P	I	E	R	P	I
J	A	L	E	I	N	E	A	D	F	C	V	B	N	O	E
K	B	I	I	R	J	U	I	B	O	U	C	H	E	R	R
L	L	C	A	M	K	R	A	S	D	F	U	I	O	P	A
M	E	I	E	I	L	A	S	P	L	O	M	B	I	E	R
Q	A	E	R	E	T	R	Q	F	G	T	U	I	J	K	T
C	P	R	T	R	R	B	O	U	L	A	N	G	E	R	G
S	K	S	G	E	V	E	T	E	R	I	N	A	I	R	E
A	V	O	C	A	T	A	E	R	T	P	U	I	S	T	O
D	L	D	F	A	E	R	T	U	S	O	L	D	A	T	R

Dialog: At the checkout

- A : Bonjour.
- B : Bonjour ! Avez-vous une carte de fidélité ?
- A : Oui, la voici.
- B : Merci ! Ca fera 50€ s'il vous plait.
- A : Je vais payer par carte.
- B : Voici votre ticket !
- A : Merci, au revoir.

- A: Good morning.
- B: Good morning! Do you have a loyalty card?
- A: Yes, here you are.
- B: Thank you! €50 please.
- A: I am going to pay by card.
- B: Here is your receipt!
- A: Thanks, bye.

All USAG Benelux interns, Maréva Baudart, Roxane Rasneur, Jérémy De Leeuw, Pauline Chevalier, Adeline Durot, Julie Anicotte, Margaux Warnotte, Alessio Stinchettu and Gemma Tirabassi have contributed to this page.

BRUSSELS COMMUNITY

Make reservations now

- **Asian-Pacific Night at the 3 Star** - Celebrate Asian Pacific American Heritage Month by enjoying the tastes of Asia and the Pacific Islands **May 20** from 6 to 9 p.m. The menu will include lumpia (spring roll), chicken teriyaki, chicken skewers with peanut sauce, and pansit (noodles). Cost: adults \$8, children, ages 12 and under, \$4. Reserve by May 19 at reservations3star@yahoo.com.

May 21

- **Strong B.A.N.D.S.: HIIT Session** - High intensity interval training, or HIIT, is a type of cardio training in which you alternate short, very high-intensity intervals with longer, slower intervals to recover. This type of training has been used by athletes to improve performance, but it's also been shown to benefit the average exerciser. HIIT training not only helps performance, it also improves the ability of the muscles to burn fat. Contact DSN 368-9667 or civilian 02-7179667.

May 26

- **3 Star Dinner Special** - Enjoy all-you-can-eat taco bar from 5:30 to 7:30 p.m. Cost: adults \$10, children, ages 12 and under, \$5. (Alternate children's menu: chicken strips with potato wedges, \$5.) Reserve by close of business the Tuesday before at reservations3star@yahoo.com.

SCHINNEN/BRUNSSUM COMMUNITY

Register now

- **Men's volleyball** - Attention, all male volleyball players in the Tri-Border area: The USAG Benelux-Schinnen Fitness Center will host a Father's Day volleyball tournament June 18. This double elimination will begin at 10 a.m. Stop by the fitness center to sign up your team by June 14. If you aren't on a team and would like to play, come sign up and you will be placed on a team. For more information, contact the Schinnen Fitness Center at DSN 360-7561 or civilian +31 (0) 46-4437561.

May 21

- **5K Fun Run/Walk** - Participants in this event will leave from the Schinnen Fitness Center starting at 9 a.m. For more information, contact the Schinnen Fitness Center at DSN 360-7561 or civilian +31 (0) 46-4437561.

May 25

- **Newborns, Parental Support and Music** - This session meets at the Brunssum Child Development Center in Building H-602's Room Y006 from 10 to 11 a.m. Meet other parents, discuss the transition to parenthood and bond with your baby through sharing and music. Suggested for parents with children, ages newborn to 12 months. For more information call DSN 360-7500 or civilian +31 (0) 46-4437500.

May 25 to 26

- **New Parent Support Home Visitor** - will be available for office hours, hospital and home visits to all U.S. ID Card holders. To schedule an appointment, call Schinnen Army Community Service at DSN 360-7500 or civilian +31 (0) 46-4437500.

May 26

- **Parent Support & Education/Office hours** - Get the information you need at Schinnen Army Community Service from 9 a.m. to noon. If you want to learn more about pregnancy, labor and delivery, breastfeeding, newborn care or toddlers, then come for either an individual or group class for informative handouts or to view a DVD on pregnancy, labor and delivery, newborn care and parenting. Call ahead to discuss your interest and needs to DSN 360-7500 or civilian +31 (0) 46-4437500.
- **BOSS Block Party** - Immediately following the Safety Stand-Down is the DFMWR BOSS Block Party, starting at 12:30 p.m. (and lasting until 4 p.m.) at the Schinnen pavilion area with a pulled pork barbecue plate, live music with a local rock cover band, featuring Hans Domevscek from "Stone" and the Schinnen Directorate Challenge (starting at 12:45 p.m.): Four-person teams compete to win the Garrison Manager's Award through challenges like: nail pounding into a stump, golf putt, soccer kick, football throw and many more. Organizers are still looking for teams to enter this friendly competition. Preregister your team by calling DSN 360-7370 or civilian +31 (0) 46-4437370 by May 24.

SHAPE/CHIEVRES COMMUNITY

Tickets now available

- **Army Ball** - Celebrate the Army birthday with a night of military tradition at the Army Ball in the SHAPE Club ballroom **June 25** from 5 p.m. to midnight. Social hour, which features an open bar, starts at 5 p.m. Members of the receiving line will greet guests at 6 p.m. The attire for the evening will be dress uniform with bow tie for the military or formal (black tie) for civilians. Cost: €60 per person (includes a meal and an event memento). Contact your unit representative about tickets and child care, or call DSN 361-5288 or civilian 068-275288.

SHAPE/CHIEVRES COMMUNITY *continued*

Register now

- **A Day at the Mons Memorial Museum** - Join the Army Community Service Relocation Readiness Program and explore your local community **June 2** from 8:45 a.m. to 12:30 p.m. Meet at SHAPE Army Community Service at Building 318. Learn to use public transportation and a bit of local history. At the Mons Memorial Museum you can: learn about the complex realities of World Wars I and II, meet and interact with people from all generations and ask questions to learn about the relationship between civilians and military. Spaces are limited to 20 people, so sign up now. Cost: €6 (museum admission) plus €4.20 (transportation). To register, call DSN 366-6824 or civilian 065-326824.

May 19

- **May ethnic observance** - The Asian-American Pacific Islander Heritage Month observance will be held in the USAG Benelux auditorium in Caserne Daumerie's Building 30 in Chièvres from noon to 1 p.m. All members of the USAG Benelux and SHAPE footprint are invited. Chaplain (Capt.) Ikjin Daniel Moon, who was born in South Korea, will be the guest speaker. Moon is currently assigned as the chaplain at 39th Signal Battalion on Caserne Daumerie. The theme is "Walk Together, Embrace Differences, Build Legacies."

May 19 to 22

- **"Disney's The Little Mermaid"** - Based on one of Hans Christian Anderson's most beloved stories and the classic animated film, "Disney's The Little Mermaid," this musical play includes memorable Disney melodies. The SHAPE Performing Arts Centre will put on this production May 19, 20 and 21 at 7:30 p.m. The curtain goes up on matinee performances May 22 at 3 p.m. Cost: €16; students, €8. For tickets, call the box office Tuesday through Friday from 1 to 6 p.m. at DSN 423-3312 or civilian 065-443312.

May 20

- **Strong B.A.N.D.S.: Fun For Kids** - This event is part of the Army health initiative at Chièvres Community Activity Center at 5 p.m. Featuring bouncy castles and games for children of all ages.

May 21

- **Strong B.A.N.D.S.: Taste Testing** - To celebrate Strong B.A.N.D.S. health initiative, Chièvres Fitness Center has collected tasty and nutritious recipes for the USAG Benelux Community Healthy Cookbook. If you submitted a recipe, you are invited to take your dish to a taste-testing at the Chièvres Army Lodge. For more information, contact the Chièvres Fitness Center at DSN 361-5643 or CIV 068-275643.

May 23 to 24

- **Host-Nation Orientation** - Army Community Service invites all service members, civilian employees and their family members to learn about the SHAPE/Chièvres community and all it has to offer. During the two-day orientation, you will learn about Belgian customs and basic French. You will also go on a cultural city tour and tour a Belgian hospital as well as sample traditional Belgian cuisine and learn how to shop on the economy. The group will also learn how to use public transportation and visit the St. Waudru Collegiale in Mons. Meet at the ACS conference room 15 minutes earlier than the start time of 8:30 a.m. Call ACS at DSN 366-6824 or civilian 065-326824.

May 25, June 1

- **Job-Ready Training** - Prepare for your first job, and explore career choices and post-secondary education options at SHAPE's Building 503 from 10:50 a.m. to 12:30 p.m. Open to youths in ninth through 12th grades. Lunch is provided. To register, call DSN 366-6839/6797 or civilian 065-326839/6797.

May 27

- **'80s Murder Mystery Dinner** - Join the Youth Centre for a totally rad 1980s Prom gone bad. Can you solve the crime? Parts available to the first 35 registered youths. Open to all CYSS-eligible youth in grades six through 12. Limited space available. Must register for event in Parent Central Services or online at <https://webtrac.mwr.army.mil/webtrac/shapcymys.html>. Find out more by calling DSN 366-6839/6797/6812 or civilian 065-326839/6797/6812.

Movies at SHAPE Cinema

Rates — 2D movies: adults, €6.50; children, ages 12 and under, €3.75. 3D movies: adults, €8.50; children, ages 12 and under, €5.75. Visit <http://www.shape2day.com>, and click "Cinema Schedule" icon. Thrifty Thursday means half-price popcorn and free movies from the same film series (or related subject matter) as an upcoming film as well as half-price pizza and calzone at the Pizza Bowl.

Movies at JFC HQ Alliance Theater

Rates — adults, €6.50; children, ages 11 and under, €3.75. For the movie schedule, visit <http://www.shopmyexchange.com/reel-time-theatres/Schinnen-1366146>.

Travel the Benelux

Namur has history and nature to offer

By **Gemma Tirabassi**

USAG Benelux Public Affairs Intern



The Grognon, also called the "tip of the rocky spur" refers to the historical heart of Namur which is the land that peaks at the confluence of the rivers Sambre and Meuse. That is where the Citadel stands along with the Walloon Parliament. (Photo courtesy of the Fédération du Tourisme de la Province de Namur).

Outside the gate

Namur is the capital city of Wallonia and is at the gateway of the Belgian Ardennes. It is rich in history, with a rolling landscape and countryside. In its center the river Sambre flows into the river Meuse, which makes it more typical and bucolic.

The citadel of Namur is one of the largest citadels of Europe after the Prague Castle, the Austrian Hohensalzburg Castle and the Malbork Castle in Poland.

Archeology proved that the Romans settled there during the first century before our era but the citadel of Namur didn't appear until the third century of our era. Since then, the region experienced many wars. Its fortifications were reinforced through history. Standing at a strategic point, a natural cavity was first used to dig a defense ditch. During the Middle Ages a fortified residence was built which became a fortified castle with a fortified wall and four towers in front. Nowadays, only the main entrance and one tower of the original fortified remain.

In the sixteenth century the conflict between Emperor Charles Quint and French King François forced the castle to improve its artillery and fortification technics. That is when it actually became a citadel. Smaller and larger walls covered with a protective layer of soil along with cannons were to defend the

city. Today, the citadel is only invaded by tourists.

Tourism in Namur is focused on the environment. Activities offered to the public will provide knowledge on history and landscapes. The Citadelle Pass, that can be purchased at 11€ per adult, will give you the opportunity to discover the city. First you will visit the Terra Nova Visitor Center which recounts two thousand years of urban and European military history. Then you will be taken aboard a train. A commented tour in your language will show a variety of sites and will lead you in the underground of the citadel, the largest still existing within a citadel in Europe.

The Citadelle Pass is available from Monday to Sunday, from April 1 through September 30.

Bikes are also a great way to visit the city and are available for a day or more for a few euros. You will be able to go through all the little and ancestral streets or even have a refreshing ride along the Meuse.

Namur is located
78 km from Mons
70 km from Brussels
116 km from Schinnen, the Netherlands

Belgium's favorite cookie is the Spéculoos

by **Roxane Rasneur**

USAG Benelux Public Affairs Office Intern

The spéculoos is a small spiced shortbread cookie. Depending on who you talk to, the cookie originated from Belgium, the Netherlands or even Germany. Regardless, the cookie is the gingerbread's cousin and is usually made of light brown sugar, butter, flour and a mix of spices such as grounded cinnamon, nutmeg, ginger, clove and white pepper. It is made in hand carved wooden molds often representing human characters or mills. Traditionally, spéculoos representing Saint-Nicholas are given to children on Saint-Nicholas' Day (Dec. 6).

Concerning the origin of the word "spéculoos", there are three major explanations. The first is that it derives from the Latin word "speculum" which means mirror. Made in a human shaped mold, the spéculoos would be the reflection of this character. The second and most credible, is that it simply comes from the Latin word "species" which means spices. According to a legend from Brussels, the cookie owes its name to the pastry chef De Speculo - Van der Spiegele who discovered the recipe due to the carelessness of one of his apprentices.

Usually served with coffee, the spéculoos is also used in a lot of dishes. In gastronomic restaurants, you will find it with duck breast, calf sweetbread, foie gras or salmon.

Recipe for about 20-25 spéculoos

- 250 g flour (8 4/5 ounces)
- 75 g butter (2 3/5 ounces)
- 150 g light brown sugar (5 1/3 ounces)
- 2,5 cl water (1/10 cup)
- A pinch of salt
- 1/4 tablespoon baking powder
- 2 tablespoon grounded cinnamon, 1/4 tablespoon grounded nutmeg, 1/4 tablespoon grounded clove, 1/2 teaspoon grounded ginger, 1/4 teaspoon white pepper
- Flaked almonds (optional)
- 1 baking sheet

Preheat the oven to 180 C (356 F).

Beat the light brown sugar, the butter and the spices all together until smooth. Progressively dilute in the water. Sift the flour and the baking powder above the mixture. Mix everything together until obtaining thick dough.

Dust a work surface with flour and roll out the dough to a 0.5cm (1/4 inch) in thickness. With a pastry cutter, cut out your cookies. Add some flaked almonds on the top. Place the cookies on the baking sheet and bake for about 10 minutes until golden-brown. Leave to cool, then eat the same day.

Upcoming organized trips

Chièvres Outdoor Recreation and Equipment Rental

Serving Brussels, Chièvres and SHAPE. Call DSN 361-6268 or civilian 068-276268.

- **Dinant Kayak Trip and Brewery Visit, June 11**

SHAPE Trips and Tours

Serving Brussels, Chièvres and SHAPE. Call DSN 423-3884 or civilian 065-443884.

- **Monet's House and Gardens, Giverny, France, May 21**
- **Dover Castle and Canterbury, Great Britain, May 28**
- **Paris, June 11**
- **Amsterdam, June 18**
- **London, June 25**
- **Disney Paris, June 29**
- **Legoland, July 1 to 3**
- **Atlantic Wall Museum and Oostende, Belgium, July 9**
- **Running of the Bulls in Pamplona, July 5 to 9**
- **Durbuy and Namur with the Citadelle, July 13**
- **EuropaPark and Strasbourg, France, July 16 to 17**
- **Tour of the Harry Potter Studios, July 18**
- **London: One Night, Two Musicals, July 20 to 21**
- **Paris, July 23**
- **Grottes de Han (Han Caves and Wildlife Park),**

July 27

- **Xanten (Germany) with Archaeological Park, July 30**
- **Rhine River Cruise, Cable Car and Fortress, Aug. 6**
- **Rotterdam with Splashtour, Aug. 9**
- **Copenhagen (Denmark), Aug. 12 to 15**
- **Ghent with City Beer Discovery Boat trip, Aug. 20**
- **Cochem, Germany, with medieval dinner in castle, Sept. 3**
- **Paris with Secret Food Tour (optional), Sept. 24**
- **Moulin Rouge, Paris, Nov. 19**
- **Crete (Greece), Spa and Middelkerke (Belgium), all year**

SHAPE Travel Group

Call civilian 0470-876369 for details.

- **Honfleur and Calvados, May 26**
- **Arnhem, June 7**
- **Canterbury, June 23**

Schinnen Trips & Tours

Call DSN 360-7560 or civilian +31 (0) 46-4437560.

- **London, May 28**
- **Day trip to Disneyland, Paris, France, June 4**
- **Berlin Express, Germany, June 25**
- **Regular Season NFL Game Washington Redskins vs. Cincinnati Bengals, Oct. 29 to 31 (Pay by July 29.) Pickups at Schinnen and SHAPE.**



Read about events near Chièvres, SHAPE and Brussels.

May 20

- **Wine tasting in Grez-Doiceau** - Taste and purchase your wine at the school at Rue de la Sainte du Chêne 20 from 6 to 9 p.m.

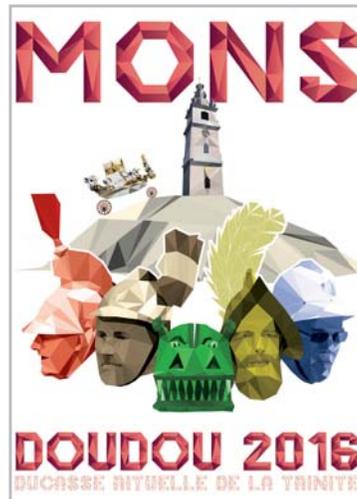
May 20 to 22

- **Brussels Jazz Marathon** - More than 700 musicians will be performing throughout Brussels, on outdoor stages (Grand'Place, Sablon, Sainte Catherine, F. Cocq Square and Place du Luxembourg) as well as in a series of clubs, theaters, cafés and hotels. Free buses will take you from one concert to another. For a detailed sequence of events, check <http://www.brusselsjazzmarathon.be>.



May 20 to 24

- **Doudou Festival in Mons** - This year's activities kick off with a free concert Friday at 10 p.m. on the Grand'Place. On Saturday, various military bands will perform in Mons and neighboring villages and at 10 p.m., torch light parade from Rue de Nimy to the Grand'Place. Sunday is the traditional procession starting at 9:30 a.m. at the Collegiate Church, followed by the Golden Carriage at noon and at 12:30 p.m., the Lumeçon fight (St. George against the dragon) on the Grand'Place. At 4:30 p.m. is the 56th International Military Bands Festival at the soccer stadium "Charles Tondreau." Monday and Tuesday, sales will be going on in the pedestrian area and various military band concerts in Mons and neighboring villages. The final parade of the participating bands will start at 9 p.m. on Tuesday, followed by the fireworks on the Grand'Place. For a detailed program, visit <http://www.mons.be/culture/events/doudou.pdf>. Be aware that this event draws large crowds especially for the dragon fight on the Grand'Place. It is therefore not recommended to participate with small children.



Read about events near Brunssum and Schinnen (in the Netherlands unless otherwise indicated).

Through May 22

- **Food-truck festival in Maastricht** will take place at Stadspark in the city center. The park is one large open-air restaurant with many mobile kitchens, food, live music and lots of entertainment. Open May 19 from 4 to 11 p.m.; May 20 from 4 p.m. to midnight; May 21 from noon to midnight and May 22 from noon to 10 p.m. Free admission.

May 20 to 22

- **Italy Event 2016 in Haarzuilens** is an event with Italy at the center of attention. It will be held in the surroundings of Castle de Haar at Kasteellaan 1. You'll find Italian fashion, music, food, activities and more. Open from 10 a.m. to 6 p.m. Admission: €17.50; children, ages 12 and under, free admission.
- **Gartenträume in Velen, Germany**, is a garden fair that will be held at Landgut (Estate) Krumme at Eschstrasse 118. Open from 11 a.m. to 7 p.m. Admission: €6.

May 20 to 29

- **Opera Days in Rotterdam** is an international opera and musical-theater festival held at several special locations. For more information, including times and locations visit: <https://www.operadagenrotterdam.nl>.

May 21

- **Noeverrock in Beem, Belgium**, is a free open-air festival held at Steenbakkerijsite Frateur at Noeveren 196. Open from 12:30 to 11:30 p.m.
- **Japan Day in Düsseldorf, Germany**, is when everything in the city revolves around Japan. For details, visit <http://www.japantag-duesseldorf-nrw.de>.
- **Geese Market in Enter** near Wierden will be held at Musea Enter at Hogebrink 4. This historic market offers traditional crafts, traditional costumes, activities and entertainment. Open from 10 a.m. to 2 p.m. Free admission.
- **Art-and-antique market in Haarlem** will be held at Op de Dreef in the center of town. Open from 9 a.m. to 4:30 p.m.
- **Classic Car Meeting/Festival in Nijkerk** in the center of town has classic cars, motorbikes, scooters and more. Free admission.
- **Flower-and-asparagus market in Werne, Germany**, will take place on Marktplatz in the center of town. Open from 9 a.m. to 4 p.m.

Remain vigilant, and maintain situational awareness at all times.



Read about events near Chièvres, SHAPE and Brussels.

May 21

- **Flea market in Ath (150 booths)** - On Rue d'Angleterre from 6 a.m. to 6 p.m.
- **Flea market in Tertre (80 booths)** - On Rue de la Fontaine from 6 a.m. to 6 p.m.
- **Secondhand toys and books in Leuze** - At "Réfectoire Cesp," Tour Saint Pierre 11 from 10 a.m. to 6 p.m.
- **Organic food market in Montigny-le-Tilleul** - At the farm called "Ferme du Martin Pêcheur" at Rue de Bomerée 299 from 2 to 5:30 p.m.
- **Local products market in Enguien** - On Place du Vieux-Marché from 2 to 7 p.m.
- **Special visit to the Choco Story in Brussels** - Prior registration is mandatory (English visits can be requested) to discover the story of chocolate and taste some special recipes. Visit costs €10 and starts at 11 a.m. at Choco Story at Rue de la Tête d'Or 9-11. Prior registration by phone at civilian 02-5142048.
- **Health and well-being fair in Nivelles** - At the city hall at Place Albert 1er 2. Free admission.

Through May 22

- **Art fair in Quevaucamps** offers paintings, drawings, photography, sculpture and more Monday, Wednesday, Friday, Saturday and Sunday from 3 to 6 p.m. at the cultural center on Rue Joseph Wauters. Free admission.

May 22

- **Classical-music concert for young and old in Brussels** - The entire family will enjoy the concert by Trio Khnopff held at the Musical Instruments Museum at Montagne de la Cour 2. Cost: adults, €10; children, ages 6 to 18, €5; children under 5, free admission.
- **Volksmarch in Anderlecht for 7, 14 or 21 km** - Departs from the school on Rue des Fruits, 73 from 8 a.m. to 3 p.m. Small participation fee.
- **Volksmarch in Braine-le-Comte for 5, 10, 15 or 20 km** - Departs from Domaine Mon Plaisir at Allée de la Dinzelle 100 from 9 a.m. to 6 p.m.
- **Volksmarch in Tournai for 5, 10 or 20 km** - Departs from the sports center at Rue Despars 94 from 9 a.m. to 6 p.m.
- **Flea market in Bassilly (250 booths)** - On the square and neighboring streets from 8 a.m. to 6 p.m.
- **Flea market in Gibecq (Ath) (120 booths)** - On the square from 8 a.m. to 5 p.m.
- **Flea market in Hornu (200 booths)** - On Route de Mons (CORA) from 4 a.m. to 2 p.m.
- **Flea market in La Louvière (100 booths)** - On Place Maugrétout from 8 a.m. to 3 p.m.
- **Flea market in Nivelles (100 booths)** - On the square from 6 a.m. to 4 p.m.



Read about events near Brunssum and Schinnen (in the Netherlands unless otherwise indicated).

May 21 to 22

- **City and Asparagus Fest in Delbrück, Germany**, will take place in the center of town and will offer asparagus as well as many culinary extras.
- **Living WWI History in Doorn** will take place at Doorn Estate at Langbroekerweg 10. Re-enactors will show daily life in the trenches and outside in the park of the Doorn Estate. Walk through several camps and a hospital, then experience demonstrations of cavalry charges, a poison-gas attack and more. Admission: €15; children, ages 6 to 12, €7.50. Open from 10 a.m. to 4 p.m.
- **Ceramic Market in Frechen, Germany**, will be held at Rathausplatz in the center of town. Open May 21 from 10 a.m. to 6 p.m. and May 22 from 11 a.m. to 6 p.m.
- **Flower-and-plant market in Herten, Germany**, will be in the center of town. Open May 21 from 10 a.m. to 6 p.m.; May 22 from 11 a.m. to 6 p.m.
- **Historic Weekend in Herveld** will be held on Kuilsestraat. Watch lots of demonstrations and exhibitions, discover traditional crafts and browse through a regional-product market. Open May 21 from 10 a.m. to 6 p.m. and May 22 from 9 a.m. to 6 p.m. Admission: €5; children €2.
- **Garden Fair in Oud-Zuilen** near Maarssen will take place in the historic castle garden of Castle Zuylen at Tournooiveld 1. The garden and castle are a must-see combination. Open from 11 a.m. to 5 p.m. Admission: €6; children, €3.

May 21, 28

- **Antique-and-curiosa market in Roermond** will be held at Kloosterwandplein in the center of town. Open from 9 a.m. to 5 p.m.

May 22

- **Art Event in Eelderwolde** will take place at Scandinavisch Dorp (Scandinavian Village) at Oude Badweg 1. About 40 artists from all over the world will display paintings, statues, glass objets d'art, stone, bronze, ceramics and more. Open from 11 a.m. to 5 p.m. Admission: €3.
- **Landgoed Beeckestijn Festijn in Velzen Zuid** is a combined art, antiques, curiosia, regional and lifestyle-product market held at Landgoed (Estate) Beeckestijn. Open from 9 a.m. to 5 p.m.

May 22, 29

- **Antique-and-curiosa market in Maastricht** will be held at Vismarkt on Boschstraat. Open from noon to 5:30 p.m.

Outside the gate

Remain vigilant, and maintain situational awareness at all times.