

# THE GAZETTE

Published for members of the SHAPE/Chièvres, Brussels and Schinnen communities

## Benelux news briefs

### SHF plans for reduced staffing for holiday

SHAPE Healthcare Facility will operate with reduced staffing Feb. 15 from 8 a.m. to 5 p.m. During those times:

- Acute Care Walk-In Clinic will operate with Medical Officer of the Day, or MOD, coverage only.
- Physical Therapy and Referral Management services will be available.
- All other services will be closed.

### Housing Office closes for training

The SHAPE Housing Services Office will be closed for training Feb. 16 from 1 to 3 p.m. and Feb. 17 from 9 to 11 a.m.

### Vendors wanted

The second annual Chièvres American Festival will be held June 3 and 4.

On both days, Chièvres will have a market with both food and non-food booths. Booths will be related to Texas Saturday, June 3, and booths will be related to the United States in general Sunday, June 4.

If you want to sell your wares, call the USAG Benelux Public Affairs Office at DSN 361-5694 or civilian 068-275694.

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### US participants enjoy local sport

Staff Sgt. John Darnell II (right) tries to draw everyone's attention while Staff Sgt. Paul Lamb gets ready to hit the chôlette at the yearly crossage game in Chièvres Wednesday, Feb. 10, 2016. Crossage is played in the streets of Chièvres on Ash Wednesday and could be described as a cross between golf and croquet, but, in crossage, teams play with a wooden oblong ball (chôlette) and a wooden mallet (rabort). Some 120 members of the SHAPE/Chièvres community participated in this year's edition of the game. (U.S. Army photo by Cis Spook)

# TASP Rodeo helps improve sponsor-newcomer process

The Total Army Sponsorship Program Rodeo will be set up in the SHAPE Club Feb. 19 from 9 a.m. to 4 p.m.

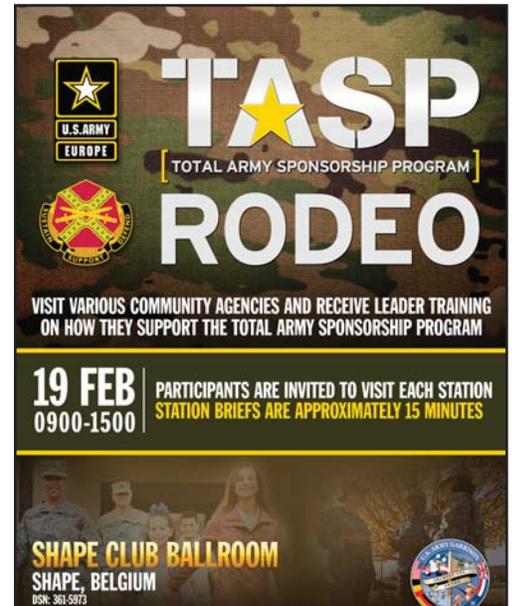
This round-robin training is designed to inform leaders from specialist through colonel of the systems in place throughout the sponsorship process.

USAG Benelux will sponsor this event, expanding its coverage to all U.S. newcomers, including elements from the Navy and Air Force. Service representatives will be on hand to provide information on their sponsorship programs and the services they provide

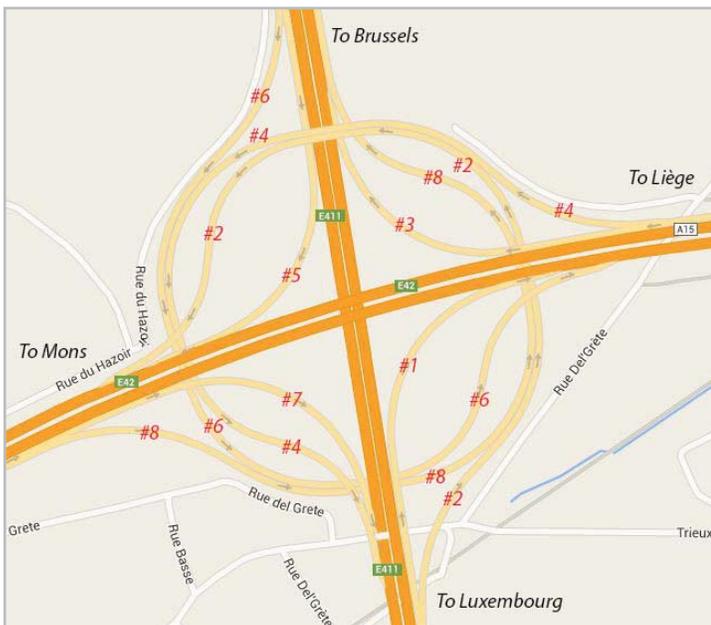
as well as the unique requirements associated with integration into the Benelux work force.

Subject-matter experts will provide information about the unique challenges that face employees when they arrive or depart the Benelux. The SMEs will be available for questions and have literature to distribute.

At the event, attendees will be given information about the assets available within the Benelux and how they relate to incoming and outgoing military and civilian employees.



# Complex works to start at Daussoulx interchange



If you are a frequent traveler from Mons to Luxembourg and Germany, you know the Daussoulx interchange between the E411 Luxembourg to Brussels and E42 Mons to Liège.

As of this week and until the end of May, weather permitting, work will be going on from 9 a.m. to 4 p.m. to renovate the lights. Several projects will be performed in the following stages as shown on the map at left:

- #1 - Feb 10 to 14: Ramp Luxembourg to Liège
- #2 - Feb 15 to 26: Ramp Luxembourg to Mons
- #3 - March 7 to 11: Ramp Liège to Brussels
- #4 - March 14 to 25: Ramp Liège to Luxembourg
- #5 - April 4 to 8: Ramp Brussels to Mons
- #6 - April 11 to 22: Ramp Brussels to Liège
- #7 - April 25 to 29: Ramp Mons to Luxembourg
- #8 - May 9 to 20: Ramp Mons to Brussels

Between 9 am. and 4 p.m., the respective ramps will be closed to all traffic and detours will be in place. Outside of these times, traffic will be limited to 50 km per hour.

To submit or subscribe, email [usarmy.benelux.imcom-europe.list.pao@mail.mil](mailto:usarmy.benelux.imcom-europe.list.pao@mail.mil)

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# Honoring the crew members of the B-17 Susan Ruth

by **Cis Spook**

USAG Benelux Public Affairs Office



Archive Photo

Aircrew of the B-17 Susan Ruth nicknamed after the pilot's wife. Top row from left: Roy Holbert, top turret gunner; Louis Colwart, ball turret gunner; Ross Kahler, radio operator; John Pindroch, right waist gunner; Joseph Musial, left waist gunner; William Slenker, tail gunner. Bottom row from left: Howard Snyder, pilot; George Eike, co-pilot; Robert Benniger, navigator; Richard Daniels, bombardier.

The 424th Air Base Squadron, based on Chièvres Air Base and representing the U.S. Armed Forces, joined local authorities and members of the association "Duty to Remember" in a commemorative ceremony honoring the airmen of the B-17 Susan Ruth that crashed in Macquenoise, Belgium, Feb. 8, 1944.

Louis Colwart and Ross Kahler were killed in the plane by the fighter attack. Richard Daniels, Joseph Musial and Roy Holbert were captured. Musial's left leg was amputated, and Daniels' shattered arm treated before they were sent to prison camp. William Slenker remained in hiding until American Forces liberated the area in September 1944. Evading capture for three months, George Eike, Robert Benninger and John Pindroch were caught in a forest hideout near Chimay and executed — along with other aircrews and Belgian resistance members — by the Nazis in April 1944. Capt. Howard Snyder evaded capture and spent the following seven months fighting with Belgian and French resistance units.

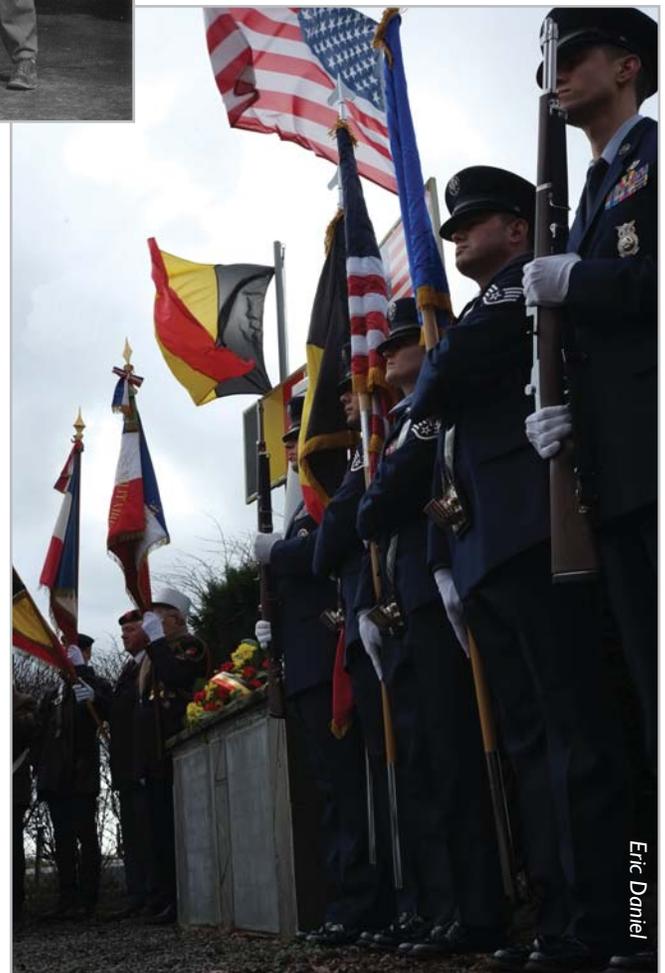
"Since I took command of the 424th Air Base Squadron last summer, I have noticed how the Belgian citizens are still grateful towards those who fought for their freedom," Lt. Col. Daniel Williams said in his speech.

The association "Duty to Remember" organizes yearly commemorations to honor those who fought in the Chimay area during World War II.

"I truly appreciate your continued commitment to the memory of those who lost their lives here and to protect what they fought for," Williams said.



Lt. Col. Daniel Williams, Commander, 424th Air Base Squadron and Capitaine-Commandant Stéphane Schram, Deputy Commander, 4th Logistics Battalion in Marche-en-Famenne salute during the playing of the national anthems at the crash site in Macquenoise, Sunday, February 7, 2016. The yearly ceremony is organized by Christel and Séverine Delahaye from the association "Duty to Remember." (U.S. Army photo by Cis Spook)



Eric Daniel

The 424th Air Base Squadron Color Guard — composed of Staff Sgt. Justin Monty, Staff Sgt. Derrick Shelton, Staff Sgt. Yvonne Simons, Staff Sgt. Bradley Baker and Staff Sgt. Aaron Strayhorn — stand next to the monument at the crash site of the B-17 Susan Ruth.

# Black History Month Applaud important role in American society

Several Black History Month programs are being put on this month to commemorate the accomplishments of African-Americans in the areas of history, literature, mathematics, science and other endeavors.

**Feb. 12** Celebrate at Game Night at B3's in the Events Centre at 7 p.m.

**Feb. 17** Participate in Sports Day at SHAPE Main Gym from 3 to 5 p.m.

**Feb. 19** Open Mic offers an invitation to step up to the microphone in the SHAPE Club's

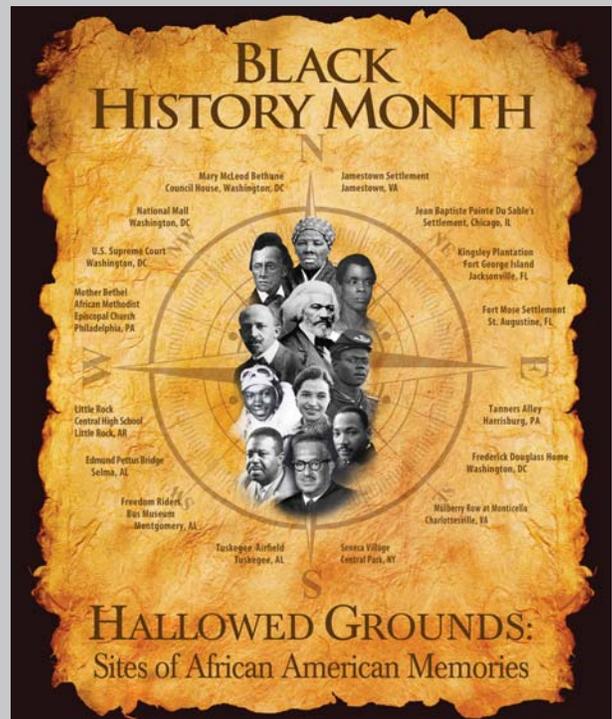
Mons Bar at 8 p.m.

**Feb. 25** Enjoy a Movie Marathon in the Alliance Auditorium (SHAPE Cinema) from 10 a.m. to 6 p.m.

**Feb. 26** Experience Gospel Explosion by Word Of Truth International Christian Ministries at 7 p.m.

**Feb. 27** Stop by the African Market in the Events Centre from 10 a.m. to 4 p.m.

For more information on these Black History Month events, call DSN 361-5235 or civilian 068-275235.



## Schinnen celebrates Carnival

Carnival Prince Funs Notermans and Princess Julie O'Kelley Holley preside over Schinnen's Carnival 2016 festivities on base at the Dutch Canteen Friday, Feb. 5, 2016. The prince, who is Dutch, works as a Dutch Ministry of Defense, or DMOD, guard. The princess, who is American, works for the Directorate of Family and Morale, Welfare and Recreation. (U.S. Army photo by Nino Antonacci)

## Websites offer options for images

Did you ever struggle to find free of right images for a briefing or the social media page of your unit? Are you afraid that the image might not be cleared, or would not be unclassified?

All images and videos found on the Defense Video Imagery Distribution System at <https://www.dvidshub.net> have been cleared by Public Affairs. Since they are produced by Department of Defense employees, they are in the public domain and can therefore be used in public-facing briefings and even social media. (You can also search for "For Official Use Only," or FOUO, imagery on <http://www.dimoc.mil>, but make sure they go on relevant briefings only.)

You can search for a keyword or a location and get thousands of relevant products, which can be further filtered to get a relevant link. For instance, you can filter by type (images, videos or sound clips), by service, by major command (USEUCOM gives content created in Europe) or by country.

Once logged in, you can download full-resolution images or videos and sign up to receive alerts when new content about a keyword is posted, which makes it easy to follow a unit or a theme like "maintenance."

To enter a work request for photographic or video coverage of a significant event, visit the Visual Information Ordering Site at <https://vios-europe.army.mil> and select Training Support Center Benelux. A selection of imagery will be captioned, then cleared by Public Affairs, uploaded to DVIDS, and posted on [Defenseimagery.mil](http://Defenseimagery.mil) and will finally be conserved by the U.S. National Archives. Make your unit part of the records that tell the history of the United States.

National Children's Dental Health Month

# Be prepared for dental emergencies

by Maj. Breck Brewer  
DDS, MS

It's 2 a.m., and you hear your child begin to wail from down the hall. When you get to her room, you see her pointing to her back tooth, crying that it hurts.

You get a call from the school reporting that your child fell from the playground and knocked out one of his front teeth. The school has recovered the missing tooth.

Your child falls from his skateboard scraping and cutting his lip and chipping a couple of teeth.

Thousands of dental emergencies like these happen every day. These three scenarios are just a glimpse of some of the things that can affect your children. Are you adequately prepared to handle these situations? What if you cannot get in to see the dentist until the next day or Monday morning? Certainly the Belgian emergency room is always an option and should be used if there is any doubt about whether your child has a true emergency.

Here are some tips recommended by the American Dental Association on how to handle these and other dental emergencies.

**Toothache:** Tooth pain is never fun, especially when it's happening to a child. Children have a much harder time expressing what is exactly bothering them and how badly it hurts. Just think about skinned knees that lead to deafening cries one moment and are magically fixed with an adhesive bandage the next. When your child has a toothache, the best advice is to rinse the mouth with warm water. Use floss to gently remove any food or debris



A glass of milk can be your best friend in a dental emergency. (Photo by Miriam Guterland)

from the area and inspect the area for clear signs of tooth decay. Check to see if your child has a fever. Give an over-the-counter pain reliever, but don't rely on this for more than a couple of days. A persistent toothache needs to be seen by a dentist. Never put aspirin or any other painkiller against the gums near the tooth because it will burn the gum tissue.

**Broken tooth:** Clean the mouth using warm water. Use a cold compress to reduce lip and cheek swelling. Chances are the tooth will be sensitive to the touch, but try to wipe the tooth dry. If there is a red spot in the middle of the fracture, the pulp is likely exposed and the tooth will need a nerve treatment. If the tooth fragment is large enough, try to locate it; the dentist may use it when fixing the tooth.

**Knocked-out (avulsed) tooth:** Find the tooth! Sometimes a baby, or primary, tooth, can be put back in the socket. However, more than likely, the tooth fairy will be coming a little early. Timing is critical, however, when a permanent tooth pops out. Once found, hold the tooth only by the crown and gently rinse off any dirt or debris. Don't scrub it or remove any attached tissue fragments. Put it back in the socket if possible or in a cup of milk, and get to the dentist as soon as possible. Timing is crucial because re-implanting any tooth that has been out of the mouth for more than two hours is generally unsuccessful.

**Tongue and lip cuts:** Clean the area as well as possible, and try to stop the bleeding by applying pressure with gauze. A tea bag can be used if gauze is unavailable. If the bleeding cannot be controlled, seek immediate medical attention at a dental clinic or the emergency room.

**Maxillofacial trauma:** Any trauma that results in multiple cuts and bruises and one or more broken teeth may also have led to a jaw fracture. Medical attention is needed immediately.

In all of these cases, apply the old adage "You don't have to know all the answers; you just need to know where to find the answers." If there is any doubt about whether your child needs dental treatment, you are never wrong to take your child in for an evaluation.

Be sure to develop a rapport with your dentist now. It's much easier to get sound advice in a pinch if the dentist knows your family.

## SHAPE clinic hosts Healthy Heart Event

Enjoy some upbeat music — broadcast live by an on-air personality from American Forces Network Belgium — while you learn more about the beat of your heart and other health indicators.

The staff of SHAPE Health-care Facility will sponsor a Healthy Heart Event in the clinic's main lobby Feb. 25 from 9 to 11 a.m.

Be sure to stop by the various stations for the following

- services and assessments:
- Complete a baseline heart-health assessment.
  - Get your blood pressure checked.
  - Evaluate the age of your lungs.

- Get a quick body-fat test.
- Have the arch of your foot evaluated for the correct shoe fit.
- Have a taste of some healthy snacks and food, and get the recipe.

**BRUSSELS COMMUNITY****Reserve now**

- **Comedy Force Five** - This adult comedy show is brought to the Brussels community by Armed Forces Entertainment. Doors open at 5:30 p.m. Show time is 7 p.m. Free admission at the 3 Star is free. A \$5 party-snack buffet will be available for purchase from 5:30 to 7 p.m. RSVP for show and food via email at reservations-3star@yahoo.com by Feb. 26. Child care is available at CYSS from 6 to 9 p.m. Cost (non-refundable): \$12 per child. Reservations/payment must be made by Feb. 29. Call DSN 368-9651 or civilian 02-7179651.

**Feb. 11, 12**

- **BOSS Movie Night** - Better Opportunities for Single Soldiers hosts free movies "The Intern" (PG-13) Feb. 11 and "The Visit" (PG-13) Feb. 12 from 6:30 to 9 p.m. at the BOSS Movie Area on the third floor of Building 1. Make your reservation soon at reservations3star@yahoo.com. Call DSN 368-9819 or civilian 02-7179819.

**Feb. 16**

- **Interviewing Tips and Techniques Workshop** - Join Army Community Service Employment Readiness from 10 to 11:30 a.m. Call DSN 368-9783 or civilian 02-7179783. This class is VTC-projected from SHAPE ACS.

**Feb. 16 to 17**

- **Military Saves Week** - Learn more about personal finance at this free class at Army Community Service from 2 to 3 p.m. Call DSN 368-9783 or civilian 02-7179783. This class is VTC-projected from SHAPE ACS.

**Feb. 17**

- **Résumé-writing Workshop** - Join Army Community Service Employment Readiness from 10 to 11:30 a.m. Call DSN 368-9783 or civilian 02-7179783. This class is VTC-projected from SHAPE ACS.

**Feb. 18**

- **3 Star Dinner Special** - Enjoy baked penne, Roman-style chicken and salad from 5:30 to 7:30 p.m. Adults \$12; children, ages 12 and under, \$6. (Alternate children's menu: hotdogs or chicken fingers.) Reservations are required. Reserve by close of business the Tuesday before by contacting reservations3star@yahoo.com.
- **Interviewing Strategies/Dress for Success** - Join Army Community Service Employment Readiness from 10 a.m. to noon. Call DSN 368-9783 or civilian 02-7179783. This class is VTC-projected from SHAPE ACS.

**SCHINNEN/BRUNSSUM COMMUNITY****Sign up now**

- **Rock climbing** - Register youths ages 10 to 18 for this climbing event during open enrollment, which runs through Feb. 19, at CYSS Parent Central Services in Brunssum. The \$140 fee includes seven two-hour sessions, transportation to and from Rocca Indoor Facility, two hours of professional instruction and a snack with a competition during the last session. Rocca sessions will be held the following Wednesdays: **Feb. 24; March 2, 9, 16; April 6, 13 and 20**. For details, call DSN 364-4195 or civilian +31 (0) 45-5264195. Youths must be registered with CYS Services (free) and have a valid health/sports assessment at the time of enrollment.

**Feb. 12**

- **Sweetheart 5k Fun Run/Walk** - Take your sweetheart along or wear something funny to remind you of your sweetheart at this free event, starting outside the Schinnen Fitness Center. Check-in begins at 9 a.m. Run starts at 9:15 a.m. Water and fruit will be available. Call DSN 360-7561 or civilian +31 (0) 46-4437561.

**Feb. 16**

- **Interviewing Tips and Techniques Workshop** - Join Army Community Service Employment Readiness from 10 to 11:30 a.m. Call DSN 360-7500 or civilian +31 (0) 46-4437500. This class is VTC-projected from SHAPE ACS.

**Feb. 16 to 17**

- **Welcome, newcomers** - Brussels Army Community Service invites all service members, civilians and their families to participate in free newcomers events next week. Feb. 16: Metro Madness (in which newcomers learn to use public transportation) runs from 9:30 a.m. to 2:30 p.m. Feb. 17: The deputy garrison manager's welcome and USAG Benelux-Brussels site brief start at 8:45 a.m. and are followed by a cultural acclimatization (information on local customs as well as basic French and Flemish), which ends at 12:30 p.m. Meet in the ACS conference room in Building 4 half an hour before start time to get settled, get a snack or get ready to leave as a group for a tour, if applicable. Register by calling DSN 368-9783 or civilian 02-7179783.
- **Military Saves Week** - Learn about finances at this free class at Army Community Service from 2 to 3 p.m. To register, call DSN 360-7500 or civilian +31 (0) 46-4437500. This class is VTC-projected from SHAPE ACS.

**Feb. 16**

- **Interviewing Tips and Techniques Workshop** - Join Army Community Service Employment Readiness from 10 to 11:30 a.m. Call DSN 360-7500 or civilian +31 (0) 46-4437500. Class is VTC-projected from SHAPE ACS.

**Feb. 17**

- **Résumé-writing Workshop** - Join Army Community Service Employment Readiness from 10 to 11:30 a.m. Call DSN 360-7500 or civilian +31 (0) 46-4437500. This class is VTC-projected from SHAPE ACS.

## SCHINNEN/BRUNSSUM COMMUNITY continued

Feb. 18

- **Interviewing Strategies / Dress for Success** - Join Army Community Service Employment Readiness from 10 to noon. Call DSN 360-7500 or civilian +31 (0) 46-4437500. This class is VTC-projected from SHAPE ACS.

Feb. 18 and 19

- **Welcome, newcomers** - Learn what you need to know at Schinnen Army Community Service. All newcomers must attend the Host-Nation Orientation on Day 1 from 8:30 a.m. to 4:30 p.m. to learn local customs, culture, language and an overview of Tri-Border services. On Day 2, meet at ACS to take the Newcomers Tour from 8:15 a.m. to 4:30 p.m. The group goes beyond the gate to learn and use the public transportation to visit points of interest in the community. Contact DSN 360-7218/7500 or civilian 046-4437218/7500.

## SHAPE/CHIEVRES COMMUNITY

Feb. 13

- **Valentine's Day Dinner Dance** - Event will be held at the SHAPE Club from 7 p.m. to 2 a.m. Live band. Tickets can be purchased at the club. Cost: €36 per person. Call DSN 423-8306 or civilian 065-448306.

Feb. 16

- **Interviewing Tips and Techniques Workshop** - Learn to ace any interview with these tips on how to prepare for an interview, get into the right mind set and convince potential employers you are a perfect fit for the position. Take this free class at SHAPE Army Community Service from 10 to 11:30 a.m. To register, call DSN 366-6824 or civilian 065-326824. This is a VTC-projected class for all Benelux communities.

Feb. 16 to 17

- **Military Saves Week** - Learn more about personal finance at this free class at SHAPE Army Community Service from 2 to 3 p.m. To register, call DSN 366-6824 or civilian 065-326824. This is a VTC-projected class for all Benelux communities.

Feb. 17

- **Résumé-writing Workshop** - Take this free class at SHAPE Army Community Service from 10 to 11:30 a.m. To register, call DSN 366-6824 or civilian 065-326824. This is a VTC-projected class for all Benelux communities.

Feb. 18

- **Interviewing Strategies/Dress for Success** - This free class will help you with the interview process by covering the following topics: preparing in advance of the interview, dressing appropriately for your interview, answering questions during the interview and following up after an interview. Join SHAPE Army Community Service Employment Readiness from 10 a.m. to noon, and learn what you need to know. To register, call DSN 366-6824 or civilian 065-326824. This is a VTC-projected class for all Benelux communities.

Feb. 19

- **TASP Rodeo** - The Total Army Sponsorship Program Rodeo will take place at the SHAPE Club from 9 a.m. to 3 p.m. This round-robin training will inform leaders from specialist through colonel of the systems in place throughout the sponsorship process. USAG Benelux will sponsor this event, expanding its coverage to all U.S. newcomers, including elements from the Navy and Air Force.
- **CYSS Masquerade Ball** - Join CYSS for an evening of Carnival-themed fun at the Youth Centre from 8 p.m. to midnight. Arrive in costume, and celebrate the season with mask-making, a costume contest, dancing and a dessert bar. Open to all CYSS-registered youth in sixth through 12th grades. For details, stop by SHAPE's Building 503 or call DSN 423-6039/6097 or civilian 065-446039/6097.

## Movies at SHAPE Cinema

Rates – 2D movies: adults €7.50 and children 11 and under €4. 3D movies: adults €9 and children 11 and under €6. Check <http://www.shape2day.com> under "Morale & Welfare (MWB)" for the movie schedule.

## Theaters near SHAPE/Chièvres that play movies in English

Only the British or American movies listed as VO (Version Originale or Originele Versie) will be in English.

**Plaza Art** - Rue de Nimy 12, 7000 Mons (next to the main square). Visit <http://plaza-art.be/index.cgi?p=Grille>.

**ImagiBraine** - Boulevard de France, 1420 Braine l'Alleud. Check the schedule and purchase your tickets at: <http://kinopolis.be/nl/bioscopen/kinopolis-imagibraine>.

**Kinopolis** - Boulevard du Centenaire 20, 1020 Bruxelles. Take a look at movie listings at <http://kinopolis.be/fr/cinemas/kinopolis-bruxelles>.

## Movies at JFC HQ Alliance Theater

Adult admission is €6.5 (ages 12 and older) - Child admission is €3.75 (ages 11 and under). Check the web page at <http://www.shopmyexchange.com/reel-time-theatres/Schinnen-1366146> for the movie schedule.

# Travel the Benelux

## Carnival isn't over; it's only the beginning

by Roxane Rasneur

USAG Benelux Public Affairs Intern

Did you miss Binche carnival last weekend? No worries: Tournai's carnival is coming soon.

This carnival, created in 1981, is celebrated every weekend of the fourth Sunday of Lent, also called Laetare Sunday. This year, the celebration runs Friday, March 4, through Sunday, March 6. This is one of the major events in Wallonia. It gathers thousands of people from all over the country. What makes Tournai's carnival so special is that it is a thematic event. The theme changes every year; you never see the same things twice or live the carnival the same way. This year, the theme is "Envers et contre tout," which could be translated as "despite all opposition." However, this is a pun in French because "Envers" has

a lot of homophones like "en vers" (in verses), "en vert" (in green), "en verre" (out of glass) or even "en vair" [in vair (a type of fur)]. The theme is deliberately vague to trigger the imaginations of both children and adults so they can create the funniest and most fanciful costumes to parade on the streets.

The carnival weekend opens on Friday night with "La Nuit des Intrigues" (The Night of Intrigues), a spectacular sound-and-light show in the streets of the city.

Saturday is the most festive and exciting day of the weekend, it is the carnival day itself. The procession starts around 2:30 p.m. and ends at 7 p.m. Almost everybody wears very colorful and joyful costumes to follow the carnival associations and

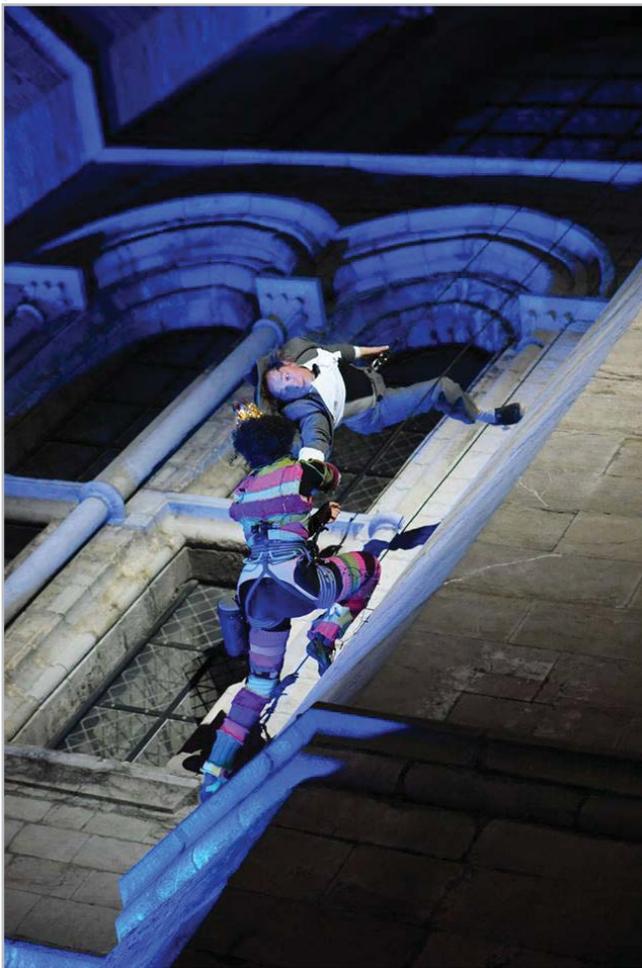
their floats parading on the streets throwing confetti and candies everywhere and playing music. The associations are the main actors of the parade, if it weren't for them, the carnival wouldn't exist. As the procession reaches the main square, 1,500 balloons will be released at the quai Dumont (at 5 p.m.) At 6 p.m., local bakers throw Pichous from the Belfry. Pichou is a very tasteful sweet breadman with candied fruits that is only baked in Tournai during the carnival weekend. Before the Pichous are thrown, everyone gathers under the Belfry to catch Pichous and shout, "On veut des Pichous" (We want Pichous). If you don't manage to catch one, you can still buy one in Tournai bakeries.

The procession ends when the Carnival King, a larger-than-life paper effigy, is burned at the stake. Warm up or sing and dance around the bonfire to the rhythm of the drums. A torchlight march takes the king's ashes to the Pont-à-Pont (bridge) and throw them in the Scheldt. During the evening, a masquerade ball is organized at the Halle aux Draps (on the main square). If you don't feel like going to the ball, you can always go to the quais (the banks) where a lot of cafés stay open all night.

On Sunday morning, the associations make the rounds at local cafés.

Arrive early if you want to find a parking place and try to park on the boulevards. For those who plan to come by train, the main square is only a 10-minute walk from the station.

Outside the gate



As the procession reaches the main



At left, "La Nuit des Intrigues," a sound-and-light show, thrills spectators on the first day of Carnival. Above, participants enjoy a previous edition of carnival events in Tournai. (Photos courtesy of Benoit Dachy)

# Savory Belgian dish makes your mouth water

by **Marêva Baudart**

USAG Benelux Public Affairs intern

Cooking symbolizes the soul of a country, and Belgium can be proud of its wide range of variety and quality food. Because winter has begun, one of the most classical Belgian recipes will certainly make you feel hungry: Chicons au gratin (Belgian endives and ham crisp Gratin). This national dish consists of braised endives, wrapped in ham slices and covered in a creamy white sauce.

This Belgian vegetable

– witloof in Dutch – can be eaten raw or cooked, in salads or in soup. The legend says that in 1830,



before going to the struggle for the independence of Belgium, a peasant of Brussels had concealed his crop of chicory roots in a dark and wet cellar. To protect his crop, he covered it with a small layer of earth. When he came back, to his great surprise, he found beautiful white shoots.

The witloof – white leaf – owes its white color to the fact that it grows in a dark place. In fact, the absence of light prevents photosynthesis and the production of chlorophyll (green pigment of a plant). Therefore, the leaves of the vegetable will be white and not green, as with other plants.

## CHICONS AU GRATIN FOR 4

- 8 endives
- 8 slices of ham
- 50 g (1 3/4 ounce) of butter
- 300 g (10 1/2 ounces) grated Gruyère cheese
- 1 tablespoon sugar

For the béchamel sauce:

- 100 g (3 1/2 ounces) of butter
- Ground nutmeg
- Salt and pepper
- 40 cL (scant 1 3/4 cup) of milk
- 4 tablespoons flour

Clean the endives, and cut off the roots.

Place 50 g of butter into a saucepan. Add the endives with a few drops of water and some sugar.

Braise them for 15 minutes with the lid on. Stir the preparation until the endives start to caramelize.

Let the endives drain for half an hour.

Roll up each endive in a slice of ham, and place them in an oven-safe dish.

Cover the roulades with the béchamel sauce. Add the grated Gruyère cheese, and put the dish in the oven at 210 C (410 F) for about 20 minutes.

*Béchamel sauce:*

Melt 100 g of butter in a saucepan at high heat.

Add the flour, and stir firmly.

Add milk while stirring. Continue to stir while gradually lowering the heat until you get a thick and creamy sauce.

Add salt, pepper and ground nutmeg.

## Upcoming organized trips

### Chièvres Equipment Rental

Serving Brussels, Chièvres and SHAPE. Call DSN 361-6268 or civilian 068-276268.

- **Edelweiss Lodge and Resort in Garmisch, Germany, March 26 to April 2 (All NATO welcome.)**

### SHAPE Trips and Tours

Serving Brussels, Chièvres and SHAPE. Call DSN 423-3884 or civilian 065-443884.

- **Paris with dinner cruise on the Seine, Feb. 13**
- **London with "Wicked" musical, Feb. 20**
- **Reims and the Champagne Region, March 5**
- **Cooking class in Lille: Session 1, March 12**
- **Oostende with Soul Legends, March 19**
- **Cooking class in Lille: Session 2, March 25 (Good Friday)**
- **Paris, March 26**
- **Croatia, Venice and Slovenia, March 28 to April 6**
- **Medieval Dinner in Brugge (Bruges), April 2**
- **Versailles, April 9**
- **Paris with Moulin Rouge, April 16**
- **Berlin, April 29 to May 2**
- **Keukenhof gardens and Gouda, April 23**

- **Poland: Polish pottery, Auschwitz, Krakow and Wroclaw, May 5 to 10**

- **Monet's House and Gardens, Giverny, France, May 21**

- **Scotland, June 18 to 26**

### SHAPE Travel Group

Call civilian 0470-876369 for details.

- **Amsterdam, Feb. 18**
- **Lace, masks and spirits, March 2**
- **Trier, March 10**
- **Beer, Cheese and Chocolate, March 22**
- **Highclere Castle, April 4**
- **Veuve Clicquot Champagne, April 14**
- **Paris in the Spring, April 27**
- **Keukenhof and Scheveningen, May 3**
- **Versailles, May 19**
- **Honfleur & Calvados, May 26**
- **Arnhem, June 7**

### Schinnen Trips & Tours

Call DSN 360-7560 or civilian +31 (0) 46-4437560.

- **Express Trip to Paris, France, March 19**
- **Keukenhof gardens, April 23**



Read about events near Chièvres, SHAPE and Brussels.

**Feb. 12 to 14**

- **Batimons in Mons** - The fair deals with everything related to construction and well-being. It is held at the Lotto-Expo on Avenue Abel Dubois from 10 a.m. to 7 p.m. all three days. Admission: €4 on site. Free admission if you register online at <http://batimons.be>.



**Feb. 13 to 14**

- **Annual sales for secondhand clothes and accessories in Chièvres** at the Salle Cercle en Famille Vaudignies on Rue Des Ruelles. Open from 10 a.m. to 6 p.m. Free admission.
- **Indoor flea market in Mouscron (350 booths)** at Rue de Menin 475. Open from 9 a.m. to 6 p.m. Free admission.
- **Flanders Collection Car in Ghent** at Flanders Expo at Maaltekouter 1 - It showcases products like veteran cars, "old timers," classic and vintage cars, sports cars and pre-war cars in the automotive industry. For more information, visit <http://10times.com/flanders-collection-car>.

**Feb. 14**

- **Volksmarch in Chièvres for 5, 10, 15 and 20 km** - Departs from Rue du Poirier 226 from 9 a.m. to 6 p.m.
- **Volksmarch in Naast for 5, 10, 15 and 20 km** - Departs from Rue du Moulin 9 from 9 a.m. to 6 p.m.
- **Book fair in Le Roeulx** at the cultural center at Rue d'Houdeng 21. Open from 7:30 a.m. to 12:30 p.m.
- **Volksmarch in Ghlin for 4, 7, 12, 20 and 30 km** - Departs from Rue de Mons 4. The 30-km route departs from 7 a.m. to 11 a.m. The 20-km route departs from 7 a.m. to 1 p.m. Other routes depart from 7 a.m. to 3 p.m.

**Ongoing**

**Through Feb. 12**

- **Kids Carnaval in Soignies** - Held at the Omnisports Hall Pierre Dupont at Rue de Cognebeau 32. The hall will have bouncy castles, obstacle course, games in two separate areas, one for children, ages 1 to 5, and one for children, ages 6 to 13. Admission: €7.



Read about events near Brunssum and Schinnen (in the Netherlands unless otherwise indicated).

**Feb. 12 to 13**

- **Koninck Blues Festival in Delft** the best blues artists from all over the world will come to the inner city and perform at 25 bars and inns. The event starts Feb. 12 at 6 p.m. and Feb. 13 at 3 p.m. Free admission.

**Feb. 12 to 14**

- **Kampeer en Vrije Tijd in Hardenberg** will be held in Evenementenhal at Energieweg 2. This camping-and-recreation fair offers ideas and merchandise for the camping enthusiast. Open from 10 a.m. to 5 p.m. Admission: €7; children, ages 6 to 11, €3.50.
- **Object Rotterdam in Rotterdam** will take place in the dining rooms, in the cabins and on the decks of the imposing cruise-ship SS Rotterdam at 3e Katendrechtsehoofd 25. This fair spotlights modern art. Open from 11 a.m. to 7 p.m. Admission: €7.50.

**Feb. 12 to 17**

- **Boot Holland in Leeuwarden** will be held at WTC Expo at Heliconweg 52. Designed for water-sports enthusiasts, this fair opens the water-sports season in the Netherlands and has many boats and ships on display as well as all kinds of accessories, navigation apparatus, apparel and more. To find out more about this water-sport expo, visit <http://www.boot-holland.nl>.

**Feb. 13**

- **Living History: Dag van de Bataafse Vryheid in Rotterdam** celebrates the Batavian revolution at Museum De Delft at Schiehaven 15. Visitors will meet living historians portraying citizens, artisans, soldiers and sailors from the year 1795. Re-enactors will be in period dress, show their crafts and handiwork, and more. Open from 11 a.m. to 5 p.m. Admission: €6; children €3.

**Feb. 13 to 14**

- **Blues Festival in Delft** hosts top blues artists from all over the world in the inner city. They perform at 25 bars and inns. Starts Feb. 13 at 6 p.m.; Feb. 14 at 3 p.m. Free admission.

**Feb. 14**

- **Flea Market in Horst** will be held in Merthal at Gasthuisstraat 30. Get in from the weather at this large, indoor market. Open from 9:30 a.m. to 3:30 p.m. Admission: €2.50; children, ages 11 and under, free admission.

**Remain vigilant, and maintain situational awareness at all times.**



**Through Feb. 13**

- **Artipro Fair in Nivelles** - Creativity and arts & crafts are the main topics of this fair with artists in decoration, jewelry, painting, leather products and more. Held at Shopping Nivelles on Chaussée de Mons Feb. 11 and 13 from 9 a.m. to 7 p.m.; Friday, Feb. 12, from 9 a.m. to 8 p.m.

**Through Feb. 14**

- **Brussels Animation Festival "Anima"** at the Flagey center at Place Sainte Croix 4. With over 200 screenings of all genres, the festival has become a reference in the world of the animation. For more information, visit <http://www.animafestival.be/index.php?pageID=32&ln=3>.



**Through Feb. 21**

- **Belgian Boat show in Ghent** at Flanders Expo at Maaltekouter 1 - This event showcases products from the marine and boat industry. More information at <http://10times.com/belgian-boatshow>.

**Through Feb. 28**

- **Glory and Gratitude to the United States display in Liège** - The display tells the story of the relief for Belgium that started in October 1914. Tons of food were dispatched to Belgium, saving the lives of a million people. This free display is being held at "Grand Curtius" at Feronstrée 136. Open Mondays, Wednesdays, Thursdays, Fridays, Saturdays and Sundays from 10 a.m. to 6 p.m.
- **Display of letters and drawings of gratitude from Belgian children to Americans in Liège** - The letters were written in 1915 by Liège children between 9 and 10 years old to thank the United States for the food relief during World War I. Display is held at the Library at Feronstrée 118. Open weekdays from 2 to 5 p.m. Display is free of charge. The English translation of all the letters can be purchased at €2.



**Through May 29**

- **Anne Frank display in Stavelot** - Display is organized in conjunction with the Anne Frank House in Amsterdam and can be seen at the Abbaye at Cour de l'Abbaye 1. Open from 10 a.m. to 6 p.m. Admission: €9, includes admission to the display and the three museums located at the abbaye (Historic Museum of the Principality Stavelot-Malmedy, the Racing Museum Spa-Francorchamps and the Museum Guillaume Apollinaire).



**Feb. 14 continued**

- **Antiques and Curiosa Market in Kijkduin-The Hague** will take place at Boulevard and Passage. Open from 10 a.m. to 5 p.m.

**Feb. 19 to 21**

- **Garden Fair in Uift** will be held in SSP Hall on Drulaan. Take a look at all kinds of decorations, gardens, machines and more. Open Feb. 19 from 1 to 9 p.m.; Feb. 20 to 21 from 10 a.m. to 5 p.m. Admission: €5.

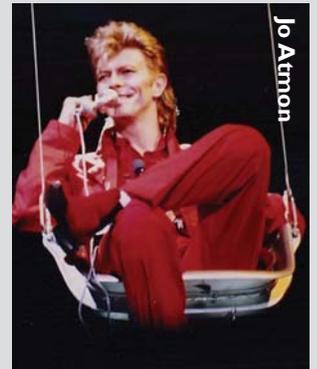
**Feb. 21, 27 to 28; March 3 to 5**

- **Historic year market in Bochum, Germany**, will be held at Jahrhunderthalle. Europe's largest indoor year market offers what seems to be a trip back in time with all kinds of nostalgic rides, attractions, food and more. Open Saturdays and Sundays from 11 a.m. to 8 p.m. Admission: €12.50 (includes rides and attractions all day); children who are 80 cm and up, €9.50; children smaller than 80 cm, free admission.

**Ongoing**

**Through March 13**

- **David Bowie display in Groningen** has an extended run at the Groningen Museum at Museumeiland 1. The display showcases more than 300 items from David Bowie, including handwritten songs, costumes, photos and albums. Open Tuesday through Sunday from 10 a.m. to 6 p.m., plus late-night Fridays from 6:15 to 10 p.m. Admission: €23; students 17 to 18, €15; children 6 to 16, €3.



**Mark your calendar**

**March 26**

- **Kennedy Mars in Sittard** started as a way to prove that the townspeople still had what it takes. In a 1963 speech, President John F. Kennedy said that, as a result of modern affluent society, "nobody can walk 50 miles within 20 hours anymore." After this statement, many people all over the world walked 50 miles/80 km to prove him wrong. In Sittard, this volksmarch has become an annual event named the Kennedy Mars, which starts and finishes in Sittard. Visit <http://www.kennedymars.org>. Register now.

Outside the gate

**Remain vigilant, and maintain situational awareness at all times.**